

Allergen Guide 12th June 2023 V1

### **INTRODUCTION**

Here you'll find a list of all of the products sold in our shops, with allergens listed along the top of the page for easy reference. If a product contains one of these ingredients, then you will find a tick in the corresponding box.

Where a product contains *'Cereals Containing Gluten'* and 'Nuts: you will find specific ingredients listed (e.g., wheat, rye, oats).

Please remember to check our guide and the ingredient label regularly as recipes do change from time to time - the last thing we want is for anyone being caught out by a new take on an old favourite.

We prepare our fresh food and Barista-made drinks in our shops every day. We use many ingredients and shared equipment, and whilst we do our best to manage allergens we cannot guarantee that any of our food or Baristamade drinks are allergen-free or suitable for those with allergies due to the risk of cross-contact. Our vegan food is made to a vegan recipe but is not suitable for those with dairy and egg allergies.

In line with the Vegan Society recommendations we at Pret are using the term '*vegan-friendly*' to label products that may not be made in dedicated vegan sites. The Food Standards Agency regards the following ingredients and their derivatives as allergens:

| Peanuts     | Tree Nuts                 |
|-------------|---------------------------|
| Sesame      | Cereals containing Gluten |
| Crustaceans | Celery & Celeriac         |
| Egg         | Fish                      |
| Lupin       | Milk                      |
| Mustard     | Mollusc                   |
| Soya        | Sulphites                 |
| Mustard     | Mollusc                   |

In addition we also declare Pine Nuts as an allergen

If you are interested in an ingredient outside the 14 listed above please look at the ingredient list on the website or the label on the individual product.

If you have any trouble finding what you're looking for, just ask the Manager - they'll be more than happy to help.

We understand that no matter how detailed our guide is, there may be times when it can't answer the questions you may have. If you need to know more, please do visit our website at **www.pret.co.uk** or contact our Customer Service Team on **0207 827 8801**.

This Allergen Guide only covers food and drink sold in our UK shops



| Contents Key:<br>✔ (Product Contains<br>Y (Suitable For) | )        |            | We     | prepa  | are our        | · fresh | food a   | nd Bari   | sta-ma   | ıde dri   |        |          | <u> </u> |                   |             |     |                  |          | anc<br>ents and s |        |          |          |                       | hilst w | ve do o | our be | st to ma | inage a  | llergei | ns we d   | annot     |
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|  |          |            |        |        |                |         | Te       | ee Nuts   |          |           |        |          | -        |                   | ereals cont |     |                  |          |                   |        |          |          |                       | Milk    |         | 1      | 1        | <u> </u> |         | ,         |           |
|  | Vec<br>€ | /ega       |        |        | 1              | 1       | 1        |           | 1        | 1         |        |          |          |                   |             |     | 1                | l –      | 1                 | Celery |          |          |                       |         |         |        |          |          |         |           |           |
| Product  | etarians | n Friendly | Peanut | Almond | Brazil<br>Nuts | Cashews | Hazelnut | Macadamia | Pecan    | Pistachio | Walnut | Sesame   | Barley   | Kamult<br>(Wheat) | Oats        | Rye | Spelt<br>(Wheat) | Wheat    | Crustacean        | and    | Egg      | Fish     | Cow                   | Goat    | Sheep   | Lupin  | Molluscs | Mustard  | Soya    | Sulphites | Pine Nuts |
| Baguettes  |          |            | -      |        |                | -       |          | -         |          | -         | -      |          |          |                   |             |     | -                |          | -                 |        |          |          |                       |         |         | -      | 1        |          |         |           |           |
| Avo, Olives & Toms                                       | Y        | Y          |        |        |                |         |          |           |          |           |        | >        |          |                   |             |     |                  | ~        |                   |        |          |          |                       |         |         |        |          |          |         |           | <b>v</b>  |
| Brie, Tomato & Basil                                     | Y        |            |        |        | _              |         |          |           |          |           |        |          |          |                   |             |     |                  | <b>v</b> |                   |        |          |          | ~                     |         |         |        |          |          |         |           |           |
| Chicken Caesar & Bacon                                   |          |            |        |        |                |         |          |           |          |           |        | >        |          |                   |             |     |                  | <b>V</b> |                   |        | <b>V</b> | <b>v</b> | ~                     |         |         |        |          |          |         |           |           |
| Chicken Salad Baguette                                   |          |            |        |        | _              |         |          |           |          |           |        |          |          |                   |             |     |                  | <b>v</b> |                   |        | >        |          | ~                     |         |         |        |          |          |         |           |           |
| Chicken Stuffing Baguette                                |          |            |        |        |                |         |          |           |          |           |        |          |          |                   |             |     |                  | ~        |                   |        | •        |          |                       |         |         |        |          |          |         | <b>v</b>  |           |
| Italian Prosciutto                                       |          |            |        |        | _              |         |          |           |          |           |        | ~        |          |                   |             |     |                  | <b>v</b> |                   |        | >        |          | ~                     |         |         |        |          |          |         |           |           |
| Plant Ploughmans Baguette                                | Y        | Y          |        |        |                |         |          |           |          |           |        |          |          |                   |             |     |                  | ~        |                   |        |          |          |                       |         |         |        |          |          |         |           |           |
| Posh Cheddar & Pickle (incl. Slim)                       | Y        |            |        |        | _              |         |          |           |          |           |        | ~        |          |                   |             |     |                  | <b>V</b> |                   |        | <b>V</b> | . 4      | ~                     |         |         |        |          | <b>v</b> |         |           |           |
| Free Range Egg Mayo & Smoked Salmon                      |          |            |        |        |                |         |          |           |          |           |        |          |          |                   |             |     |                  | ~        |                   |        | <b>v</b> | ~        |                       |         |         |        |          | <b>v</b> |         |           |           |
| Tuna Mayo & Cucumber (incl. Slim)                        |          |            |        |        |                |         |          |           |          |           |        |          |          |                   |             |     |                  | ~        |                   |        | •        | >        |                       |         |         |        |          |          |         |           |           |
| Wiltshire-Cured Ham & Greve                              |          |            |        |        |                |         |          |           |          |           |        |          |          |                   |             |     |                  | <b>v</b> |                   |        | <b>V</b> |          | <b>~</b>              |         |         |        |          | <b>~</b> |         |           |           |
| Sandwiches   | 1        | 1          | 1      | 1      |                | 1       |          | 1         | 1        | T         | r      | <b>I</b> | <b>.</b> | 1                 | <b>I</b>    | 1   | r                | 1        | 1                 | 1      |          |          | 1                     | 1       |         | T      | 1        | 1 1      |         |           |           |
| BLT  |          |            |        |        | _              |         |          |           |          |           |        |          | ~        |                   |             |     |                  | <b>`</b> |                   |        | •        |          |                       |         |         |        |          |          |         |           |           |
| Chicken, Avocado & Basil                                 |          |            |        |        |                |         |          |           |          |           |        |          | <b>V</b> |                   |             |     |                  | •        |                   |        | <b>V</b> |          | <ul> <li>✓</li> </ul> |         |         |        |          |          |         |           |           |
| Chicken Salad  |          |            |        |        | _              |         |          |           |          |           |        |          | <b>v</b> |                   |             |     |                  | <b>V</b> |                   |        | V        |          | ✓                     |         |         |        |          |          |         |           |           |
| Classic Super Club                                       |          |            |        |        |                |         |          |           |          |           |        |          | <b>v</b> |                   |             |     |                  | •        |                   |        | •        |          |                       |         |         |        |          |          |         |           |           |
| Crayfish & Rocket  | v        |            |        |        | _              |         |          |           |          |           |        |          | <b>v</b> |                   |             |     |                  | <b>v</b> | ~                 |        | V        |          |                       |         |         |        |          |          |         |           |           |
| Free-Range Egg Mayo                                      | T        |            |        |        |                |         |          |           |          |           |        |          | <b>V</b> |                   |             |     |                  | <b>V</b> |                   |        | ~        |          |                       |         |         |        |          | <b>v</b> |         |           |           |
| Ham & Cheese   |          |            |        |        | _              |         |          |           |          |           |        |          | ¥        |                   |             |     |                  | <b>v</b> |                   |        | . 4      |          | <b>v</b>              |         |         |        |          |          |         |           |           |
| Ham Salad  | Y        | - v        |        |        |                |         |          |           |          |           |        |          | ¥        |                   |             |     |                  | <b>v</b> |                   |        | ~        |          |                       |         |         |        |          | <b>v</b> |         |           |           |
| Humous & Veg   | , r      | · ·        |        |        | _              |         |          |           |          |           |        | ~        | <b>v</b> |                   |             |     |                  | <b>v</b> |                   |        |          |          |                       |         |         |        |          |          |         |           |           |
| Kid's Cheese   | T        |            |        |        |                |         |          |           |          |           |        |          | <b>V</b> |                   |             |     |                  | <b>V</b> |                   |        |          |          | ✓                     |         |         |        |          |          |         |           |           |
| Kid's Ham  | v        |            |        |        | _              |         |          |           |          |           |        |          | <b>v</b> |                   |             |     |                  | <b>v</b> |                   |        | . 4      |          | <ul> <li>✓</li> </ul> |         |         |        |          |          |         |           |           |
| Mature Cheddar & Pickle                                  | Y        |            |        |        |                |         |          |           |          |           |        |          | ~        |                   |             |     |                  | <b>v</b> |                   |        | ~        |          | ~                     |         |         |        |          |          |         |           |           |
| Smashed Avo Open Sandwich                                | T        | ľ          |        |        | -              |         |          | L         |          |           |        |          |          |                   | ~           |     |                  |          |                   |        |          |          |                       |         |         |        |          |          |         |           |           |
| Scottish Smoked Salmon                                   |          |            |        |        |                |         |          |           |          |           |        |          | ~        |                   |             |     |                  | ~        |                   |        |          | <b>V</b> | <b>V</b>              |         |         |        |          |          |         |           |           |
| Smoked Salmon & Soft Cheese Open Sandwich                | v        | v          |        |        |                |         | -        |           | 1        |           |        |          |          |                   | ~           |     |                  |          | l                 |        |          | ~        | ~                     |         |         |        |          |          |         |           |           |
| Super Greens & Reds                                      | I        | T          |        |        |                |         |          |           |          |           |        |          | ~ ~      |                   |             |     |                  | <b>×</b> |                   |        | ~        |          |                       |         |         |        |          |          |         |           |           |
| Tuna Mayo & Cucumber                                     |          | <u> </u>   | 1      |        |                |         | <u> </u> |           | <u> </u> |           |        |          |          |                   |             |     | I                |          |                   |        | ٣        | ~        |                       |         |         | 1      |          |          |         |           |           |

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| <                   |                |   |  | Tr   | ee Nuts   |  |   |  |   |   | С   | ereals cont  | aining glute  | en  |   |   |  |   |   |  | Milk   |   |   |   |   |   |  |   |
| P.<br>9gan Friendly |                |   |  | ews Hazelnut   | Macadamia   | Pecan  | Pistachic   | Walnut   | Sesame  | Barley  | Kamult<br>(Wheat)   | Oats   | Rye   | Spelt<br>(Wheat)  | Wheat   | Crustacean  | Celery<br>and<br>celeriac  | Egg   | Fish  | Cow  | Goat   | Sheep   | Lupin   | Molluscs  | Mustard   | Soya  | Sulphites  | Pine Nuts   |
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| Y                   |                |   |  |  |   |  |   |  |   |   |   |  | ~   |   | · ·   |   |  | •   |   | •  |  |   |   |   |   |   | ~  | •   |
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| Y                   |                |   |  |  |   |  |   |  | <b>v</b>  |   |   |  | <b>v</b>  |   | •   |   |  |   |   |  |  |   |   |   |   |   |  |   |
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|                     | Vegan Friendly | yegan Friemaly         Peanut         Am           Yegan Friemaly         Peanut         Am           Y         Am         Am | guarantee that           yeanut         Almond         Brink           Peanut         Almond         Brink           Image: | Peanut         Image: Imag | guarantee that any of our foor       Transpan="4">Transpan="4">Transpan="4"       Peanut     Almond     Brazil     Cashews     Hazehul       Peanut     Almond     Brazil     Cashews     Hazehul       Image colspan="4">Transpan="4"Transpan="4">Transpan="4"Transpan="4"Transpan="4"Transpan="4"Trans | guarantee that any of our food or Bar       Tree Nuts       Tree Nuts       Peanut     Brazil<br>Nuts     Cashews     Hazelnut     Macadamia       1     1     1     2     1     1       1     1     1     1     1     1       1     1     1     1     1     1       1     1     1     1     1     1       1     1     1     1     1     1       1     1     1     1     1     1       1  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or Barista-made drinks are allergen-free or not sui         Tree Nuts       Sesame         Pearut       Almond       Brazil       Cashews       Hazelnut       Macadamia       Pecan       Pistachio       Wainut       Sesame       Barley       Kamult<br/>(Wheat)         Pearut       Almond       Brazil       Cashews       Hazelnut       Macadamia       Pecan       Pistachio       Wainut       Sesame       Barley       Kamult<br/>(Wheat)         Macadamia       Pecan       Pistachio       Wainut       Sesame       Sesam</td><td>guarantee that any of our food or Barista-made drinks are allergen-free or suitable for suit</td><td>guarantee that any of our food or Barista-made drinks are allergen-free or suitable for the not suitable for the sui</td><td>guarantee that any of our food or Barista-made drinks are allergen-free or suitable for those visitable for those visitable</td><td>guarantee that any of our food or Barista-made drinks are allergen-free or suitable for those with milk         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Peanut         Tree Nuls         Tree Nuls         Cereals containing gluter         Crustacean         Celey         Egg         Fish         Cov           Peanut         Amond         Brazil         Cashews         Hazehul         Macadama         Pean         Pitachio         Wahu         V         Careals containing gluter         Crustacean         Celey         Egg         Fish         Cov           Mmond         Brazil         Cashews         Hazehul         Macadama         Pean         Pitachio         Wahu         V         Careals containing gluter         Crustacean         Celey         Egg         Fish         Cov           V</td><td>guarantee that any of our food or Barista-made drinks are allergen-free or suitable for those with allergies due to the risk of cross-contact. Or suitable for those with milk and egg allergies.           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Our ve<br/>not suitable for those with milk and egallergies.           Voga         Peand         Tree Mds         Tree Mds         Cereals containing guter         <t< td=""><td>guarantee that any of our food or Barista-made drinks are allergen-free or suitable for those with milk and egg allergies.         Very Prend       Image: State in the state of the state</td><td>guarantee that any of our food or Barista-made drinks are allergen-free or suitable for those with allergies due to the risk of cross-contact. Our vegan food is maintable for those with milk and egg allergies.         Vegan       Pend       Tree Nuls       Cereas containing gue       Egg       Fish       Milk       Cost       Goat       Steep       Lupin       Moltaces         Image: Control of the second in gue       <t< td=""><td>guarantee that any of our food or Barista-made drinks are allergen-free or suitable for those with milk and egg allergies.         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Contents Key:

✓ (Product Contains)

Y (Suitable For)

# Breakfast

We prepare our fresh food and Barista-made drinks in our shops every day. We use many ingredients and shared equipment, and whilst we do our best to manage allergens we cannot guarantee that any of our food or Barista-made drinks are allergen-free or suitable for those with allergies due to the risk of cross-contact. Our vegan food is made to a vegan recipe but is not suitable for those with milk and egg allergies.

|   | <          | <<br>        | 1 |        |        |                |         | Ti       | ree Nuts  |       |           |        |        |        | C                 | Cereals con | taining glute | n                |       |            |                           |     |      |             | Milk |       |       |          |         |      |           |          |
|---|------------|--------------|---|--------|--------|----------------|---------|----------|-----------|-------|-----------|--------|--------|--------|-------------------|-------------|---------------|------------------|-------|------------|---------------------------|-----|------|-------------|------|-------|-------|----------|---------|------|-----------|----------|
| Product                                       | egetarians | gan Friendiy | F | Peanut | Almond | Brazil<br>Nuts | Cashews | Hazelnut | Macadamia | Pecan | Pistachio | Walnut | Sesame | Barley | Kamult<br>(Wheat) | Oats        | Rye           | Spelt<br>(Wheat) | Wheat | Crustacean | Celery<br>and<br>celeriac | Egg | Fish | Cow         | Goat | Sheep | Lupin | Molluscs | Mustard | Soya | Sulphites | Pine Nut |
| Almond Croissant                              | Y          |              |   |        | >      |                |         |          |           |       |           |        |        |        |                   |             |               |                  | >     |            |                           | >   |      | <b>v</b>    |      |       |       |          |         |      |           |          |
| Bacon & Egg Roll                              |            |              |   |        |        |                |         |          |           |       |           |        |        |        |                   |             | <             |                  | >     |            |                           | >   |      | >           |      |       |       |          |         |      |           |          |
| Breakfast Free-Range Egg Mayo & Avocado       | Y          |              |   |        |        |                |         |          |           |       |           |        |        |        |                   |             |               |                  | >     |            |                           | ۲   |      |             |      |       |       |          |         |      |           |          |
| Breakfast Free-Range Egg Mayo & Bacon         |            |              |   |        |        |                |         |          |           |       |           |        |        |        |                   |             |               |                  | •     |            |                           | •   |      |             |      |       |       |          |         |      |           |          |
| Breakfast Salmon & Egg Mayo                   |            |              |   |        |        |                |         |          |           |       |           |        |        |        |                   |             |               |                  | •     |            |                           | <   | >    |             |      |       |       |          | <       |      |           |          |
| Butter Croissant                              | Y          |              |   |        |        |                |         |          |           |       |           |        |        |        |                   |             |               |                  | ~     |            |                           | •   |      | >           |      |       |       |          |         |      |           |          |
| Cheese & Roasted Tomato Croissant             | Y          |              |   |        |        |                |         |          |           |       |           |        |        |        |                   |             |               |                  | ~     |            |                           | •   |      | >           |      |       |       |          |         |      |           |          |
| Cheese Twist                                  | Y          |              |   |        |        |                |         |          |           |       |           |        |        |        |                   |             |               |                  | ~     |            |                           | >   |      | <b>~</b>    |      |       |       |          |         |      |           |          |
| Chocolate Croissant                           | Y          |              |   |        |        |                |         |          |           |       |           |        |        |        |                   |             |               |                  | >     |            |                           | ۲   |      | •           |      |       |       |          |         | <    |           |          |
| Cinnamon Danish                               | Y          |              |   |        |        |                |         |          |           |       |           |        |        |        |                   |             |               |                  | ~     |            |                           | •   |      | *           |      |       |       |          |         |      |           |          |
| Coconut & Quinoa Porridge                     | Y          | ١            | ( |        |        |                |         |          |           |       |           |        |        |        |                   | >           |               |                  |       |            |                           |     |      |             |      |       |       |          |         |      |           |          |
| Ham & Greve Croissant                         |            |              |   |        |        |                |         |          |           |       |           |        |        |        |                   |             |               |                  | >     |            |                           | ۲   |      | <b>&gt;</b> |      |       |       |          |         |      |           |          |
| Ham, Cheese, Tomato & Bacon Croissant         |            |              |   |        |        |                |         |          |           |       |           |        |        |        |                   |             |               |                  | ~     |            |                           | •   |      | >           |      |       |       |          |         |      |           |          |
| Mozzarella & Tomato Croissant                 | Y          |              |   |        |        |                |         |          |           |       |           |        |        |        |                   |             |               |                  | •     |            |                           | •   |      | <           |      |       |       |          |         |      |           |          |
| Pain aux Raisin                               | Y          |              |   |        |        |                |         |          |           |       |           |        |        |        |                   |             |               |                  | •     |            |                           | •   |      | >           |      |       |       |          |         |      |           |          |
| Pastel de Nata                                | Y          |              |   |        |        |                |         |          |           |       |           |        |        |        |                   |             |               |                  | ~     |            |                           | •   |      | >           |      |       |       |          |         |      |           |          |
| Porridge Topper - Chocolate, Banana & Coconut | Y          | ١            | 1 |        |        |                |         |          |           |       |           |        |        |        |                   |             |               |                  |       |            |                           |     |      |             |      |       |       |          |         | ٢    |           |          |
| Porridge Topper - Seed & Fruit                | Y          | ١            | ( |        |        |                |         |          |           |       |           |        |        |        |                   |             |               |                  |       |            |                           |     |      |             |      |       |       |          |         |      |           |          |
| Porridge Topping - Berry Compote              | Y          | ۱            | ( |        |        |                |         |          |           |       |           |        |        |        |                   |             |               |                  |       |            |                           |     |      |             |      |       |       |          |         |      |           |          |
| Porridge Topping - Honey                      | Y          |              |   |        |        |                |         |          |           |       |           |        |        |        |                   |             |               |                  |       |            |                           |     |      |             |      |       |       |          |         |      |           |          |
| Pret's Bacon Roll                             |            |              |   |        |        |                |         |          |           |       |           |        |        |        |                   |             | <             |                  | >     |            |                           |     |      | >           |      |       |       |          |         |      |           |          |
| Pret's Proper Porridge                        | Y          |              |   |        |        |                |         |          |           |       |           |        |        |        |                   | <           |               |                  |       |            |                           |     |      | <           |      |       |       |          |         |      |           |          |
| Pret's Sausage Roll                           |            |              |   |        |        |                |         |          |           |       |           |        |        |        |                   |             |               |                  | ~     |            |                           | ۲   |      | ~           |      |       |       |          |         |      |           |          |
| Pret's Veggie Roll                            | Y          |              |   |        |        |                |         |          |           |       |           |        |        |        |                   |             | •             |                  | ~     |            |                           | <   |      | ~           |      |       |       |          |         |      |           |          |
| Sausage & Egg Roll                            |            |              |   |        |        |                |         |          |           |       |           |        |        |        |                   |             | ~             |                  | ~     |            |                           | >   |      | ~           |      |       |       |          |         |      |           |          |
| Very Berry Croissant                          | Y          | ١            | ( |        |        |                |         |          |           |       |           |        |        |        |                   |             |               |                  | ~     |            |                           |     |      |             |      |       |       |          |         |      |           |          |

