Allergen Guide
Valid from
3rd November 2026 V1

Pret's Allergen Guide

GB Pret Shops

We prepare our fresh food and Barista-made drinks in our shops every day. We use many ingredients and shared equipment, and whilst we do our best to manage allergens we cannot guarantee that any of our food or Barista-made drinks are allergen-free or suitable for those with allergies due to the risk of cross-contact. Our vegan food is made to a vegan recipe, but is not suitable for those with milk or egg allergies.

Introduction

Here you'll find a list of all Pret products sold in our shops (for branded products please review the individual product), with allergens listed along the top of the page for easy reference. If a product contains one of these ingredients, then you will find a tick in the corresponding box.

While the products in this guide may not contain a specific allergen, we can't guarantee that any of our food is completely free from any allergen.

Please remember to check our guide and the ingredient label regularly as recipes do change from time to time - the last thing we want is for anyone being caught out by a new take on an old favourite, recipes can differ shop to shop.

Where a product contains "**Cereals containing Gluten**' or "**Nuts**", you will find a specific ingredient listed, for example "**Wheat**" or "**Cashews**".

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In line with recommendations from The Vegan Society, we are using the term "**Vegan-friendly**" to label products that are made to a vegan recipe, but may not be made in dedicated vegan sites. In these sites we have as many steps as possible to reduce the risk of cross-contact.

For delivery orders:
We cannot guarantee your meal will not come into contact with other allergens during delivery. Couriers may transport other Pret orders or orders from other businesses along with your Pret order.

The Food Standards Agency regards the following ingredients and their derivatives as allergens:

Peanuts	Tree Nuts
Sesame	Cereals containing Gluten
Crustaceans	Celery & Celeriac
Egg	Fish
Lupin	Milk
Mustard	Mollusc
Soya	Sulphites

In addition we also declare Pine Nuts as an allergen.

If you are interested in an ingredient outside the 14 listed above, please look at the ingredient list on the website or the label on the individual product.

If you have any trouble finding what you are looking for **please ask the Manager**, they will be more than happy to help.

We understand that no matter how detailed our guide is, there may be times when it can't answer the questions you may have. If you need to know more, please do visit our website at **www.pret.co.uk** or contact our Customer Service Team on **0207 827 8801**.

This allergen guide only covers food and drink sold in our GB Pret Shops.

Contents Key:
✔ **(Product Contains)**
Y (Suitable For)

Baguettes & Sandwiches

We prepare our freshly made food and Barista-made drinks in our shops every day. We use many ingredients and shared equipment, and whilst we do our best to manage allergens we cannot guarantee that any of our food or drinks are allergen-free or suitable for those with allergies due to the risk of cross-contact. Our vegan food is made to a vegan recipe but not suitable for those with milk and egg allergies.

Product	Vegetarians	Vegan Friendly	Peanut	Tree Nuts								Sesame	Cereals containing gluten						Crustacean	Celery and celeriac	Egg	Fish	Milk			Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
				Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut		Barley	Kamut (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat					Cow	Goat	Sheep						
Baguettes																															
Avo, Olive & Toms Baguette	Y	Y										✔						✔													✔
Brie, Pistachio & Cranberry Baguette	Y									✔		✔						✔			✔		✔								
Brie, Tomato & Basil Baguette	Y																	✔					✔								
Chicken Caesar Bacon Baguette												✔						✔			✔	✔	✔								
Chicken Salad Baguette																		✔			✔		✔								
Chicken Satay Baguette																		✔			✔								✔		
Coronation Chicken Baguette												✔						✔			✔		✔								
Free Range Egg Mayo & Smoked Salmon Baguette																		✔			✔	✔						✔			
Italian Prosciutto Baguette												✔						✔			✔		✔								
Mozzarella, Roasted Tomato & Pesto Baguette	Y											✔						✔			✔		✔								✔
Pole & Line Caught Tuna Mayo & Cucumber Baguette																		✔			✔	✔									
Posh Cheddar & Pickle Baguette	Y											✔						✔			✔		✔								
Pret's Christmas Baguette																		✔			✔								✔		
Smoked Salmon, Egg Mayo & Avo Baguette												✔						✔			✔	✔									
Smoked Salmon, Soft Cheese & Dill Baguette												✔						✔				✔	✔								
The Pret Lobster Roll																		✔	✔		✔		✔								
Wiltshire-Cured Ham & Greve Baguette																		✔			✔		✔					✔			
Sandwiches																															
BLT													✔					✔			✔										
Chicken Salad													✔					✔			✔		✔								
Chicken, Avocado & Basil													✔					✔			✔		✔								
Classic Super Club													✔					✔			✔										
Coronation Chicken													✔					✔			✔		✔								
Egg Florentine	Y												✔					✔			✔		✔								
Festive Feast													✔					✔			✔									✔	
Free-Range Egg Mayo	Y												✔					✔			✔										
Ham & Cheese													✔					✔					✔								
Humous & Veg	Y	Y										✔	✔					✔													
Kids' Cheese & Tomato Triangles	Y												✔					✔					✔								
Kids' Chicken & Cucumber Triangles													✔					✔			✔										
Kids' Ham Triangles													✔					✔					✔								
Mature Cheddar & Pickle	Y												✔					✔			✔		✔								
New Yorker Club Sandwich													✔					✔			✔		✔					✔			
Pret's Christmas Sandwich													✔					✔			✔									✔	
Scottish Smoked Salmon													✔					✔				✔	✔								
Super Greens & Reds	Y	Y											✔					✔													
Tuna & Cucumber													✔					✔			✔	✔									

