

Post Ejaculate Urinalysis

Post ejaculate urinalysis (PEU) is a test performed on urine after ejaculation. This test is to check for sperm in the urine. PEU samples must be collected at the clinic.

Reasons for PEU

- You have a low semen volume
- You do not have an ejaculate
- You have retrograde ejaculation

Retrograde Ejaculation

This is a condition where the semen flows back to the bladder instead of flowing out through the penis during ejaculation.

Getting Ready for Your Post Ejaculate Urinalysis

- **Do not** have sex or masturbate for 2-3 days before your test.
- Bring a government issued photo ID to your visit.
- Drink plenty of fluids the night before your visit.

Collecting Your Sample

1. Check in at the front desk.
2. You will be shown where to collect your sample.
3. In the restroom, urinate in the toilet to empty your bladder.
4. Return to your collection room.
5. Wash your hands and your penis.
6. Masturbate.
7. Collect your ejaculate in the cup provided. It is okay if you do not have an ejaculate.
8. Write your first name, last name and date of birth on the cup.
9. Complete the patient portion of the paperwork.
10. In the restroom, collect your urine in the cup provided. Urine must be collected in a separate cup from your ejaculate.
11. Write your first name, last name and date of birth on the cup.
12. Bring your cups and paperwork to the lab window next to the collection room.
13. Ring the bell and wait for lab staff.
14. **Do not** leave your cups unattended.

Results

Your provider's office will let you know the results of your test. The results may take up to 7 days to return.

Who to Call

Call Generations Fertility Care to schedule your PEU test.

608-824-6160

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright © 5/2022 University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing HF#8240