| Contents Key:<br>✔ (Product Contains)         |             |              |        |        |             |           |          |           |         |           |          |        |        | С                 | 0]           | d             | D                | Pri       | nk                    | S                      |         |         |          |         |           |         |          |         |                      |           |           |
|---|-------------|--------------|--------|--------|-------------|-----------|----------|-----------|---------|-----------|----------|--------|--------|-------------------|--------------|---------------|------------------|-----------|-----------------------|------------------------|---------|---------|----------|---------|-----------|---------|----------|---------|----------------------|-----------|-----------|
| Y (Suitable For)                              |             |              |        |        |             |           |          |           |         |           |          |        |        |                   |              |               |                  |           | uipment,<br>vegan foo |                        |         |         |          |         |           |         |          |         |                      |           |           |
|   |             | Ve           |        |        |             |           | Tre      | e Nuts    |         |           |          |        |        |                   | Cereals cont | aining gluten |                  |           |                       |                        |         |         |          | Milk    |           |         |          |         |                      |           |           |
| Product                                       | /egetarians | gan Friendly | Peanut | Almond | Brazil Nuts | 5 Cashews | Hazelnut | Macadamia | a Pecan | Pistachio | Walnut   | Sesame | Barley | Kamult<br>(Wheat) | Oats         | Rye           | Spelt<br>(Wheat) | Wheat     | Crustacean            | Celery and<br>celeriac | Egg     | Fish    | Cow      | Goat    | Sheep     | Lupin   | Molluscs | Mustard | Soya                 | Sulphites | Pine Nuts |
| Apple Juice                                   | Y           | Y            |        |        |             | Γ         |          |           |         |           |          |        |        |                   |              |               |                  |           |                       |                        |         |         |          |         |           | Ĺ       |          |         |                      |           |           |
| Breakfast Smoothie                            | Y           |              |        |        |             |           |          |           |         |           |          |        |        |                   | •            |               |                  |           |                       |                        |         |         | <        |         |           |         |          |         |                      |           |           |
| Coke (all types)                              | Y           | Y            |        |        |             |           |          |           |         |           |          |        |        |                   |              |               |                  |           |                       |                        |         |         |          |         |           |         |          |         |                      |           |           |
| Cranberry, Raspberry & Pomegranate Pret Still | Y           | Y            |        |        |             |           |          |           |         |           |          |        |        |                   |              |               |                  |           |                       |                        |         |         |          |         |           |         |          |         |                      |           |           |
| Daily Greens                                  | Y           | Y            |        |        |             |           |          |           |         |           |          |        |        |                   |              |               |                  |           |                       |                        |         |         |          |         |           | Ē       |          |         | <u> </u>             |           |           |
| Easy Greens                                   | Y           | Y            |        |        |             |           |          |           |         |           |          |        |        |                   |              |               |                  |           |                       |                        |         |         |          |         |           |         |          |         |                      |           |           |
| Ginger Shot                                   | Y           | Y            |        |        |             |           |          |           |         |           |          |        |        |                   |              |               |                  |           |                       |                        |         |         |          |         |           |         |          |         | <u> </u>             |           |           |
| Green Tea & Peach Pret Still                  | Y           | Y            |        |        |             |           |          |           |         |           |          |        |        |                   |              |               |                  |           |                       |                        |         |         |          |         |           |         |          |         |                      |           |           |
| Hot Shot                                      | Y           |              |        |        |             |           |          |           |         |           |          |        |        |                   |              |               |                  |           |                       |                        |         |         |          |         |           | Ē       |          |         | <u> </u>             |           | Ē         |
| Lemon & Ginger Pret Still                     | Y           | Y            |        |        |             |           |          |           |         |           |          |        |        |                   |              |               |                  |           |                       |                        |         |         |          |         |           |         |          |         |                      |           |           |
| Mango Smoothie                                | Y           |              |        |        |             |           |          |           |         |           |          |        |        |                   |              |               |                  |           |                       |                        |         |         | !        |         | $\square$ |         |          |         | <u> </u>             | $\square$ |           |
| Mango, Passion Fruit & Lime Pret Still        | Y           | Y            |        |        |             |           |          |           |         |           |          |        |        |                   |              |               |                  |           |                       |                        |         |         |          |         |           |         |          |         |                      |           |           |
| Orange Juice (both sizes)                     | Y           |              |        |        |             |           |          |           |         |           |          |        |        |                   |              |               |                  |           |                       |                        |         |         | !        |         | $\square$ |         |          |         | <u> </u>             | $\square$ |           |
| Pret Apple Fizz                               | Y           | Y            |        |        |             |           |          |           |         |           |          |        |        |                   |              |               |                  |           |                       |                        |         |         |          |         |           |         |          |         |                      |           |           |
| Pret Cumcumber & Mint Seltzer                 | Y           | Y            |        |        |             |           |          |           |         |           |          |        |        |                   |              |               |                  |           |                       |                        |         |         | !        |         | $\square$ |         |          |         | <u> </u>             | $\square$ |           |
| Pret Ginger Beer                              | Y           | Y            |        |        |             |           |          |           |         |           |          |        |        |                   |              |               |                  |           |                       |                        |         |         |          |         |           |         |          |         |                      |           |           |
| Pret Ginger Kombucha                          | Y           | Y            |        |        |             |           |          |           |         |           |          |        |        |                   |              |               |                  |           |                       |                        |         |         |          |         | L!        |         |          |         | <u>ا</u> ــــــــــا |           | L         |
| Pret Grape & Elderflower                      | Y           | Y            |        |        |             |           |          |           |         |           |          |        |        |                   |              |               |                  |           |                       |                        |         |         |          |         |           |         |          |         |                      |           |           |
| Pret Lime & Raspberry Settzer                 | Y           | Y            |        |        |             |           |          |           |         |           |          |        |        |                   |              |               |                  |           |                       |                        |         |         |          |         | L!        |         |          |         | <u>ا</u> ــــــــــا |           | L         |
| Pret Rhubarb Lemonade                         | Y           | Y            |        |        |             |           |          |           |         |           |          |        |        |                   |              |               |                  |           |                       |                        |         |         |          |         |           |         |          |         |                      |           |           |
| Ready to Drink Black Coffee                   | Y           | Y            |        |        |             |           |          |           |         |           |          |        |        |                   |              |               |                  |           |                       |                        |         |         |          |         | L!        |         |          |         | <u>ا</u> ـــــــــا  |           | L         |
| Ready to Drink Latte                          | Y           |              |        |        |             |           |          |           |         |           |          |        |        |                   |              |               |                  |           |                       |                        |         |         | <b>v</b> |         |           |         |          |         |                      |           |           |
| Ready to Drink Mocha                          | Y           |              |        |        |             |           |          |           |         |           |          |        |        |                   |              |               |                  |           |                       |                        |         |         | ~        |         |           |         |          |         | <u> </u>             |           |           |
| Red Bull                                      | Y           | Y            |        |        |             |           |          |           |         |           |          |        |        |                   |              |               |                  |           |                       |                        |         |         |          |         |           |         |          |         |                      |           | 1         |
| Roots & Fruits Juice                          | Y           | Y            |        |        |             |           |          |           |         |           |          |        |        |                   |              |               |                  |           |                       |                        |         |         |          |         |           |         |          |         |                      |           |           |
| Sparkling Spring Water                        | Y           | Y            |        |        |             |           |          |           |         |           |          |        |        |                   |              |               |                  |           |                       |                        |         |         |          |         |           |         |          |         |                      |           |           |
| Still Water 500ml                             | Y           | Y            |        |        |             |           |          |           |         |           |          |        |        |                   |              |               |                  |           |                       |                        |         |         |          |         |           |         |          |         | '                    |           |           |
| Still Water 750ml                             | Y           | Y            |        |        |             |           |          |           |         |           |          |        |        |                   |              |               |                  |           |                       |                        |         |         |          |         |           |         |          |         |                      |           |           |
| Vitamin Volcano                               | Y           |              |        |        |             |           |          |           |         |           |          |        |        |                   |              |               |                  |           |                       |                        |         |         |          |         |           |         |          |         | ,                    |           |           |
| We prepare our fresh food and                 | Barista     | -made        | drinks | in our | · shops     | every     | day. W   | e use m   | any ing | redien    | ts and s | shared | equipn | nent, ar          | d while      | st we d       | o our b          | pest to 1 | manage                | allerge                | ns we c | annot g | guaran   | tee tha | t any o   | f our f | ood or l | Barista | -made                | drinks    | are       |

allergen-free or suitable for those with allergies due to the risk of cross-contact. Our vegan food is made to a vegan recipe but is not suitable for those with milk and egg allergies.

| Contents Key:<br>✓ (Product Contains)         |             |                         |              |        |        |                |         |          |           |       |           |        |        | ]      | Fı                | U           | it           | 8                | K      | Po                               | ot                        | S       |      |     |      |       |       |          |         |      |           |           |
|---|-------------|-------------------------|--------------|--------|--------|----------------|---------|----------|-----------|-------|-----------|--------|--------|--------|-------------------|-------------|--------------|------------------|--------|----------------------------------|---------------------------|---------|------|-----|------|-------|-------|----------|---------|------|-----------|-----------|
| Y (Suitable For)                              |             |                         |              |        |        |                |         |          |           |       |           |        |        | rgen-f | ree or            | suitab      | le for       | those            | with a | ents and<br>llergies<br>c and eg | due to                    | the ris |      |     |      |       |       |          |         |      |           |           |
|   | 2           | ,                       | <            |        |        |                |         | Tre      | e Nuts    | •     |           |        | ļ      |        | C                 | Cereals con | taining glut | en               |        |                                  |                           |         |      |     | Milk |       |       |          |         |      |           |           |
| Product                                       | /egetarians | Series to the series of | can Friendly | Peanut | Almond | Brazil<br>Nuts | Cashews | Hazelnut | Macadamia | Pecan | Pistachio | Walnut | Sesame | Barley | Kamult<br>(Wheat) | Oats        | Rye          | Spelt<br>(Wheat) | Wheat  | Crustacean                       | Celery<br>and<br>celeriac | Egg     | Fish | Cow | Goat | Sheep | Lupin | Molluscs | Mustard | Soya | Sulphites | Pine Nuts |
| Fruit   |             |                         |              |        |        |                |         |          | 1         |       |           |        |        |        |                   |             |              |                  |        |                                  |                           |         |      |     |      |       |       | <u>.</u> |         |      |           |           |
| Apple   | Y           |                         | Y            |        |        |                |         |          |           |       |           |        |        |        |                   |             |              |                  |        |                                  |                           |         |      |     |      |       |       |          |         |      |           |           |
| Banana  | Y           | ,                       | Y            |        |        |                |         |          |           |       |           |        |        |        |                   |             |              |                  |        |                                  |                           |         |      |     |      |       |       |          |         |      |           |           |
| Fruit Salad                                   | Y           |                         | Y            |        |        |                |         |          |           |       |           |        |        |        |                   |             |              |                  |        |                                  |                           |         |      |     |      |       |       |          |         |      |           |           |
| Mango & Lime                                  | Y           | ,                       | Y            |        |        |                |         |          |           |       |           |        |        |        |                   |             |              |                  |        |                                  |                           |         |      |     |      |       |       |          |         |      |           |           |
| Melon & Blueberry                             | Y           |                         | Y            |        |        |                |         |          |           |       |           |        |        |        |                   |             |              |                  |        |                                  |                           |         |      |     |      |       |       |          |         |      |           |           |
| Superfruit Salad                              | Y           | ,                       | Y            |        |        |                |         |          |           |       |           |        |        |        |                   |             |              |                  |        |                                  |                           |         |      |     |      |       |       |          |         |      |           |           |
| Pots  |             |                         |              |        |        |                |         |          |           |       |           |        |        |        |                   |             |              |                  |        |                                  |                           |         |      |     |      |       |       |          |         |      |           |           |
| Acai & Almond Butter Bowl                     | Y           |                         | Y            |        | ✓      |                |         |          |           |       |           |        |        |        |                   | <b>~</b>    |              |                  |        |                                  |                           |         |      |     |      |       |       |          |         |      |           |           |
| Bircher Muesli                                | Y           |                         |              |        |        |                |         |          |           |       | ~         |        |        |        |                   | ~           |              |                  |        |                                  |                           |         |      | ~   |      |       |       |          |         |      |           |           |
| Five Berry Bowl                               | Y           |                         |              |        |        |                |         |          |           |       |           |        |        |        |                   | ~           |              |                  |        |                                  |                           |         |      | ~   |      |       |       |          |         |      |           |           |
| Mango & Banana Sunshine Bowl                  | Y           |                         | Y            |        |        |                |         |          |           |       |           |        |        |        |                   | ~           |              |                  |        |                                  |                           |         |      |     |      |       |       |          |         |      |           |           |
| We prepare our fresh<br>our food or Barista-m |             |                         |              |        |        |                |         |          |           |       |           |        |        | e risk |                   | oss-co      |              |                  |        |                                  |                           |         |      |     |      |       |       |          |         |      |           |           |

| Contents Key:<br>✔ (Product Contains)              |            |             |        |        |                |         |          |           |       |           |        |          |          | F                   | r               | et                 | 'S                 | H                 | Ho                                 | t                         |             |          |          |          |          |       |          |         |          |           |           |
|--|------------|-------------|--------|--------|----------------|---------|----------|-----------|-------|-----------|--------|----------|----------|---------------------|-----------------|--------------------|--------------------|-------------------|------------------------------------|---------------------------|-------------|----------|----------|----------|----------|-------|----------|---------|----------|-----------|-----------|
| Y (Suitable For)                                   |            |             |        |        |                |         |          |           |       |           |        |          | rgen-f   | ery day<br>ree or s | y. We<br>suitab | use ma<br>le for t | iny ing<br>those v | gredie<br>vith al | nts and s<br>llergies d<br>and egg | hared<br>ue to t          | he risl     |          |          |          |          |       |          |         |          |           |           |
|  | <          | Veg         |        |        |                |         | Tre      | ee Nuts   |       |           |        |          |          | C                   | ereals cont     | aining glute       | n                  |                   |                                    |                           |             |          |          | Milk     |          |       |          |         |          |           |           |
| Product  | ogetarians | an Friendly | Peanut | Almond | Brazil<br>Nuts | Cashews | Hazelnut | Macadamia | Pecan | Pistachio | Walnut | Sesame   | Barley   | Kamult<br>(Wheat)   | Oats            | Rye                | Spelt<br>(Wheat)   | Wheat             | Crustacean                         | Celery<br>and<br>celeriac | Egg         | Fish     | Cow      | Goat     | Sheep    | Lupin | Molluscs | Mustard | Soya     | Sulphites | Pine Nuts |
| Falafel & Halloumi Hot Wrap                        | Y          |             |        |        |                |         |          |           |       |           |        |          |          |                     |                 | <b>v</b>           |                    | <b>v</b>          |                                    |                           |             |          | ~        | <b>v</b> | <b>v</b> |       |          |         |          |           |           |
| Feta & Red Pepper Omelette                         | Y          |             |        |        |                |         |          |           |       |           |        |          |          |                     |                 |                    |                    |                   |                                    |                           | ~           |          |          | ~        | ~        |       |          |         |          |           |           |
| Garlic & Herb Swirl                                | Y          |             |        |        |                |         |          |           |       |           |        |          |          |                     |                 |                    |                    | >                 |                                    |                           | <b>&gt;</b> |          | •        |          |          |       |          |         |          |           |           |
| Kale and Red Pesto Macaroni Cheese                 | Y          |             |        |        |                |         |          |           |       |           |        |          |          |                     |                 |                    |                    | >                 |                                    |                           |             |          | ~        |          |          |       |          |         |          |           |           |
| Macaroni Cheese Prosciutto                         |            |             |        |        |                |         |          |           |       |           |        |          |          |                     |                 |                    |                    | >                 |                                    |                           |             |          | ~        |          |          |       |          |         |          |           |           |
| Meatless Meatball Hot Wrap                         | Y          | Y           |        |        |                |         |          |           |       |           |        |          |          |                     |                 | >                  |                    | >                 |                                    |                           |             |          |          |          |          |       |          |         |          |           |           |
| Pesto, Pepper & Greve Hot Baguette                 | Y          |             |        |        |                |         |          |           |       |           |        | <b>v</b> |          |                     |                 |                    |                    | >                 |                                    |                           |             |          | ~        |          |          |       |          |         |          |           | <b>v</b>  |
| Prosciutto & Mozzarella Hot Baguette               |            |             |        |        |                |         |          |           |       |           |        | <b>~</b> |          |                     |                 |                    |                    | >                 |                                    |                           |             |          | ~        |          |          |       |          |         |          |           |           |
| Spicy Chicken Enchilada Bake                       |            |             |        |        |                |         |          |           |       |           |        |          |          |                     |                 | >                  |                    | >                 |                                    | >                         |             |          | •        |          |          |       |          |         | <b>~</b> |           |           |
| Spicy Chicken Hot Wrap                             |            |             |        |        |                |         |          |           |       |           |        |          |          |                     |                 | >                  |                    | >                 |                                    |                           |             |          | ~        |          |          |       |          |         |          |           |           |
| Swedish Meatball Hot Wrap                          |            |             |        |        |                |         |          |           |       |           |        |          |          |                     |                 | >                  |                    | •                 |                                    |                           |             |          | <b>v</b> |          |          |       |          |         |          |           |           |
| Focaccia & Toasties                                |            |             |        |        |                |         |          |           |       |           |        |          |          |                     |                 |                    |                    |                   |                                    |                           |             |          |          |          |          |       |          |         |          |           |           |
| Ham & Cheese Toastie                               |            |             |        |        |                |         |          |           |       |           |        |          | <        |                     | >               | •                  |                    | <                 |                                    |                           | <           |          | <        |          |          |       |          | ~       |          |           |           |
| Mozzarella, Pesto & Roasted Tomato Focaccia        |            |             |        |        |                |         |          |           |       |           |        |          |          |                     |                 |                    |                    | •                 |                                    |                           |             |          | <b>v</b> |          |          |       |          |         |          |           | <b>v</b>  |
| Tuna Melt Toastie                                  |            |             |        |        |                |         |          |           |       |           |        |          | •        |                     | >               | >                  |                    | >                 |                                    |                           | <b>v</b>    | <b>v</b> | <b>v</b> |          |          |       |          |         |          |           |           |
| Soup   |            |             |        |        | •              |         |          |           |       |           |        |          |          |                     |                 |                    |                    |                   |                                    |                           |             |          |          |          |          |       |          |         |          |           |           |
| Black Bean Taco                                    | Y          | Y           |        |        |                |         |          |           |       |           |        |          |          |                     |                 |                    |                    |                   |                                    |                           |             |          |          |          |          |       |          |         | ~        |           |           |
| Chicken and Mushroom Orzotto                       |            |             |        |        |                |         |          |           |       |           |        |          |          |                     |                 |                    |                    | ~                 |                                    |                           |             |          | ~        |          |          |       |          |         |          |           |           |
| Chicken, Broccoli & Brown Rice                     |            |             |        |        |                |         |          |           |       |           |        |          |          |                     |                 |                    |                    |                   |                                    |                           |             |          |          |          |          |       |          |         |          |           |           |
| Red Thai Veg Soup                                  | Y          | Y           |        |        |                |         |          |           |       |           |        |          |          |                     |                 |                    |                    |                   |                                    |                           |             |          |          |          |          |       |          |         | ~        |           |           |
| Souper Tomato                                      | Y          | Y           |        |        |                |         |          |           |       |           |        |          |          |                     |                 |                    |                    |                   |                                    |                           |             |          |          |          |          |       |          |         |          |           |           |
| Spicy Lemongrass Chicken Broth                     |            |             |        |        |                |         |          |           |       |           |        |          |          |                     |                 |                    |                    |                   |                                    |                           |             | ~        |          |          |          |       |          |         | ~        |           |           |
| Spicy Chorizo & Butterbean                         |            |             |        |        |                |         |          |           |       |           |        |          |          |                     |                 |                    |                    |                   |                                    |                           |             |          |          |          |          |       |          |         |          |           |           |
| Sunshine Dhal                                      | Y          | Y           |        |        |                |         |          |           |       |           |        |          |          |                     |                 |                    |                    |                   |                                    |                           |             |          |          |          |          |       |          |         |          |           |           |
| Barley & Rye Soup Roll                             | Y          | Y           |        |        |                |         |          |           |       |           |        | <b>v</b> | <b>v</b> |                     |                 | <b>v</b>           |                    | <b>v</b>          |                                    |                           |             |          |          |          |          |       |          |         |          |           |           |
| We prepare our fresh fo<br>our food or Barista-mad |            |             |        |        |                |         | -        |           | •     |           |        |          |          |                     |                 | -                  | -                  |                   |                                    |                           |             |          |          |          |          |       |          |         |          |           |           |

| Contents Key:<br>✔ (Product Contains)<br>Y (Suitable For) |             |                |        | • •    |                |         |          | nd Barist<br>l or Baris |       |           |        | our sh | ops ev<br>gen-fr | ery day<br>ee or si | y. We i<br>uitable | use ma<br>e for tl | any ing<br>10se w | gredie<br>ith all |            | hared<br>ie to th         | equip<br>e risk | ment, |     |      |       |       |          |         |      |           |           |
|---|-------------|----------------|--------|--------|----------------|---------|----------|-------------------------|-------|-----------|--------|--------|------------------|---------------------|--------------------|--------------------|-------------------|-------------------|------------|---------------------------|-----------------|-------|-----|------|-------|-------|----------|---------|------|-----------|-----------|
|   |             | <              |        |        |                |         | Tr       | ee Nuts                 |       |           |        |        |                  | С                   | ereals cont        | aining glute       | en                |                   |            |                           |                 |       |     | Milk |       |       |          |         |      |           |           |
| Product   | Vegetarians | 'egan Friendly | Peanut | Almond | Brazil<br>Nuts | Cashews | Hazelnut | Macadamia               | Pecan | Pistachio | Walnut | Sesame | Barley           | Kamult<br>(Wheat)   | Oats               | Rye                | Spelt<br>(Wheat)  | Wheat             | Crustacean | Celery<br>and<br>celeriac | Egg             | Fish  | Cow | Goat | Sheep | Lupin | Molluscs | Mustard | Soya | Sulphites | Pine Nuts |
| Coffee - Classic Blend Ground                             | Y           | Y              |        |        |                |         |          |                         |       |           |        |        |                  |                     |                    |                    |                   |                   |            |                           |                 |       |     |      |       |       |          |         |      |           |           |
| Coffee - Espresso Beans                                   | Υ           | Y              |        |        |                |         |          |                         |       |           |        |        |                  |                     |                    |                    |                   |                   |            |                           |                 |       |     |      |       |       |          |         |      |           |           |
| Coffee - Single Origin Ground                             | Y           | Y              |        |        |                |         |          |                         |       |           |        |        |                  |                     |                    |                    |                   |                   |            |                           |                 |       |     |      |       |       |          |         |      |           |           |
| Pret at Home Bircher Museli                               | Y           | Y              |        |        |                |         |          |                         |       |           |        |        |                  |                     | >                  |                    |                   |                   |            |                           |                 |       |     |      |       |       |          |         |      | >         |           |
| Pret at Home Dark Chocolate & Almond Granola              | Y           | Y              |        | >      |                |         |          |                         |       |           |        |        |                  |                     | >                  |                    |                   |                   |            |                           |                 |       |     |      |       |       |          |         | >    |           |           |
| Pret at Home Classic Granola                              | Y           | Y              |        |        |                |         |          |                         |       |           |        |        |                  |                     | >                  |                    |                   |                   |            |                           |                 |       |     |      |       |       |          |         |      |           |           |
| Pret at Home Chipotle Ketchup                             | Y           | Y              |        |        |                |         |          |                         |       |           |        |        |                  |                     |                    |                    |                   |                   |            |                           |                 |       |     |      |       |       |          |         |      |           |           |
| Pret at Home Korean Style Ketchup                         | Y           | Y              |        |        |                |         |          |                         |       |           |        |        | •                |                     |                    |                    |                   | <                 |            |                           |                 |       |     |      |       |       |          |         | ~    |           |           |
| Pret at Home Oat & Coconut Crunch Granola                 | Y           | Υ              |        |        |                |         |          |                         |       |           |        |        |                  |                     | >                  |                    |                   |                   |            |                           |                 |       |     |      |       |       |          |         |      |           |           |
| Pret's Organic Aluminium Capsules Classic Blend           | Y           | Y              |        |        |                |         |          |                         |       |           |        |        |                  |                     |                    |                    |                   |                   |            |                           |                 |       |     |      |       |       |          |         |      |           |           |
| Pret's Organic Aluminium Capsules Espresso Blend          | Y           | Y              |        |        |                |         |          |                         |       |           |        |        |                  |                     |                    |                    |                   |                   |            |                           |                 |       |     |      |       |       |          |         |      |           |           |
|   |             |                |        |        |                |         |          |                         |       |           |        |        |                  |                     |                    |                    |                   |                   |            |                           |                 |       |     |      |       |       |          |         |      |           |           |