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Rolls & Wraps

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				Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut		Barley	Kamut (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat					Cow	Goat	Sheep						
Rolls																															
Jambon-Buerre																		✔					✔								
Wraps																															
Avo & Herb Wrap	Y															✔		✔			✔		✔								✔
Chicken Pesto & Rocket Wrap																✔		✔			✔		✔								✔
Falafel, Avocado & Chipotle Wrap	Y	Y														✔		✔												✔	
Hoisin Duck Wrap																✔		✔			✔								✔		
Humous & Chipotle Wrap	Y	Y										✔				✔		✔											✔		
Chicken Satay Wrap																✔		✔			✔								✔		
Flatbreads																															
Falafel, Avo & Chipotle Flatbread	Y	Y																✔												✔	
Mediterranean Style Tuna Flatbread																		✔			✔	✔									
Shawarma Spiced Chicken Flatbread												✔						✔													

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Fruit & Pots

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				Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut		Barley	Kamut (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat					Cow	Goat	Sheep						
Fruit																														
Apple	Y	Y																												
Banana	Y	Y																												
Fruit Salad	Y	Y																												
Mango & Lime	Y	Y																												
Pret's Sweetest Pineapple	Y	Y																												
Superfruit Salad	Y	Y																												
Watermelon & Lime	Y	Y																												
Pots																														
Acai & Almond Butter Bowl	Y	Y		✔											✔															
Banana, Honey & Yogurt Pot	Y																						✔							
The Big Apple Bowl	Y														✔								✔							
Bircher Muesli Bowl	Y									✔					✔								✔							
Blueberry Balance Bowl	Y														✔								✔							
Five Berry Bowl	Y														✔								✔							
Kids' Mango & Banana Yogurt Pot	Y																						✔							
Mango & Banana Sunshine Bowl	Y	Y													✔															
Yogurt & Five Berry Pot	Y																						✔							

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Breakfast

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Product	Vegetarians	Vegan Friendly	Peanut	Tree Nuts								Sesame	Cereals containing gluten						Crustacean	Celery and celeriac	Egg	Fish	Milk			Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
				Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut		Barley	Kamut (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat					Cow	Goat	Sheep						
Bakery																															
All Butter Croissant	Y																	✔			✔		✔								
Almond Croissant	Y			✔														✔			✔		✔								
Chocolate Croissant	Y																	✔			✔		✔								
Chocolate Pistachio Croissant Roll	Y									✔								✔			✔		✔						✔		
Cinnamon Danish	Y																	✔			✔		✔								
Pain aux Raisin	Y																	✔			✔		✔								
Pastel de Nata	Y																	✔			✔		✔								
Very Berry Croissant	Y	Y																✔													
Breakfast Baguettes																															
Breakfast Baguette Free-Range Egg Mayo & Avocado	Y																	✔			✔										
Bacon & Egg Mayo Breakfast Baguette																		✔			✔										
Breakfast Baguette Roasted Tomatoes & Egg Mayo	Y																	✔			✔										
Breakfast Baguette Salmon & Egg Mayo																		✔			✔	✔									
Breakfast Ciabattas																															
Sausage & Bacon Ciabatta																✔		✔					✔								
Pret's Veggie Breakfast Ciabatta	Y															✔		✔			✔		✔	✔	✔						
Triple Bacon Ciabatta																✔		✔					✔								
Triple Sausage Ciabatta																✔		✔					✔								
Ultimate Breakfast Ciabatta																✔		✔			✔		✔								
Breakfast Toasts																															
Banana & Cinnamon Butter Sourdough Toast	Y																	✔					✔								
Smashed Avocado Sourdough Toast	Y	Y																✔													
Sourdough Toast with Jam & Butter	Y																	✔					✔								
Hot Breakfast Croissants																															
Ham & Cheese Croissant																		✔			✔		✔								
Mozzarella & Tomato Croissant	Y																	✔			✔		✔								
Porridge & Toppings																															
Coconut & Quinoa Porridge	Y	Y													✔																
Pret's Proper Porridge	Y														✔								✔								
Banana & Cinnamon Butter Topping	Y																						✔								
Banana Cinnamon Porridge	Y														✔								✔								
Cranberry Seed Topper	Y	Y																													
Five Berry Compote Topping	Y	Y																													
Fresh Berry Topping	Y	Y																													
Honey Topping	Y																														
Protein Pots																															
British Sausages, Beans & Egg Protein Pot																					✔										
Roasted Mushrooms, Beans & Egg Protein Pot	Y																				✔										

