

Ireland Allergen Guide 20th September 2023 Launch V1

#### INTRODUCTION

Here you'll find a list of all of the products sold in our shops, with allergens listed along the top of the page for easy reference. If a product contains one of these ingredients, then you will find a tick in the corresponding box.

Where a product contains 'Cereals Containing Gluten' and 'Nuts: you will find specific ingredients listed (e.g., wheat, rye, oats).

Please remember to check our guide and the ingredient label regularly as recipes do change from time to time - the last thing we want is for anyone being caught out by a new take on an old favourite.

We're proud to freshly prepare our food in our shop kitchens every day but as we use many ingredients and shared equipment, cross contact is managed but not to an allergen-free level. Therefore we can't guarantee any of our food is suitable for those with allergies due to the risk of cross contact. Our vegan products are made to a vegan recipe but are not suitable for those with dairy and egg allergies.

In line with the Vegan Society recommendations we at Pret are using the term 'vegan-friendly' to label products that may not be made in dedicated vegan sites.

The Food Safety Authority of Ireland regards the following ingredients and their derivatives as allergens:

Peanuts Tree Nuts

Sesame Cereals containing Gluten

Crustaceans Celery & Celeriac

Egg Fish
Lupin Milk
Mustard Mollusc
Soya Sulphites

If you are interested in an ingredient outside the 14 listed above please look at the ingredient list on the website or the label on the individual product.

If you have any trouble finding what you're looking for, just ask the Manager - they'll be more than happy to help.

We understand that no matter how detailed our guide is, there may be times when it can't answer the questions you may have. If you need to know more, please do visit our website at **www.pret.ie** 

This Allergen Guide only covers food and drink sold in our Irish shops.

## Baguettes, Rolls & Sandwiches

We're proud to freshly prepare our food in our shop kitchens every day, but as we use many ingredients and shared equipment, we are unable to guarantee that our food is allergen free due to the risk of cross-contact. Our vegan food is made to a vegan recipe but is not suitable for those with milk or egg allergies.

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	<	Veg					Tr	ee Nuts							Cereals cont	aining glute	n							Milk					'	
Product	egetarians	gan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites
Baguettes																														
Avo, Olives & Toms	Υ	Υ										>						~												
Brie, Tomato & Basil Baguette	Υ																	~					>							
Chicken Caesar & Bacon												>						>			<b>Y</b>	<b>&gt;</b>	>							
Italian Prosciutto												>						>			<b>Y</b>		>							
Posh Cheddar & Pickle	Υ											>						~			<b>&gt;</b>		>					<b>Y</b>		
Tuna Mayo & Cucumber																		~			>	~								
Ham & Emmental																		~			>		~					~		
Sandwiches			•		,	•	,											•						•						
Beef & Horseradish Granary													~					~			~		~					~	<u> </u>	~
Chicken, Avocado & Basil													~					~			>		~							
Classic Super Club													~					~			~								<u> </u>	
Crayfish & Rocket Bloomer															>	>		~	<b>~</b>		>									
Free-Range Egg Mayo	Υ												>					>			>							>		
Ham & Cheese													>					>					>							
Ham & Eggs Bloomer															>	>		~			>							<b>V</b>	L	
Mature Cheddar & Pickle	Y												~					~			<b>&gt;</b>		~							
Smashed Avo Open Sandwich	Υ	Υ													~															
Smoked Salmon													~					~				~	~							
Smoked Salmon & Soft Cheese Open Sandwich															>							~	~						<u> </u>	<u> </u>
Super Greens & Reds	Υ	Y											~					~												
Tuna Mayo & Cucumber													~					~			>	~								
Veggie New Yorker Bloomer	Υ												>		>	>		>			>		>					<b>&gt;</b>		

## Rolls & Wraps

We're proud to freshly prepare our food in our shop kitchens every day, but as we use many ingredients and shared equipment, we are unable to guarantee that our food is allergen free due to the risk of cross-contact. Our vegan food is made to a vegan recipe but is not suitable for those with milk or egg allergies.

