

Pediatric Preventative Cardiology Clinic (PPCC)

Appointment Date and Time: _____

Provider: _____

In the Pediatric Preventive Cardiology Clinic (PPCC), our goal is to reduce the risk factors in children that may cause adult heart disease. We are a team of doctors, nurse practitioners and dietitians.

We focus on:

- Nutrition
- Physical activity
- Quitting smoking or vaping
- Treatment of abnormal cholesterol or lipids. You can find out more at: www.uwhealth.org/kidscholesterol.

Labs Needed for Clinic Visit

Labs are done 1-2 weeks before the PPCC visit so we can discuss the results with you. Your child can eat and drink normally on the day of your visit.

For fasting labs, your child may not eat or drink anything (except plain water and prescribed medicines) 10-12 hours before the blood draw.

New Patients

Your child must have a fasting lipid panel before their first visit. It helps us figure out risk factors for heart disease. Your child's doctor can order this blood test and include the results in the referral to our clinic.

Return Patients

Your PPCC health care team will order fasting labs during the PPCC visit. They need to be done at least 1-2 weeks before your child's next PPCC visit.

Labs can be drawn at any UW Health lab. If you would like to have labs done outside the UW Health system, call our office at: **608-263-6420**, option 2. Give us the name of the clinic or fax number to the lab you would like to use.

If labs are not done before the visit, we may need to reschedule. Lab results can be faxed to our clinic: **608-890-8102**.

Preparing for Your Clinic Visit

Plan to arrive 20 minutes before your child's visit to allow time to check in. If you are more than 15 minutes late, you may be asked to reschedule.

The first visit will last 60 to 90 minutes. You may bring books, toys or games for your child.

Who to Call

If you have questions or need to reschedule your child's visit, please call: **608-263-6420**, option 2.

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright © 1/2020 University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing. HF#7882