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Cold Drinks

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				Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut		Barley	Kamut (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat					Cow	Goat	Sheep						
British Apple Juice	Y	Y																												
Cranberry, Raspberry & Pomegranate Pret Still	Y	Y																												
Easy Greens	Y	Y																												
Ginger Shot	Y	Y																												
Green Tea & Peach Pret Still	Y	Y																												
Hot Shot	Y	Y																												
Lemon & Ginger Pret Still	Y	Y																												
Mango Smoothie	Y																													
Mango, Passion Fruit & Lime Pret Still	Y	Y																												
Orange Juice	Y																													
Pret Apple Fizz	Y	Y																												
Pret Cucumber & Mint Seltzer	Y	Y																												
Pret Ginger Beer	Y	Y																												
Pret Ginger Kombucha	Y	Y																												
Pret Grape & Elderflower	Y	Y																												
Pret Lime & Raspberry Seltzer	Y	Y																												
Pret Rhubarb Lemonade	Y	Y																												
Pret Still Water 500ml	Y	Y																												
Pret Still Water 750ml	Y	Y																												
Pret's Sparkling Spring Water	Y	Y																												
Reusable Aluminium Water Bottle	Y	Y																												
Vitamin Volcano	Y	Y																												

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Salads

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				Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut		Barley	Kamut (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat					Cow	Goat	Sheep							
Butternut & Humous Mezze Bowl	Y	Y										✔																			
Chef's Italian Chicken Salad										✔											✔	✔	✔								
Chicken & Edamame Protein Pot																													✔		
Chicken & Greens Protein Plate																					✔								✔		
Chicken Satay Salad																													✔		
Chipotle Chicken																								✔	✔					✔	
Egg & Spinach Protein Pot	Y																				✔										
Kids' Humous & Cucumber Bowl	Y	Y										✔																			
Korean BBQ Tofu	Y	Y																											✔		
Miso Chicken Rice Bowl																													✔		
Miso Salmon																						✔							✔		
Pret's Chicken Ceasar										✔											✔	✔	✔								
Shawarma Chicken										✔		✔											✔								
Smoked Salmon & Egg Protein Plate																					✔	✔							✔		
Smoked Salmon & Egg Protein Pot																					✔	✔									
Smoked Salmon Protein Bowl																					✔	✔							✔		
Tuna Nicoise Salad																					✔	✔									
Side Salads																															
Classic Green Side Salad	Y																						✔								
Crunchy Slaw Side Salad	Y	Y																											✔		
Butternut & Humous Side Salad	Y	Y										✔																			
Dressing																															
Balsamic Dressing	Y	Y																												✔	
Chilli & Lime Dressing	Y	Y																													
French Dressing	Y	Y																													
Green Dressing	Y	Y																											✔		
Miso & Orange Dressing	Y	Y																											✔		
Tamari & Ginger Dressing	Y	Y																											✔		

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Sweet Treats

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				Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut		Barley	Kamut (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat					Cow	Goat	Sheep							
Cookies																															
Chocolate Chunk Cookie	Y																	✔					✔						✔		
Triple Chocolate Cookie	Y																	✔					✔						✔		
Chocolate Hazelnut Praline Cookie	Y						✔											✔					✔						✔		
Raspberry & White Chocolate Cookie	Y																	✔					✔						✔		
Counter Bars																															
Choc Bar	Y																	✔					✔	✔	✔				✔		
Chocolate Brownie Bar	Y																	✔			✔		✔						✔		
Jolly Good Tiffin	Y									✔								✔					✔						✔		
Love Bar	Y			✔						✔					✔								✔						✔		
Popcorn Bar	Y																						✔						✔		
Pret Bar	Y														✔			✔					✔								
Pret's Gingerbread Biscuit (Annie & Godfrey)	Y																	✔			✔										
Loaf Cakes/Breads																															
Jaffa Loaf Cake	Y												✔					✔			✔		✔						✔		
Loaded Chocolate Chunk Banana Bread	Y			✔														✔			✔		✔						✔		
Nutty Pistachio & Almond Loaf Cake	Y			✔						✔											✔		✔						✔		
Triple Chocolate Crunch Loaf Cake	Y												✔					✔			✔		✔						✔		
Zingy Lemon & Almond Loaf Cake	Y			✔																	✔		✔						✔		
Muffins																															
Double Berry Muffin	Y																	✔			✔		✔								

