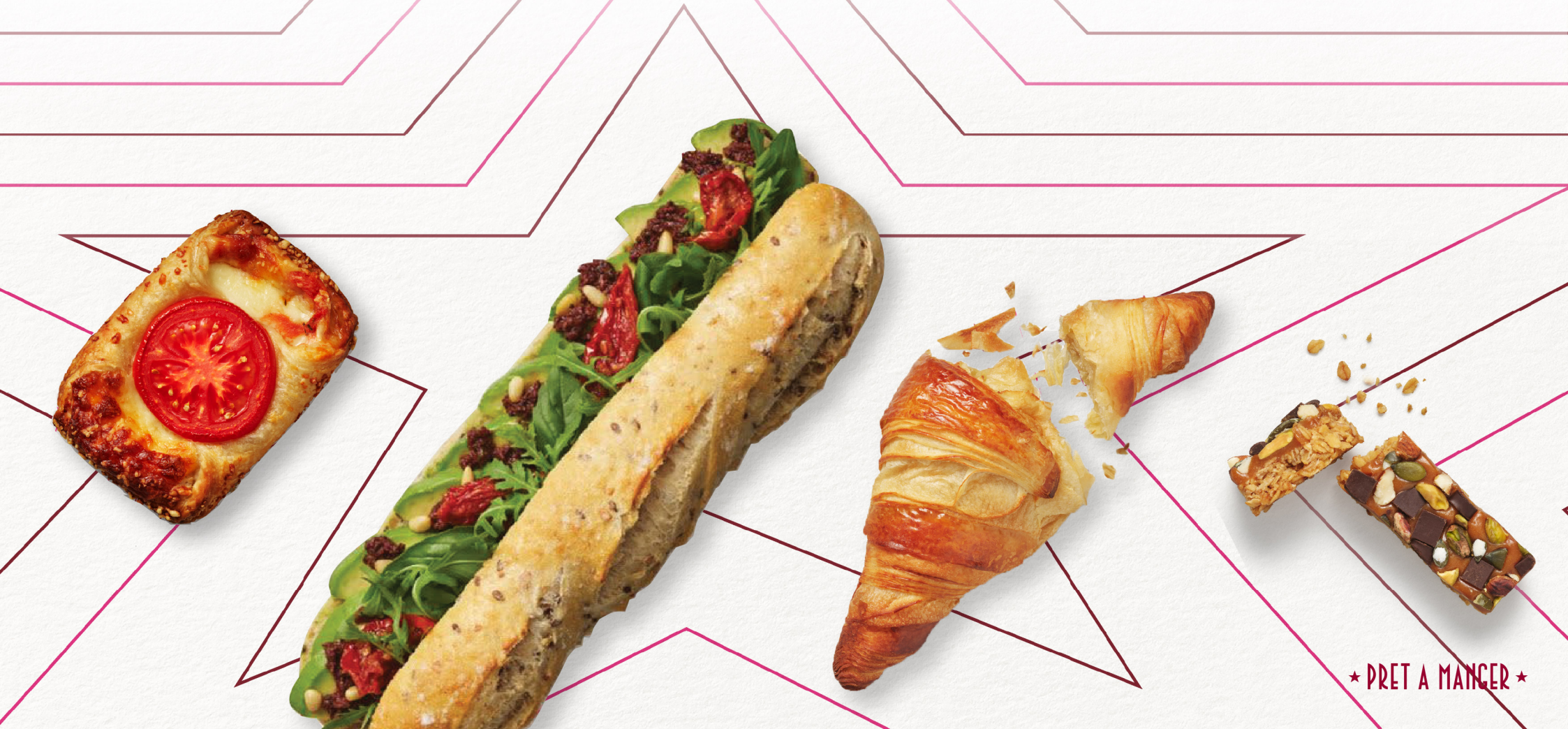
Our Menu

Pret operates a bit like a restaurant. We build kitchens in (or very near) every shop and our ingredients get delivered early each morning.
You won't find 'sell-by' dates on our fresh sandwiches, salads or baguettes.



★ PRET A MANGER ★

Breakfast!

They say that breakfast is the most important meal of the day so we have a delicious and varied menu for you to choose from.

Breakfast Rolls

Pret's Veggie Roll
Egg & Pulled Beef Bun
Egg & Chipotle Bun

Wraps

Crunchy Chipotle Chicken & Avo Wrap
Chicken Caesar Wrap



Sandwiches!

Just like our granary products are handmade throughout the day. Made today, gone today. We bake our baguettes throughout the day, the fresher the better.

Granaries

Egg Mayo & Tomato
Egg Mayo & Tomato (Slim)
Chicken Avocado Basil
Classic Super Club
Classic Super Club (Slim)
Mature Cheddar & Pickle
Tuna & Jalapeno
Tuna & Jalapeno (Slim)

Kids Range

Turkey & Cream Cheese
Cream Cheese & Cucumber

Baguettes

Chicken Caesar & Bacon
Turkey & Cheese
Tuna Mayo & Cucumber (Slim)
Egg & Avo Baguette (Slim)
Pesto Caprese (Slim)
Posh Cheddar & Pickle



Pots!

