

Vascular Surgery Patient Pre-Op Checklist

First Visit: Meet with Surgeon

- A nurse will review your care with the provider and **may** order tests you need to complete before your first visit.
- The surgeon will talk with you about the surgery.
- We will ask you about your health history.

Second Visit: Pre-Op Work-Up

- You will meet with a nurse practitioner or physician’s assistant.
- We will update your health history.
- We will review your medicines and discuss the plan for taking them.
- We will discuss what to expect during and after surgery.
- You will sign consent for surgery.

Pre-Op testing may include:

- EKG: _____
- Stress test: _____
- Echo: _____
- Cardiac catheterization: _____
- Vascular imaging: _____
- CT scan and/or MR scan: _____
- X-Rays: _____
- Pulmonary function tests: _____
- Bloodwork: _____
- Other: _____

Vitamins, Herbs, Diet Supplements and Medicines

- We will give you instructions on medicine use at the pre-op work-up visit.
- You may have to stop taking certain medicines.
- We will give you special instructions for blood thinning medicines or medicines used to control diabetes.

Quit Smoking

- If you smoke, try to stop smoking or cut back before surgery.
- Smoking makes it harder to heal.
- Ask your doctor or nurse if you need help to quit.
- You could also call the Wisconsin Tobacco Quit Line at:
1-800-784-8669

Arrange for leave from work, if needed.

You may want to ask your human resources department if you need FMLA paperwork. Bring this to your visit if you can.

You may want to complete a Power of Attorney (POA) for Health Care or Living Will before surgery. A POA lets you name a person who can speak on your behalf if you are not able to. Please contact the clinic if you need help.

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person’s health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright © 11/2019 University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing. HF#7886.