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		Ve					Tre	e Nuts							Cereals cont	aining glute	n							Milk						
Product	egetarians	gan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites
Rolls																														
Avo Brunch Rye Roll	Υ												>			>		>			>							>		
Jambon Beurre																		~					>							
Spicy Chicken Rye Roll													>			>		~			>									
Scandi Salmon Rye Roll													>			>		>			>	>						>		
Wraps & Flatbreads																														
Avo & Herb Salad Wrap	Υ															~		~			~		~							
Chicken & Caesar Wrap																>		~			>	>	>							
Hoisin Duck Salad Wrap																>		~			>								>	
Humous & Chipotle Wrap	Υ	Υ										~	<b>~</b>			~		~												

We're proud to freshly prepare our food in our shop kitchens every day, but as we use many ingredients and shared equipment, we are unable to guarantee that our food is allergen free due to the risk of

#### Breakfast

We're proud to freshly prepare our food in our shop kitchens every day, but as we use many ingredients and shared equipment, we are unable to guarantee that our food is allergen free due to the risk of cross-contact. Our vegan food is made to a vegan recipe but is not suitable for those with milk or egg allergies.

		Ve					Ti	ree Nuts						C	Cereals conta	aining gluter	n							Milk						
Product	/egetarians	gan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites
Almond Croissant	Υ			~														~			~		~							
Acai & Almond Butter Bowl	Υ	Υ		>											<															
Bacon & Egg Roll																>		>			<b>\</b>		~							
Banana, Honey & Granola Pot	Υ														<								¥							
Bircher Muesli	Υ									>					<								¥							
Breakfast Free-Range Egg Mayo & Avocado	Υ																	>			>									
Breakfast Free-Range Egg Mayo & Bacon																		>			>									
Breakfast Free-Range Egg Mayo & Tomato	Υ																	>			>									
Breakfast Salmon & Egg Mayo																		>			<b>\</b>	<b>\</b>						~		
Cheese Twist	Υ																	>			>		<b>&gt;</b>							
Chocolate Croissant	Υ																	>			>		¥						>	
Cinnamon Danish	Υ																	>			>		¥							
Five Berry Bowl	Υ														<								¥							
Butter Croissant	Υ																	>			<b>\</b>		<b>&gt;</b>							
Ham, Cheese, Tomato & Bacon Croissant																		>			>		<b>&gt;</b>							
Mango & Banana Sunshine bowl	Υ	Υ													<															
Mozzarella & Tomato Croissant	Υ																	>			<b>&gt;</b>		<b>&gt;</b>							
Pain aux Raisin	Υ																	<b>y</b>			< -		<b>Y</b>							
Pastel de Nata	Υ																	~			~		~							
Pret's Bacon Roll																>		>					¥							
Pret's Veggie Roll	Υ															>		~			~		<b>Y</b>							
Sausage & Egg Breakfast Roll																>		>			<b>&gt;</b>		¥							
Very Berry Croissant	Υ	Υ																>												

#### **Cold Drinks**

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		«					Tre	e Nuts							Cereals cont	taining gluten				_				Milk						
Product	Vegetarians	egan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites
Apple Juice	Υ	Υ																												
Coke (all types)	Υ	Υ																												
Cranberry, Raspberry & Pomegranate Pret Still	Υ	Υ																												
Easy Greens	Υ	Υ																												
Ginger Shot	Υ	Υ																												
Green Tea & Peach Pret Still	Υ	Υ																												
Hot Shot	Υ																													
Lemon & Ginger Pret Still	Υ	Υ																												
Mango, Passion Fruit & Lime Pret Still	Υ	Υ																												
Orange Juice	Υ	Υ																												
Orchard Blend	Υ	Υ																												
Pret Apple Fizz	Υ	Υ																												
Pret Cumcumber & Mint Seltzer	Υ	Υ																												
Pret Ginger Beer	Υ	Υ																												
Pret Grape & Elderflower	Υ	Υ																												
Pret Lime & Raspberry Seltzer	Υ	Υ																												
Pret Rhubarb Lemonade	Υ	Υ																												
Roots & Fruits Juice	Υ	Υ																												
Sparkling Spring Water	Υ	Υ																												
Still Water 500ml	Υ	Υ																												
Still Water 750ml	Υ	Υ																												
Tropical Zest	Υ	Υ																												

## Fruit

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		Ve					Tre	e Nuts							Cereals cont	aining glute	n							Milk						
Product	egetarians	gan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites
Apple	Υ	Υ																												
Banana	Υ	Υ																												
Classic Fruit Salad	Υ	Υ																												_
Mango & Lime	Υ												,			,								_						