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Pret's Hot

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				Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut		Barley	Kamut (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat					Cow	Goat	Sheep						
Bakes																															
Crispy Potato Bites	Y	Y																													
Kale Macaroni Cheese	Y																	✔					✔								
Spinach & Feta Pastry	Y																	✔			✔		✔	✔	✔						
Bacon, Cheese & Jalapeño Pastry																		✔			✔		✔								
Bloomer Toasties																															
Boxing Day Bloomer Toastie													✔		✔	✔		✔			✔		✔							✔	
Classic Cheese Bloomer Toastie													✔		✔	✔		✔			✔		✔					✔			
Ham & Cheese Bloomer Toastie													✔		✔	✔		✔			✔		✔					✔			
Kids' Pizza Toastie													✔					✔					✔								
Tuna Melt Bloomer Toastie													✔		✔	✔		✔			✔	✔	✔								
Hot Baguettes																															
Chipotle Chicken, Feta & Greve Hot Baguette												✔						✔					✔	✔	✔						
Christmas Hot Baguette												✔						✔			✔		✔							✔	
Prosciutto & Mozzarella Hot Baguette												✔						✔					✔								
Tomato, Red Pepper & Mozzorella Hot Baguette	Y											✔						✔					✔								
Tuna Melt Hot Baguette												✔						✔			✔	✔	✔								
Hot / Warm Ciabattas																															
British Chicken & Pesto Ciabatta Sub																		✔					✔								✔
Meatball & Red Pepper Tapenade Ciabatta Sub																		✔					✔								
Pigs in Blankets Hot Roll																✔		✔			✔							✔			
Hot / Warm Beef Birria & Jalapeño Ciabatta																		✔					✔						✔		
Hot / Warm Chicken Caesar Bacon Ciabatta																		✔			✔	✔	✔						✔		
Hot / Warm Three Cheese & Tomato Ciabatta	Y																	✔					✔						✔		
Hot Croissants																															
Pret's Sausage Roll																		✔			✔		✔								
Roasted Tomato & Free-Range Egg Mayo Croissant																		✔			✔		✔								
Scottish Smoked Salmon & Free-Range Egg Mayo Croissant																		✔			✔	✔	✔								

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Pret's Hot

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Product	Vegetarians	Vegan Friendly	Peanut	Tree Nuts								Sesame	Cereals containing gluten						Crustacean	Celery and celeriac	Egg	Fish	Milk			Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
				Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut		Barley	Kamut (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat					Cow	Goat	Sheep						
Hot Wraps																															
Falafel & Halloumi Hot Wrap	Y															✔		✔					✔	✔	✔						
Italian Style Chicken & Basil Hot Wrap																✔		✔					✔								
Mexican Style Bean Hot Wrap	Y															✔		✔					✔	✔	✔						
Swedish Meatball Hot Wrap																✔		✔					✔								
Soup																															
Butter Chicken Soup																							✔								
Chicken Laksa																												✔	✔		
Christmas Ham Hock Soup																															
Creamy Roast Chicken Soup																							✔								
Pret's Lasagne Soup																		✔													
Pret's Mushroom Risotto Soup	Y	Y																											✔		
Souper Tomato	Y	Y																													
Soup Toppings																															
Soup Baguette with Butter	Y																	✔					✔								
Soup Roll with Butter	Y												✔			✔		✔					✔								
Sourdough Soup Bread with Butter	Y																	✔					✔								
Sourdough Toasties																															
Caprese Melt Sourdough Toastie																		✔					✔								✔
Mozzarella & Cheddar Sourdough Toastie																		✔			✔		✔					✔			
Pret's Ultimate British Bacon Sourdough Toastie																		✔					✔								
Tuna & Cheddar Melt Sourdough Toastie																		✔			✔	✔	✔								
Wiltshire Ham & Cheddar Melt Sourdough Toastie																		✔			✔		✔					✔			

