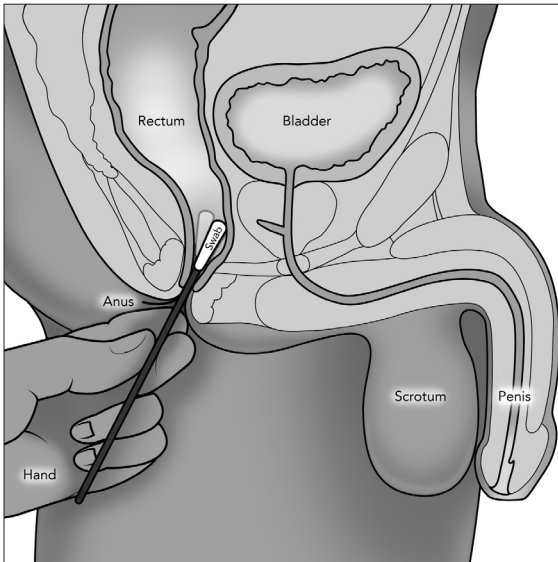
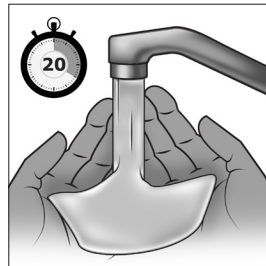


Self-collected rectal swab

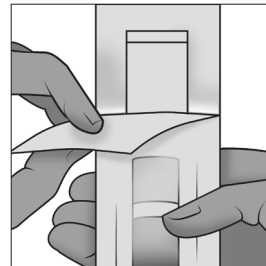
How to perform a rectal swab for STI testing



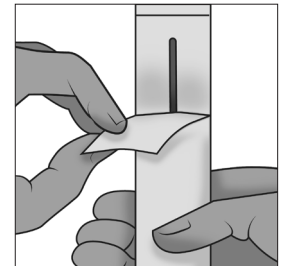
Follow the steps on this guide to perform a rectal swab for STI testing. Contact your health care provider if you have any questions.



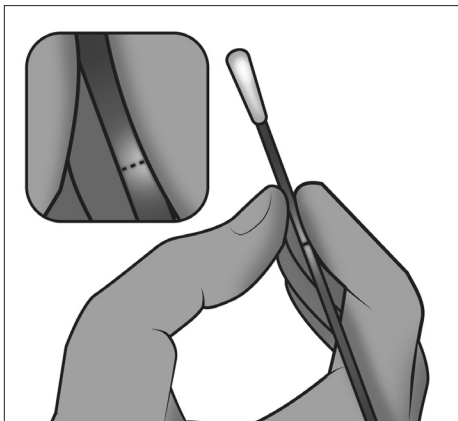
1. Wash your hands using soap and water.



2. Open the packaging and take out the tube and cotton swab.



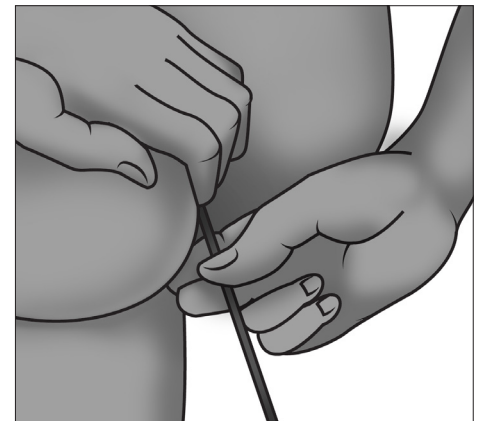
3. Unwrap the cotton swab.



4. Hold the swab above the black line closer to the cotton tip.



5. Get into a position to reach your anus. Placing one foot higher than the other on a step or other surface may help you reach.



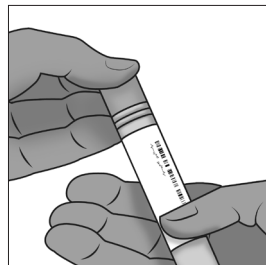
6. Carefully insert the swab 1–2 inches into your anus and twirl the swab 5 times clockwise in the same direction. Remove the swab from your anus.



7. While holding the swab, unscrew the tube cap, being careful not to spill the fluid in the tube. If any fluid spills, request a new kit.



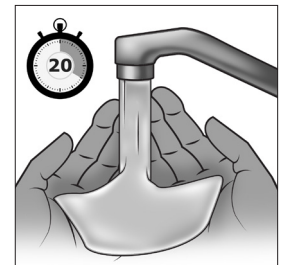
8. Insert the swab tip into the tube and break the swab stem off at the black line. Discard broken stem.



9. Screw the cap back on the tube tightly. Verify the name, date of birth and specimen source on label.



10. Place the tube inside the biohazard bag.



11. Wash your hands using soap and water.