Pret Pots

Mango & Banana Sunshine
Honey & Granola Pot
Five Berries Granola Bowl
Bircher Muesli Breakfast Bowl



Fruits Pots

Watermelon & Lime Pot
Cantaloupe Melon & Blueberry Pot
Superfruit Salad Pot
Mango & Lime Pot
Poms Pot

Dessert Pots

Chocolate Mousse
Tiramisu
Honey Coconut Rice Pudding
Umm Ali Lotus



Salads!

Salads

Classic Caesar Chicken Salad
Mozzarella, Pesto & Avo Salad
Greek Salad & Vinaigrette

Salad Shaker

Charred Corn
Beets & Feta

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Pret's Hot!

In their quest to keep shelves full of oven-fresh, homely food, our Hot Chefs bake in small batches. Little and often. Straight from the oven. Hot off the shelves.

Hot Baguettes

Pesto Chicken Baguette
Chipotle Mozarella Baguette (V)

Hot Wraps



Falafel & Halloumi (V)
Chicken Mushroom
Chicken Fajita

Hot Croissants

Mozzarella & Tomato (V)
Turkey & Cheese Croissant
Halloumi & Za'atar Croissant (V)
Egg & Mushroom
Quattro Formaggi Croissant (V)



Pizzettas

Italian Style Pizzetta



Toasties

Classic Cheese (V)
Super Club
Halloumi, Red Pepper & Basil (V)
Turkey Melt
Tuna Melt

Soups

Lentil Soup (Nuts) (VG)

Pastas

Penne Arrabiata
Chicken & Mushroom Pasta

Protein Wraps

Chipotle Egg & Turkey
Mediterranean Egg & Zaatar (V)

Pastries!

Croissants

French Butter Croissant (V)
Almond Croissant (V)
Pain Au Chocolat (V) (Nuts)
Cinnamon Danish (V)



Muffins

Double Blueberry Muffin (V)

Cake

English Marble Cake (V)
English Vanilla Cake (V)
Carrot Cake (V) (Nuts)

Cookies

Choc Chunk (V)
Mini Choc Chunk Cookies (V) (Nuts)
Oat & Raisin Cookie (VG) (Nuts)



Snacks!

Our menu of perfect in-between, just-before, just-after snacks. Ideal for sharing or enjoying on your own.

Pret's Snacks

Pret A Mango (VG)
Love Bar (V)
Choc Bar (V)
Chocolate Almonds (VG)
Cranberries In Coats (V)
Popcorn Bar (V)
Brownie Bar (V)
Nuts, Fruits & Chocolate (V)



Pret Kitco Kettle Chips

Sea Salt & Cider Vinegar (VG)
Sea Salt & Black Pepper (VG)
Cheese & Chives (V)

Drinks!

Our coffee is 100% organic and always arabica. Our teas, milks and milk alternatives are all organic too.

Barista Prepared Drinks

Organic Coffee

Latte
Cappuccino
Mocha
Americano
Espresso
Macchiato
Flat White
Spanish Latte
Pumpkin Spice Latte
Cortado



Organic Tea

Earl Grey
Green Tea
Peppermint
Breakfast Tea



Organic Hot

Matcha Latte
Hot Chocolate



Iced Drinks

Americano
Latte
Cappuccino
Mocha
Matcha Latte
Chocolate
Spanish Latte
Pumpkin Spice Latte



Coffee Frappes

Frappe Classic
Frappe Mocha



Organic Milks

Whole Milk
Skimmed Milk
Almond Milk
Coconut Milk
Soy Milk
Oat Milk

Syrup

Vanilla
Caramel
Hazelnut

Allergies?

There is a high risk of cross-contamination when our baristas prepare drinks.
We can't guarantee our drinks are suitable for those with allergies. Please take care.

A single espresso shot contains 205 mg of caffeine, while a double shot contains 264 mg; adults are recommended to not exceed 400 mg per day.

★ Available sizes - please refer to menu board in shop

Chilled Drinks

Orange Juice
Watermelon Juice
Mango Passion
Berry Blast
Orange & Mango
Strawberry & Banana
Mango & Banana
Harvest Coconut Water
Pepsi
7 Up
Pepsi Diet
Heineken 0.0 Non Alcohol Beer
Grape & Elderflower
Rhubarb Lemonade
Apple Fizz
Maison Perrior Lemonjito
Maison Perrior Roséllini
Maison Perrior Strawberry & Kiwi

Water

Aquafina
Perrier Sparkling
Evian

Vegetarian Vegan New Recipe
New Product Allergen Update

Allergies?

Our food is freshly prepared in small, busy kitchens (not a big factory with segregated production lines) so we really cannot guarantee any of our food is allergen-free. Our vegan items are made to a vegan recipe, but a risk of cross-contact with dairy or eggs, or other allergens may remain. Please take care. If you need to know more, please get in touch with our Customer Service team who will be happy to help.

It is recommended that an individual's daily salt consumption not exceed 5 grams (2000 mg Sodium)

This icon means the food item is high in salt, exceeding the daily recommended amount

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