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Snacks

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				Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut		Barley	Kamut (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat					Cow	Goat	Sheep						
Chilli, Bean & Seed Tortilla Chips	Y	Y																													
Cranberries in Coats																							✔								
Dark Chocolate Corn Cakes	Y																												✔		
Dark Chocolate Salted Almonds	Y	Y		✔																									✔		
Dark Chocolate with Sea Salt	Y																												✔		
Fruit & Seed Bite	Y	Y																													
Mature Cheddar & Red Onion Crisps	Y																						✔								
Milk Chocolate Bar	Y																						✔						✔		
Nuts, Fruit & Chocolate	Y			✔																			✔						✔		
Pret A Mango	Y	Y																													
Salted Caramel Dessert Pot	Y																	✔					✔								
Salted Crunchy Corn	Y	Y																													
Sea Salt & Cider Vinegar Crisps	Y	Y																													
Sea Salt Crisps	Y	Y																													
Sea Salt Popcorn	Y	Y																													
Smoked Chipotle Crisps	Y	Y																													
Smoky Sweet Crunch Mix	Y					✔																							✔		
Sweet & Salt Popcorn	Y	Y																													

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Platters

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				Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut		Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat					Cow	Goat	Sheep						
Breakfast Platters																															
Breakfast Baguette Selection Platter																		✔			✔	✔									
Five Berry & Bircher Bowl Platter	Y									✔					✔								✔								
Pret's Mixed Breakfast Ciabatta Platter																✔		✔			✔		✔	✔	✔						
Pret's Ultimate Breakfast Ciabatta Platter																✔		✔			✔		✔								
Pret's Veggie Breakfast Ciabatta Platter	Y															✔		✔			✔		✔								
Spring Breakfast Bowl Platter	Y			✔											✔								✔								
Sweet Pastry Selection Box	Y			✔														✔			✔		✔						✔		
Triple Bacon Ciabatta Platter																✔		✔					✔								
Triple Sausage Ciabatta Platter																✔		✔					✔								
Lunch Platters																															
All Time Classic Platter													✔					✔			✔	✔	✔								
Baguette Selection Platter												✔						✔			✔	✔	✔					✔			
Best Of Pret Platter													✔					✔			✔	✔	✔								
Butternut & Humous Mezze Platter	Y	Y										✔																			
Charcuterie Platter												✔						✔					✔	✔	✔						
Chef's Italian Chicken Salad Platter										✔											✔	✔	✔								
Festive Baguette Selection Platter										✔		✔						✔			✔		✔							✔	
Festive Sweet Treats Platter	Y			✔						✔					✔			✔			✔		✔						✔		
Kids' Cheese & Tomato Triangles Platter	Y												✔					✔					✔								
Kids' Ham Triangles Platters													✔					✔					✔								
Kids' Mixed Triangles Platter													✔					✔			✔		✔								
Pret's Chicken Satay Salad Platter																														✔	
Pret's Christmas Classics													✔					✔			✔	✔	✔							✔	
Pret's Classic Salad Wrap Platter																✔		✔			✔									✔	
Pret's Flatbread Selection Platter												✔						✔												✔	
Pret's Fruit Pot Platter	Y	Y																													
Pret's Ploughmans Platter	Y											✔						✔					✔							✔	
Pret's Simple Vegan Friendly Platter	Y	Y										✔	✔					✔													✔
Pret's Veggie Salad Wrap Platter	Y	Y										✔				✔		✔												✔	
Tuna Nicoise Salad Platter																					✔	✔									

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				Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut		Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat					Cow	Goat	Sheep						
Veggie Classics Baguette Selection Platter	Y											✔						✔			✔		✔								✔
Vegetarian Selection Platter	Y												✔					✔			✔		✔								
Snacking Platters																															
Brownie Bag	Y																	✔			✔		✔						✔		
Chocolate Chunk Cookie Bag	Y																	✔					✔								
Cookie Platter	Y						✔											✔					✔						✔		
Love Bar Bag	Y			✔						✔					✔								✔						✔		
Pastel De Nata Platter	Y																	✔			✔		✔								
Pret Bar Platter	Y			✔						✔					✔			✔			✔		✔						✔		
Pret's Crisp Platter	Y																						✔								
Pret's Popcorn Platter	Y	Y																													
Pret's Snack Platter				✔																			✔						✔		
Raspberry & White Chocolate Cookie Bag	Y																	✔					✔						✔		

