Pediatric Sedation Scheduling

Your child's health care provider contacts the clinic if your child needs sedation for a procedure.

Our team decides if sedation or general anesthesia is the best choice. We contact you to schedule the appointment.

Please let us know dates or times that won't work with your schedule. We work hard to honor your requests. Your requests may delay your child's procedure date.

If the procedure is within the next month, our schedulers will call you in a few days to let you know the date and time.

If the procedure is not within the next month, our schedulers will call you at least 3 to 4 weeks before the procedure to let you know the date and time.

What are the different kinds of sedation?
Mild Sedation: Medicine is a liquid or gas. Your child may stay awake but be more relaxed and less aware of the procedure.

Moderate: Medicine is a liquid gas, or by IV. Your child may be awake but very relaxed with little or no pain. Your child may fall asleep but be easy to wake and may not remember what happened.

Deep: Medicine in an IV that will make your child fall asleep. The goal is that your child makes little to no movement. Your child will not know what is happening and will not remember what happened.

Is there anything special I need to know before the appointment?
We send you a letter telling you when your child needs to stop eating and drinking. One of our schedulers calls you the day before the sedation to go over the letter with you.

What your child will not be able to eat or drink before the procedure (see table for details).

Food/Drink	Hours of Fasting Before Procedure
Clear Liquids (water, fruit juice without pulp)	**2 hours** Nothing to drink
Breast Milk	**4 hours** No breast milk
Formula or Light Meal or Milk	**6 hours** No formula, food, or milk

If your child needs an intravenous line (IV), we will talk about ways to make this as easy as possible.

We may not be able to do sedation if your child is sick with a cough, cold, fever, or vomiting. If your child has any of these symptoms let us know and we can talk about a safe sedation plan.

Call our clinic if you have any questions about scheduling your child's sedation appointment. **608-262-4402**

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If you are a patient receiving care at UnityPoint – Meriter, Swedish American or a health system outside of UW Health, please use the phone numbers provided in your discharge instructions for any questions or concerns.

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright ©8/2018. University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing. HF#7073.