## Pret's Hot

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																										-				
	_	Ve					Tr	ee Nuts						(	Cereals cont	aining glute	en							Milk						
Product	egetarians	gan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites
Chipolte Mozzarella Hot Baguette	Υ											~						~					~							
Falafel & Halloumi Hot Wrap	Υ															~		~					~	~	~			1		
Meatball Hot Wrap																>		~					>							
Spicy Chicken Hot Wrap																>		~					>					1		
Prosciutto & Mozzarella Hot Baguette												>						~					~							
Toasties																														
All day Breakfast Toastie	Υ												>		>	>		>			>		>							
Brie, Avocado & Tomato Toastie													>		>	>		>					>							
Halloumi, Red Pepper & Basil Toastie	Υ												~		>	~		~					~	<b>V</b>	~			I		
Ham, Cheese & Mustard Toastie													~		>	~		~			~		<b>V</b>					>		
Reuben Toastio	Υ												~		>	~		~			~		~					>		
Tuna Melt Toastie													~		<b>&gt;</b>	~		~			~	<b>~</b>	~							
Soup																														
Red Thai Veg Soup	Υ	Υ																											<b>V</b>	
Barley & Rye Roll Soup Bread	Υ	Υ											~			~		~										1		
Lentil & Bacon Soup	Υ																			<b>*</b>			<b>*</b>					~		
Souper Tomato	Υ	Υ																										1		
Soup Bread																		~												
Stone Baked Losange	Υ	Υ																~												
Sunshine Dhal Soup	Υ	Υ																												
Thai Chicken Curry Soup																				~		~						1		
Hot Food																														
Kale Mac & Cheese	Υ																	~		~			~							
Proscuitto Mac & Cheese																		~		~			~							
Italian Style Chicken Hot Wrap																~		~					~							
Mexican Chicken & Feta Hot Roll																~		~			~		~							
Meatless Meatball Marinara Hot Roll	Υ															~		~			~		~					1		

#### Pret At Home

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																											/			/
		٧					Tre	ee Nuts						(	Cereals cont	taining glute	n							Milk				1		
Product	Vegetarians	egan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites
Coffee - Classic Blend Ground	Υ	Υ																										1		
Coffee - Espresso Beans	Υ	Υ																												
Coffee - Single Origin Ground	Υ	Υ						•							•						•									

#### Salad & Platters

We're proud to freshly prepare our food in our shop kitchens every day, but as we use many ingredients and shared equipment, we are unable to guarantee that our food is allergen free due to the risk of cross-contact. Our vegan food is made to a vegan recipe but is not suitable for those with milk or egg allergies.

		٧					Tre	ee Nuts						(	Cereals cont	aining glute	n							Milk						
Product	Vegetarians	egan Friendly	Peanut	Almond	Brazil Nuts	s Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites
Chef's Italian Chicken Salad										<b>&gt;</b>											>	>	>							
Chicken & Avocado Protein Salad																					>								<b>&gt;</b>	
Egg & Spinach Protein Pot	Υ																				>									
Greek Salad	Υ																							<	>					
Humous & Falafel Salad	Υ	Υ										>	<b>&gt;</b>			>		~												
Smoked Salmon Protein Box																					>	<							<b>Y</b>	
Smoked Salmon & Egg Protein Pot																					>	<								
Smoked Salmon, Egg & Avocado Salad																					>	<								
Tuna Nicoise Salad																					>	<								
Tricolore Salad	Υ																						>							
Dressing																														
French Dressing	Υ	Υ																												

## Snacks

We're proud to freshly prepare our food in our shop kitchens every day, but as we use many ingredients and shared equipment, we are unable to guarantee that our food is allergen free due to the risk of cross-contact. Our vegan food is made to a vegan recipe but is not suitable for those with milk or egg allergies.

	Veg	E /					Tr	ee Nuts						(	Cereals cont	aining glute	n							Milk						
Product	etarians	Vegan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites
Almond Butter Protein Ball	Υ	Υ		~																									>	
Chilli, Bean & Seed Tortilla Chips	Υ	Υ																												
Cranberries in Coats	Υ																						~							
Dark Chocolate Salted Almonds	Υ	Υ		>																									>	
Mature Cheddar & Red Onion Crisps	Υ																						>							
Fruit, Nuts & Chocolate	Υ			>																			~						>	
Pret A Mango	Υ	Υ																											·	
Sea Salt Popcorn	Υ	Υ																												
Sea Salt & Cider Vinegar Crisps	Υ	Υ																											·	
Sea Salt Crisps	Υ	Υ																												
Smoked Chipotle Crisps	Υ	Υ																												
Sweet & Salt Popcorn	Υ	Y																												

#### **Sweet Treats**

We're proud to freshly prepare our food in our shop kitchens every day, but as we use many ingredients and shared equipment, we are unable to guarantee that our food is allergen free due to the risk of cross-contact. Our vegan food is made to a vegan recipe but is not suitable for those with milk or egg allergies.