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Hot Coffee																															
Americano Black	Y	Y																													
Americano Semi Skimmed milk	Y																						✔								
Americano Skimmed milk	Y																						✔								
Americano Coconut (instead of milk)	Y	Y																													
Americano Oat (instead of milk)	Y	Y													✔																
Americano Soya (instead of milk)	Y	Y																											✔		
Cappuccino Semi Skimmed milk	Y																						✔								
Cappuccino Skimmed milk	Y																						✔								
Cappuccino Coconut (instead of milk)	Y	Y																													
Cappuccino Oat (instead of milk)	Y	Y													✔																
Cappuccino Soya (instead of milk)	Y	Y																											✔		
Vanilla Cappuccino Semi Skimmed milk	Y																						✔								
Vanilla Cappuccino Skimmed milk	Y																						✔								
Vanilla Cappuccino Coconut (instead of milk)	Y	Y																													
Vanilla Cappuccino Oat (instead of milk)	Y	Y													✔																
Vanilla Cappuccino Soya (instead of milk)	Y	Y																											✔		
Caramel Latte Semi Skimmed milk	Y																						✔								
Caramel Latte Skimmed milk	Y																						✔								
Caramel Latte Coconut (instead of milk)	Y	Y																													
Caramel Latte Oat (instead of milk)	Y	Y													✔																
Caramel Latte Soya (instead of milk)	Y	Y																											✔		
Espresso	Y	Y																													
Filter - Black Coffee (add milk or milk alernative if White Filter)	Y	Y																													
Flat White Semi Skimmed milk	Y																						✔								
Flat White Skimmed milk	Y																						✔								
Flat White Coconut (instead of milk)	Y	Y																													
Flat White Oat (instead of milk)	Y	Y													✔																
Flat White Soya (instead of milk)	Y	Y																											✔		
Latte Semi Skimmed milk	Y																						✔								
Latte Skimmed milk	Y																						✔								
Latte Coconut (instead of milk)	Y	Y																													
Latte Oat (instead of milk)	Y	Y													✔																
Latte Soya (instead of milk)	Y	Y																											✔		
Hazelnut Latte Semi Skimmed Milk	Y																						✔								
Hazelnut Latte Skimmed Milk	Y																						✔								

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				Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut		Barley	Kamut (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat					Cow	Goat	Sheep						
Hazelnut Latte Coconut (instead of milk)	Y	Y																													
Hazelnut Latte Oat (instead of milk)	Y	Y													✔																
Hazelnut Latte Soya (instead of milk)	Y	Y																											✔		
Macchiato Semi Skimmed milk	Y																						✔								
Macchiato Skimmed milk	Y																						✔								
Macchiato Coconut (instead of milk)	Y	Y																													
Macchiato Oat (instead of milk)	Y	Y													✔																
Macchiato Soya (instead of milk)	Y	Y																											✔		
Mocha Semi Skimmed milk	Y																						✔								
Mocha Skimmed milk	Y																						✔								
Mocha Coconut (instead of milk)	Y	Y																													
Mocha Oat (instead of milk)	Y	Y													✔																
Mocha Soya (instead of milk)	Y	Y																											✔		
Vanilla Latte Semi Skimmed milk	Y																						✔								
Vanilla Latte Skimmed milk	Y																						✔								
Vanilla Latte Coconut (instead of milk)	Y	Y																													
Vanilla Latte Oat (instead of milk)	Y	Y													✔																
Vanilla Latte Soya (instead of milk)	Y	Y																											✔		
Hot Drinks																															
Chai Latte Semi Skimmed milk	Y																						✔								
Chai Latte Skimmed milk	Y																						✔								
Chai Latte Coconut (instead of milk)	Y	Y																													
Chai Latte Oat (instead of milk)	Y	Y													✔																
Chai Latte Soya (instead of milk)	Y	Y																											✔		
Matcha Latte Semi Skimmed milk	Y																						✔								
Matcha Latte Skimmed milk	Y																						✔								
Matcha Latte Coconut (instead of milk)	Y	Y																													
Matcha Latte Oat (instead of milk)	Y	Y													✔																
Matcha Latte Soya (instead of milk)	Y	Y																											✔		
Vanilla Matcha Latte Semi Skimmed milk	Y																						✔								
Vanilla Matcha Latte Skimmed milk	Y																						✔								
Vanilla Matcha Latte Coconut (instead of milk)	Y	Y																													
Vanilla Matcha Latte Oat (instead of milk)	Y	Y													✔																
Vanilla Matcha Latte Soya (instead of milk)	Y	Y																											✔		