| Contents Key:<br>✔ (Product Contains)<br>Y (Suitable For) |             |                |        |        |                |        |     |           |       |           |        |          | ergen- | free or           | ıy. We<br>• suital | use m<br>ble for | any in<br>those  | gredie<br>with a | 1S<br>ents and s<br>llergies d | lue to t                  | he risl |      |          |      |       |       |          |         |      |           |           |
|---|-------------|----------------|--------|--------|----------------|--------|-----|-----------|-------|-----------|--------|----------|--------|-------------------|--------------------|------------------|------------------|------------------|--------------------------------|---------------------------|---------|------|----------|------|-------|-------|----------|---------|------|-----------|-----------|
|   |             |                |        |        |                |        | Tre | e Nuts    |       |           |        |          | 15     |                   | Cereals con        |                  |                  | n mili           | c and egg                      | allerg                    | les.    |      |          | Milk |       |       |          |         |      |           |           |
| Product   | Vegetarians | Vegan Friendly | Peanut | Almond | Brazil<br>Nuts | Cashew |     | Macadamia | Pecan | Pistachio | Walnut | Sesame   | Barley | Kamult<br>(Wheat) | Oats               | Rye              | Spelt<br>(Wheat) | Wheat            | Crustacean                     | Celery<br>and<br>celeriac | Egg     | Fish | Cow      | Goat | Sheep | Lupin | Molluscs | Mustard | Soya | Sulphites | Pine Nuts |
| Chef's Italian Chicken Salad                              |             |                |        |        |                |        |     |           |       | ~         |        |          |        |                   |                    |                  |                  |                  |                                |                           | ~       | ~    | ~        |      |       |       |          |         |      |           |           |
| Chicken & Avo Protein Bowl                                |             |                |        |        |                |        |     |           |       |           |        | <b>v</b> |        |                   |                    |                  |                  |                  |                                |                           | >       |      |          |      |       |       |          |         | ~    |           |           |
| Egg & Spinach Protein Pot                                 | Y           |                |        |        |                |        |     |           |       |           |        |          |        |                   |                    |                  |                  |                  |                                |                           | ~       |      |          |      |       |       |          |         |      |           |           |
| Humous and Falafel Mezze                                  | Y           | Y              |        |        |                |        |     |           |       |           |        | ~        |        |                   |                    |                  |                  |                  |                                |                           |         |      |          |      |       |       |          |         |      |           |           |
| Korean Chilli Chicken Salad                               |             |                |        |        |                |        |     |           |       |           |        | >        |        |                   |                    |                  |                  |                  |                                |                           | ~       |      |          |      |       |       |          |         | ~    |           |           |
| Mexican Style Chipotle Chickpea Salad Bowl                | Y           |                |        |        |                |        |     |           |       |           |        |          |        |                   |                    |                  |                  |                  |                                |                           |         |      | ~        |      |       |       |          |         |      | ~         |           |
| Petite Crayfish & Avo Salad                               |             |                |        |        |                | 1      |     |           |       |           |        |          |        |                   |                    |                  |                  |                  | ~                              |                           |         |      |          |      |       |       |          |         |      |           |           |
| Petite Greek Salad  | Y           |                |        |        |                |        |     |           |       |           |        |          |        |                   |                    |                  |                  |                  |                                |                           |         |      | <b>v</b> |      |       |       |          |         |      |           |           |
| Smoked Salmon Protein Bowl                                |             |                |        |        |                | 1      |     |           |       |           |        |          |        |                   |                    |                  |                  |                  |                                |                           | >       | ~    |          |      |       |       |          |         | ~    |           |           |
| Smoked Salmon & Egg Protein Pot                           |             |                |        |        |                |        |     |           |       |           |        |          |        |                   |                    |                  |                  |                  |                                |                           | ~       | ~    |          |      |       |       |          |         |      |           |           |
| Tuna Nicoise Salad  |             |                |        |        |                |        |     |           |       |           |        |          |        |                   |                    |                  |                  |                  |                                |                           | ~       | ~    |          |      |       |       |          |         |      |           |           |
| Vietnamese Style Prawn Salad Bowl                         |             |                |        |        |                |        |     |           |       |           |        |          |        |                   |                    |                  |                  |                  | ~                              |                           |         |      |          |      |       |       |          |         |      |           |           |
| Dressing  |             |                |        |        |                |        |     |           |       |           |        |          |        |                   |                    |                  |                  |                  |                                |                           |         |      |          |      |       |       |          |         |      |           |           |
| Chilli & Lime Dressing                                    | Y           | Y              |        |        |                |        |     |           |       |           |        |          |        |                   |                    |                  |                  |                  |                                |                           |         |      |          |      |       |       |          |         |      |           |           |
| French Dressing   | Y           | Y              |        |        |                |        |     |           |       |           |        |          |        |                   |                    |                  |                  |                  |                                |                           |         |      |          |      |       |       |          |         |      |           |           |
| Green Dressing  | Y           | Y              |        |        |                |        |     |           |       |           |        |          |        |                   |                    |                  |                  |                  |                                |                           |         |      |          |      |       |       |          |         | ~    |           |           |

| Contents Key:<br>✓ (Product Contains)<br>Y (Suitable For) |           |                   |        |          |                |         |          | nd Baris<br>l or Baris |       |           |        |        | gen-fi | ee or             | ıy. We<br>suitabl | use m<br>e for t | any in<br>hose w | gredie<br>⁄ith all |            | ie to tł | ıe risk |      |          |      |       |       |          |         |          |           |           |
|---|-----------|-------------------|--------|----------|----------------|---------|----------|------------------------|-------|-----------|--------|--------|--------|-------------------|-------------------|------------------|------------------|--------------------|------------|----------|---------|------|----------|------|-------|-------|----------|---------|----------|-----------|-----------|
|   | .<        |                   |        |          |                |         | Tr       | ee Nuts                |       |           |        |        |        | (                 | Cereals cont      | taining glut     | en               |                    |            | Celerv   |         |      |          | Milk |       |       |          |         |          |           |           |
| Product   | getarians | Vegan<br>Friendly | Peanut | Almond   | Brazil<br>Nuts | Cashews | Hazelnut | Macadamia              | Pecan | Pistachio | Walnut | Sesame | Barley | Kamult<br>(Wheat) | Oats              | Rye              | Spelt<br>(Wheat) | Wheat              | Crustacean | and      | Egg     | Fish | Cow      | Goat | Sheep | Lupin | Molluscs | Mustard | Soya     | Sulphites | Pine Nuts |
| Almond Butter Protein Ball                                | Y         | Y                 |        | <b>v</b> |                |         |          |                        |       |           |        |        |        |                   |                   |                  |                  |                    |            |          |         |      |          |      |       |       |          |         | <b>v</b> |           |           |
| BBQ Popped Chickpea Chips                                 | Y         | Y                 |        |          |                |         |          |                        |       |           |        |        |        |                   |                   |                  |                  |                    |            |          |         |      |          |      |       |       |          |         |          |           |           |
| Chilli, Bean & Seed Tortilla Chips                        | Y         | Y                 |        |          |                |         |          |                        |       |           |        |        |        |                   |                   |                  |                  |                    |            |          |         |      |          |      |       |       |          |         |          |           |           |
| Cranberries in Coats                                      | Y         |                   |        |          |                |         |          |                        |       |           |        |        |        |                   |                   |                  |                  |                    |            |          |         |      | <b>~</b> |      |       |       |          |         |          |           |           |
| Dark Chocolate Salted Almonds                             | Y         | Y                 |        | <b>~</b> |                |         |          |                        |       |           |        |        |        |                   |                   |                  |                  |                    |            |          |         |      |          |      |       |       |          |         | >        |           |           |
| Easy Peasy Almond Squeezy                                 | Y         | Y                 |        | ~        |                |         |          |                        |       |           |        |        |        |                   |                   |                  |                  |                    |            |          |         |      |          |      |       |       |          |         |          |           |           |
| Fruit & Seed Bite   | Y         | Y                 |        |          |                |         |          |                        |       |           |        |        |        |                   |                   |                  |                  |                    |            |          |         |      |          |      |       |       |          |         |          |           |           |
| Fruit, Nuts & Chocolate                                   | Y         |                   |        | ~        |                |         |          |                        |       |           |        |        |        |                   |                   |                  |                  |                    |            |          |         |      | ~        |      |       |       |          |         | >        |           |           |
| Mature Cheddar & Red Onion Crisps                         | Y         |                   |        |          |                |         |          |                        |       |           |        |        |        |                   |                   |                  |                  |                    |            |          |         |      | ~        |      |       |       |          |         |          |           | ĺ         |
| Milk Chocolate Bar  | Y         |                   |        |          |                |         |          |                        |       |           |        |        |        |                   |                   |                  |                  |                    |            |          |         |      | ~        |      |       |       |          |         | ~        |           |           |
| Milliways Peppermint Chewing Gum                          | Y         | Y                 |        |          |                |         |          |                        |       |           |        |        |        |                   |                   |                  |                  |                    |            |          |         |      |          |      |       |       |          |         |          |           |           |
| Pret A Mango  | Y         | Y                 |        |          |                |         |          |                        |       |           |        |        |        |                   |                   |                  |                  |                    |            |          |         |      |          |      |       |       |          |         |          |           |           |
| Salted Crunchy Corn                                       | Y         | Y                 |        |          |                |         |          |                        |       |           |        |        |        |                   |                   |                  |                  |                    |            |          |         |      |          |      |       |       |          |         |          |           |           |
| Sea Salt & Cider Vinegar Crisps                           | Y         | Y                 |        |          |                |         |          |                        |       |           |        |        |        |                   |                   |                  |                  |                    |            |          |         |      |          |      |       |       |          |         |          |           |           |
| Sea Salt Crisps   | Y         | Y                 |        |          |                |         |          |                        |       |           |        |        |        |                   |                   |                  |                  |                    |            |          |         |      |          |      |       |       |          |         |          |           |           |
| Sea Salt Popcorn  | Y         | Y                 |        |          |                |         |          |                        |       |           |        |        |        |                   |                   |                  |                  |                    |            |          |         |      |          |      |       |       |          |         |          |           |           |
| Smoked Chipotle Crisps                                    | Y         | Y                 |        |          |                |         |          |                        |       |           |        |        |        |                   |                   |                  |                  |                    |            |          |         |      |          |      |       |       |          |         |          |           |           |
| Sweet & Salt Popcorn                                      | Y         | Y                 |        |          |                |         |          |                        |       |           |        |        |        |                   |                   |                  |                  |                    |            |          |         |      |          |      |       |       |          |         |          |           |           |

| Contents Key:<br>✔ (Product Contains)        |          |                   |        |          |                |         |            |                         |        |           |        |        |         | Sv                | Ve         | ee           | t                | Τ        | re         | at              | S        |       |          |      |         |        |          |         |          |           |           |
|--|----------|-------------------|--------|----------|----------------|---------|------------|-------------------------|--------|-----------|--------|--------|---------|-------------------|------------|--------------|------------------|----------|------------|-----------------|----------|-------|----------|------|---------|--------|----------|---------|----------|-----------|-----------|
| Y (Suitable For)                             |          |                   |        |          |                |         |            | and Baris<br>d or Baris |        |           |        |        | ·gen-fi | ree or s          | suitabl    | e for t      | hose w           | ith all  |            | ue to tl        | he risk  |       |          |      |         |        |          |         |          |           |           |
| D 1  | Vege     | ×e<br>Fri         |        |          |                |         | Т          | ree Nuts                |        |           |        |        |         | C                 | ereals con | taining glut | en               |          |            | Celery          |          |       |          | Milk |         |        |          |         |          |           |           |
| Product                                      | otarians | Vegan<br>Friendly | Peanut | Almond   | Brazil<br>Nuts | Cashews | s Hazelnut | Macadamia               | Pecan  | Pistachic | Walnut | Sesame | Barley  | Kamult<br>(Wheat) | Oats       | Rye          | Spelt<br>(Wheat) | Wheat    | Crustacean | and<br>celeriac | Egg      | Fish  | Cow      | Goat | Sheep   | Lupin  | Molluscs | Mustard | Soya     | Sulphites | Pine Nuts |
| Almond Butter Bite                           | Y        |                   |        | ~        |                |         |            |                         |        | 1         | 1      |        |         | 1                 |            | 1            | 1                |          |            |                 | 1        |       | 1        | 1    | 1       | 1      | 1        |         | ~        |           |           |
| Blackforest Dessert Pot                      | Y        |                   |        |          |                |         |            |                         |        |           |        |        |         |                   |            |              |                  | <b>v</b> |            |                 |          |       | <b>v</b> |      |         |        |          |         | ~        |           |           |
| Blonde Chocolate, Sea Salt & Pecan<br>Cookie | Y        |                   |        | 1        |                |         |            |                         | ~      |           | 1      |        |         |                   |            |              |                  | ~        |            |                 |          |       | <b>~</b> |      | 1       |        |          |         |          |           |           |
| Caramel Waffle                               | Y        |                   |        |          |                |         |            |                         |        |           |        |        |         |                   |            |              |                  | <b>~</b> |            |                 |          |       | <b>~</b> |      |         |        |          |         | ~        |           |           |
| Choc Bar                                     | Y        |                   |        |          |                |         |            |                         |        |           |        |        |         |                   |            |              |                  | ~        |            |                 |          |       | ~        |      |         |        |          |         | ~        |           |           |
| Chocolate Brownie Bar                        | Y        |                   |        |          |                |         |            |                         |        |           |        |        |         |                   |            |              |                  | ~        |            |                 | ~        |       | ~        |      |         |        |          |         | ~        |           |           |
| Chocolate Chunk Cookie                       | Y        |                   |        |          |                |         |            |                         |        |           |        |        |         |                   |            |              |                  | ~        |            |                 |          |       | ~        |      |         |        |          |         |          |           |           |
| Chocolate Moose                              | Y        |                   |        |          |                |         |            |                         |        |           |        |        |         |                   |            |              |                  |          |            |                 |          |       | <b>v</b> |      |         |        |          |         | ~        |           |           |
| Chocolate Praline Cookie                     | Y        |                   |        |          |                |         | ~          |                         |        |           |        |        |         |                   |            |              |                  | ~        |            |                 |          |       | ~        |      |         |        |          |         |          |           |           |
| Chocolate & Orange Loaf Cake                 | Y        |                   |        |          |                |         |            |                         |        |           |        |        |         |                   |            |              |                  | ~        |            |                 | ~        |       | ~        |      |         |        |          |         | ~        |           |           |
| Coconut Bite                                 | Y        | Y                 |        |          |                |         |            |                         |        |           |        |        |         |                   |            |              |                  |          |            |                 |          |       |          |      |         |        |          |         | ~        |           |           |
| Dark Chocolate & Almond Butter               | Y        | Y                 |        | ~        |                |         |            |                         |        |           |        |        |         |                   |            |              |                  | ~        |            |                 |          |       |          |      |         |        |          |         |          |           |           |
| Cookie<br>Dark Chocolate Corn Cakes          | Ŷ        | -                 |        |          |                |         |            |                         |        |           |        |        |         |                   |            |              |                  |          |            |                 |          |       |          |      |         |        |          |         | ~        |           |           |
| Dark Chocolate with Sea Salt                 | Y        |                   |        |          |                |         |            |                         |        |           |        |        |         |                   |            |              |                  |          |            |                 |          |       |          |      |         |        |          |         |          |           |           |
| Double Berry Muffin                          | Ŷ        |                   |        |          |                |         |            |                         |        |           |        |        |         |                   |            |              |                  | ~        |            |                 | ~        |       | ~        |      |         |        |          |         | -        |           |           |
| Espresso Mini Loaf Cake                      | Ŷ        |                   |        |          |                |         |            |                         |        |           |        |        |         |                   |            |              |                  |          |            |                 | <b>v</b> |       | · ·      |      |         |        |          |         | ~        |           |           |
| Fruit, Oat & Spelt Cookie                    | Y        |                   |        |          |                |         |            |                         |        |           |        |        |         |                   | ~          |              | ~                | <b>v</b> |            |                 |          |       | ~        |      |         |        |          |         |          |           |           |
| Hazelnut Truffles                            | Y        | Y                 |        |          |                |         | <b>v</b>   |                         |        |           |        |        |         |                   |            |              |                  |          |            |                 |          |       |          |      |         |        |          |         | <u> </u> |           |           |
| Lemon Cheesecake                             | Y        | -                 |        |          |                |         |            |                         |        |           |        |        |         |                   |            |              |                  | ~        |            |                 | ~        |       | ~        |      |         |        |          |         |          |           |           |
| Love Bar                                     | Y        |                   |        | <b>~</b> |                |         |            |                         |        | ~         |        |        |         |                   | ~          |              |                  |          |            |                 |          |       | ~        |      |         |        |          |         | ~        |           |           |
| Nut Bar                                      | Y        | Y                 |        | <b>v</b> |                |         |            |                         |        |           |        |        |         |                   |            |              |                  |          |            |                 |          |       |          |      |         |        |          |         | ~        |           |           |
| Nutty Salted Caramel Brownie                 | Y        |                   |        | ~        |                |         |            |                         |        |           | ~      |        |         |                   |            |              |                  | ~        |            |                 | ~        |       | <b>~</b> |      |         |        |          |         | ~        |           |           |
| Popcorn bar                                  | Y        |                   |        |          |                |         |            |                         |        |           |        |        |         |                   |            |              |                  |          |            |                 |          |       | <b>~</b> |      |         |        |          |         | ~        |           |           |
| Pret's Gingerbread Biscuit (Annie &          | Y        |                   |        |          |                |         |            |                         |        |           |        |        |         |                   |            |              |                  | ~        |            |                 | ~        |       |          |      |         |        |          |         |          |           |           |
| Godfrey)<br>Pret Bar                         | Y        |                   |        |          |                |         |            |                         |        |           |        |        |         |                   | ~          |              |                  | <b>v</b> |            |                 |          |       | <b>v</b> |      |         |        |          |         |          |           |           |
| Pret's Shortbread                            | Y        |                   |        |          |                |         |            |                         |        |           |        |        |         |                   |            |              |                  | ~        |            |                 |          |       | ~        |      |         |        |          |         |          |           |           |
| Raspberry & Almond Bakewell Tart             | Y        |                   |        | ~        |                |         |            |                         |        |           |        |        |         |                   |            |              |                  | <b>v</b> |            |                 | ~        |       | <b>~</b> |      |         |        |          |         |          |           |           |
| Salted Caramel Dessert Pot                   | Y        |                   |        |          |                |         |            |                         |        |           |        |        |         |                   |            |              |                  | •        |            |                 |          |       | ~        |      |         |        |          |         |          |           |           |
| We prepare our fre                           | sh foo   | od and            | d Bari | sta-m    | ade di         | rinks   | in our     | shops_ev                | verv_d | av. W     | /e use | many   | ingre   | dients            | and        | share        | d equi           | pmen     | t, and w   | hilst v         | ve do    | our b | est to   | mana | ge alle | ergens | we ca    | annot g | guara    | ntee th   | at any    |
| of our food or Bari                          |          |                   |        |          |                |         |            |                         |        |           |        |        | e to th |                   | of cr      | oss-co       |                  |          |            |                 |          |       |          |      |         |        |          |         |          |           |           |

| Contents Key:<br>✔ (Product Contains)                                     |          |          |        |        |                |         |          |                      |       | B         | <b>a</b> ] | ris    | st     | a                 | P           | re           | p                | a]       | re         | 1            | D       | r    | n   | k    | S     |       |          |         |          |           |           |
|---|----------|----------|--------|--------|----------------|---------|----------|----------------------|-------|-----------|------------|--------|--------|-------------------|-------------|--------------|------------------|----------|------------|--------------|---------|------|-----|------|-------|-------|----------|---------|----------|-----------|-----------|
| Y (Suitable For)  |          |          |        |        |                |         |          | and Bari<br>d or Bar |       |           |            |        | rgen-f | ree or            | suitab      | le for t     | those v          | vith all |            | ue to tl     | ie risl |      |     |      |       |       |          |         |          |           |           |
|   | Vege     | Vegan    |        |        | 1              | 1       | Ti       | ree Nuts             | 1     | -         | 1          |        |        | (                 | Cereals con | taining glut | en               | 1        |            | Celery       |         |      |     | Milk | 1     | ļ     |          |         |          |           |           |
| Product   | starians | Friendly | Peanut | Almond | Brazil<br>Nuts | Cashews | Hazelnut | Macadamia            | Pecan | Pistachio | Walnut     | Sesame | Barley | Kamult<br>(Wheat) | Oats        | Rye          | Spelt<br>(Wheat) | Wheat    | Crustacean | and celeriac | Egg     | Fish | Cow | Goat | Sheep | Lupin | Molluscs | Mustard | Soya     | Sulphites | Pine Nuts |
| Coffee  |          |          |        |        |                |         |          | •                    |       |           | 1          |        |        |                   |             |              | 1                |          |            |              |         |      |     |      |       | 1     |          |         |          |           | 1         |
| Americano Black (add milk or milk<br>alernative if White Americano)       | Y        | Y        |        |        |                |         |          |                      |       |           |            |        |        |                   |             |              |                  |          |            |              |         |      |     |      |       |       |          |         |          |           |           |
| Cappuccino Semi Skimmed milk  | Y        |          |        |        |                |         |          |                      |       |           |            |        |        |                   |             |              |                  |          |            |              |         |      | >   |      |       |       |          |         |          |           |           |
| Cappuccino Skimmed milk   | Y        |          |        |        |                |         |          |                      |       |           |            |        |        |                   |             |              |                  |          |            |              |         |      | >   |      |       |       |          |         |          |           |           |
| Cappuccino Soya (instead of milk)   | Y        | Y        |        |        |                |         |          |                      |       |           |            |        |        |                   |             |              |                  |          |            |              |         |      |     |      |       |       |          |         | >        |           |           |
| Cappuccino Rice Coconut (instead of milk)                                 | Y        | Y        |        |        |                |         |          |                      |       |           |            |        |        |                   |             |              |                  |          |            |              |         |      |     |      |       |       |          |         |          |           |           |
| Cappuccino Oat (instead of milk)  | Y        | Y        |        |        |                |         |          |                      |       |           |            |        |        |                   | ~           |              |                  |          |            |              |         |      |     |      |       |       |          |         |          |           |           |
| Espresso  | Y        | Y        |        |        |                |         |          |                      |       |           |            |        |        |                   |             |              |                  |          |            |              |         |      |     |      |       |       |          |         |          |           |           |
| Filter - Black Coffee (add milk or milk<br>alernative if White Americano) | Y        | Y        |        |        |                |         |          |                      |       |           |            |        |        |                   |             |              |                  |          |            |              |         |      |     |      |       |       |          |         |          |           |           |
| Flat White Semi Skimmed milk  | Y        |          |        |        |                |         |          |                      |       |           |            |        |        |                   |             |              |                  |          |            |              |         |      | >   |      |       |       |          |         |          |           |           |
| Flat White Skimmed milk   | Y        |          |        |        |                |         |          |                      |       |           |            |        |        |                   |             |              |                  |          |            |              |         |      | >   |      |       |       |          |         |          |           |           |
| Flat White Soya (instead of milk)   | Y        | Y        |        |        |                |         |          |                      |       |           |            |        |        |                   |             |              |                  |          |            |              |         |      |     |      |       |       |          |         | <b>V</b> |           |           |
| Flat White Rice Coconut (instead of milk)                                 | Y        | Y        |        |        |                |         |          |                      |       |           |            |        |        |                   |             |              |                  |          |            |              |         |      |     |      |       |       |          |         |          |           |           |
| Flat White Oat (instead of milk)  | Y        | Y        |        |        |                |         |          |                      |       |           |            |        |        |                   | ~           |              |                  |          |            |              |         |      |     |      |       |       |          |         |          |           |           |
| Latte Semi Skimmed milk   | Y        |          |        |        |                |         |          |                      |       |           |            |        |        |                   |             |              |                  |          |            |              |         |      | >   |      |       |       |          |         |          |           |           |
| Latte Skimmed milk  | Y        |          |        |        |                |         |          |                      |       |           |            |        |        |                   |             |              |                  |          |            |              |         |      | >   |      |       |       |          |         |          |           |           |
| Latte Soya (instead of milk)  | Y        | Y        |        |        |                |         |          |                      |       |           |            |        |        |                   |             |              |                  |          |            |              |         |      |     |      |       |       |          |         | ~        |           |           |
| Latte Oat (instead of milk)   | Y        | Y        |        |        |                |         |          |                      |       |           |            |        |        |                   | ~           |              |                  |          |            |              |         |      |     |      |       |       |          |         |          |           |           |
| Latte Rice Coconut (instead of milk)                                      | Y        | Y        |        |        |                |         |          |                      |       |           |            |        |        |                   |             |              |                  |          |            |              |         |      |     |      |       |       |          |         |          |           |           |
| Macchiato Semi Skimmed milk   | Y        |          |        |        |                |         |          |                      |       |           |            |        |        |                   |             |              |                  |          |            |              |         |      | >   |      |       |       |          |         |          |           |           |
| Macchiato Skimmed milk  | Y        |          |        |        |                |         |          |                      |       |           |            |        |        |                   |             |              |                  |          |            |              |         |      | >   |      |       |       |          |         |          |           |           |
|   |          |          |        |        |                |         |          |                      |       |           |            |        |        |                   |             |              |                  | -        |            |              |         | -    | -   | -    |       | •     |          |         |          |           |           |

