

ADHD Care Guidelines

First Assessment

The first assessment takes about 1-2 visits that are 30-60 minutes each. For children and many teens, the doctor may suggest a parent-only visit first to review the forms and talk about your concerns. A second visit with the child or teen present is then set up to do an exam, talk more, and make a plan.

First Phone Follow-up

You may receive a phone call 7-10 days after starting medicine. Please feel free to call sooner if you have questions.

First Follow-up Visit

This is scheduled a few weeks after starting medicine.

Ongoing Follow-up Visits

Kids need to be seen every 1 to 3 months at first. As medicine is stabilized, visits may be every 3-4 months. Once kids are on a steady plan and responding well, they may be able to be seen every 6 months.

Well Care Visits

All kids being treated for ADHD have a yearly check-up. This is often its own visit to allow time for prevention and routine care. If you would prefer to have a medicine check on the same day, please let the office know, so we can allow enough time to talk about all of your needs.

Refills Between Visits

Refills can be sent directly to the pharmacy of choice. Please call the clinic to request the refill. Allow 48 hours.

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright ©12/2021. University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing. HF#7903