

Semen Sample Collection After Vasectomy

After your vasectomy, you will need to have a semen sample checked at least once or twice. The first sample should be brought in 2-3 months after your vasectomy.

Read this handout for collection and transport instructions, as well as a listing of drop-off locations.

1. You must drop off samples **8-12 weeks after your vasectomy**. You must collect the sample at home.
2. Either pick up a **sterile** container from a lab listed on the next page or use the one that was given to you after your procedure.
3. **Do not ejaculate for three days** before you collect your sample.
4. Masturbate to collect your sample into the sterile container. **Do not use a condom or spermicide.**
5. After you collect the sample, you **must keep the sample warm** (body temperature) until you drop it off at the lab. You can do this by carrying the sample in hand or against the body.
6. **Hand-write** this information (Sharpie works best):
 - a. Full Name
 - b. Date of Birth (D.O.B)
 - c. Date of Collection
 - d. Time of Collection

If any of this information is missing, it may result in testing **delay** and/or **rejection** of sample.
7. You **must** drop off your sample within **two hours** of collection at any UW Health lab listed on the next page **between 8:00 am. and 2:00 pm. Monday through Friday only.**

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright ©7/2019 University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing. HF#8095.

Post Vasectomy samples may be dropped off at the following UW Health Laboratory locations Monday – Friday between 8:00 AM and 2:00 PM:

1 S. Park Street, 2nd Floor—(608)287-2690

20 S. Park Street, 3rd Floor—(608) 287-2085
North Building, Suite 304

1102 S. Park Street—(608) 287-5811

Beaver Dam—(920) 887-9272
705 S. University Ave., Suite 200

Belleville—(608) 424-3384
1121 BellWest Blvd.

Cottage Grove—(608) 839-3104
4590 County Road N

Cross Plains—(608) 798-3344
2418 Brewery Road

DeForest-Windsor—(608) 846-3741
4131 Meridian Drive

East Clinic—(608) 265-1260
5249 East Terrace Drive

Fitchburg—(608) 274-5300
5543 E. Cheryl Pkwy.

Ft. Atkinson—(920) 563-5544
1620 Mehta Lane

Mt. Horeb—(608) 437-3064
600 N. 8th Street

Northeast—(608) 241-9020
3209 Dryden Drive

Odana Atrium—(608) 274-1100
5618 Odana Road

Oregon—(608) 835-5588
137 S. Main Street

Portage—(608) 742-3004
2977 County Hwy. CX

Stoughton—(608) 877-2660
1001 Nygaard Street

Sun Prairie—(608) 837-2206
2651 Windsor Street

Union Corners—(608) 242-6850
2402 Winnebago Street

University Hospital—(608) 263-8040
600 Highland Ave

University Station—(608) 263-7642
2880 University Avenue

UW Health at The American Center—
(608) 234-6600
4602 East Park Blvd.

Verona—(608) 845-9531
100 N. Nine Mound Road

West Clinic—(608) 265-7460
451 Junction Road

West Towne—(608) 828-7640
451 Junction Road

West Towne—(608) 828-7640
7102 Mineral Point Road

Yahara—(608) 222-8779
1050 East Broadway