| Contents Key:<br>✓ (Product Contains)<br>Y (Suitable For) |             |                |        |        |                |         |   |                      |       | B         | <b>a</b> ] | ri     | st     | a                      | P                   | re            | ep               | <b>a</b> ] | re         | d                         | D       | ri   | n        | k            | S     |       |          |         |      |           |           |
|---|-------------|----------------|--------|--------|----------------|---------|---|----------------------|-------|-----------|------------|--------|--------|------------------------|---------------------|---------------|------------------|------------|------------|---------------------------|---------|------|----------|--------------|-------|-------|----------|---------|------|-----------|-----------|
| f (Suitable For)  |             |                |        |        |                |         |   | and Bari<br>d or Bar |       |           |            |        | rgen-f | ree or                 | suitab              | le for        | those v          | with al    |            | lue to 1                  | he risl |      |          |              |       |       |          |         |      |           |           |
| Product   | Vegetarians | Vegan Friendly | Peanut | Almond | Brazil<br>Nuts | Cashews | 1 | ee Nuts<br>Macadamia | Pecan | Pistachio | Walnut     | Sesame | Barley | (<br>Kamult<br>(Wheat) | Cereals con<br>Oats | ntaining glut | Spelt<br>(Wheat) | Wheat      | Crustacean | Celery<br>and<br>celeriac | Egg     | Fish | Cow      | Milk<br>Goat | Sheep | Lupin | Molluscs | Mustard | Soya | Sulphites | Pine Nuts |
| Macchiato Soya (instead of milk)                          | Y           | Y              |        |        |                |         |   |                      |       |           |            |        |        |                        |                     |               |                  |            |            |                           |         |      |          |              |       |       |          |         | ~    |           |           |
| Macchiato Oat (instead of milk)                           | Y           | Y              |        |        |                |         |   |                      |       |           |            |        |        |                        | ~                   |               |                  |            |            |                           |         |      |          |              |       |       |          |         |      |           |           |
| Macchiato Rice Coconut (instead of milk)                  | Y           | Y              |        |        |                |         |   |                      |       |           |            |        |        |                        |                     |               |                  |            |            |                           |         |      |          |              |       |       |          |         |      |           |           |
| Mocha Semi Skimmed milk                                   | Y           |                |        |        |                |         |   |                      |       |           |            |        |        |                        |                     |               |                  |            |            |                           |         |      | ¥        |              |       |       |          |         |      |           |           |
| Mocha Skimmed milk  | Y           |                |        |        |                |         |   |                      |       |           |            |        |        |                        |                     |               |                  |            |            |                           |         |      | V        |              |       |       |          |         |      |           |           |
| Mocha Soya (instead of milk)                              | Y           | Y              |        |        |                |         |   |                      |       |           |            |        |        |                        |                     |               |                  |            |            |                           |         |      |          |              |       |       |          |         | •    |           |           |
| Mocha Rice Coconut (instead of milk)                      | Y           | Y              |        |        |                |         |   |                      |       |           |            |        |        |                        |                     |               |                  |            |            |                           |         |      |          |              |       |       |          |         |      |           |           |
| Mocha Oat (instead of milk)                               | Y           | Y              |        |        |                |         |   |                      |       |           |            |        |        |                        | ~                   |               |                  |            |            |                           |         |      |          |              |       |       |          |         |      |           |           |
| Chai Latte Semi Skimmed Milk                              | Y           |                |        |        |                |         |   |                      |       |           |            |        |        |                        |                     |               |                  |            |            |                           |         |      | <b>v</b> |              |       |       |          |         |      |           |           |
| Chai Latte Skimmed Milk                                   | Y           |                |        |        |                |         |   |                      |       |           |            |        |        |                        |                     |               |                  |            |            |                           |         |      | ¥        |              |       |       |          |         |      | <b> </b>  |           |
| Chai Latte Rice Coconut (instead of Milk)                 | Y           | Y              |        |        |                |         |   |                      |       |           |            |        |        |                        |                     |               |                  |            |            |                           |         |      |          |              |       |       |          |         |      | <u> </u>  |           |
| Chai Latte Rice Soya (instead of Milk)                    | Y           | Y              |        |        |                |         |   |                      |       |           |            |        |        |                        |                     |               |                  |            |            |                           |         |      |          |              |       |       |          |         | ~    | L         |           |
| Chai Latte Oat (instead of Milk)                          | Y           | Y              |        |        |                |         |   |                      |       |           |            |        |        |                        | <b>~</b>            |               |                  |            |            |                           |         |      |          |              |       |       |          |         |      |           |           |
| Matcha Latte Rice Coconut (instead of<br>Milk)            | Y           | Y              |        |        |                |         |   |                      |       |           |            |        |        |                        |                     |               |                  |            |            |                           |         |      |          |              |       |       |          |         |      |           |           |

| Contents Key:<br>✓ (Product Contains)<br>Y (Suitable For) |             |                |         |        |                |         |        |                        |       |           |        |        |         |                        |                      |                     |                  |         | re         |                           |         |      |          |              |        |       |          |         |       |           |           |
|---|-------------|----------------|---------|--------|----------------|---------|--------|------------------------|-------|-----------|--------|--------|---------|------------------------|----------------------|---------------------|------------------|---------|------------|---------------------------|---------|------|----------|--------------|--------|-------|----------|---------|-------|-----------|-----------|
|   |             |                |         |        |                |         |        | and Baris<br>d or Bari |       |           |        |        | rgen-fi | ree or                 | suitab               | le for t            | those v          | vith al |            | ue to t                   | he risl |      |          |              |        |       |          |         |       |           |           |
| Product   | Vegetarians | Vegan Friendly | Peanut  | Almond | Brazil<br>Nuts | Cashews |        | ee Nuts<br>Macadamia   | Pecan | Pistachio | Walnut | Sesame | Barley  | C<br>Kamult<br>(Wheat) | Cereals cont<br>Oats | taining glut<br>Rye | Spelt<br>(Wheat) | Wheat   | Crustacean | Celery<br>and<br>celeriac | Egg     | Fish | Cow      | Milk<br>Goat | Sheep  | Lupin | Molluscs | Mustard | Soya  | Sulphites | Pine Nuts |
| Frappés   |             |                |         |        |                |         |        |                        |       |           |        |        |         |                        |                      |                     |                  |         | I          |                           |         |      |          |              |        |       |          |         |       |           |           |
| Classic Frappé Semi Skimmed milk                          | Y           |                |         |        |                |         |        |                        |       |           |        |        |         |                        |                      |                     |                  |         |            |                           |         |      | V        |              |        |       |          |         |       |           |           |
| Classic Frappé Skimmed milk                               | ·<br>Y      |                |         |        |                |         |        |                        |       |           |        |        |         |                        |                      |                     |                  |         |            |                           |         |      | ~        |              |        |       |          |         |       |           |           |
| Chocolate Frappé Semi Skimmed milk                        | v           |                |         |        |                |         |        |                        |       |           |        |        |         |                        |                      |                     |                  |         |            |                           |         |      | ~        |              |        |       |          |         |       |           |           |
| Chocolate Frappé Skimmed milk                             | Y Y         |                |         |        |                |         |        |                        |       |           |        |        |         |                        |                      |                     |                  |         |            |                           |         |      | ¥        |              |        |       |          |         |       |           |           |
| Mocha Frappé Semi Skimmed milk                            | Y           |                |         |        |                |         |        |                        |       |           |        |        |         |                        |                      |                     |                  |         |            |                           |         |      | V        |              |        |       |          |         |       |           |           |
| Mocha Frappé Skimmed milk                                 | Y           |                |         |        |                |         |        |                        |       |           |        |        |         |                        |                      |                     |                  |         |            |                           |         |      | ~        |              |        |       |          |         |       |           |           |
| Decaf Mocha Frappé Semi Skimmed milk                      | Y           |                |         |        |                |         |        |                        |       |           |        |        |         |                        |                      |                     |                  |         |            |                           |         |      | ~        |              |        |       |          |         |       |           |           |
| Decaf Mocha Frappé Skimmed milk                           | Y           |                |         |        |                |         |        |                        |       |           |        |        |         |                        |                      |                     |                  |         |            |                           |         |      |          |              |        |       |          |         |       |           |           |
| Caramel Shake Semi Skimmed milk                           | Y           |                |         |        |                |         |        |                        |       |           |        |        |         |                        |                      |                     |                  |         |            |                           |         |      |          |              |        |       |          |         |       |           |           |
| Caramel Shake Skimmed milk                                | Y           |                |         |        |                |         |        |                        |       |           |        |        |         |                        |                      |                     |                  |         |            |                           |         |      | ~        |              |        |       |          |         |       |           |           |
| Hazelnut Shake Semi Skimmed milk                          | Y<br>V      |                |         |        |                |         |        |                        |       |           |        |        |         |                        |                      |                     |                  |         |            |                           |         |      | , v      |              |        |       |          |         |       |           |           |
| Hazelnut Shake Skimmed milk                               | Y           |                |         |        |                |         |        |                        |       |           |        |        |         |                        |                      |                     |                  |         |            |                           |         |      | ~        |              |        |       |          |         |       |           |           |
| Vanilla Shake Semi Skimmed milk                           | Y           |                |         |        |                |         |        |                        |       |           |        |        |         |                        |                      |                     |                  |         |            |                           |         |      | V        |              |        |       |          |         |       |           |           |
| Vanilla Shake Skimmed milk                                | Y           |                |         |        |                |         |        |                        |       |           |        |        |         |                        |                      |                     |                  |         |            |                           |         |      | <b>v</b> |              |        |       |          |         |       |           |           |
| Frappé Mix  | Y           |                |         |        |                |         |        |                        |       |           |        |        |         |                        |                      |                     |                  |         |            |                           |         |      | <b>V</b> |              |        |       |          |         |       |           |           |
| Iced Drinks   |             | -              | -       |        |                |         | -      |                        |       | 7         | 7      | ī      |         | 7                      |                      |                     |                  | ī       |            | -                         |         |      | -        | -            |        |       |          |         |       |           | 1         |
| Iced Latte Semi Skimmed Milk                              | Y           |                |         |        |                |         |        |                        |       |           |        |        |         |                        |                      |                     |                  |         |            |                           |         |      | ¥        |              |        |       |          |         |       |           |           |
| Iced Latte Skimmed Milk                                   | Y           |                |         |        |                |         |        |                        |       |           |        |        |         |                        |                      |                     |                  |         |            |                           |         |      | <        |              |        |       |          |         |       |           |           |
| Iced Latte Soya (instead of milk)                         | Y           | Y              |         |        |                |         |        |                        |       |           |        |        |         |                        |                      |                     |                  |         |            |                           |         |      |          |              |        |       |          |         | <     |           |           |
| Iced Latte Rice Coconut (instead of milk)                 | Y           | Y              |         |        |                |         |        |                        |       |           |        |        |         |                        |                      |                     |                  |         |            |                           |         |      |          |              |        |       |          |         |       |           |           |
| Iced Latte Oat (instead of milk)                          | Y           | Y              |         |        |                |         |        |                        |       |           |        |        |         |                        | >                    |                     |                  |         |            |                           |         |      |          |              |        |       |          |         |       |           |           |
| Iced Chai Latte Semi Skimmed Milk                         | Y           |                |         |        |                |         |        |                        |       |           |        |        |         |                        |                      |                     |                  |         |            |                           |         |      | ~        |              |        |       |          |         |       |           |           |
| Iced Chai Latte Skimmed Milk                              | Y           |                |         |        |                |         |        |                        |       |           |        |        |         |                        |                      |                     |                  |         |            |                           |         |      | V        |              |        |       |          |         |       |           |           |
| Iced Chai Latte Rice Coconut (instead of<br>Milk)         | Y           | Y              |         |        |                |         |        |                        |       |           |        |        |         |                        |                      |                     |                  |         |            |                           |         |      |          |              |        |       |          |         |       |           |           |
| Iced Chai Latte Rice Soya (instead of Milk)               | Y           | Y              |         |        |                |         |        |                        |       |           |        |        |         |                        |                      |                     |                  |         |            |                           |         |      |          |              |        |       |          |         | ~     |           |           |
| Iced Chai Latte Oat (instead of Milk)                     | ·<br>Y      | Y              |         |        |                |         |        |                        |       |           |        |        |         |                        | ~                    |                     |                  |         |            |                           |         |      |          |              |        |       |          |         |       |           |           |
| Iced Mocha Semi Skimmed Milk                              | Y           |                |         |        |                |         |        |                        |       |           |        |        |         |                        |                      |                     |                  |         |            |                           |         |      | ~        |              |        |       |          |         |       |           |           |
| Iced Mocha Skimmed Milk                                   | ·<br>Y      |                |         |        |                |         |        |                        |       |           |        |        |         |                        |                      |                     |                  |         |            |                           |         |      |          |              |        |       |          |         |       |           |           |
| We prepare our free                                       |             | d and          | Rariste | a-mad  | e drinl        | ks in o | ur sho | ns every               | dav V | Ve use    | many   | ingred | lients  | and sh                 | ared e               | auinn               | ent a            | nd wh   | ilst we d  | o our l                   | nest to | mana | ge alle  | rgens        | we car | not a | iarantee | that a  | ny of | our food  | lor –     |

Barista-made drinks are allergen-free or suitable for those with allergies due to the risk of cross-contact. Our vegan food is made to a vegan recipe but is not suitable for those with milk and egg allergies.

| Contents Key:<br>✔ (Product Contains)                  |           |            |        |        |                |         |          |                       |       | B         | a1     | ris    | st      | a                 | P           | re           | p                | a1       | re         | d       | D       | r    | n           | k    | S     |       |          |         |          |           |           |
|--|-----------|------------|--------|--------|----------------|---------|----------|-----------------------|-------|-----------|--------|--------|---------|-------------------|-------------|--------------|------------------|----------|------------|---------|---------|------|-------------|------|-------|-------|----------|---------|----------|-----------|-----------|
| Y (Suitable For)                                       |           |            |        |        |                |         |          | and Bari<br>od or Bar |       |           |        |        | rgen-fi | ree or            | suitab      | le for 1     | those v          | vith all |            | ue to t | he risl |      |             |      |       |       |          |         |          |           |           |
|  | Ve        | Vega       |        |        |                |         | Т        | ree Nuts              |       |           | 1      |        |         | C                 | Cereals con | taining glut | en               |          |            | Celerv  |         |      |             | Milk |       |       |          |         |          |           |           |
| Product  | yetarians | n Friendly | Peanut | Almond | Brazil<br>Nuts | Cashews | Hazelnut | Macadamia             | Pecan | Pistachio | Walnut | Sesame | Barley  | Kamult<br>(Wheat) | Oats        | Rye          | Spelt<br>(Wheat) | Wheat    | Crustacean | and     | Egg     | Fish | Cow         | Goat | Sheep | Lupin | Molluscs | Mustard | Soya     | Sulphites | Pine Nuts |
| Iced Mocha Soya (instead of milk)                      | Y         | Y          |        |        |                |         |          |                       |       |           |        |        |         |                   |             |              |                  |          |            |         |         |      |             |      |       |       |          |         | <b>v</b> |           |           |
| Iced Mocha Rice Coconut (instead of milk)              | Y         | Y          |        |        |                |         |          |                       |       |           |        |        |         |                   |             |              |                  |          |            |         |         |      |             |      |       |       |          |         |          |           |           |
| Iced Mocha Oat (instead of milk)                       | Y         | Y          |        |        |                |         |          |                       |       |           |        |        |         |                   | ~           |              |                  |          |            |         |         |      |             |      |       |       |          |         |          |           |           |
| Applejito Cooler                                       | Y         | Y          |        |        |                |         |          |                       |       |           |        |        |         |                   |             |              |                  |          |            |         |         |      |             |      |       |       |          |         |          |           |           |
| Berry Bliss Cooler                                     | Y         | Y          |        |        |                |         |          |                       |       |           |        |        |         |                   |             |              |                  |          |            |         |         |      |             |      |       |       |          |         |          |           |           |
| Feelin' Peachy Cooler                                  | Y         | Y          |        |        |                |         |          |                       |       |           |        |        |         |                   |             |              |                  |          |            |         |         |      |             |      |       |       |          |         |          |           |           |
| Rhuberry Breeze Cooler                                 | Y         | Y          |        |        |                |         |          |                       |       |           |        |        |         |                   |             |              |                  |          |            |         |         |      |             |      |       |       |          |         |          |           |           |
| Iced White Americano Semi Skimmed Milk                 | Y         |            |        |        |                |         |          |                       |       |           |        |        |         |                   |             |              |                  |          |            |         |         |      | ~           |      |       |       |          |         |          |           |           |
| Iced White Americano Skimmed Milk                      | Y         |            |        |        |                |         |          |                       |       |           |        |        |         |                   |             |              |                  |          |            | 1       |         |      | <           |      |       |       |          |         |          |           | 1         |
| Iced White Americano Oat (instead of milk)             | Y         | Y          |        |        |                |         |          |                       |       |           |        |        |         |                   | ~           |              |                  |          |            |         |         |      |             |      |       |       |          |         |          |           |           |
| Iced White Americano Soya (instead of milk)            | Y         | Y          |        |        |                |         |          |                       |       |           |        |        |         |                   |             |              |                  |          |            |         |         |      |             |      |       |       |          |         | ~        |           |           |
| Iced White Americano Rice Coconut<br>(instead of milk) | Y         | v          |        |        |                |         |          |                       |       |           |        |        |         |                   |             |              |                  |          |            |         |         |      |             |      |       |       |          |         |          |           |           |
| Hot Chocolate  | •         |            |        |        |                |         |          |                       |       |           |        |        |         |                   |             |              |                  |          |            |         |         |      |             |      |       |       |          |         |          |           |           |
| Hot Chocolate Semi Skimmed Milk                        | Y         |            |        |        |                |         |          |                       |       |           |        |        |         |                   |             |              |                  |          |            |         |         |      | <b>&gt;</b> |      |       |       |          |         |          |           |           |
| Hot Chocolate Skimmed Milk                             | Y         |            |        |        |                |         |          |                       |       |           |        |        |         |                   |             |              |                  |          |            |         |         |      | ~           |      |       |       |          |         |          |           |           |
| Hot Chocolate Soya (instead of milk)                   | Y         | Y          |        |        |                |         |          |                       |       |           |        |        |         |                   |             |              |                  |          |            |         |         |      |             |      |       |       |          |         | >        |           |           |
| Hot Chocolate Rice Coconut (instead of milk)           | Y         | Y          |        |        |                |         |          |                       |       |           |        |        |         |                   |             |              |                  |          |            | 1       |         |      |             |      |       |       |          |         |          |           | 1         |
| Hot Chocolate Oat (instead of milk)                    | Y         | Y          |        |        |                |         |          |                       |       |           |        |        |         |                   | ~           |              |                  |          |            |         |         |      |             |      |       |       |          |         |          |           |           |
| Hot Chocolate Powder                                   | Y         | Y          |        |        |                |         |          |                       |       |           |        |        |         |                   |             |              |                  |          |            |         |         |      |             |      |       |       |          |         |          |           |           |
| Hot Chocolate Hazelnut                                 | Y         | •          |        |        |                |         |          |                       |       |           |        |        |         |                   |             |              |                  |          |            |         |         |      | ~           |      |       |       |          |         |          |           |           |
| Hot Chocolate Hazelnut Skimmed                         | Y         |            |        |        |                |         |          |                       |       |           |        |        |         |                   |             |              |                  |          |            |         |         |      | ~           |      |       |       |          |         |          |           |           |
| Hot Chocolate Hazelnut Soya                            | Y         | Y          |        |        |                |         |          |                       |       |           |        |        |         |                   |             |              |                  |          |            |         |         |      |             |      |       |       |          |         | >        |           |           |
| Hot Chocolate Hazelnut Rice-Coconut                    | Y         | Y          |        |        |                |         |          |                       |       |           |        |        |         |                   |             |              |                  |          |            |         |         |      |             |      |       |       |          |         | •        |           |           |
| Hot Chocolate Hazelnut Oat                             | Y         | Y          |        |        |                |         |          |                       |       |           |        |        |         |                   | ~           |              |                  |          |            |         |         |      |             |      |       |       |          |         |          |           |           |
| Smoothies  |           |            |        |        |                |         |          | 1                     |       |           |        |        |         |                   |             |              |                  |          |            |         |         |      |             |      |       |       |          |         |          |           |           |
| Berries and Cherries                                   | Y         | Y          |        |        |                |         |          |                       |       |           |        |        |         |                   |             |              |                  |          |            |         |         |      |             |      |       |       |          |         |          |           |           |
| Sweet Greens   | Y         | Y          |        |        |                |         |          |                       |       |           |        |        |         |                   |             |              |                  |          |            |         |         |      |             |      |       |       |          |         |          |           |           |
| Tropical Peach   | Y         | Y          |        |        |                |         |          |                       |       |           |        |        |         |                   |             |              |                  |          |            |         |         |      |             |      |       |       |          |         |          |           |           |

| Contents Key:<br>✔ (Product Contains)                      |        |                   |         |        |                |         |          |                          |       | B         | <b>a</b> 1 |        | st      | a                 | P            | re           | p                | <b>a</b> ] | re         | d             | D       | r     | n       | k    | S     |       |          |          |             |           |            |
|--|--------|-------------------|---------|--------|----------------|---------|----------|--------------------------|-------|-----------|------------|--------|---------|-------------------|--------------|--------------|------------------|------------|------------|---------------|---------|-------|---------|------|-------|-------|----------|----------|-------------|-----------|------------|
| Y (Suitable For)   |        |                   |         |        |                |         |          | and Bari<br>d or Bar     |       |           |            |        | rgen-fi | ree or            | suitabl      | le for t     | those v          | vith al    |            | ue to t       | he risł |       |         |      |       |       |          |          |             |           |            |
| Product  | Veget  | Ve.<br>Frie       | Peanut  |        | T              | T       | Tr       | ree Nuts                 |       | Т         |            | Sesame |         | C                 | Cereals cont | aining glute | en               | 1          | Crustacean | Celery<br>and | Egg     | Fish  |         | Milk |       | Lupin | Molluscs | Mustard  | Soya        | Sulphites | Pine Nuts  |
| Product  | arians | Vegan<br>Friendly | realiut | Almond | Brazil<br>Nuts | Cashews | Hazelnut | Macadamia                | Pecan | Pistachio | Walnut     | Sesame | Barley  | Kamult<br>(Wheat) | Oats         | Rye          | Spelt<br>(Wheat) | Wheat      | Grusiacean | celeriac      | Egg     | F1511 | Cow     | Goat | Sheep | Lupin | WOILUSUS | wustaru  | JUya        | Sulphites | Fille Nuts |
| Syrups & Toppings  |        |                   |         |        |                |         |          |                          |       |           |            |        |         |                   |              |              |                  |            |            |               |         |       |         |      |       |       |          |          |             |           |            |
| All Syrups   | Y      | Y                 |         |        |                |         |          |                          |       |           |            |        |         |                   |              |              |                  |            |            |               |         |       |         |      |       |       |          |          |             |           |            |
| Caramel Sauce  | Y      | Y                 |         |        |                |         |          |                          |       |           |            |        |         |                   |              |              |                  |            |            |               |         |       |         |      |       |       |          |          |             |           |            |
| Whipped Cream  | Y      |                   |         |        |                |         |          |                          |       |           |            |        |         |                   |              |              |                  |            |            |               |         |       | V       |      |       |       |          |          |             |           |            |
| Milk shot  |        |                   |         |        | 1              |         | 1        |                          |       |           |            |        |         |                   |              |              |                  |            | I          |               |         |       |         |      |       |       |          |          |             |           |            |
| Semi Skimmed   | Y      |                   |         |        |                |         |          |                          |       |           |            |        |         |                   |              |              |                  |            |            |               |         |       | V       |      |       |       |          |          |             |           |            |
| Skimmed  | Y      |                   |         |        |                |         |          |                          |       |           |            |        |         |                   |              |              |                  |            |            |               |         |       | V       |      |       |       |          |          |             |           |            |
| Soya (instead of milk)                                     | Y      | Y                 |         |        |                |         |          |                          |       |           |            |        |         |                   |              |              |                  |            |            |               |         |       |         |      |       |       |          |          | <b>&gt;</b> |           |            |
| Rice Coconut (instead of milk)                             | Y      | Y                 |         |        |                |         |          |                          |       |           |            |        |         |                   |              |              |                  |            |            |               |         |       |         |      |       |       |          |          |             |           |            |
| Oat (instead of milk)                                      | Y      | Y                 |         |        |                |         |          |                          |       |           |            |        |         |                   | >            |              |                  |            |            |               |         |       |         |      |       |       |          |          |             |           |            |
| Tea  |        | 7                 |         | -      |                | -       | -        |                          | -     |           |            |        |         |                   | 1            |              |                  |            |            |               |         |       |         | 1    |       |       |          |          |             |           |            |
| Ceylon Breakfast (add milk or milk<br>alernative if White) | Y      | Y                 |         |        |                |         |          |                          |       |           |            |        |         |                   |              |              |                  |            |            |               |         |       |         |      |       |       |          |          |             |           |            |
| Earl Grey (add milk or milk alernative if<br>White)        | Y      | Y                 |         |        |                |         |          |                          |       |           |            |        |         |                   |              |              |                  |            |            |               |         |       |         |      |       |       |          |          |             |           |            |
| Peppermint (add milk or milk alernative if White)          | v      | v                 |         |        |                |         |          |                          |       |           |            |        |         |                   |              |              |                  |            |            |               |         |       |         |      |       |       |          |          |             |           |            |
| ,<br>Tropical Green (add milk or milk alernative           | v      | v                 |         |        |                |         |          |                          |       |           |            |        |         |                   |              |              |                  |            |            |               |         |       |         |      |       |       |          |          |             |           |            |
| if White)<br>Milk / instead of milk cup                    | -      | -                 |         |        |                |         |          | <u> </u>                 |       |           |            |        |         |                   |              |              |                  |            | <u> </u>   |               |         |       |         |      |       |       |          |          |             |           |            |
| Semi Skimmed milk cup                                      | Y      |                   |         |        |                |         |          |                          |       |           |            |        |         |                   |              |              |                  |            |            |               |         |       | ~       |      |       |       |          |          |             |           |            |
| Skimmed milk cup   | Y      |                   |         |        |                |         |          |                          |       |           |            |        |         |                   |              |              |                  |            |            |               |         |       | ~       |      |       |       |          |          |             |           |            |
| Soya (instead of milk) cup                                 | Y      | Y                 |         |        |                |         |          |                          |       |           |            |        |         |                   |              |              |                  |            |            |               |         |       |         |      |       |       |          |          | >           |           |            |
| Rice Coconut (instead of milk) cup                         | Y      | Y                 |         | 1      |                | 1       |          | [                        |       |           |            |        |         |                   |              |              |                  |            |            |               |         |       |         |      |       |       |          |          |             |           | <u> </u>   |
| Oat (instead of milk) cup                                  | Y      | Y                 |         |        |                |         |          |                          |       |           |            |        |         |                   | ~            |              |                  |            |            |               |         |       |         |      |       |       |          |          |             |           |            |
| Babyccino  | Y      | -                 |         |        |                |         |          |                          |       |           |            |        |         |                   | •            |              |                  |            |            |               |         |       | ~       |      |       |       |          |          |             |           |            |
| We prepare our fresh f                                     |        |                   |         |        |                |         |          | y day. We<br>1 allergies |       |           |            |        |         |                   |              |              |                  |            |            |               |         |       | nnot gu |      |       |       |          | or Baris | ta-mad      | le drinks | are        |



VP Allergen Guide 12th June 2023 V1

### INTRODUCTION

Here you'll find a list of all of the products sold in our shops, with allergens listed along the top of the page for easy reference. If a product contains one of these ingredients, then you will find a tick in the corresponding box.

