# **Health Facts for You**



## Parathyroid Scan in Nuclear Medicine

You are scheduled to have a nuclear medicine study on: at: am/pm			
	UW Hospital 600 Highland Ave Madison, WI 53791		UW Health East Madison Hospital 4602 Eastpark Blvd Madison, WI 53718
	Take the Atrium elevators to 3rd floor		

## What is a parathyroid scan?

The parathyroid scan is a test that studies the thyroid and parathyroid glands. The purpose of this test is to find out which of the 4 parathyroid glands may be hyperactive before surgery to remove it.

Check in at the G3/3 reception desk

You will have an IV placed in your arm. A radioactive substance will be put in the IV. You may be asked to swallow a small capsule with a radioactive substance. This will help show the abnormal parathyroid gland. We will take pictures of your chest and neck. Your head will be tilted back slightly to keep your chin out of the picture. Your doctor will share the test results with you.

We inject a small amount of radioactive substance through the IV. After 15 minutes, we take pictures of the thyroid and parathyroid glands. After 45 minutes, another set of pictures is taken.

The camera rotates around you for these pictures and will take 35 minutes. The camera is close to you but does not make direct contact with you. It may brush up against your shirt sleeves.

## How do I prepare for this test?

Please tell your doctor if you are pregnant. This test should only be done under special conditions if you are pregnant or breast feeding. There is nothing else you need to do to prepare for this test. You do not need a driver. You may follow your normal diet.

#### How will I feel after the test?

The test is painless, except for the minor discomfort of having an IV placed.

### What are the risks?

Many people worry when they hear that the substances used in this test are slightly radioactive. The amount used in this test is so small that there should be no side effects and is not harmful to your kidneys. Again, it should be noted that this test should only be done under special conditions if you are pregnant or breast feeding.

#### Who to Call

Any questions before the test call: UWHC Radiology Monday-Friday, 8:00 am - 4:30 pm **608-263-9729** 

Toll-Free: **1-800-323-8942** Ask for Radiology.

Your health care team may have given you this information as part of your care. If so, please use it and call if you
have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using
this information. If you have an emergency, please call 911. Copyright © 12/2019. University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing HF#7010