

## Home Care After Your Celiac Plexus Block or Neurolysis (Nerve Destruction)

### What to Expect

You may notice a mild soreness in your throat. You may wish to gargle with lightly salted water or suck on hard candy.

You may feel full or have gas pains.

### At Home

You **must** have an adult to take you home. You should not drive today. Do not make important decisions today.

Do not drink alcohol. Do not take tranquilizers or sleeping pills tonight.

Rest today. You may resume normal daily tasks tomorrow.

You may resume your routine medicines unless told otherwise. Your doctor will tell you when to restart your blood thinners.

Your doctor will let you know if you need to be on a clear liquid diet, otherwise, start with a light diet the day of the procedure.

You may have some soreness and redness at the IV site for a day or two. You can relieve this by placing a warm, moist washcloth over the area. Please contact your primary doctor if this does not improve in a couple of days.

If you are a patient receiving care at UnityPoint – Meriter, Swedish American or a health system outside of UW Health, please use the phone numbers provided in your discharge instructions for any questions or concerns.

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright © 7/2019. University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing. HF#7483

### When to Call Your Doctor

- Fever above 100.4°F or 38°C for 2 readings taken 4 hours apart
- Pain that is new or more severe than the pain you had before the procedure
- New symptoms in your legs such as numbness, tingling or weakness
- Nausea, vomiting, abdominal fullness or bloating
- Increasing stomach or back pain
- Fainting spells
- Blood stained urine or stools
- Severe diarrhea

### Phone Numbers

If you have questions or concerns within 24 hours of your procedure, please call the Procedure Center at the number below.

Doctor \_\_\_\_\_

Gastroenterology Procedures, Monday - Friday, 7:00 a.m. - 5:00 p.m.  
**(608) 263-8094.**

After clinic hours, call the paging operator at **(608) 262-0486** or **1-800-323-8942**. Ask for the Gastroenterology (GI) doctor on call. Leave your name and phone number with the area code. The doctor will call you back.