Where a product contains 'Cereals *Containing Gluten'* and 'Nuts: you will find specific ingredients listed (e.g., wheat, rye, oats).

#### Please remember to check our guide and the ingredient

**label regularly** as recipes do change from time to time - the last thing we want is for anyone being caught out by a new take on an old favourite.

We prepare our fresh food and Barista-made drinks in our shops every day. We use many ingredients and shared equipment, and whilst we do our best to manage allergens we cannot guarantee that any of our food or Barista-made drinks are allergen-free or suitable for those with allergies due to the risk of cross-contact. Our vegan food is made to a vegan recipe but is not suitable for those with dairy and egg allergies.

In line with the Vegan Society recommendations we at Pret are using the term *'vegan-friendly'* to label products that may not be made in dedicated vegan sites.

## The Food Standards Agency regards the following ingredients and their derivatives as allergens:

| Peanuts     | Tree Nuts                 |
|-------------|---------------------------|
| Sesame      | Cereals containing Gluten |
| Crustaceans | Celery & Celeriac         |
| Egg         | Fish                      |
| Lupin       | Milk                      |
| Mustard     | Mollusc                   |
| Soya        | Sulphites                 |
|             |                           |

In addition we also declare Pine Nuts as an allergen

If you are interested in an ingredient outside the 14 listed above please look at the ingredient list on the website or the label on the individual product.

If you have any trouble finding what you're looking for, just ask the Manager - they'll be more than happy to help.

We understand that no matter how detailed our guide is, there may be times when it can't answer the questions you may have. If you need to know more, please do visit our website at **www.pret.co.uk** or contact our Customer Service Team on **0207 827 8801.** 

This Allergen Guide only covers food and drink sold in our UK shops.



| Contents Key:<br>✔ (Product Contai                  | ns)           |              |        |          |            |        |          |           |         |           |         |         |             |                   |             |          |                  |          | hes                     |                           |      |        |             |          |        |        |         |           |            |           |          |
|---|---------------|--------------|--------|----------|------------|--------|----------|-----------|---------|-----------|---------|---------|-------------|-------------------|-------------|----------|------------------|----------|-------------------------|---------------------------|------|--------|-------------|----------|--------|--------|---------|-----------|------------|-----------|----------|
| Y (Suitable For)                                    |               |              |        |          |            |        |          |           |         |           |         |         |             |                   |             |          |                  |          | ents and s              |                           |      |        |             |          |        |        |         |           |            |           |          |
|   |               |              | guara  | antee ti | hat an     | y of o | ur food  | d or Bari | ista-ma | ide dri   | nks are | e aller |             |                   |             |          |                  |          | lergies du<br>c and egg |                           |      | of cro | ss-con      | itact. C | Jur ve | gan to | od is n | nade to a | i vegai    | i recipe  | e but 1s |
|   | <             | Ve           |        | 1        |            |        | Tr       | ee Nuts   |         |           |         |         |             |                   | ereals cont |          |                  |          | t and egg               | anergi                    | .05. |        |             | Milk     |        | 1      |         |           | <b>—</b> 7 |           |          |
| Product   | 'eg etarian s | gan Friendly | Peanut | Almond   | Brazil Nut | Cashew | Hazelnut | Macadamia | Pecan   | Pistachio | Walnut  | Sesame  | Barley      | Kamult<br>(Wheat) | Oats        | Rye      | Spelt<br>(Wheat) | Wheat    | Crustacean              | Celery<br>and<br>celeriac | Egg  | Fish   | Cow         | Goat     | Sheep  | Lupin  | Mollusc | Mustard   | Soya       | Sulphites | Pine Nut |
| Baguettes   |               |              | 1      |          |            |        |          |           |         |           |         |         |             |                   |             |          |                  |          | 1                       |                           |      |        |             |          | 1      | 1      |         |           |            |           |          |
| Artichoke, Olives & Tapenade                        | Y             | Y            |        |          |            |        |          |           |         |           |         | ٢       |             |                   |             |          |                  | •        |                         |                           |      |        |             |          |        |        |         |           |            |           |          |
| Avo, Olives & Toms                                  | Y             | Y            |        |          |            |        |          |           |         |           |         | ٢       |             |                   |             |          |                  | <b>v</b> |                         |                           |      |        |             |          |        |        |         |           |            |           | >        |
| Brie, Tomato & Basil                                | Y             |              |        |          |            |        |          |           |         |           |         |         |             |                   |             |          |                  | ¥        |                         |                           |      |        | >           |          |        |        |         |           |            |           |          |
| Cheddar, Mustard & Pickles                          | Y             |              |        |          |            |        |          |           |         |           |         | ~       |             |                   |             |          |                  | ~        |                         |                           | ~    |        | ~           |          |        |        |         | ~         |            |           |          |
| Plant Ploughmans Baguette                           | Y             | Y            |        |          |            |        |          |           |         |           |         |         |             |                   |             |          |                  | <b>v</b> |                         |                           |      |        |             |          |        |        |         |           |            |           |          |
| Vegan Eggless Mayo & Cress                          | Y             | Y            |        |          |            |        |          |           |         |           |         |         |             |                   |             |          |                  | ~        |                         |                           |      |        |             |          |        |        |         | ~         | ~          |           |          |
| Rolls   |               |              | 1      |          |            |        |          |           |         |           |         |         |             |                   |             |          |                  |          | 1                       |                           |      |        |             |          | 1      | 1      |         |           |            |           |          |
| All Day Vegan Breakfast                             | Y             | Y            |        |          |            |        |          |           |         |           |         | ¥       | ~           |                   |             | ~        |                  | ¥        |                         |                           |      |        |             |          |        |        |         | v         | <b>v</b>   |           |          |
| Avo Brunch Rye Roll                                 | Y             | -            |        |          |            |        |          |           |         |           |         | ~       | ~           |                   |             | ¥        |                  | ¥        |                         |                           | ~    |        |             |          |        |        |         | ¥         |            |           |          |
| Pesto & Mozzarella Losange                          | Y             |              |        |          |            |        |          |           |         |           |         |         |             |                   |             |          |                  | ~        |                         |                           | >    |        | ~           |          |        |        |         |           |            |           | ~        |
| Scandi Style Smoked Carrot and Eggless Tofu         | Y             | Y            |        |          |            |        |          |           |         |           |         | •       | >           |                   |             | ~        |                  | <b>~</b> |                         |                           |      |        |             |          |        |        |         |           | ~          | ~         |          |
| Mayo<br>Scandi Style Smoky Carrot Eggless Mayo Roll | ·<br>Y        | Ŷ            |        |          |            |        |          |           |         |           |         | •       |             |                   |             | <u> </u> |                  |          |                         |                           |      |        |             |          |        |        |         |           | ·<br>·     |           |          |
| Sandwiches  |               |              |        |          |            |        |          |           |         |           |         | •       | ·           |                   |             | •        |                  | •        | 1                       |                           |      |        |             |          |        |        |         |           |            |           |          |
| Festive Falafel & Squash                            | Y             | Y            |        |          |            |        |          |           |         |           |         |         | ¥           |                   |             |          |                  | ¥        |                         |                           |      |        |             |          |        |        |         |           |            |           | ~        |
| Kid's Cheese Sandwich                               | Y             |              |        |          |            |        |          |           |         |           |         |         | ~           |                   |             |          |                  | ¥        |                         |                           |      |        | <b>&gt;</b> |          |        |        |         |           |            |           |          |
| Humous & Roasted Peppers Open Sandwich              | Y             |              |        |          |            |        |          |           |         |           |         | ٢       |             |                   | <           |          |                  |          |                         |                           |      |        |             | <        | ¢      |        |         |           |            |           | •        |
| Humous & Veg  | Y             | Y            |        |          |            |        |          |           |         |           |         | ٢       | >           |                   |             |          |                  | •        |                         |                           |      |        |             |          |        |        |         |           |            |           |          |
| Sliced Egg & Cress                                  | Y             |              |        |          |            |        |          |           |         |           |         |         | <b>&gt;</b> |                   |             |          |                  | <b>v</b> |                         |                           | >    |        |             |          |        |        |         | ¥         |            |           |          |
| Smashed Avocado Open Sandwich                       | Y             | Y            |        |          |            |        |          |           |         |           |         |         |             |                   | •           |          |                  |          |                         |                           |      |        |             |          |        |        |         |           |            |           |          |
| Smoky Carrot and Falafel                            | Y             | Y            |        |          |            |        |          |           |         |           |         |         | >           |                   |             |          |                  | ~        |                         |                           |      |        |             |          |        |        |         | •         |            |           |          |
| The VLT   | Y             | Y            |        |          |            |        |          |           |         |           |         |         | >           |                   |             |          |                  | V        |                         |                           |      |        |             |          |        |        |         |           |            |           |          |
| Wraps & Flatbreads                                  | -             |              |        |          |            | -      |          |           |         |           |         |         | -           |                   |             |          |                  |          |                         |                           |      |        | -           | -        |        |        |         |           |            |           |          |
| Curried Chickepea & Mango Wrap                      | Y             | Y            |        |          |            |        |          |           |         |           |         |         |             |                   |             | •        |                  | ¥        |                         |                           |      |        |             |          |        |        |         |           |            | <b>v</b>  |          |
| Dukkah Spiced Squash & Feta Flatbread               | Y             |              |        |          |            |        |          |           |         |           |         |         |             |                   |             |          |                  | •        |                         |                           |      |        | >           | >        | ~      |        |         |           |            |           |          |
| Falafel, Avocado & Chipotle Wrap                    | Y             | Y            |        |          |            |        |          |           |         |           |         |         |             |                   |             | ¥        |                  | ¥        |                         |                           |      |        |             |          |        |        |         |           |            | ~         |          |
| Vegan Hoisin Mushroom Wrap                          | Y             | Y            |        |          |            |        |          |           |         |           |         |         |             |                   |             | •        |                  | •        |                         |                           |      |        |             |          |        |        |         |           | <b>~</b>   |           |          |
| Humous & Chipotle Wrap                              | Y             | Y            |        |          |            |        |          |           |         |           |         | •       |             |                   |             | •        |                  | ¥        |                         |                           |      |        |             |          |        |        |         |           |            |           |          |
| Korean Style Mushroom & Avo Wrap                    | Y             | Y            |        |          |            |        |          |           |         |           |         |         |             |                   |             | •        |                  | •        |                         |                           |      |        |             |          |        |        |         |           | ~          |           |          |
| Mexican Avocado Flatbread                           | Y             | Y            |        |          |            |        |          |           |         |           |         |         |             |                   |             |          |                  | <b>v</b> |                         |                           |      |        |             |          |        |        |         |           |            |           |          |
| Pesto Bean & Herb Wrap                              | Y             |              |        |          |            |        |          |           |         |           |         |         |             |                   |             | <b>v</b> |                  | <b>v</b> |                         |                           |      |        | >           |          |        |        |         |           |            | •         | •        |
| Sunshine 'N'Spice Wrap                              | Y             | Y            |        |          |            |        |          |           |         |           |         |         |             |                   |             | ¥        |                  | ¥        |                         |                           |      |        |             |          |        |        |         |           |            |           |          |
| Vegan Chilli Wrap                                   | Y             | Y            |        |          |            |        |          |           |         |           |         |         |             |                   |             | <b>v</b> |                  | ¥        |                         | <b>v</b>                  |      |        |             |          |        |        |         |           | ✓          | <b>v</b>  |          |

| Contents Key:<br>▼ (Product Contains)                      |             |                |        |        |            |        |          |           |       |           |        | Ε      | 3r     | ea                | ak         | cf            | as               | st         |                                       |                           |         |      |     |      |       |       |         |         |      |           |          |
|--|-------------|----------------|--------|--------|------------|--------|----------|-----------|-------|-----------|--------|--------|--------|-------------------|------------|---------------|------------------|------------|---------------------------------------|---------------------------|---------|------|-----|------|-------|-------|---------|---------|------|-----------|----------|
| Y (Suitable For)   |             |                | -      |        |            |        |          |           |       |           |        |        | gen-fr | ee or s           | uitabl     | le for t      | hose v           | vith al    | nts and sl<br>lergies du<br>c and egg | ie to tł                  | ne risk |      |     |      |       |       |         |         |      |           |          |
|  |             | <e<br>e</e<br> |        |        |            | -      | T        | ree Nuts  |       |           | -      |        |        | C                 | ereals con | taining glute | en               |            |                                       |                           |         |      |     | Milk | -     |       |         |         |      |           |          |
| Product  | /egetarians | igan Friendly  | Peanut | Almond | Brazil Nut | Cashew | Hazelnut | Macadamia | Pecan | Pistachic | Walnut | Sesame | Barley | Kamult<br>(Wheat) | Oats       | Rye           | Spelt<br>(Wheat) | Wheat      | Crustacean                            | Celery<br>and<br>celeriac | Egg     | Fish | Cow | Goat | Sheep | Lupin | Mollusc | Mustard | Soya | Sulphites | Pine Nut |
| Acai & Almond Butter Bowl                                  | Y           | Y              |        | ~      |            |        |          |           |       |           |        |        |        |                   | ~          |               |                  |            |                                       |                           |         |      |     |      |       |       |         |         |      |           |          |
| Avo & Mushroom Breakfast Baguette                          | Y           | Y              |        |        |            |        |          |           |       |           |        |        |        |                   |            |               |                  | >          |                                       |                           |         |      |     |      |       |       |         | 1       |      |           |          |
| Bircher Muesli   | Y           |                |        |        |            |        |          |           |       | ~         |        |        |        |                   | V          |               |                  |            |                                       |                           |         |      | ~   |      |       |       |         |         |      |           |          |
| Breakfast Baguette - Eggless Mayo & Avocado                | Y           | Y              |        |        |            |        |          |           |       |           |        |        |        |                   |            |               |                  | >          |                                       |                           |         |      |     |      |       |       |         | 1       | ~    |           |          |
| Breakfast Baguette - Eggless Mayo & Roasted Tornato        | Y           | Y              |        |        |            |        |          |           |       |           |        |        |        |                   |            |               |                  | *          |                                       |                           |         |      |     |      |       |       |         |         | ~    |           |          |
| Cashew and Cocoa Pot                                       | Y           | Y              |        |        |            | ~      |          |           |       | ~         |        |        |        |                   | ¥          |               |                  |            |                                       |                           |         |      |     |      |       |       |         |         |      |           |          |
| Cheese Twist   | Y           |                |        |        |            |        |          |           |       |           |        |        |        |                   |            |               |                  | >          |                                       |                           | >       |      | V   |      |       |       |         |         |      |           |          |
| Cinnamon Danish  | Y           |                |        |        |            |        |          |           |       |           |        |        |        |                   |            |               |                  | ~          |                                       |                           | >       |      | ~   |      |       |       |         |         |      |           |          |
| Coconut & Quinoa Porrisge                                  | Y           | Y              |        |        |            |        |          |           |       |           |        |        |        |                   | ~          |               |                  |            |                                       |                           |         |      |     |      |       |       |         |         |      |           |          |
| Coconut Porridge   | Y           | Y              |        |        |            |        |          |           |       |           |        |        |        |                   | ~          |               |                  |            |                                       |                           |         |      |     |      |       |       |         |         |      |           |          |
| Five Berry Bowl  | Y           |                |        |        |            |        |          |           |       |           |        |        |        |                   | ~          |               |                  |            |                                       |                           |         |      | ~   |      |       |       |         |         |      |           |          |
| Five Berry Pot   | Y           |                |        |        |            |        |          |           |       |           |        |        |        |                   |            |               |                  |            |                                       |                           |         |      | ~   |      |       |       |         |         |      |           |          |
| Halloumi & Egg Breakfast Bean Box                          | Y           |                |        |        |            |        |          |           |       |           |        |        |        |                   |            |               |                  |            |                                       |                           | ~       |      | ~   | ~    | •     |       |         |         |      |           |          |
| Mozzarella & Tomato Croissant                              | Y           |                |        |        |            |        |          |           |       |           |        |        |        |                   |            |               |                  | >          |                                       |                           | >       |      | ¥   |      |       |       |         |         |      |           |          |
| Pain aux Raisin  | Y           |                |        |        |            |        |          |           |       |           |        |        |        |                   |            |               |                  | >          |                                       |                           | >       |      | ~   |      |       |       |         |         |      |           |          |
| Pastel de Nata   | Y           |                |        |        |            |        |          |           |       |           |        |        |        |                   |            |               |                  | >          |                                       |                           | >       |      | ~   |      |       |       |         |         |      |           |          |
| Poached Egg & Beans Power Pot                              | Y           |                |        |        |            |        |          |           |       |           |        |        |        |                   |            |               |                  |            |                                       |                           | >       |      |     |      |       |       |         |         |      |           |          |
| Pomegranate & Honey Granola Bowl                           | Y           |                |        |        |            |        |          |           |       |           |        |        |        |                   | V          |               |                  |            |                                       |                           |         |      | ¥   |      |       |       |         |         |      |           |          |
| Porridge Topper - Chocolate, Banana & Coconut              | Y           | Y              |        |        |            |        |          |           |       |           |        |        |        |                   |            |               |                  |            |                                       |                           |         |      |     |      |       |       |         |         | •    |           |          |
| Porridge Topper - Seed & Fruit                             | Y           | Y              |        |        |            |        |          |           |       |           |        |        |        |                   |            |               |                  |            |                                       |                           |         |      |     |      |       |       |         |         |      |           |          |
| Porridge Topping - Berry Compote                           | Y           | Y              |        |        |            |        |          |           |       |           |        |        |        |                   |            |               |                  |            |                                       |                           |         |      |     |      |       |       |         |         |      |           |          |
| Porridge Topping - Honey                                   | Y           |                |        |        |            |        |          |           |       |           |        |        |        |                   |            |               |                  |            |                                       |                           |         |      |     |      |       |       |         |         |      |           |          |
| Pret's Proper Porridge                                     | Y           |                |        |        |            |        |          |           |       |           |        |        |        |                   | <b>v</b>   |               |                  |            |                                       |                           |         |      | ¥   |      |       |       |         |         |      |           |          |
| Pret's Veggie Roll   | Y           |                |        |        |            |        |          |           |       |           |        |        |        |                   |            | ~             |                  | >          |                                       |                           | >       |      | ¥   |      |       |       |         |         |      |           |          |
| Smoothie Bowl - Apricot and Pistachio Overnight Oats       | Y           | Y              |        |        |            |        |          |           |       | ~         |        |        |        |                   | ¥          |               |                  |            |                                       |                           |         |      |     |      |       |       |         |         |      | *         |          |
| Smoothie Bowl - Cocoa, Nuts & Berries                      | Y           | Y              | 1      | ~      |            | ~      | 1        | 1         | ~     | 1         | 1      |        |        |                   | ~          |               |                  |            |                                       |                           |         |      |     |      |       |       |         | 1       |      |           |          |
| Smoothie Bowl - Mango & Banana Sunshine                    | Y           | Y              |        |        |            |        |          |           |       |           |        |        |        |                   | ~          |               |                  |            |                                       |                           |         |      |     |      |       |       |         |         |      |           |          |
| Spicy Egg Roll   | Y           |                |        |        |            |        |          |           |       |           |        |        |        |                   |            | ~             |                  | ~          |                                       |                           | ,       |      | ~   |      |       |       |         |         |      |           |          |
| /egan Almond Croissant                                     | Y           | Y              |        | ~      |            |        |          |           |       |           |        |        |        |                   |            |               |                  | · ·        |                                       |                           | Ļ.      |      |     |      |       |       |         |         |      |           |          |
| /egan Chocolate Croissant                                  | Y           | Y              |        | •      |            |        |          |           |       |           |        |        |        |                   |            |               |                  | •          |                                       |                           |         |      |     |      |       |       |         |         | ~    |           | <u> </u> |
| Vegan Plain Croissant                                      | Y           | Y              |        |        |            |        |          |           |       |           |        |        |        |                   |            |               |                  | * *        |                                       |                           |         |      |     |      |       |       |         |         | •    |           |          |
| /ery Berry Croissant                                       | Y           | Y              |        |        |            |        |          |           |       |           |        |        |        |                   |            |               |                  | <b>v</b> v |                                       |                           |         |      |     |      |       |       |         |         |      |           |          |
| We prepare our fresh food and<br>or Barista-made drinks ar | l Barist    | a-mao          |        |        |            |        |          |           |       |           |        |        |        |                   |            |               |                  | hilst      |                                       |                           |         |      |     |      |       |       |         |         |      |           |          |