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	Veg	Vegar					Tr	ree Nuts						(	Cereals cont	aining glute	n			Calamand				Milk						
Product	etarians	ı Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites
Black Forest Dessert pot	Υ																	~					>						<b>&gt;</b>	
Caramel Waffle	Υ																	>					>						>	
Caramel Shortbread	Υ																	>					>						>	
Choc Bar	Υ																	~					~						>	
Chocolate Brownie Bar	Υ																	~			>		>						<b>&gt;</b>	
Chocolate Espresso Mini Loaf Cake	Υ																	*			<		>	,					<b>&gt;</b>	
Chocolate Moose	Υ																						~						>	
Chocolate Orange Mini Loaf Cake	Υ																	~			>		~						>	
Dark Chocolate & Almond Butter Cookie	Υ	Υ		~														>												
Dark Chocolate Corn Cakes	Υ																												>	
Lemon Cheesecake	Υ																	>			~		~							
Lemon Meringue Cookie	Υ																	~			>		~						<b>&gt;</b>	
Lemon Raspberry Slice	Υ																	~					>						<b>&gt;</b>	
Love Bar	Υ			~						~					<								>	,					<b>&gt;</b>	
Nutty Salted Caramel Brownie	Υ			~							>							~			<		>						<b>&gt;</b>	
Popcorn bar	Υ																						~						<b>&gt;</b>	
Pret Bar	Υ														>			>					>							
Raspberry cheesecake Brownie	Υ																	>			>		>						>	
Raspberry & Almond Bakewell Tart	Υ			~														>	_		>		~							
Salted Caramel Dessert Pot	Υ																	~					~							

# Barista Prepared Drinks

We prepare our fresh food and Barista-made drinks in our shops every day. We use many ingredients and shared equipment, and whilst we do our best to manage allergens we cannot guarantee that any of our food or Barista-made drinks are allergen-free or suitable for those with allergies due to the risk of cross-contact. Our vegan food is made to a vegan recipe but is not suitable for those with milk and egg allergies.

	<	é					Tr	ee Nuts							Cereals cont				and egg					Milk							
Product	egetarians	gan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Coffee																															
Americano Black	Υ	Υ																													
Americano Low Fat milk	Υ																						¥								
Americano Soya (instead of milk)	Υ	Υ																											<		
Americano Rice Coconut (instead of milk)	Υ	Υ																													
Americano Oat (instead of milk)	Υ	Υ													>																
Cappuccino Low Fat milk	Υ																						>								
Cappuccino Soya (instead of milk)	Υ	Υ																											>		
Cappuccino Rice Coconut (instead of milk)	Υ	Υ																													
Cappuccino Oat (instead of milk)	Υ	Υ													>																
Espresso	Υ	Υ																													
Filter - Black Coffee (add milk or milk alernative if White Americano)	Υ	Υ																													
Flat White Low Fat milk	Υ																						>								
Flat White Soya (instead of milk)	Υ	Υ																											>		
Flat White Rice Coconut (instead of milk)	Υ	Υ																													
Flat White Oat (instead of milk)	Υ	Υ													~																
Latte Low Fat milk	Υ																						~								
Latte Soya (instead of milk)	Υ	Υ																											~		
Latte Oat (instead of milk)	Υ	Υ													~																
Latte Rice Coconut (instead of milk)	Υ	Υ																													
Macchiato Low Fat milk	Υ																						~								
Macchiato Soya (instead of milk)	Υ	Υ																											~		
Macchiato Oat (instead of milk)	Υ	Υ													~																
Macchiato Rice Coconut (instead of milk)	Υ	Υ																													
Mocha Low Fat milk	Υ																						>								
Mocha Soya (instead of milk)	Υ	Υ																											<		

