

Intentional Rounding

What is Intentional Rounding?

Nurses and Nursing Assistants at UW Hospital and Clinics (UWHC) and the American Family Children's Hospital (AFCH) check in with patients in their rooms every hour. This is done to check on your safety and comfort and see if there is anything we may help you with. You may also hear this called hourly rounding.

When is it done?

Every hour from 6 am to 10 pm your nurse or nursing assistant checks on you. From 10pm to 6am, your nurse or nursing assistant checks on you every two hours.

If you are sleeping, we will try not to wake you. We check on all patients including those who are not able to answer questions. If you have a primary support person in your room, we check in with him or her as well.

What is done?

During our rounds we do tasks such as give you medicine or change dressings. We also ask you questions about your needs. Before we leave your room, we ask you to tell us what else we can do for you. Please let us know if you need anything and please tell us if you have questions or concerns.

Some Questions We May Ask

Pain

- Are you having any pain now?
- Is there anything I can do right now to help relieve your pain?
- Would you like me to tell your nurse about your pain?

Personal Needs

- Do you need to use the bathroom?
- Can I help you to the bathroom?
- Would you like help with washing your face or your hands?

Position

- How can I make you more comfortable?
- Can I help you turn?
- Would you like to get out of bed?

Possessions and Prevention

- Can you reach your call light?
- Can I get you anything – cell phone, telephone, trash, bedside table, personal items?
- Can you reach everything you need?

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright © 4/2018 University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing. HF#7181