| Contents Key:<br>✔ (Product Contains)<br>Y (Suitable For) |             |               |        |        |           |            |   |           |       |           | ıks in | our sh | gen-fre | ery da<br>e or si | y. We<br>uitable | use m<br>for th | any in<br>ose w  | gredie<br>ith alle | S<br>ents and s<br>ergies due<br>and egg a | e to th                   | e risk ( |      |          |      |       |       |         |         |      |           |          |
|---|-------------|---------------|--------|--------|-----------|------------|---|-----------|-------|-----------|--------|--------|---------|-------------------|------------------|-----------------|------------------|--------------------|--|---------------------------|----------|------|----------|------|-------|-------|---------|---------|------|-----------|----------|
|   |             |               |        | T      |           |            | Т | ree Nuts  |       |           |        | T      |         |                   |                  | taining glute   |                  |                    | and egg a                                  | anergr                    |          | 1    |          | Milk |       |       |         |         |      |           |          |
| Product   | Vegetarians | Vegan Friendl | Peanut | Almond | Brazil Nu | t Cashew   |   | Macadamia | Pecan | Pistachio | Walnut | Sesame | Barley  | Kamult<br>(Wheat) | Oats             | Rye             | Spelt<br>(Wheat) | Wheat              | Crustacean                                 | Celery<br>and<br>celeriac | Egg      | Fish | Cow      | Goat | Sheep | Lupin | Mollusc | Mustard | Soya | Sulphites | Pine Nut |
| Apple Juice   | Y           | Y             |        |        |           |            |   |           |       |           |        |        |         |                   |                  |                 |                  |                    |  |                           |          |      |          |      |       |       |         |         |      |           |          |
| Blend Me Drink Me - Coccoa, Almond Butter & Banana        | Y           | Y             |        | ~      |           |            |   |           |       |           |        |        |         |                   | ~                |                 |                  |                    |  |                           |          |      |          |      |       |       |         |         |      |           |          |
| Breakfast Smoothie  | Y           |               |        | •      |           |            |   |           |       |           |        |        |         |                   |                  |                 |                  |                    |  |                           |          |      | <b>.</b> |      |       |       |         |         |      |           |          |
| Coke (all types)  | Y           | Y             |        |        |           |            |   |           |       |           |        |        |         |                   |                  |                 |                  |                    |  |                           |          |      | •        |      |       |       |         |         |      |           |          |
| Cranberry & Raspberry Pure Pret Still                     | Y           | Y             |        |        |           |            |   |           |       |           |        |        |         |                   |                  |                 |                  |                    |  |                           |          |      |          |      |       |       |         |         |      |           |          |
| Daily Greens  | Ŷ           | Ŷ             |        |        |           |            |   |           |       |           |        |        |         |                   |                  |                 |                  |                    |  |                           |          |      |          |      |       |       |         |         |      |           |          |
| Easy Greens   | Y           | Y             |        |        |           |            |   |           |       |           |        |        |         |                   |                  |                 |                  |                    |  |                           |          |      |          |      |       |       |         |         |      |           |          |
| Ginger Shot   | Y           | Y             |        |        |           |            |   |           |       |           |        |        |         |                   |                  |                 |                  |                    |  |                           |          |      |          |      |       |       |         |         |      |           |          |
| Green Tea & Peach Pret Still                              | Y           | Y             |        |        |           |            |   |           |       |           |        |        |         |                   |                  |                 |                  |                    |  |                           |          |      |          |      |       |       |         |         |      |           |          |
| Pure Pret Green Tea Yoga Bunny                            | Y           | Y             |        |        |           |            |   |           |       |           |        |        |         |                   |                  |                 |                  |                    |  |                           |          |      |          |      |       |       |         |         |      |           |          |
| Hot Shot  | Y           |               |        |        |           |            |   |           |       |           |        |        |         |                   |                  |                 |                  |                    |  |                           |          |      |          |      |       |       |         |         |      |           |          |
| Lemon & Ginger Pret Still                                 | Y           | Y             |        |        |           |            |   |           |       |           |        |        |         |                   |                  |                 |                  |                    |  |                           |          |      |          |      |       |       |         |         |      |           |          |
| Mango Smoothie  | Y           |               |        |        |           |            |   |           |       |           |        |        |         |                   |                  |                 |                  |                    |  |                           |          |      |          |      |       |       |         |         |      |           |          |
| Mango, Passion Fruit & Lime Pret Still                    | Y           | Y             |        |        |           |            |   |           |       |           |        |        |         |                   |                  |                 |                  |                    |  |                           |          |      |          |      |       |       |         |         |      |           |          |
| Orange Juice (both sizes)                                 | Y           |               |        |        |           |            |   |           |       |           |        |        |         |                   |                  |                 |                  |                    |  |                           |          |      |          |      |       |       |         |         |      |           |          |
| Pret Apple Fizz   | Y           | Y             |        |        |           |            |   |           |       |           |        |        |         |                   |                  |                 |                  |                    |  |                           |          |      |          |      |       |       |         |         |      |           |          |
| Pret Cumcumber & Mint Seltzer                             | Y           | Y             |        |        |           |            |   |           |       |           |        |        |         |                   |                  |                 |                  |                    |  |                           |          |      |          |      |       |       |         |         |      |           |          |
| Pret Ginger Beer  | Y           | Y             |        |        |           |            |   |           |       |           |        |        |         |                   |                  |                 |                  |                    |  |                           |          |      |          |      |       |       |         |         |      |           |          |
| Pret Ginger Kombucha                                      | Y           | Y             |        |        |           |            |   |           |       |           |        |        |         |                   |                  |                 |                  |                    |  |                           |          |      |          |      |       |       |         |         |      |           |          |
| Pret Grape & Elderflower                                  | Y           | Y             |        |        |           |            |   |           |       |           |        |        |         |                   |                  |                 |                  |                    |  |                           |          |      |          |      |       |       |         |         |      |           |          |
| Pret Lime & Raspberry Seltzer                             | Y           | Y             |        |        |           |            |   |           |       |           |        |        |         |                   |                  |                 |                  |                    |  |                           |          |      |          |      |       |       |         |         |      |           |          |
| Pret Rhubarb Lemonade                                     | Y           | Y             |        |        |           |            |   |           |       |           |        |        |         |                   |                  |                 |                  |                    |  |                           |          |      |          |      |       |       |         |         |      |           |          |
| Ready to Drink Black Coffee                               | Y           | Y             |        |        |           |            |   |           |       |           |        |        |         |                   |                  |                 |                  |                    |  |                           |          |      |          |      |       |       |         |         |      |           |          |
| Ready to Drink Latte                                      | Y           |               |        |        |           |            |   |           |       |           |        |        |         |                   |                  |                 |                  |                    |  |                           |          |      | •        |      |       |       |         |         |      |           |          |
| Ready to Drink Mocha                                      | Y           |               |        |        |           |            |   |           |       |           |        |        |         |                   |                  |                 |                  |                    |  |                           |          |      | •        |      |       |       |         |         |      |           |          |
| Roots & Fruits Juice                                      | Y           | Y             |        |        |           |            |   |           |       |           |        |        |         |                   |                  |                 |                  |                    |  |                           |          |      |          |      |       |       |         |         |      |           |          |
| Sparkling Spring Water                                    | Y           | Y             |        |        |           |            |   |           |       |           |        |        |         |                   |                  |                 |                  |                    |  |                           |          |      |          |      |       |       |         |         |      |           |          |
| Still Water 500ml   | Y           | Y             |        |        |           |            |   |           |       |           |        |        |         |                   |                  |                 |                  |                    |  |                           |          |      |          |      |       |       |         |         |      |           |          |
| Still Water 750ml   | Y           | Y             |        |        |           |            |   |           |       |           |        |        |         |                   |                  |                 |                  |                    |  |                           |          |      |          |      |       |       |         |         |      |           |          |
| Vitamin Volcano   | Y           |               |        |        |           |            |   |           |       |           |        |        |         |                   |                  |                 |                  |                    |  |                           |          |      |          |      |       |       |         |         |      |           |          |
| We proper our fresh food and                              | D           | 4             | a. a.: |        |           | - <b>b</b> |   |           |       |           |        | 1      |         |                   |                  |                 |                  |                    |  |                           |          |      | - 11     |      |       |       |         |         |      |           | 6 I      |

| Contents Key:<br>✔ (Product Contains)<br>Y (Suitable For) |           |            |        |        |            |         |          | ıd Barista<br>or Barista |        |            |        |        | ps eve<br>en-free | or sui                  | . We ı<br>itable    | ise ma<br>for th    | any ing<br>ose wi | th alle  |            | e to th                   | e risk |      |     |              |       |       |         |         |      |           |          |
|---|-----------|------------|--------|--------|------------|---------|----------|--------------------------|--------|------------|--------|--------|-------------------|-------------------------|---------------------|---------------------|-------------------|----------|------------|---------------------------|--------|------|-----|--------------|-------|-------|---------|---------|------|-----------|----------|
| Product   | Vegetaria | Vegan Frie | Peanut | Almond | Provil Nut | Cashew  |          | ee Nuts<br>Macadamia     | Bassan | Pistachio  | Moleut | Sesame | Barley            | Ce<br>Kamult<br>(Wheat) | ereals cont<br>Oats | aining glute<br>Rye |                   | Wheat    | Crustacean | Celery<br>and<br>celeriac | Egg    | Fish | Cow | Milk<br>Goat | Sheep | Lupin | Mollusc | Mustard | Soya | Sulphites | Pine Nut |
|   | ans       | andly      |        | Almond | Diazii Nut | Gastiew | Hazeinut | Macaualinia              | Pecali | FISCACITIO | wainut |        | Daliey            | (Wheat)                 | Uats                | Rye                 | (Wheat)           | VV HISAL |            | Celenac                   |        |      | COW | Guat         | Sneep |       |         |         |      |           |          |
| Apple   | Y         | Y          |        |        |            |         |          |                          |        |            |        |        |                   |                         |                     |                     |                   |          |            |                           |        |      |     |              |       |       |         |         |      |           |          |
| Banana  | Y         | Y          |        |        |            |         |          |                          |        |            |        |        |                   |                         |                     |                     |                   |          |            |                           |        |      |     |              |       |       |         |         |      |           |          |
| Fruit Salad   | Y         | Y          |        |        |            |         |          |                          |        |            |        |        |                   |                         |                     |                     |                   |          |            |                           |        |      |     |              |       |       |         |         |      |           |          |
| Mango & Lime  | Y         | Y          |        |        |            |         |          |                          |        |            |        |        |                   |                         |                     |                     |                   |          |            |                           |        |      |     |              |       |       |         |         |      |           |          |
| Melon & Blueberry   | Y         | Y          |        |        |            |         |          |                          |        |            |        |        |                   |                         |                     |                     |                   |          |            |                           |        |      |     |              |       |       |         |         |      |           |          |
| Superfruit  | Y         | Y          |        |        |            |         |          |                          |        |            |        |        |                   |                         |                     |                     |                   |          |            |                           |        |      |     |              |       |       |         |         |      |           |          |
| We prepare our fresh fo<br>food or Barista-made dr        |           |            |        |        |            |         | -        |                          |        |            |        |        |                   |                         |                     | -                   | -                 |          |            |                           |        |      |     |              |       |       |         |         |      |           |          |

| Contents Key:<br>✓ (Product Contains)         |            |              |        |        |           | 2        |          | 15        |       |           |        |          |        | eť                |                    |                   |                   |          |                                      |                           |          |      |     |        |       |       |         |         |      |           |          |
|---|------------|--------------|--------|--------|-----------|----------|----------|-----------|-------|-----------|--------|----------|--------|-------------------|--------------------|-------------------|-------------------|----------|--------------------------------------|---------------------------|----------|------|-----|--------|-------|-------|---------|---------|------|-----------|----------|
| Y (Suitable For)                              |            |              |        |        |           |          | ır food  | or Baris  |       |           |        |          |        | e or su<br>suit   | iitable<br>able fo | for th<br>or thos | ose wi<br>se with | ith alle | ients and<br>ergies due<br>and egg a | e to the                  | e risk o |      |     | act. O |       |       |         |         |      |           |          |
|   | <          | Ve           |        |        | r         | <b>1</b> | Tre      | e Nuts    | 1     |           |        |          |        | С                 | ereals cont        | taining glute     | en                |          |                                      |                           |          |      |     | Milk   |       |       |         |         |      |           |          |
| Product                                       | egetarians | gan Friendly | Peanut | Almond | Brazil Nu | t Cashew | Hazelnut | Macadamia | Pecan | Pistachio | Walnut | Sesame   | Barley | Kamult<br>(Wheat) | Oats               | Rye               | Spelt<br>(Wheat)  | Wheat    | Crustacean                           | Celery<br>and<br>celeriac | Egg      | Fish | Cow | Goat   | Sheep | Lupin | Mollusc | Mustard | Soya | Sulphites | Pine Nut |
| Coconut Curry Hot Box                         | Y          | Y            |        |        |           |          |          |           |       |           |        |          |        |                   |                    |                   |                   |          |                                      |                           |          |      |     |        |       |       |         |         |      |           |          |
| Chilli Enchilada                              | Y          | Y            |        |        |           |          |          |           |       |           |        |          |        |                   |                    | >                 |                   | >        |                                      | >                         |          |      |     |        |       |       |         |         | >    |           |          |
| Falafel & Halloumi Hot Wrap                   | Y          |              |        |        |           |          |          |           |       |           |        |          |        |                   |                    | ~                 |                   | >        |                                      |                           |          |      | >   | <      | >     |       |         |         |      |           |          |
| Feta & Red Pepper Omelette                    | Y          |              |        |        |           |          |          |           |       |           |        |          |        |                   |                    |                   |                   |          |                                      |                           | •        |      |     | •      | ~     |       |         |         |      |           |          |
| Garlic & Herb Swirl                           | Y          |              |        |        |           |          |          |           |       |           |        |          |        |                   |                    |                   |                   | >        |                                      |                           | •        |      | •   |        |       |       |         |         |      |           |          |
| Meatless Meatball & Feta Hot Rice Bowl        | Y          |              |        |        |           |          |          |           |       |           |        |          |        |                   |                    |                   |                   |          |                                      |                           |          |      |     | •      | ~     |       |         |         |      |           |          |
| Meatless Meatball Hot Wrap                    | Y          | Y            |        |        |           |          |          |           |       |           |        |          |        |                   |                    | ~                 |                   | >        |                                      |                           |          |      |     |        |       |       |         |         |      |           |          |
| Meatless Meatball Protein Pot                 | Y          | Y            |        |        |           |          |          |           |       |           |        |          |        |                   |                    |                   |                   |          |                                      |                           |          |      |     |        |       |       |         |         |      |           |          |
| Vegan Mac n Greens                            | Y          | Y            |        |        |           |          |          |           |       |           |        |          |        |                   |                    |                   |                   | >        |                                      |                           |          |      |     |        |       |       |         |         | ~    |           |          |
| Vegan Ragu & Red Pepper Hot Wrap              | Y          | Y            |        |        |           |          |          |           |       |           |        |          |        |                   |                    | •                 |                   | >        |                                      | >                         |          |      |     |        |       |       |         |         |      |           |          |
| Spicy No'Duja & Tomato Macaroni               | Y          | Y            |        |        |           |          |          |           |       |           |        |          |        |                   |                    |                   |                   | >        |                                      |                           |          |      |     |        |       |       |         |         |      |           |          |
| Falafel , Halloumi & Pickles Roll             | Y          |              |        |        |           |          |          |           |       |           |        |          |        |                   |                    | ~                 |                   | >        |                                      |                           |          |      | ~   | <      | ~     |       |         | V       |      |           |          |
| Soup  |            |              |        |        |           |          |          |           |       |           |        |          |        |                   |                    |                   |                   |          |                                      |                           |          |      |     |        |       |       |         |         |      |           |          |
| Red Thai Veg                                  | Y          | Y            |        |        |           |          |          |           |       |           |        |          |        |                   |                    |                   |                   |          |                                      |                           |          |      |     |        |       |       |         |         | •    |           |          |
| Souper Tomato                                 | Y          | Y            |        |        |           |          |          |           |       |           |        |          |        |                   |                    |                   |                   |          |                                      |                           |          |      |     |        |       |       |         |         |      |           |          |
| Black Bean Taco                               | Y          | Y            |        |        |           |          |          |           |       |           |        |          |        |                   |                    |                   |                   |          |                                      |                           |          |      |     |        |       |       |         |         | ~    |           |          |
| Barley & Rye Soup Roll                        | Y          | Y            |        |        |           |          |          |           |       |           |        | <b>~</b> | •      |                   |                    | ~                 |                   | >        |                                      |                           |          |      |     |        |       |       |         |         |      |           |          |
| Sunshine Dhal                                 | Y          | Y            |        |        |           |          |          |           |       |           |        |          |        |                   |                    |                   |                   |          |                                      |                           |          |      |     |        |       |       |         |         |      |           |          |
| Toasties & Focaccia                           |            |              |        |        |           |          |          |           |       |           |        |          |        |                   |                    |                   |                   |          |                                      |                           |          |      |     |        |       |       |         |         |      |           |          |
| Classic Cheese Toastie                        | Y          |              |        |        |           |          |          |           |       |           |        |          | >      |                   | >                  | >                 |                   | >        |                                      |                           | ٢        |      | <   |        |       |       |         | •       |      |           |          |
| Mozzarella, Pesto & Roasted Tomatoes Focaccia | Y          |              |        |        |           |          |          |           |       |           |        |          |        |                   |                    |                   |                   | >        |                                      |                           |          |      | >   |        |       |       |         |         |      |           | ~        |

| Contents Key:<br>✔ (Product Contains)<br>Y (Suitable For) |             |               |        |        |            |        |          |           |       | de drir   | nks in | our sh | ops ev<br>gen-fro | very da<br>ee or s | ıy. We<br>uitable | use n<br>e for tl | nany in<br>nose w | igredie<br>ith all | <b>1C</b><br>ents and sh<br>ergies due<br>and egg al | to the                    | risk o |      |     |      |       |       |         |         |      |           |          |
|---|-------------|---------------|--------|--------|------------|--------|----------|-----------|-------|-----------|--------|--------|-------------------|--------------------|-------------------|-------------------|-------------------|--------------------|--|---------------------------|--------|------|-----|------|-------|-------|---------|---------|------|-----------|----------|
|   | ١           | Ve            |        |        | •          |        | Tree     | e Nuts    |       |           |        |        |                   | C                  | ereals cont       | aining glute      | en                |                    |  |                           |        |      |     | Milk |       |       |         |         |      |           |          |
| Product   | /egetarians | sgan Friendly | Peanut | Almond | Brazil Nut | Cashew | Hazelnut | Macadamia | Pecan | Pistachio | Walnut | Sesame | Barley            | Kamult<br>(Wheat)  | Oats              | Rye               | Spelt<br>(Wheat)  | Wheat              | Crustacean   | Celery<br>and<br>celeriac | Egg    | Fish | Cow | Goat | Sheep | Lupin | Mollusc | Mustard | Soya | Sulphites | Pine Nut |
| Coffee - Classic Blend Ground                             | Y           | Y             |        |        |            |        |          |           |       |           |        |        |                   |                    |                   |                   |                   |                    |  |                           |        |      |     |      |       |       |         |         |      |           |          |
| Coffee - Espresso Beans                                   | Y           | Y             |        |        |            |        |          |           |       |           |        |        |                   |                    |                   |                   |                   |                    |  |                           |        |      |     |      |       |       |         |         |      |           |          |
| Coffee - Single Origin Ground                             | Y           | Y             |        |        |            |        |          |           |       |           |        |        |                   |                    |                   |                   |                   |                    |  |                           |        |      |     |      |       |       |         |         |      |           |          |
| Pret at Home Bircher Museli                               | Y           | Y             |        |        |            |        |          |           |       |           |        |        |                   |                    | >                 |                   |                   |                    |  |                           |        |      |     |      |       |       |         |         |      | ٨         |          |
| Pret at Home Dark Chocolate & Almond Granola              | Y           | Y             |        | ¢      |            |        |          |           |       |           |        |        |                   |                    | >                 |                   |                   |                    |  |                           |        |      |     |      |       |       |         |         | •    |           |          |
| Pret at Home Classic Granola                              | Y           | Y             |        |        |            |        |          |           |       |           |        |        |                   |                    | >                 |                   |                   |                    |  |                           |        |      |     |      |       |       |         |         |      |           |          |
| Pret at Home Oat & Coconut Crunch Granola                 | Y           | Y             |        |        |            |        |          |           |       |           |        |        |                   |                    | >                 |                   |                   |                    |  |                           |        |      |     |      |       |       |         |         |      |           |          |
| Pret's Organic Aluminium Capsules Classic Blend           | Y           | Y             |        |        |            |        |          |           |       |           |        |        |                   |                    |                   |                   |                   |                    |  |                           |        |      |     |      |       |       |         |         |      |           |          |
| Pret's Organic Aluminium Capsules Espresso Blend          | Y           | Y             |        |        |            |        |          |           |       |           |        |        |                   |                    |                   |                   |                   |                    |  |                           |        |      |     |      |       |       |         |         |      |           |          |

or Barista-made drinks are allergen-free or suitable for those with allergies due to the risk of cross-contact. Our vegan food is made to a vegan recipe but is not suitable for those with milk and egg allergies.

| Contents Key:<br>✔ (Product Contains)<br>Y (Suitable For) |           |             |        | XX7    |            |          | 1.6      | 1 15                    |       | 1 1 1     |        |        |        |                   | ala                 |                  |                  |          |            |                 |        |      |     | 1.11.4 |       |       |         |         |      |           |          |
|---|-----------|-------------|--------|--------|------------|----------|----------|-------------------------|-------|-----------|--------|--------|--------|-------------------|---------------------|------------------|------------------|----------|------------|-----------------|--------|------|-----|--------|-------|-------|---------|---------|------|-----------|----------|
|   |           |             |        |        |            |          | our food | d and Bar<br>d or Baris |       |           |        |        |        | e or su<br>suita  | itable f<br>ble foi | for the<br>those | ose wit<br>with  | th aller |            | to the          | risk o |      |     | act. O |       |       |         |         |      |           |          |
|   | \_e       | Veg         |        |        |            |          | Т        | ree Nuts                | 1     | 1         | 1      |        |        | (                 | Cereals cont        | aining glute     | en               | 1        | -          | Celery          |        |      |     | Milk   | -     |       |         |         |      |           |          |
| Product   | getarians | an Friendly | Peanut | Almond | Brazil Nut | t Cashew | Hazelnut | Macadamia               | Pecan | Pistachio | Walnut | Sesame | Barley | Kamult<br>(Wheat) | Oats                | Rye              | Spelt<br>(Wheat) | Wheat    | Crustacean | and<br>celeriac | Egg    | Fish | Cow | Goat   | Sheep | Lupin | Mollusc | Mustard | Soya | Sulphites | Pine Nut |
| Egg & Spinach Pot   | Y         |             |        |        |            |          |          |                         |       |           |        |        |        |                   |                     |                  |                  |          |            |                 | ~      |      |     |        |       |       |         |         |      |           |          |
| Chickpea, Avo & Egg Bowl                                  | Y         |             |        |        |            |          |          |                         |       |           |        | ~      |        |                   |                     |                  |                  |          |            |                 | ~      |      |     |        |       |       |         |         |      |           |          |
| Petite Grek Salad   | Y         |             |        |        |            |          |          |                         |       |           |        |        |        |                   |                     |                  |                  |          |            |                 |        |      | ~   |        |       |       |         |         |      |           |          |
| Humous and Falafel Mezze                                  | Y         | Υ           |        |        |            |          |          |                         |       |           |        | ~      |        |                   |                     |                  |                  |          |            |                 |        |      |     |        |       |       |         |         |      |           |          |
| Miso Aubergine Salad Bowl                                 | Y         |             |        |        |            |          |          |                         |       |           |        | ~      |        |                   |                     |                  |                  | ~        |            |                 | ~      |      |     |        |       |       |         |         | ~    |           |          |
| Marinated Tofu Poke Bowl                                  | Y         | Y           |        |        |            |          |          |                         |       |           |        | ~      |        |                   |                     |                  |                  |          |            |                 |        |      |     |        |       |       |         |         | ~    |           |          |
| Mexican Style Chipotle Chickpea Salad Bowl                | Y         |             |        |        |            |          |          |                         |       |           |        |        |        |                   |                     |                  |                  |          |            |                 |        |      | ~   |        |       |       |         |         |      | ~         |          |
| Pesto Pasta and Mozzarella Salad                          | Y         |             |        |        |            |          |          |                         |       |           |        |        |        |                   |                     |                  |                  | ~        |            |                 |        |      | ~   |        |       |       |         |         |      | ~         | ~        |
| Sticky Korean Style Mushroom Salad                        | Y         |             |        |        |            |          |          |                         |       |           |        | ~      |        |                   |                     |                  |                  |          |            |                 | ~      |      |     |        |       |       |         |         | ~    |           |          |
| Sticky Mushroom Salad Bowl                                | Y         | Y           |        |        |            |          |          |                         |       |           |        |        |        |                   |                     |                  |                  | ~        |            |                 |        |      |     |        |       |       |         |         | ~    |           |          |
| Sweet Potato Falafel Mezze Salad                          | Y         | Y           |        |        |            |          |          |                         |       |           |        | ~      | ~      |                   |                     |                  |                  |          |            |                 |        |      |     |        |       |       |         |         |      |           |          |
| Dressings   |           |             |        |        |            |          |          |                         |       |           |        |        |        |                   |                     |                  |                  |          |            |                 |        |      |     |        |       |       |         |         |      |           |          |
| Chilli & Lime Dressing                                    | Y         | Y           |        |        |            |          |          |                         |       |           |        |        |        |                   |                     |                  |                  |          |            |                 |        |      |     |        |       |       |         |         |      |           |          |
| French Dressing   | Y         | Y           |        |        |            |          |          |                         |       |           |        |        |        |                   |                     |                  |                  |          |            |                 |        |      |     |        |       |       |         |         |      |           |          |

