# Our Menu

Pret operates a bit like a restaurant. We build kitchens in (or very near) every shop and our ingredients get delivered early each morning.

You won't find 'sell-by' dates on our fresh sandwiches, salads or baguettes.







# Breakfast!

They say that breakfast is the most important meal of the day so we have a delicious and varied menu for you to choose from.

Egg & Bacon Brioche Chicken Sausage & Egg Brioche Pret's Soya Porridge ♥

# Granaries!

Just like our granary products are handmade throughoutthe day. Made today, gone today. We bake our baguettes throughout the day, the fresher the better.

### **Sandwiches**

Chicken Avocado
Coronation Chicken
Tuna Mayo
Crayfish & Rocket
Cheddar & Pickle Cracking Egg Classic Super Club
Smoked Salmon
BLT - Meat Special
Veggie New Yorker - Veggie Special Coronation Chicken
Coronation Chicken
Tuna Mayo
Crayfish & Rocket
Cheddar & Pickle Cracking Egg
Classic Super Club
Smoked Salmon

# **Baguettes**

Chicken Caesar & Bacon
Tuna Cucumber
Posh Cheddar Chicken Salad
Egg & Salmon
Egg & Roasted Tomatoes Soup Baguette

# Salads & Fruits!

### **Salads**

Chef Chicken
Salmon & Avocado
Crayfish & Avocado
Egg Avocado Pot Chicken Smashed Avocado
Chicken & Quinoa (high in protein)
Hummus & Chickpea (source of protein)
Tuna & Quinoa (high in protein)

# Fruits o

Whole Fruit - Banana Mango and Lime Superfruit Salad



Avocado Salad •
Chicken Pesto Rocket
Chicken Bacon Caesar
Hummus & Chipotle



# Pret's Hot!

In their quest to keep shelves full of oven-fresh,homely food, our Hot Chefs bake in small batches. Little and often. Straight from the oven. Hot off the shelves.

# **Hot Wraps**

Falafel Halloumi 🔞 Chicken Chipotle Swedish Meatballs



## **Toasties**

Tuna Mozarella & Pesto 🔞 Classic Cheese 🔞 Chipotle Chicken





# Soups

(On rotation) Malaysian Chicken Carrot & Coriander 😯 Tomato 🕥 Chicken Laksa

Veggie Tom Yum Red Rice & Kale 💟 Baked Potato & Bacon Cauliflower, Cheddar &

Potato Soup 😯

### **Hot Croissants**

Cheddar & Tomatoes 🔞

★ Halloumi & Zaatar

# **Toasted Tortillas**

★ Chipotle Chicken

★ Avocado, Cheddar, & Chipotle 👽



Chocolate Chunk Cookie 😯

Oat & Raisin Cookie 🕜

Dark Chocolate & Almond Cookie 🔾

Berry Muffin 😯

French Butter Croissant 🔞

Almond Croissant 🔞

Chocolate Croissant 🚱

Pain Au Raisin 🔞

Mozzarella & Tomato Croissant 😯

Zaatar Croissant 🔞

Cheese Twist

Vanila Donut

Cinnamon Donut



# Snacks & Treats!

Our menu of perfect in-between, just-before, just-after snacks. Ideal for sharing or enjoying on your own.

# **Yoghurt Bowls o**

Five Berry Yoghurt **Berry Parfait** Banana & Honey

★ Coffee & Date Chia Pot

★ Mango & Matcha Chia Pot

## Pret's Snacks

Pret A Mango 🔾

Choc Bar 😯

Popcorn Bar 😯

Love Bar 🕜

Chocolate Brownie Bar 😯

Pret Crisps 😯

Sea Salt & Black Pepper Sea Salt & Cider Vinegar Cheese & Chives

### **Desserts**

Lemon Cheesecake Chocolate Mousse



# Drinks!

Our coffee is 100% organic and always arabica. Our teas, milks and milk alternatives are all organic too.