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Hot Chocolate																															
Caramel Hot Chocolate Semi Skimmed milk	Y																						✔								
Caramel Hot Chocolate Skimmed milk	Y																						✔								
Caramel Hot Chocolate Coconut (instead of milk)	Y	Y																													
Caramel Hot Chocolate Oat (instead of milk)	Y	Y													✔																
Caramel Hot Chocolate Soya (instead of milk)	Y	Y																											✔		
Hazelnut Hot Chocolate Semi Skimmed milk	Y																						✔								
Hazelnut Hot Chocolate Skimmed milk	Y																						✔								
Hazelnut Hot Chocolate Coconut (instead of milk)	Y	Y																													
Hazelnut Hot Chocolate Oat (instead of milk)	Y	Y													✔																
Hazelnut Hot Chocolate Soya (instead of milk)	Y	Y																											✔		
Hot Chocolate Semi Skimmed milk	Y																						✔								
Hot Chocolate Skimmed milk	Y																						✔								
Hot Chocolate Coconut (instead of milk)	Y	Y																													
Hot Chocolate Oat (instead of milk)	Y	Y													✔																
Hot Chocolate Soya (instead of milk)	Y	Y																											✔		
Hot Chocolate Powder	Y	Y																													
Iced Hot Chocolate																															
Iced Caramel Hot Chocolate Semi Skimmed milk	Y																						✔								
Iced Caramel Hot Chocolate Skimmed milk	Y																						✔								
Iced Caramel Hot Chocolate Coconut (instead of milk)	Y	Y																													
Iced Caramel Hot Chocolate Oat (instead of milk)	Y	Y													✔																
Iced Caramel Hot Chocolate Soya (instead of milk)	Y	Y																											✔		
Iced Hot Chocolate Semi Skimmed milk	Y																						✔								
Iced Hot Chocolate Skimmed milk	Y																						✔								
Iced Hot Chocolate Coconut (instead of milk)	Y	Y																													
Iced Hot Chocolate Oat (instead of milk)	Y	Y													✔																
Iced Hot Chocolate Soya (instead of milk)	Y	Y																											✔		
Iced Hot Chocolate Powder	Y	Y																													

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Iced Coffee																															
Iced Caramel Latte Semi Skimmed milk	Y																						✔								
Iced Caramel Latte Skimmed milk	Y																						✔								
Iced Caramel Latte Coconut (instead of milk)	Y	Y																													
Iced Caramel Latte Oat (instead of milk)	Y	Y													✔																
Iced Caramel Latte Soya (instead of milk)	Y	Y																											✔		
Iced Latte Semi Skimmed milk	Y																						✔								
Iced Latte Skimmed milk	Y																						✔								
Iced Latte Coconut (instead of milk)	Y	Y																													
Iced Latte Oat (instead of milk)	Y	Y													✔																
Iced Latte Soya (instead of milk)	Y	Y																											✔		
Iced Hazelnut Latte Semi Skimmed Milk	Y																						✔								
Iced Hazelnut Latte Skimmed Milk	Y																						✔								
Iced Hazelnut Latte Coconut (instead of milk)	Y	Y																													
Iced Hazelnut Latte Oat (instead of milk)	Y	Y													✔																
Iced Hazelnut Latte Soya (instead of milk)	Y	Y																											✔		
Iced Mocha Semi Skimmed milk	Y																						✔								
Iced Mocha Skimmed milk	Y																						✔								
Iced Mocha Coconut (instead of milk)	Y	Y																													
Iced Mocha Oat (instead of milk)	Y	Y													✔																
Iced Mocha Soya (instead of milk)	Y	Y																											✔		
Iced Vanilla Latte Semi Skimmed milk	Y																						✔								
Iced Vanilla Latte Skimmed milk	Y																						✔								
Iced Vanilla Latte Coconut (instead of milk)	Y	Y																													
Iced Vanilla Latte Oat (instead of milk)	Y	Y													✔																
Iced Vanilla Latte Soya (instead of milk)	Y	Y																											✔		
Iced Black Americano	Y	Y																													
Iced White Americano Semi Skimmed milk	Y																						✔								
Iced White Americano Skimmed milk	Y																						✔								
Iced White Americano Coconut (instead of milk)	Y	Y																													
Iced White Americano Oat (instead of milk)	Y	Y													✔																
Iced White Americano Soya (instead of milk)	Y	Y																											✔		

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Product	Vegetarians	Vegan Friendly	Peanut	Tree Nuts								Sesame	Cereals containing gluten						Crustacean	Celery and celeriac	Egg	Fish	milk			Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
				Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut		Barley	Kamut (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat					Cow	Goat	Sheep						
Iced Drinks																															
Iced Chai Latte Semi Skimmed milk	Y																						✔								
Iced Chai Latte Skimmed milk	Y																						✔								
Iced Chai Latte Coconut (instead of milk)	Y	Y																													
Iced Chai Latte Oat (instead of milk)	Y	Y													✔																
Iced Chai Latte Soya (instead of milk)	Y	Y																											✔		
Iced Matcha Latte Semi Skimmed milk	Y																						✔								
Iced Matcha Latte Skimmed milk	Y																						✔								
Iced Matcha Latte Coconut (instead of milk)	Y	Y																													
Iced Matcha Latte Oat (instead of milk)	Y	Y													✔																
Iced Matcha Latte Soya (instead of milk)	Y	Y																											✔		
Iced Vanilla Matcha Latte Semi Skimmed milk	Y																						✔								
Iced Vanilla Matcha Latte Skimmed milk	Y																						✔								
Iced Vanilla Matcha Latte Coconut (instead of milk)	Y	Y																													
Iced Vanilla Matcha Latte Oat (instead of milk)	Y	Y													✔																
Iced Vanilla Matcha Latte Soya (instead of milk)	Y	Y																											✔		
Tea																															
Breakfast (add milk or milk alternative if White)	Y	Y																													
Earl Grey (add milk or milk alternative if White)	Y	Y																													
Peppermint	Y	Y																													
Tropical Green	Y	Y																													
Frappes & Frozen Favourites																															
Caramel Frappe - Skimmed milk	Y																						✔								
Caramel Frappe - Semi Skimmed milk	Y																						✔								
Classic Frappe - Skimmed milk	Y																						✔								
Classic Frappe - Semi Skimmed milk	Y																						✔								
Frozen Hot Chocolate - Semi Skimmed milk	Y																						✔								
Frozen Hot Chocolate - Skimmed milk	Y																						✔								
Hazelnut Frappe - Skimmed milk	Y																						✔								
Hazelnut Frappe - Semi Skimmed milk	Y																						✔								
Mocha Frappe - Skimmed milk	Y																						✔								
Mocha Frappe - Semi Skimmed milk	Y																						✔								