| Contents Key:<br>✔ (Product Contains) |           |             |        |          |                  |         |          |                         |          |           |        |        | S      | n                 | a           | ck           | S                |         |            |                 |         |      |     |      |       |       |          |         |      |           |           |
|---------------------------------------|-----------|-------------|--------|----------|------------------|---------|----------|-------------------------|----------|-----------|--------|--------|--------|-------------------|-------------|--------------|------------------|---------|------------|-----------------|---------|------|-----|------|-------|-------|----------|---------|------|-----------|-----------|
| Y (Suitable For)                      |           |             |        |          |                  |         |          | nd Barist<br>d or Baris |          |           |        |        | gen-fi | ree or s          | uitabl      | e for t      | hose v           | vith al |            | ue to tl        | he risk |      |     |      |       |       |          |         |      |           |           |
|                                       | Ve        | Vega        |        |          |                  |         | Т        | ree Nuts                |          |           |        |        |        | C                 | ereals cont | aining glute | n                |         |            | Celery          |         |      |     | Milk |       |       |          |         |      |           |           |
| Product                               | getarians | in Friendly | Peanut | Almond   | d Brazil<br>Nuts | Cashews | Hazelnut | Macadamia               | Pecan    | Pistachio | Walnut | Sesame | Barley | Kamult<br>(Wheat) | Oats        | Rye          | Spelt<br>(Wheat) | Wheat   | Crustacean | and<br>celeriac | Egg     | Fish | Cow | Goat | Sheep | Lupin | Molluscs | Mustard | Soya | Sulphites | Pine Nuts |
| Snacks<br>Almond Butter Protein Ball  | Y         | Y           |        | <b>V</b> |                  | 1       | 1        |                         | <b>I</b> | <b>I</b>  | 1      |        |        |                   |             |              |                  |         |            | 1               |         |      |     |      |       |       |          |         | ~    |           |           |
| Easy Peasy Almond Squeezy             | Y         | Ŷ           |        |          |                  | 1       |          |                         |          |           |        |        |        |                   |             |              |                  |         |            |                 |         |      |     |      |       |       |          |         |      |           |           |
| Chilli, Bean & Seed Tortilla Chips    | Y         | Υ           |        |          |                  |         |          |                         |          |           |        |        |        |                   |             |              |                  |         |            |                 |         |      |     |      |       |       |          |         |      |           |           |
| Almond Butter Bites                   | Y         |             |        | ~        |                  |         |          |                         |          |           |        |        |        |                   |             |              |                  |         |            |                 |         |      |     |      |       |       |          |         | ~    |           |           |
| Cranberries in Coats                  | Y         |             |        |          |                  |         |          |                         |          |           |        |        |        |                   |             |              |                  |         |            |                 |         |      | ~   |      |       |       |          |         |      |           |           |
| Salted Crunchy Corn                   | Y         | Y           |        |          |                  |         |          |                         | 1        | 1         |        | 1      |        |                   |             |              |                  |         |            |                 |         |      |     |      |       |       |          |         |      |           |           |
| Dark Chocolate Salted Almonds         | Y         | Y           |        | ~        |                  |         |          |                         |          |           |        |        |        |                   |             |              |                  |         |            |                 |         |      |     |      |       |       |          |         | ~    |           |           |
| Mature Cheddar & Red Onion Crisps     | Y         |             |        |          |                  | 1       |          |                         | -        | -         |        |        |        |                   |             |              |                  |         |            |                 |         |      | ~   |      |       |       |          |         |      |           |           |
| Milliways Peppermint Chewing Gum      | Y         | Y           |        |          |                  |         |          |                         |          |           |        |        |        |                   |             |              |                  |         |            |                 |         |      |     |      |       |       |          |         |      |           |           |
| Fruit, Nuts & Chocolate               | Y         |             |        | ~        |                  |         |          |                         |          |           |        | 1      |        |                   |             |              |                  |         |            |                 |         |      | ~   |      |       |       |          |         | ~    |           |           |
| Pret A Mango                          | Y         | Y           |        |          |                  |         |          |                         |          |           |        |        |        |                   |             |              |                  |         |            |                 |         |      |     |      |       |       |          |         |      |           |           |
| Sea Salt & Cider Vinegar Crisps       | Y         | Y           |        |          |                  |         |          |                         |          |           |        |        |        |                   |             |              |                  |         |            |                 |         |      |     |      |       |       |          |         |      |           |           |
| Sea Salt Crisps                       | Y         | Y           |        |          |                  |         |          |                         |          |           |        |        |        |                   |             |              |                  |         |            |                 |         |      |     |      |       |       |          |         |      |           |           |
| Sea Salt Popocrn                      | Y         | Y           |        |          |                  |         |          |                         |          |           |        |        |        |                   |             |              |                  |         |            |                 |         |      |     |      |       |       |          |         |      |           |           |
| Smoky Chipotle Crisps                 | Y         | Y           |        |          |                  |         |          |                         |          |           |        |        |        |                   |             |              |                  |         |            |                 |         |      |     |      |       |       |          |         |      |           |           |
| Sweet & Salt Popcorn                  | Y         | Y           |        |          |                  |         |          |                         |          |           |        |        |        |                   |             |              |                  |         |            |                 |         |      |     |      |       |       |          |         |      |           |           |
| 3BQ Popped Chickpea Chips             | Y         | Ŷ           |        |          |                  |         |          |                         |          |           |        |        |        |                   |             |              |                  |         |            |                 |         |      |     |      |       |       |          |         |      |           |           |
| Fruit & Seed Bite                     | Y         | Y           |        |          |                  |         |          |                         |          |           |        |        |        |                   |             |              |                  |         |            |                 |         |      |     |      |       |       |          |         |      |           |           |

| Contents Key:<br>✔ (Product Contains)         |           |             |        |        |            |         |          |                        |        |           |         |         |        |                    |              |               |                  |          | ts         |          |         |          |          |         |         |       |         |         |          |           |          |
|---|-----------|-------------|--------|--------|------------|---------|----------|------------------------|--------|-----------|---------|---------|--------|--------------------|--------------|---------------|------------------|----------|------------|----------|---------|----------|----------|---------|---------|-------|---------|---------|----------|-----------|----------|
| Y (Suitable For)                              |           |             |        |        |            |         |          | nd Barist<br>d or Bari |        |           |         |         | gen-fi | ree or s           | suitabl      | le for 1      | hose v           | with al  |            | ue to th | ne risk |          |          |         |         |       |         |         |          |           |          |
|   | Ve        | Vega        |        |        |            |         | Т        | ree Nuts               |        |           |         |         |        | C                  | Cereals cont | taining glute | n                |          |            | Celerv   |         |          |          | Milk    |         |       |         |         |          |           |          |
| Product                                       | getarians | an Friendly | Peanut | Almond | Brazil Nut | Cashew  | Hazelnut | Macadamia              | Pecan  | Pistachio | Walnut  | Sesame  | Barley | Kamult<br>(Wheat)  | Oats         | Rye           | Spelt<br>(Wheat) | Wheat    | Crustacean | and      | Egg     | Fish     | Cow      | Goat    | Sheep   | Lupin | Mollusc | Mustard | Soya     | Sulphites | Pine Nut |
| weet Treats                                   |           |             |        |        |            |         |          |                        |        | 1         |         |         |        | 1                  |              |               |                  |          |            |          |         |          |          |         |         |       |         |         |          |           |          |
| Imond Butter Bites                            | Y<br>Y    |             |        | ~      |            |         |          |                        |        |           |         |         |        |                    |              |               |                  |          |            |          |         |          |          |         |         |       |         |         | <b>V</b> |           |          |
| Banana Cake<br>Blackforest Dessert Pot        | Y         |             |        |        |            |         |          |                        |        |           |         |         |        |                    |              |               |                  | ~        |            |          | >       |          | ~        |         |         |       |         |         | ~ ~      |           |          |
| Caramel Waffle                                | Ŷ         |             |        |        |            |         |          |                        |        |           |         |         |        |                    |              |               |                  | <b>v</b> |            |          |         |          |          |         |         |       |         |         | ~        |           |          |
| Carrot Cake                                   | Ŷ         |             |        |        |            |         |          |                        |        |           | ~       |         |        |                    |              |               |                  | V        |            |          | ~       |          | · ·      |         |         |       |         |         | •        |           |          |
| Choc Bar                                      | Y         |             |        |        |            |         |          |                        |        |           |         |         |        |                    |              |               |                  | ~        |            |          |         |          | -        |         |         |       |         |         | •        |           |          |
| Chocolate Orange Loaf Cake                    | Ŷ         |             |        |        |            |         |          |                        |        |           |         |         |        |                    |              |               |                  | ~        |            |          | ~       |          | ~        |         |         |       |         |         | •        |           |          |
| Chocolate Brownie Bar                         | Y         |             |        |        |            |         |          |                        |        |           |         |         |        |                    |              |               |                  | ~        |            |          | ~       |          | ~        |         |         |       |         |         | <        |           |          |
| Chocolate Moose                               | Y         |             |        |        |            |         |          |                        |        |           |         |         |        |                    |              |               |                  |          |            |          | · ·     |          | ~        |         |         |       |         |         | ~        |           |          |
| Chocolatey Coconut Bite                       | Y         | Y           |        |        |            |         |          |                        |        |           |         |         |        |                    |              |               |                  |          |            |          |         |          |          |         |         |       |         |         | <        |           |          |
| Dark Chocolate & Almond Butter Cookie         | Y         | Y           |        | ~      |            |         |          |                        |        |           |         |         |        |                    |              |               |                  | ~        |            |          |         |          |          |         |         |       |         |         |          |           |          |
| Dark Chocolate Corn Cakes                     | Y         |             |        |        |            |         |          |                        |        |           |         |         |        |                    |              |               |                  |          |            |          |         |          |          |         |         |       |         |         | <        |           |          |
| Dark Chocolate with Sea Salt                  | Y         |             |        |        |            |         |          |                        |        |           |         |         |        |                    |              |               |                  |          |            |          |         |          |          |         |         |       |         |         | •        |           |          |
| Double Berry Muffin                           | Y         |             |        |        |            |         |          |                        |        |           |         |         |        |                    |              |               |                  | ~        |            |          | ~       |          | ~        |         |         |       |         |         |          |           |          |
| Espresso Mini Loaf Cake                       | Y         |             |        |        |            |         |          |                        |        |           |         |         |        |                    |              |               |                  | ~        |            |          | >       |          | <b>~</b> |         |         |       |         |         | •        |           |          |
| Fruit Oat & Spelt Cookie                      | Y         |             |        |        | 1          |         |          |                        |        |           |         |         |        |                    | ~            |               | ~                |          |            |          |         |          | -        |         |         |       |         |         |          |           |          |
| Hazelnut Truffles                             | Y         | Y           |        |        |            |         | <b>v</b> |                        |        |           |         |         |        |                    |              |               |                  |          |            |          |         |          |          |         |         |       |         |         |          |           |          |
| Lemon Cheesecake                              | Y         |             |        |        |            |         |          |                        |        |           |         |         |        |                    |              |               |                  | ~        |            |          | ~       |          | ~        |         |         |       |         |         |          |           |          |
| .ove Bar                                      | Y         |             |        | ~      |            |         |          |                        |        | ~         |         |         |        |                    | ~            |               |                  |          |            |          |         |          | ~        |         |         |       |         |         | ~        |           |          |
| Milk Chocolate Bar                            | Y         |             |        |        |            |         |          |                        |        |           |         |         |        |                    |              |               |                  |          |            |          |         |          | ~        |         |         |       |         |         | ~        |           |          |
| Popcorn Bar                                   | Y         |             |        |        |            |         |          |                        |        |           |         |         |        |                    |              |               |                  |          |            |          |         |          | ~        |         |         |       |         |         | ~        |           |          |
| Pret Bar                                      | Y         |             |        |        | 1          |         |          |                        |        |           |         |         |        |                    | ~            |               |                  | ~        |            |          |         |          | ~        |         |         |       |         |         |          |           |          |
| Pret's Nut Bar                                | Y         |             |        | ~      |            |         |          |                        |        |           |         |         |        |                    |              |               |                  |          |            |          |         |          |          |         |         |       |         |         | ~        |           |          |
| Pret's Gingerbread Biscuits (Annie & Godfrey) | Y         |             |        |        |            |         |          | 1                      |        |           |         |         |        |                    |              |               |                  | -        |            |          | ~       |          |          |         |         |       |         |         |          |           |          |
| Pret's Ultimate Vegan Brownie                 | Y         | Y           |        | ,<br>, |            |         |          |                        |        |           |         |         |        |                    |              |               |                  | ~        |            |          | •       |          |          |         |         |       |         |         | <        |           |          |
| Raspberry & Almond Bakewell Tart              | Y         |             |        | Ĵ      |            |         |          |                        |        |           |         |         |        |                    |              |               |                  | · ·      |            |          | >       |          | ~        |         |         |       |         |         | •        |           |          |
| Salted Caramel Dessert Pot                    | Y         |             |        |        |            |         |          |                        |        |           |         |         |        |                    |              |               |                  |          |            |          | •       |          |          |         |         |       |         |         |          |           |          |
| We prepare our fresh                          | -         | and B       | arista | -made  | e drin     | zs in o | ur sh    | ons ever               | v dav  | Wei       | se me   | nv in   | gredia | ents ar            | nd she       | red e         | auinn            | lent_9   | nd while   | t we d   | 0.011   | • hest 1 | to ma    | nage o  | llerge  | ns we | cann    | ot gue  | rante    | e that a  | ny of    |
|   |           |             |        |        |            |         |          |                        |        |           |         |         |        |                    |              |               |                  |          |            |          |         |          |          |         |         |       |         |         |          |           |          |
| our food or Barista-ma                        | ide di    | inks :      | are al | lerger | 1-free     | or sui  | table    | for those              | e with | allerg    | gies du | ie to t |        | k of cı<br>allergi |              | ontac         | t. Our           | · vega   | n food is  | made     | to a v  | vegan    | recip    | e but i | s not s | uitab | le for  | those   | with     | milk an   | d egg    |

| Contents Key:<br>✔ (Product Contains)                                     |           |            |          |        |           |           |                |                        |       | B         | <b>a</b> 1 |        | sta    | a       | P                   | re           | p       | <b>a</b> 1 | ce(        | 1                         | D       | ri   | n        | k            | 5     |       |          |         |          |           |          |
|---|-----------|------------|----------|--------|-----------|-----------|----------------|------------------------|-------|-----------|------------|--------|--------|---------|---------------------|--------------|---------|------------|------------|---------------------------|---------|------|----------|--------------|-------|-------|----------|---------|----------|-----------|----------|
| Y (Suitable For)  |           |            |          |        |           |           |                | nd Barist<br>1 or Bari |       |           |            |        | gen-fr | ee or s | suitabl             | e for t      | hose v  | vith all   |            | lue to t                  | he risl |      |          |              |       |       |          |         |          |           |          |
| Product   | Vegetaria | Vegan Frie | Peanut   | Almond | Brazil Nu | ut Cashew | Tr<br>Hazelnut | ee Nuts<br>Macadamia   | Pecan | Pistachio | Walnut     | Sesame | Barley | Kamult  | Cereals con<br>Oats | taining glut | Spelt   | Wheat      | Crustacean | Celery<br>and<br>celeriac | Egg     | Fish | Cow      | Milk<br>Goat | Sheep | Lupin | Mollusc  | Mustard | Soya     | Sulphites | Pine Nut |
|   | Ins       | ndly       |          |        |           |           |                |                        |       |           |            |        |        | (Wheat) |                     | -            | (Wheat) |            |            | Colondo                   |         |      |          |              |       |       |          |         |          |           |          |
| Coffee<br>Americano Black (add milk or milk                               |           |            | <u> </u> | 1      | T -       | T         | 1              |                        | 1     | 1         |            | r –    | r –    | r –     | 1                   |              | 1       |            |            | 1                         |         |      |          |              |       |       |          |         |          |           |          |
| alernative if White Americano)  | Y         | Y          |          |        |           |           |                |                        |       |           |            |        |        |         |                     |              |         |            |            |                           |         |      |          |              |       |       | <u> </u> |         |          |           | ļ        |
| Cappuccino Semi Skimmed milk  | Y         |            |          |        |           |           |                |                        |       |           |            |        |        |         |                     |              |         |            |            |                           |         |      | <b>V</b> |              |       |       |          |         |          |           |          |
| Cappuccino Skimmed milk   | Y         |            |          |        |           |           |                |                        |       |           |            |        |        |         |                     |              |         |            |            |                           |         |      | >        |              |       |       |          |         |          |           |          |
| Cappuccino Soya (instead of milk)   | Y         | Y          |          |        |           |           |                |                        |       |           |            |        |        |         |                     |              |         |            |            |                           |         |      |          |              |       |       |          |         | <b>V</b> |           |          |
| Cappuccino Rice Coconut (instead of milk)                                 | Y         | Y          |          |        |           |           |                |                        |       |           |            |        |        |         |                     |              |         |            |            |                           |         |      |          |              |       |       |          |         |          |           |          |
| Cappuccino Oat (instead of milk)  | Y         | Y          |          |        |           |           |                |                        |       |           |            |        |        |         | >                   |              |         |            |            |                           |         |      |          |              |       |       |          |         |          |           |          |
| Espresso  | Y         | Y          |          |        |           |           |                |                        |       |           |            |        |        |         |                     |              |         |            |            |                           |         |      |          |              |       |       |          |         |          |           |          |
| Filter - Black Coffee (add milk or milk<br>alernative if White Americano) | Y         | Ŷ          |          |        |           |           |                |                        |       |           |            |        |        |         |                     |              |         |            |            |                           |         |      |          |              |       |       |          |         |          |           |          |
| Flat White Semi Skimmed milk  | Y         |            |          |        |           |           |                |                        |       |           |            |        |        |         |                     |              |         |            |            |                           |         |      | ~        |              |       |       |          |         |          |           |          |
| Flat White Skimmed milk   | Y         |            |          |        |           |           |                |                        |       |           |            |        |        |         |                     |              |         |            |            |                           |         |      | V        |              |       |       |          |         |          |           |          |
| Flat White Soya (instead of milk)   | Y         | Y          |          |        |           |           |                |                        |       |           |            |        |        |         |                     |              |         |            |            |                           |         |      |          |              |       |       |          |         | ~        |           |          |
| Flat White Rice Coconut (instead of milk)                                 | Y         | Y          |          |        |           |           |                |                        |       |           |            |        |        |         |                     |              |         |            |            |                           |         |      |          |              |       |       |          |         |          |           |          |
| Flat White Oat (instead of milk)  | Y         | Y          |          |        |           |           |                |                        |       |           |            |        |        |         | •                   |              |         |            |            |                           |         |      |          |              |       |       |          |         |          |           |          |
| Latte Semi Skimmed milk   | Y         |            |          |        |           |           |                |                        |       |           |            |        |        |         |                     |              |         |            |            |                           |         |      | >        |              |       |       |          |         |          |           |          |
| Latte Skimmed milk  | Y         |            |          |        |           |           |                |                        |       |           |            |        |        |         |                     |              |         |            |            |                           |         |      | >        |              |       |       |          |         |          |           |          |
| Latte Soya (instead of milk)  | Y         | Y          |          |        |           |           |                |                        |       |           |            |        |        |         |                     |              |         |            |            |                           |         |      |          |              |       |       |          |         | <b>v</b> |           |          |
| Latte Oat (instead of milk)   | Y         | Y          |          |        |           |           |                |                        |       |           |            |        |        |         | ~                   |              |         |            |            |                           |         |      |          |              |       |       |          |         |          |           |          |
| Latte Rice Coconut (instead of milk)                                      | Y         | Y          |          |        |           |           |                |                        |       |           |            |        |        |         |                     |              |         |            |            |                           |         |      |          |              |       |       |          |         |          |           |          |
| We prepare our fresh<br>our food or Barista-m                             |           |            |          |        |           |           |                |                        |       |           |            |        |        |         | ross-o              |              |         |            |            |                           |         |      |          |              |       |       |          |         |          |           |          |

| Contents Key:<br>✔ (Product Contains)          |             |                   |        |        |                |         |                         | -     | B         | <b>a</b> 1 |        | st     | a                      | P                    | re                   | p                | <b>a</b> 1 | cec        | 1                         | D      | ri   | n   | k            | S     |       |          |         |          |           |           |
|--|-------------|-------------------|--------|--------|----------------|---------|-------------------------|-------|-----------|------------|--------|--------|------------------------|----------------------|----------------------|------------------|------------|------------|---------------------------|--------|------|-----|--------------|-------|-------|----------|---------|----------|-----------|-----------|
| Y (Suitable For)                               |             |                   |        | • •    |                |         | nd Barist<br>d or Baris |       |           |            |        | gen-fr | ree or s               | suitabl              | e for t              | hose v           | vith al    |            | lue to t                  | he ris |      |     |              |       |       |          |         |          |           |           |
| Product  | Vegetarians | Vegan<br>Friendly | Peanut | Almond | Brazil<br>Nuts | Cashews | mee Nuts<br>Macadamia   | Pecan | Pistachio | Walnut     | Sesame | Barley | C<br>Kamult<br>(Wheat) | Cereals cont<br>Oats | taining glute<br>Rye | Spelt<br>(Wheat) | Wheat      | Crustacean | Celery<br>and<br>celeriac | Egg    | Fish | Cow | Milk<br>Goat | Sheep | Lupin | Molluscs | Mustard | Soya     | Sulphites | Pine Nuts |
| Macchiato Semi Skimmed milk                    | Y           |                   |        |        |                |         |                         |       |           |            |        |        |                        |                      |                      |                  |            |            |                           |        |      | •   |              |       |       |          |         |          |           |           |
| Macchiato Skimmed milk                         | Y           |                   |        |        |                |         |                         |       |           |            |        |        |                        |                      |                      |                  |            |            |                           |        |      | >   |              |       |       |          |         |          |           |           |
| Macchiato Soya (instead of milk)               | Y           | Y                 |        |        |                |         |                         |       |           |            |        |        |                        |                      |                      |                  |            |            |                           |        |      |     |              |       |       |          |         | <b>V</b> |           |           |
| Macchiato Oat (instead of milk)                | Y           | Y                 |        |        |                |         |                         |       |           |            |        |        |                        | ~                    |                      |                  |            |            |                           |        |      |     |              |       |       |          |         |          |           |           |
| Macchiato Rice Coconut (instead of milk)       | Y           | Y                 |        |        |                |         |                         |       |           |            |        |        |                        |                      |                      |                  |            |            |                           |        |      |     |              |       |       |          |         |          |           |           |
| Mocha Semi Skimmed milk                        | Y           |                   |        |        |                |         |                         |       |           |            |        |        |                        |                      |                      |                  |            |            |                           |        |      | >   |              |       |       |          |         |          |           |           |
| Mocha Skimmed milk                             | Y           |                   |        |        |                |         |                         |       |           |            |        |        |                        |                      |                      |                  |            |            |                           |        |      | ~   |              |       |       |          |         |          |           |           |
| Mocha Soya (instead of milk)                   | Y           | Y                 |        |        |                |         |                         |       |           |            |        |        |                        |                      |                      |                  |            |            |                           |        |      |     |              |       |       |          |         | <b>v</b> |           |           |
| Mocha Rice Coconut (instead of milk)           | Y           | Y                 |        |        |                |         |                         |       |           |            |        |        |                        |                      |                      |                  |            |            |                           |        |      |     |              |       |       |          |         |          |           |           |
| Mocha Oat (instead of milk)                    | Y           | Y                 |        |        |                |         |                         |       |           |            |        |        |                        | ~                    |                      |                  |            |            |                           |        |      |     |              |       |       |          |         |          |           |           |
| Chai Latte Semi Skimmed Milk                   | Y           |                   |        |        |                |         |                         |       |           |            |        |        |                        |                      |                      |                  |            |            |                           |        |      | >   |              |       |       |          |         |          |           |           |
| Chai Latte Skimmed Milk                        | Y           |                   |        |        |                |         |                         |       |           |            |        |        |                        |                      |                      |                  |            |            |                           |        |      | <   |              |       |       |          |         |          |           |           |
| Chai Latte Rice Coconut (instead of Milk)      | Y           | Y                 |        |        |                |         |                         |       |           |            |        |        |                        |                      |                      |                  |            |            |                           |        |      |     |              |       |       |          |         |          |           |           |
| Chai Latte Oat (instead of Milk)               | Y           | Y                 |        |        |                |         |                         |       |           | L          |        |        |                        | <b>~</b>             |                      |                  |            |            |                           |        |      |     |              |       |       | L        |         |          |           |           |
| Chai Latte Soya (instead of Milk)              | Y           | Y                 |        |        |                |         |                         |       |           |            |        |        |                        |                      |                      |                  |            |            |                           |        |      |     |              |       |       |          |         | <b>v</b> |           |           |
| Matcha Latte Rice Coconut (instead of<br>Milk) | Y           | Y                 |        |        |                |         |                         |       |           |            |        |        |                        |                      |                      |                  |            |            |                           |        |      |     |              |       |       |          |         |          |           |           |
| We prepare our fresh                           |             |                   |        |        |                |         | -                       |       |           |            |        |        |                        |                      |                      |                  |            |            |                           |        |      |     |              |       |       |          |         |          |           |           |