# **Barista Prepared Drinks**

#### **Organic Coffee**

Americano Black

Filter Black

Pret's Matcha Latte

Spanish Latte

Latte

Cappuccino

Mocha

Organic Chocolate

Macchiato

Flat White

Milk (Rice Coconut Milk, Oat Milk, Soya Milk, Almond Milk)

Chai Latte

★ Rose Spanish Latte

Extra Shot

Hot and Iced



Iced Black Americano

Iced Black Filter 💟

Iced Chocolate

Iced Matcha Latte

Iced Spanish Latte

- ★ Iced Rose Spanish Latte
- ★ Orange & Cherry Blossom Iced Tea Peach & Hibiscus Iced Tea

Cherry Blossom Tea

Classic Frappe Salted Caramel Frappe

\* Baklava Frappe

#### Hot Tea

Breakfast 😯

Earl Grey 😯

Green 💟

Peppermint V

Hot Tea - Ginger & Lemon 💟

Hot Tea - Chamomille 💟

Hot Tea - Jasmine 💟

#### Iced Drinks

Iced Latte

Iced Mocha

Iced Chai Latte

Rasberry & Mint Iced Tea

#### Frappe

Chocolate Frappe

#### **Smoothies**

Berries and Cherries

Sweet Greens

Tropical Mango 🔮

#### **Allergies?**

There is a high risk of cross-contamination when our baristas prepare drinks. We can't guarantee our drinks are suitable for those with allergies.Please take care.



### **Chilled Drinks**

Pret - Orange Juice 😯

Pret - Pomegranate Juice 🔾

Pret - Pineapple Powwow 🕥

Pret - Root Reboot

Pret - Essential Green 💿

Pret - Sunny Dayz 😯

Pret - Ginger Shot 💟

Pret - Turmeric Shot 🖸

Pink Lemonade 💟

Blue Lemonade 💟

Black Lemonade 🔾

Pure Pret Cucumber & Mint Seltzer

Pure Pret Rhubarb Lemonade

Pure Pret Sparkling Apple Fizz

San Pellegrino Sparkling Water 💟

Acqua Morelli Still 500ml

Coke

Coke Zero 💟

Sprite

Coconut Water



# Pret's Delivery!

Our platters are designed for sharing and are ideal for meetings or large gatherings at home or even on a junk!

#### **Breakfast Platters**

Sweet Pastry Selection Box 😯 **Breakfast Brioche Platter** Breakfast Baguette Selection Platter Yoghurt Selection 😯

#### **Salad Platters**

Chef Italian Chicken Salmon & Avocado Avocado & Mozzarella 🔞 Chicken & Quinoa (high in protein) Hummus & Chickpea (source of protein) 😯 Tuna & Quinoa (high in protein)

### **Sandwich Platters**

Chicken Supreme Platter Fish Selection Platter Veggie Lover Mixed Platter 😯 Vegeterian Selection Platter 😯 **Baguette Selection Platter** Meat Baquette Platter **Best of Pret Platter** All Time Classic Platter Wrap Selection Platter Vegetarian Wrap Selection Platter Chicken Wrap Selection Platter

### **Cookie Platters**

Large Cookie Platter 😯 Small Cookie Platter 🔞 Choc Chunk Cookie Bag 😯

### Snacks & Sweets

Pret Bar Platter 🔞 Brownie Bag 😯 Love Bar Bag 😯 Vegan Donuts Box 💟 Crisps Selection 😯

#### **Drinks**

Coffee Box Tea Box 😘









#### Allergies?

We're proud to freshly prepare our food in our shop kitchens every day, but as we use many ingredients and shared equipment, we are unable to guarantee that our food is allergen free due to the risk of cross-contact. Our vegan food is made to a vegan recipe but is not suitable for those with milk or egg allergies. Our Allergen Guide contains a list of all the products we sell in our shops. You will also find the declarable allergens listed on the product shelf tickets in our shops. If you need to know more, please get in touch with our Customer Service team who will be happy to help.

Please refer to our "Allergen Guide" for allergen information & "Nutritional Guide" for nutritional information.