## Barista Prepared Drinks

														not sui	table f	or tho	se with	ı milk	and egg	allerg	ies.										
	Ve	Veg					Ti	ree Nuts						С	ereals cont	taining glute	en			Coloni				Milk							
Product	getarians	an Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Mocha Rice Coconut (instead of milk)	Υ	Υ																													
Mocha Oat (instead of milk)	Υ	Υ													>																
Other Hot Drinks																															
Chai Latte Low Fat Milk	Υ																						~								
Chai Latte Rice Coconut (instead of Milk)	Υ	Υ																													
Chai Latte Rice Soya (instead of Milk)	Υ	Υ																											<b>\</b>		
Chai Latte Oat (instead of Milk)	Υ	Υ													>																
Dirty Chai Latte Low Fat Milk	Υ																						>								
Dirty Chai Latte Rice Coconut (instead of Milk)	Υ	Υ																													
Dirty Chai Latte Soya (instead of Milk)	Υ	Υ																											<		
Dirty Chai Latte Oat (instead of Milk)	Υ	Υ													>																
Matcha Latte Low Fat Milk	Υ																						>								
Matcha Latte Rice Coconut (instead of Milk)	Υ	Υ																													
Matcha Latte Soya (instead of Milk)	Υ	Υ																											<		
Matcha Latte Oat (instead of Milk)	Υ	Υ													<b>&gt;</b>																
Iced Drinks		·				,				,			·			·				·							ì				
Iced Latte Low Fat Milk	Υ																						>								
Iced Latte Soya (instead of milk)	Υ	Υ																											~	<u> </u>	-
Iced Latte Rice Coconut (instead of milk)	Υ	Υ																													
Iced Latte Oat (instead of milk)	Υ	Υ													>																-
Iced Chai Latte Low Fat Milk	Υ																						~								ļ
Iced Chai Latte Rice Coconut (instead of Milk)	Υ	Υ																													
Iced Chai Latte Soya (instead of Milk)	Υ	Υ																											•		
Iced Chai Latte Oat (instead of Milk)	Υ	Υ													>																
Iced Dirty Chai Latte Low Fat Milk	Υ																						>								
Seasonal Drinks																															
Pumpkin Spiced Latte	Υ																						~								
Pumpkin Spiced Latte Low fat Milk	Υ																						>								
Pumpkin Spiced Latte Rice Coconut (instead of Milk)	Υ	Υ																													
Pumpkin Spiced Latte Soya (instead of Milk)	Υ	Υ																											<		
							1																								

Pumpkin Spiced Latte Oat (instead of Milk)	Υ	Υ							<b>&gt;</b>								
Iced Pumpkin Spiced Latte	Υ												<				
Iced Pumpkin Spiced Latte Low Fat Milk	Υ												<				
Iced Pumpkin Spiced Latte Rice Coconut (instead of Milk)	Υ	Υ															
Iced Pumpkin Spiced Latte Soya (instead of Milk)	Υ	Υ														<	
Iced Pumpkin Spiced Latte Oat (instead of Milk)	Υ	Υ							>								

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#### Contents Key:

✓ (Product Contains)Y (Suitable For)

