

# Health Facts for you

# **Voiding Trial**

The reason for your visit today is to take out the urinary catheter. The catheter has been emptying your bladder. Once it is removed, we need to make sure you can empty your bladder yourself.

## **How to Prepare**

You do not need to prepare for this visit.

## **Steps for the Voiding Trial**

You will be taken into a bathroom or exam room.

- 1. The urinary drainage bag will be removed from your catheter.
- 2. Fluid will be placed into your bladder through the catheter.
- 3. Once you feel a strong urge to void, the balloon holding the catheter in place will be deflated. The catheter is then removed.
- 4. We will ask you to void into a cup to measure the amount.
- 5. You will have a visit with your urologist, nurse practitioner, or physician assistant after your voiding trial.

#### When to Call

Call your doctor or nurse if you have questions.

#### Who to Call

UW Urology Clinic: (608) 263-4757

If you are a patient receiving care at UnityPoint – Meriter, Swedish American or a health system outside of UW Health, please use the phone numbers provided in your discharge instructions for any questions or concerns.

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright © 10/2019 University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing HF#7920.