| Contents Key:<br>✔ (Product Contains)<br>Y (Suitable For) |   |  |  |  | nd Barist<br>1 or Baris | a-mad | e drinl | ks in c | our sho | ps eve<br>gen-fr | ery day<br>ee or s | y. We<br>suitabl | use ma<br>e for tl | any ing<br>hose w | gredie<br>vith all | shared<br>ue to | equip<br>the risl | ment, a | and w | hilst w | ve do o |  |  |  |
|---|---|--|--|--|-------------------------|-------|---------|---------|---------|------------------|--------------------|------------------|--------------------|-------------------|--------------------|-----------------|-------------------|---------|-------|---------|---------|--|--|--|
| Frappés & Shakes  |   |  |  |  |                         |       |         |         |         |                  |                    |                  |                    |                   |                    |                 |                   |         |       |         |         |  |  |  |
| Classic Frappé Semi Skimmed milk                          | Y |  |  |  |                         |       |         |         |         |                  |                    |                  |                    |                   |                    |                 |                   |         | <     |         |         |  |  |  |
| Classic Frappé Skimmed milk                               | Y |  |  |  |                         |       |         |         |         |                  |                    |                  |                    |                   |                    |                 |                   |         | ¥     |         |         |  |  |  |
| Chocolate Frappé Semi Skimmed milk                        | Y |  |  |  |                         |       |         |         |         |                  |                    |                  |                    |                   |                    |                 |                   |         | <     |         |         |  |  |  |
| Chocolate Frappé Skimmed milk                             | Y |  |  |  |                         |       |         |         |         |                  |                    |                  |                    |                   |                    |                 |                   |         | •     |         |         |  |  |  |
| Mocha Frappé Semi Skimmed milk                            | Y |  |  |  |                         |       |         |         |         |                  |                    |                  |                    |                   |                    |                 |                   |         | <     |         |         |  |  |  |
| Mocha Frappé Skimmed milk                                 | Y |  |  |  |                         |       |         |         |         |                  |                    |                  |                    |                   |                    |                 |                   |         | <     |         |         |  |  |  |
| Decaf Mocha Frappé Semi Skimmed milk                      | Y |  |  |  |                         |       |         |         |         |                  |                    |                  |                    |                   |                    |                 |                   |         | ¢     |         |         |  |  |  |
| Decaf Mocha Frappé Skimmed milk                           | Y |  |  |  |                         |       |         |         |         |                  |                    |                  |                    |                   |                    |                 |                   |         | ¢     |         |         |  |  |  |
| Caramel Shake Semi Skimmed milk                           | Y |  |  |  |                         |       |         |         |         |                  |                    |                  |                    |                   |                    |                 |                   |         | K     |         |         |  |  |  |
| Caramel Shake Skimmed milk                                | Y |  |  |  |                         |       |         |         |         |                  |                    |                  |                    |                   |                    |                 |                   |         | ٢     |         |         |  |  |  |
| Hazelnut Shake Semi Skimmed milk                          | Y |  |  |  |                         |       |         |         |         |                  |                    |                  |                    |                   |                    |                 |                   |         | ٢     |         |         |  |  |  |
| Hazelnut Shake Skimmed milk                               | Y |  |  |  |                         |       |         |         |         |                  |                    |                  |                    |                   |                    |                 |                   |         | ¢     |         |         |  |  |  |
| Vanilla Shake Semi Skimmed milk                           | Y |  |  |  |                         |       |         |         |         |                  |                    |                  |                    |                   |                    |                 |                   |         | <     |         |         |  |  |  |
| Vanilla Shake Skimmed milk                                | Y |  |  |  |                         |       |         |         |         |                  |                    |                  |                    |                   |                    |                 |                   |         | <     |         |         |  |  |  |
| Frappé Mix  | Y |  |  |  |                         |       |         |         |         |                  |                    |                  |                    |                   |                    |                 |                   |         | <     |         |         |  |  |  |
| XX7 0 1   |   |  |  |  |                         |       |         |         |         |                  |                    |                  |                    |                   |                    |                 |                   |         |       |         |         |  |  |  |

| Contents Key:<br>✔ (Product Contains)<br>Y (Suitable For) |             |                |        |        |            |                 |        |                         |        | B         | <b>a</b> 1 |        | sta     | a                      | <b>P</b> 1          | re                   | p                | <b>a</b> 1 | rec        | 1                         | D       | ri     | n        | k            | 5     |        |         |         |          |           |                |
|---|-------------|----------------|--------|--------|------------|-----------------|--------|-------------------------|--------|-----------|------------|--------|---------|------------------------|---------------------|----------------------|------------------|------------|------------|---------------------------|---------|--------|----------|--------------|-------|--------|---------|---------|----------|-----------|----------------|
|   |             |                |        |        |            |                 |        | nd Barist<br>1 or Baris |        |           |            |        | gen-fr  | ee or s                | uitabl              | e for t              | hose v           | vith al    |            | lue to t                  | he risl |        |          |              |       |        |         |         |          |           |                |
| Product   | Vegetarians | Vegan Friendly | Peanut | Almond | Brazil Nut | t Cashew        | Tri    | ee Nuts<br>Macadamia    | Pecan  | Pistachio | Walnut     | Sesame | Barley  | C<br>Kamult<br>(Wheat) | ereals cont<br>Oats | taining glute<br>Rye | Spelt<br>(Wheat) | Wheat      | Crustacean | Celery<br>and<br>celeriac | Egg     | Fish   | Cow      | Milk<br>Goat | Sheep | Lupin  | Mollusc | Mustard | Soya     | Sulphites | Pine Nut       |
| Iced Drinks   |             |                |        |        |            |                 |        | •                       |        | •         |            | •      |         |                        |                     |                      | •                |            |            |                           |         |        |          |              |       |        |         |         |          |           |                |
| Iced Latte Semi Skimmed Milk                              | Y           |                |        |        |            |                 |        |                         |        |           |            |        |         |                        |                     |                      |                  |            |            |                           |         |        | ¥ .      |              |       |        |         |         |          |           |                |
| Iced Latte Skimmed Milk                                   | Y           |                |        |        |            |                 |        |                         |        |           |            |        |         |                        |                     |                      |                  |            |            |                           |         |        | <b>v</b> |              |       |        |         |         |          |           |                |
| Iced Latte Soya (instead of milk)                         | Y           | Y              |        |        |            |                 |        |                         |        |           |            |        |         |                        |                     |                      |                  |            |            |                           |         |        |          |              |       |        |         |         | >        |           |                |
| Iced Latte Rice Coconut (instead of milk)                 | Y           | Y              |        |        |            |                 |        |                         |        |           |            |        |         |                        |                     |                      |                  |            |            |                           |         |        |          |              |       |        |         |         |          |           |                |
| Iced Latte Oat (instead of milk)                          | Y           | Y              |        |        |            |                 |        |                         |        |           |            |        |         |                        | >                   |                      |                  |            |            |                           |         |        |          |              |       |        |         |         |          |           |                |
| Iced Chai Latte Semi Skimmed Milk                         | Y           |                |        |        |            |                 |        |                         |        |           |            |        |         |                        |                     |                      |                  |            |            |                           |         |        | ~        |              |       |        |         |         |          |           |                |
| Iced Chai Latte Skimmed Milk                              | Y           |                |        |        |            |                 |        |                         |        |           |            |        |         |                        |                     |                      |                  |            |            |                           |         |        | ¥        |              |       |        |         |         |          |           |                |
| Iced Chai Latte Rice Coconut (instead of<br>Milk)         | Y           | Y              |        |        |            |                 |        |                         |        |           |            |        |         |                        |                     |                      |                  |            |            |                           |         |        |          |              |       |        |         |         |          |           |                |
| Iced Chai Latte Oat (instead of Milk)                     | Y           | Y              |        |        |            |                 |        |                         |        |           |            |        |         |                        | >                   |                      |                  |            |            |                           |         |        |          |              |       |        |         |         |          |           |                |
| Iced Chai Latte Soya (instead of Milk)                    | Y           | Y              |        |        |            |                 |        |                         |        |           |            |        |         |                        |                     |                      |                  |            |            |                           |         |        |          |              |       |        |         |         | ~        |           |                |
| Iced Mocha Semi Skimmed Milk                              | Y           | <u> </u>       |        |        |            |                 |        |                         |        |           |            |        |         |                        |                     |                      |                  |            |            |                           |         |        | •        |              |       |        |         |         |          |           |                |
| Iced Mocha Skimmed Milk                                   | Y           |                |        |        |            |                 |        |                         |        |           |            |        |         |                        |                     |                      |                  |            |            | 1                         |         |        | ٢        |              |       |        |         |         |          |           |                |
| Iced Mocha Soya (instead of milk)                         | Y           | Y              |        |        |            |                 |        |                         |        |           |            |        |         |                        |                     |                      |                  |            |            |                           |         |        |          |              |       |        |         |         | ~        |           |                |
| Iced Mocha Rice Coconut (instead of milk)                 | Y           | Y              |        |        |            |                 |        |                         |        |           |            |        |         |                        |                     |                      |                  |            |            |                           |         |        |          |              |       |        |         |         |          |           |                |
| Iced Mocha Oat (instead of milk)                          | Y           | Y              |        |        |            |                 |        |                         |        |           |            |        |         |                        | >                   |                      |                  |            |            |                           |         |        |          |              |       |        |         |         |          |           |                |
| Iced White Americano Semi Skimmed Milk                    | Y           |                |        |        |            |                 |        |                         |        |           |            |        |         |                        |                     |                      |                  |            |            |                           |         |        | ~        |              |       |        |         |         |          |           |                |
| Iced White Americano Skimmed Milk                         | Y           |                |        |        |            |                 |        |                         |        |           |            |        |         |                        |                     |                      |                  |            |            |                           |         |        | <        |              |       |        |         |         |          |           |                |
| Iced White Americano Oat (instead of milk)                | Y           | Y              |        |        |            |                 |        |                         |        |           |            |        |         |                        | ~                   |                      |                  |            |            |                           |         |        |          |              |       |        |         |         |          |           |                |
| Iced White Americano Soya (instead of milk)               | Y           | Y              |        |        |            |                 |        |                         |        |           |            |        |         |                        |                     |                      |                  |            |            |                           |         |        |          |              |       |        |         |         | <b>v</b> |           |                |
| Iced White Americano Rice Coconut<br>(instead of milk)    | Y           | Y              |        |        |            |                 |        |                         |        |           |            |        |         |                        |                     |                      |                  |            |            |                           |         |        |          |              |       |        |         |         |          |           |                |
| Feelin' Peachy Cooler                                     | Y           | Y              |        |        |            |                 |        |                         |        |           |            |        |         |                        |                     |                      |                  |            |            |                           |         |        |          |              |       |        |         |         |          |           |                |
| Berry Bliss Cooler  | Y           | Y              |        |        |            |                 |        |                         |        |           |            |        |         |                        |                     |                      |                  |            |            |                           |         |        |          |              |       |        |         |         |          |           |                |
| Applejito Cooler  | Y           | Y              |        |        |            |                 |        |                         |        |           |            |        |         |                        |                     |                      |                  |            |            |                           |         |        |          |              |       |        |         |         |          |           |                |
| Rhuberry Breeze Cooler                                    | Y           | Y              |        |        |            |                 |        |                         |        |           |            |        |         |                        |                     |                      |                  |            |            |                           |         |        |          |              |       |        |         |         |          |           |                |
| We prepare our fresh                                      |             |                | arista | ı-mad  | e drin     | iks <u>in</u> ( | our sh | lops ever               | ry day | .We       | use m      | any ir | gredi   | ents a                 | nd sh               | ared e               | equip            | nent,      | and wh     | ilst <u>w</u> e           | do ou   | ır bes | t to m   | anage        | aller | gens v | ve cani | not gu  | arant    | ee that   | an <u>y of</u> |
| our food or Barista-m                                     |             |                |        |        |            |                 |        |                         |        |           |            |        | the ris |                        | ross-c              |                      |                  |            |            |                           |         |        |          |              |       |        |         |         |          |           |                |

| Contents Key:<br>✔ (Product Contains)         |         |                   |        |        |                |         |          |                        | -     | B         | <b>a</b> 1 |        | st     | a                 | P           | re           | p                | <b>a</b> 1 | ree        | 1            | D       | ri   | n   | k    | 5     |       |          |         |      |           |            |
|---|---------|-------------------|--------|--------|----------------|---------|----------|------------------------|-------|-----------|------------|--------|--------|-------------------|-------------|--------------|------------------|------------|------------|--------------|---------|------|-----|------|-------|-------|----------|---------|------|-----------|------------|
| Y (Suitable For)                              |         |                   |        |        |                |         |          | nd Barist<br>d or Bari |       |           |            |        | gen-fr | ee or s           | suitabl     | e for t      | hose w           | vith al    |            | lue to       | the ris |      |     |      |       |       |          |         |      |           |            |
| Duritori                                      | Vege    | Ve<br>Frie        |        |        |                |         | Ti       | ree Nuts               | 1     |           | 1          |        |        | C                 | Cereals con | taining glut | en               | 1          | 0          | Celery       | -       | -    |     | Milk |       |       |          |         | 0    | 0.1.1.1.  | Disc. Mate |
| Product                                       | tarians | Vegan<br>Friendly | Peanut | Almond | Brazil<br>Nuts | Cashews | Hazelnut | Macadamia              | Pecan | Pistachio | Walnut     | Sesame | Barley | Kamult<br>(Wheat) | Oats        | Rye          | Spelt<br>(Wheat) | Wheat      | Crustacean | and celeriac | Egg     | Fish | Cow | Goat | Sheep | Lupin | Molluscs | Mustard | Soya | Sulphites | Pine Nuts  |
| Hot Chocolate                                 |         |                   |        |        |                |         |          |                        |       |           |            |        |        |                   |             |              |                  |            |            |              |         |      |     |      |       |       |          |         |      |           |            |
| Hot Chocolate Semi Skimmed Milk               | Y       |                   |        |        |                |         |          |                        |       |           |            |        |        |                   |             |              |                  |            |            |              |         |      | V   |      |       |       |          |         |      |           |            |
| Hot Chocolate Skimmed Milk                    | Y       |                   |        |        |                |         |          |                        |       |           |            |        |        |                   |             |              |                  |            |            |              |         |      | ~   |      |       |       |          |         |      |           |            |
| Hot Chocolate Soya (instead of milk)          | Y       | Y                 |        |        |                |         |          |                        |       |           |            |        |        |                   |             |              |                  |            |            |              |         |      |     |      |       |       |          |         | <    |           |            |
| Hot Chocolate Rice Coconut (instead of milk)  | Y       | Y                 |        |        |                | 1       |          |                        |       |           |            |        |        |                   |             |              | 1                |            |            |              |         |      |     |      |       |       |          |         |      |           |            |
| Hot Chocolate Oat (instead of milk)           | Y       | Y                 |        |        |                |         |          |                        |       |           |            |        |        |                   | ~           |              |                  |            |            |              |         |      |     |      |       |       |          |         |      |           |            |
| Hot Chocolate Powder                          | Y       | Y                 |        |        |                |         |          |                        |       |           |            |        |        |                   |             |              |                  |            |            |              |         |      |     |      |       |       |          |         |      |           |            |
| Hot Chocolate Hazelnut                        | Y       |                   |        |        |                |         |          |                        |       |           |            |        |        |                   |             |              |                  |            |            |              |         |      | ¥   |      |       |       |          |         |      |           |            |
| Hot Chocolate Hazelnut Skimmed                | Y       |                   |        |        |                |         |          |                        |       |           |            |        |        |                   |             |              |                  |            |            |              |         |      | ~   |      |       |       |          |         |      |           |            |
| Hot Chocolate Hazelnut Soya                   | Y       | Y                 |        |        |                |         |          |                        |       |           |            |        |        |                   |             |              |                  |            |            |              |         |      |     |      |       |       |          |         | >    |           |            |
| Hot Chocolate Hazelnut Rice-Coconut           | Y       | Y                 |        |        |                | -       |          |                        |       |           |            |        |        |                   |             |              |                  |            |            |              |         |      |     |      |       |       |          |         |      |           | <u> </u>   |
| Hot Chocolate Hazelnut Oat                    | Y       | Y                 |        |        |                |         |          |                        |       |           |            |        |        |                   | ~           |              |                  |            |            |              |         |      |     |      |       |       |          |         |      |           |            |
| Smoothies                                     |         |                   | 1      | 1      |                | 1       | 1        |                        | 1     |           | 1          | 1      | 1      | 1                 |             |              |                  |            | 1          |              |         |      |     |      |       | 1     |          |         |      |           |            |
| Berries and Cherries                          | Y       | Y                 |        |        |                |         |          |                        |       |           |            |        |        |                   |             |              |                  |            |            |              |         |      |     |      |       |       |          |         |      |           |            |
| Sweet Greens                                  | Y       | Y                 |        |        |                |         |          |                        |       |           |            |        |        |                   |             |              |                  |            |            |              |         |      |     |      |       |       |          |         |      |           |            |
| Tropical Peach                                | Y       | Y                 | 1      |        |                | 1       | 1        |                        | 1     | 1         | 1          | 1      |        | 1                 |             |              | 1                |            |            | 1            | 1       | 1    |     |      |       | 1     |          |         |      |           |            |
| We prepare our fresh<br>our food or Barista-r |         |                   |        |        |                |         |          |                        |       |           |            |        |        |                   | ross-o      |              |                  |            |            |              |         |      |     |      |       |       |          |         |      |           |            |

| Contents Key:<br>✔ (Product Contains)                      |             |                   |        |        |                |         |        |                        | -       | B         | <b>a</b> 1 |        | sta    | a                      | <b>P</b> 1          | re                  | p                | <b>a</b> 1 | e          | 1                         | D      | ri    | n      | k            | 5        |         |          |         |      |           |           |
|--|-------------|-------------------|--------|--------|----------------|---------|--------|------------------------|---------|-----------|------------|--------|--------|------------------------|---------------------|---------------------|------------------|------------|------------|---------------------------|--------|-------|--------|--------------|----------|---------|----------|---------|------|-----------|-----------|
| Y (Suitable For)   |             |                   |        |        |                |         |        | nd Barist<br>1 or Bari |         |           |            |        | gen-fr | ee or s                | uitable             | e for tl            | hose v           | vith all   |            | ue to t                   | he ris |       |        |              |          |         |          |         |      |           |           |
| Product  | Vegetarians | Vegan<br>Friendly | Peanut | Almond | Brazil<br>Nuts | Cashews | 1      | ee Nuts<br>Macadamia   | Pecan   | Pistachio | Walnut     | Sesame | Barley | C<br>Kamult<br>(Wheat) | ereals cont<br>Oats | aining glute<br>Rye | Spelt<br>(Wheat) | Wheat      | Crustacean | Celery<br>and<br>celeriac | Egg    | Fish  | Cow    | Milk<br>Goat | Sheep    | Lupin   | Molluscs | Mustard | Soya | Sulphites | Pine Nuts |
| Syrups & Toppings  |             |                   |        |        |                |         |        | 1                      |         |           |            |        |        |                        |                     |                     |                  |            |            |                           |        |       |        |              |          |         |          |         |      |           |           |
| All Syrups   | Y           | Y                 |        |        |                |         |        |                        |         |           |            |        |        |                        |                     |                     |                  |            |            |                           |        |       |        |              |          |         |          |         |      |           |           |
| Caramel Sauce  | Y           | Y                 |        |        |                |         |        |                        |         |           |            |        |        |                        |                     |                     |                  |            |            |                           |        |       |        |              |          |         |          |         |      |           |           |
| Whipped Cream  | Y           |                   |        |        |                |         |        |                        |         |           |            |        |        |                        |                     |                     |                  |            |            |                           |        |       | V      |              |          |         |          |         |      |           |           |
| Milk shot  |             |                   |        |        |                |         |        |                        |         |           |            |        |        |                        |                     |                     |                  |            |            |                           |        |       |        |              |          |         |          |         |      |           |           |
| Semi Skimmed   | Y           |                   |        |        |                |         |        |                        |         |           |            |        |        |                        |                     |                     |                  |            |            |                           |        |       | V      |              |          |         |          |         |      |           |           |
| Skimmed  | Y           |                   |        |        |                |         |        |                        |         |           |            |        |        |                        |                     |                     |                  |            |            |                           |        |       | 4      |              |          |         |          |         |      |           |           |
| Soya (instead of milk)                                     | Y           | Y                 |        |        |                |         |        |                        |         |           |            |        |        |                        |                     |                     |                  |            |            |                           |        |       |        |              |          |         |          |         | >    |           |           |
| Rice Coconut (instead of milk)                             | Y           | Y                 |        |        |                |         |        |                        |         |           |            |        |        |                        |                     |                     |                  |            |            |                           |        |       |        |              |          |         |          |         |      |           |           |
| Oat (instead of milk)                                      | Y           | Y                 |        |        |                |         |        |                        |         |           |            |        |        |                        | >                   |                     |                  |            |            |                           |        |       |        |              |          |         |          |         |      |           |           |
| Tea  |             |                   |        |        |                |         |        | •                      |         |           |            |        |        |                        |                     |                     |                  |            |            |                           |        |       |        |              |          |         |          |         |      |           |           |
| Ceylon Breakfast (add milk or milk<br>alernative if White) | Y           | Y                 |        |        |                |         |        |                        |         |           |            |        |        |                        |                     |                     |                  |            |            |                           |        |       |        |              |          |         |          |         |      |           |           |
| Earl Grey (add milk or milk alernative if White)           | Y           | Y                 |        |        |                |         |        |                        |         |           |            |        |        |                        |                     |                     |                  |            |            |                           |        |       |        |              |          |         |          |         |      |           |           |
| Peppermint (add milk or milk alernative if<br>White)       | Y           | Y                 |        |        |                |         |        |                        |         |           |            |        |        |                        |                     |                     |                  |            |            |                           |        |       |        |              |          |         |          |         |      |           |           |
| Tropical Green (add milk or milk alernative if White)      | Y           | Y                 |        |        |                |         |        |                        |         |           |            |        |        |                        |                     |                     |                  |            |            |                           |        |       |        |              |          |         |          |         |      |           |           |
| Milk / instead of milk cup                                 |             |                   |        |        |                |         |        | •                      |         |           |            |        |        |                        |                     |                     |                  |            |            |                           |        |       |        |              |          |         |          |         |      |           |           |
| Semi Skimmed milk cup                                      | Y           |                   |        |        |                |         |        |                        |         |           |            |        |        |                        |                     |                     |                  |            |            |                           |        |       | ¥      |              |          |         |          |         |      |           |           |
| Skimmed milk cup   | Y           |                   |        |        |                |         |        |                        |         |           |            |        |        |                        |                     |                     |                  |            |            |                           |        |       | ¥      |              |          |         |          |         |      |           |           |
| Soya (instead of milk) cup                                 | Y           | Y                 |        |        |                |         |        |                        |         |           |            |        |        |                        |                     |                     |                  |            |            |                           |        |       |        |              |          |         |          |         | >    |           |           |
| Rice Coconut (instead of milk) cup                         | Y           | Y                 |        |        |                |         |        |                        |         |           |            |        |        |                        |                     |                     |                  |            |            |                           |        |       |        |              |          |         |          |         |      |           |           |
| Oat (instead of milk) cup                                  | Y           | Y                 |        |        |                |         |        |                        |         |           |            |        |        |                        | ~                   |                     |                  |            |            |                           |        |       |        |              |          |         |          |         |      |           |           |
| Babyccino  | Y           |                   |        |        |                |         |        |                        |         |           |            |        |        |                        |                     |                     |                  |            |            |                           |        |       | ¥      |              |          |         |          |         | _ ]  |           |           |
| We prepare our fresh                                       |             |                   |        |        |                |         |        |                        |         |           |            |        |        |                        |                     |                     |                  |            |            |                           |        |       |        |              |          |         |          |         |      |           |           |
| our food or Barista-m                                      | ade d       | lrinks            | are a  | llerge | n-fre          | e or su | itable | for thos               | se with | ı aller   | gies d     | ue to  |        | sk of c<br>allerø      |                     | ontac               | t. Ou            | r vega     | n food i   | s mad                     | e to a | vegar | ı reci | pe but       | t is not | t suita | ble for  | • those | with | milk ar   | nd egg    |