## Barista Prepared Drinks

Note				0						1	not sui	table f	or tho	se with	milk	and egg	allerg	ies.			J		9	Ŷ	
Load Matcha Lattle Cury Fall Milk  Load Matcha Cury Fall Milk  Lo	ced Dirty Chai Latte Rice Coconut instead of Milk)	Υ	Υ																						
Lood Matchel Lattle Rose Coconst (instead of Mile)         Y         Y         Image: Coconst (instead of mile)         Y	ced Dirty Chai Latte Soya (instead of Milk)	Υ	Υ																				~		
Cond Matcha Latte Rose Coconut (instead of Mis)	ced Dirty Chai Latte Oat (instead of Milk)	Υ	Υ									>													
of Main) Y Y Y	ced Matcha Latte Low Fat Milk	Υ																	>						
Codd Matcha Late Oat (instead of Milk)   Y   Y	ced Matcha Latte Rice Coconut (instead of Milk)	Υ	Υ																						
Load Mocha Low Fat Milk	ced Matcha Latte Soya (instead of Milk)	Υ	Υ																				~		
Cod Mocha Soya (instead of milk)	ced Matcha Latte Oat (instead of Milk)	Υ	Υ									<													
Iced Mocha Rice Coconut (instead of milk)  V  V  V  Iced White Americano Low Fat Milk  V  V  V  Iced White Americano Oat (instead of milk)  V  V  V  V  Iced White Americano Oat (instead of milk)  Iced White Americano Oat (instead of milk)  V  V  V  Riced White Americano Soya (instead of milk)  V  V  Applejito  Ap	ced Mocha Low Fat Milk	Υ																	>						
Iced Moha Oat (instead of milk)  V  V  V  Iced White Americano Low Fat Milk  V  V  V  Iced White Americano Oat (instead of milk)  Iced White Americano Oat (instead of milk)  Iced White Americano Soya (instead of milk)  Iced White Americano Soya (instead of milk)  V  V  Aplejito  V  V  V  Aplejito  V  V  V  V  V  V  V  V  V  V  V  V  V	ced Mocha Soya (instead of milk)	Υ	Υ																				~		
Iced White Americano Low Fat Milk  Y  Y  Y  Iced White Americano Oat (instead of Milk)  Iced White Americano Soya (instead of Milk)  Iced White Americano Soya (instead of Milk)  Iced White Americano Soya (instead of Milk)  Iced White Americano Rice Coconut (instead of Milk)  Iced White Americano Soya (instead o	ced Mocha Rice Coconut (instead of milk)	Υ	Υ																						
Iced White Americano Oat (instead of milk)  Iced White Americano Soya (instead of milk)  Iced White Americano Soya (instead of milk)  Iced White Americano Rice Coconut (instead of milk)  Iced	ced Mocha Oat (instead of milk)	Υ	Υ									>													
milk) Y Y Y I I I I I I I I I I I I I I I I	ced White Americano Low Fat Milk	Υ																	>						
milk) Y Y Y I I I I I I I I I I I I I I I I		Υ	Υ									~													
(instead of milk)         Y         Y           Pret Coolers         Applejito         Y         Y		Υ	Υ																				~		
Applejito Y Y		Υ	Υ																						
	Pret Coolers						•																		
Berry Bliss Y Y	Applejito	Υ	Υ																						
	Berry Bliss	Υ	Υ																						
Feelin' Peachy	Feelin' Peachy	Υ	Υ																						
Rhuberry Breeze Y Y	Rhuberry Breeze	Υ	Υ																						
Hot Chocolate	Hot Chocolate																								
Hot Chocolate Low Fat Milk	Hot Chocolate Low Fat Milk	Υ																	>						

Hot Chocolate Soya (instead of milk)	Υ	Υ														<b>V</b>	
Hot Chocolate Rice Coconut (instead of milk)	Υ	Υ															
Hot Chocolate Oat (instead of milk)	Υ	Υ							>								
Hot Chocolate Powder	Υ	Υ															
Hot Chocolate Hazelnut	Υ												~				
Hot Chocolate Hazelnut Soya	Υ	Υ														<	

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## Barista Prepared Drinks

Product	Veget	Vegan I	Peanut				Tr	ee Nuts				Sesame		(	Cereals cont	taining glute	en		Crustacean	Celery	Egg	Fish		Milk		Lupin	Molluscs	Muetard	Soya	Sulphites	Pine Nuts
Troduct	arians	Friendly	1 danut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Oceanio	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Ordistaccan	celeriac	Lgg	1 1311	Cow	Goat	Sheep	Сирії	Wolldada	Widstard	Ooya	Guiprines	T IIIO TTULO
Hot Chocolate Hazelnut Rice-Coconut	Υ	Υ																													
Hot Chocolate Hazelnut Oat	Υ	Υ													<																
Syrups & Toppings																															
All Syrups	Υ	Υ																													
Whipped Cream	Υ																						<						1		
Milk shot																															
Low Fat	Υ																						>								
Soya (instead of milk)	Υ	Υ																											<	1	
Rice Coconut (instead of milk)	Υ	Υ																													
Oat (instead of milk)	Υ	Υ													>															1	
Tea																															
Ceylon Breakfast (add milk or milk alernative if White)	Υ	Υ																													
Earl Grey (add milk or milk alernative if White)	Υ	Υ																													
Peppermint (add milk or milk alernative if White)	Υ	Υ																													
Tropical Green (add milk or milk alernative if White)	Υ	Υ																													
Milk / instead of milk cup																															
Low Fat milk cup	Υ																						<b>\</b>								
Soya (instead of milk) cup	Υ	Υ																											>		
Rice Coconut (instead of milk) cup	Υ	Υ																													
Oat (instead of milk) cup	Υ	Υ													<										•						

Bahyco	cino	v											- M				
Dubyou	0110	T											•				

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