

Pediatric Sedation Scheduling

Your child's health care provider will contact the Pediatric Sedation Clinic if your child needs sedation for a procedure.

Our team decides if sedation or general anesthesia is the best choice. We will contact you to schedule this visit based on the timeline laid out by your provider.

Let us know dates or times that won't work with your schedule. We will try to schedule around your requests when we can. Approval from your insurance may affect the timing of your visit.

We will call you 2-4 weeks before the visit to let you know the exact date and time.

Types of Sedation

Mild: Medicine can be liquid or gas. Your child may stay awake but be more relaxed and less aware of the procedure.

Moderate: Medicine can be liquid, gas, or by IV. Your child may be awake but very relaxed with little or no pain. Your child may fall asleep but be easy to wake and may not remember what happened.

Deep: Medicine is given in an IV that will make your child fall asleep. The goal is that your child makes little to no movement. Your child will not be aware of what is going on and will not remember what happened.

Getting Ready

We will send you a letter telling you when your child needs to stop eating and drinking. We will call you the day before the sedation to review the letter with you.

Diet Guidelines

Your child will need to stop eating and drinking before sedation. See the guidelines below.

Food/Drink	When to Stop
Stop all clear liquids (water, fruit juice without pulp)	Stop 2 hours before procedure
Stop breast milk	Stop 4 hours before procedure
Stop all formula, milk and all solid food	Stop 6 hours before procedure

Illness

We may not be able to sedate your child if they are sick. If your child has a cough, cold, fever, or vomiting, let us know.

IV Placement

If your child needs an intravenous line (IV), we will talk about ways to make the placement of the IV as easy as we can.

Who to Call

Pediatric Sedation Clinic
608-262-4402