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Vanilla Frappe - Skimmed milk	Y																						✔								
Vanilla Frappe - Semi Skimmed milk	Y																						✔								
Vanilla Matcha Frappe - Skimmed milk	Y																						✔								
Vanilla Matcha Frappe - Semi Skimmed milk	Y																						✔								
Smoothies																															
Berries & Banana Smoothie	Y	Y																													
Mango & Peach Smoothie	Y	Y																													
Sweet Greens Smoothie	Y	Y																													
Milk / instead of milk cup																															
Semi Skimmed milk cup	Y																						✔								
Skimmed milk cup	Y																						✔								
Coconut (instead of milk) cup	Y	Y																													
Oat (instead of milk) cup	Y	Y													✔																
Soya (instead of milk) cup	Y	Y																											✔		
Babyccino	Y																						✔								
Syrups & Toppings																															
All Syrups	Y	Y																													
Chocolate Cream	Y																						✔								
Marshmallow Cream	Y																						✔								
Whipped Cream	Y																						✔								
Seasonal Drinks																															
Gingerbread Latte - Semi Skimmed Milk	Y																						✔								
Gingerbread Latte - Skimmed Milk	Y																						✔								
Gingerbread Latte - Coconut (instead of milk)	Y	Y																													
Gingerbread Latte - Oat (instead of milk)	Y	Y													✔																
Gingerbread Latte - Soya (instead of milk)	Y	Y																											✔		
Chocolate Orange Latte - Semi Skimmed Milk	Y																						✔								
Chocolate Orange Latte - Skimmed Milk	Y																						✔								
Chocolate Orange Latte - Coconut (instead of milk)	Y	Y																													
Chocolate Orange Latte - Oat (instead of milk)	Y	Y													✔																
Chocolate Orange Latte - Soya (instead of milk)	Y	Y																											✔		
Orange Hot Chocolate - Semi Skimmed milk	Y																						✔								
Orange Hot Chocolate - Skimmed milk	Y																						✔								

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Orange Hot Chocolate - Coconut (instead of milk)	Y	Y																													
Orange Hot Chocolate - Oat (instead of milk)	Y	Y													✔																
Orange Hot Chocolate - Soya (instead of milk)	Y	Y																											✔		
Pumpkin Spiced Latte - Semi Skimmed	Y																						✔								
Pumpkin Spiced Latte - Skimmed	Y																						✔								
Pumpkin Spiced Latte - Coconut (instead of milk)	Y	Y																													
Pumpkin Spiced Latte - Oat (instead of milk)	Y	Y													✔																
Pumpkin Spiced Latte - Soya (instead of milk)	Y	Y																											✔		
Toasted Marshmallow Latte - Semi Skimmed	Y																						✔								
Toasted Marshmallow Latte - Skimmed	Y																						✔								
Toasted Marshmallow Latte - Coconut (instead of milk)	Y	Y																													
Toasted Marshmallow Latte - Oat (instead of milk)	Y	Y													✔																
Toasted Marshmallow Latte - Soya (instead of milk)	Y	Y																											✔		
Toasted Marshmallow Hot Chocolate Semi Skimmed milk	Y																						✔								
Toasted Marshmallow Hot Chocolate Skimmed milk	Y																						✔								
Toasted Marshmallow Hot Chocolate Coconut (instead of milk)	Y	Y																													
Toasted Marshmallow Hot Chocolate Oat (instead of milk)	Y	Y													✔																
Toasted Marshmallow Hot Chocolate Soya (instead of milk)	Y	Y																											✔		

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