

INTRODUCTION

Here you'll find a list of all of the products sold in our shops, with allergens listed along the top of the page for easy reference. If a product contains one of these ingredients, then you will find a tick in the corresponding box.

Where a product contains 'Cereals Containing Gluten' and 'Nuts', you will find specific ingredients listed (e.g., wheat, rye, oats).

Please remember to check our guide and the ingredient label regularly as recipes do change from time to time – the last thing we want is for anyone being caught out by a new take on an old favourite.

We're proud to freshly prepare our food in our shop kitchens every day but as we use many ingredients and shared equipment, cross contamination is managed but not to an allergen-free level. Therefore we can't guarantee any of our food is suitable for those with allergies due to the high risk of cross contamination. Our vegan products are made to a vegan recipe but are not suitable for those with dairy and egg allergies.



In line with the Vegan Society recommendations we at Pret are using the term 'vegan-friendly' to label products that may not be made in dedicated vegan sites.

The Food Standards Agency regards the following ingredients and their derivatives as allergens:

Peanuts Tree Nuts

Sesame Cereals containing Gluten

Crustaceans Celery & Celeriac

Egg Fish
Lupin Milk
Mustard Mollusc
Soya Sulphites

In addition we also declare Pine Nuts as an allergen

If you are interested in an ingredient outside the 14 listed above please look at the ingredient list on the website or the label on the individual product.

If you have any trouble finding what you're looking for, just ask the Manager – they'll be more than happy to help.

We understand that no matter how detailed our guide is, there may be times when it can't answer the questions you may have. If you need to know more, please do visit our website at **www.pret.co.uk** or contact our Customer Service Team on **0207 827 8801.**

This Allergen Guide only covers food and drink sold in our UK shops.

Baguettes, Sandwiches & Wraps

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							Т	ee Nuts						٠.	ereals conta	aining alut		<i></i>						Milk							
	Ve	Veg			1		116	e Nuis							ereais cont	aining glute	#11			Celery				IVIIIK							
Product	getarians	an Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Baguettes																															
Avo, Olives & Toms	Υ	Υ										~						~													~
Brie, Tomato & Basil	Υ																	~					>								
Chicken Caesar & Bacon												~						>			\	<	~								
Greek Chicken Baguette Chef Special												~						>					~	>	~						
Italian Prosciutto												>						~			<		<								
Jambon Buerre																		>					~								
Pole & Line Caught Tuna Mayo & Cucumber																		~			<	<									
Posh Cheddar & Pickle	Υ											>						>			>		>					>			
Wiltshire-Cured Ham & Greve																		>			<		<					>			
Sandwiches																															
Chicken, Avocado & Basil													>					>			>		>								
Classic Super Club													~					>			~										
Free-Range Egg Mayo	Υ												~					>			~							>			
Ham & Cheese													~					~					~								
Kid's Cheese	Y												~					~					~								
Kid's Ham													~					>					>								
Scottish Smoked Salmon													~					>				V	>								
Smashed Avo Open Sandwich	Υ	Υ													~																
Smoked Salmon & Soft Cheese Open Sandwich															>							~	~								
Tuna Mayo & Cucumber													~					~			~	~									
Wraps																															
Avo & Herb Salad Wrap	Υ															>		>			>		>								>
Hoisin Duck Salad Wrap																>		~			>								~		
Humous & Chipotle Wrap	Y	Y										~				~		~													
Sunshine 'N'Spice Wrap - CS	Υ	Υ														\		~												\Box	
Vegan Hoisin Mushroom Wrap	Υ	Υ														~		✓											Y		

Breakfast

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							Tre	ee Nuts						С	ereals conta	aining gluter		<i>00</i> ··						Milk					I		
Product	Vegetarians	Vegan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Almond Croissant	Υ			~														>			\		>								
Acai & Almond Butter Bowl	Υ	Υ		Υ											Υ																
Bacon & Egg Roll																>		~			~		>								
Bircher Muesli	Υ									~					~								>								
Breakfast Free-Range Egg Mayo & Avocado	Υ																	>			>										
Breakfast Free-Range Egg Mayo & Bacon																		>			>										
Breakfast Free-Range Egg Mayo & Roasted Tomatoes	Υ																	>			<										
Breakfast Salmon & Egg Mayo																		>			<	<						<			
Breakfast Vegan Baguette	Υ	Υ																>											>		
Coconut Porridge	Υ	Υ													Υ																
Chocolate Croissant	Υ																	>			<		>						>		
Cinnamon Danish	Υ																	>			<		>								
Five Berry Bowl	Υ														<								<								
French Butter Croissant	Υ																	>			<		<								
Fresh Fruit, Yoghurt & Granola Bowl	Υ														<								>								
Ham, Cheese, Tomato & Bacon Croissant																		>			<		<								
Ham & Egg Breakfast Roll																<		~			<		<					<			
Mango & Banana Sunshine Bowl	Υ	Υ													<																
Mozzarella & Tomato Croissant	Υ																	>			<		>								
Pain aux Raisin	Υ																	>			<		>								
Porridge Topping - Berry Compote	Υ	Υ																													
Porridge Topping - Cranberry & Seeds	Υ	Υ																													
Porridge Topping - Honey	Υ																														
Pret's Bacon Roll																>		¥					>								
Pret's Proper Porridge	Υ														<								<								
Pret's Sausage Roll																		~			\ \		>								
Pret's Veggie Roll	Υ															>		~			~		>								
Sausage & Egg Roll																>		~			< -		>								
Very Berry Croissant	Υ	Υ																~													

Cold Drinks

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		<					Tree	Nuts							Cereals cont	aining gluten								Milk							
Product	Vegetarians	sgan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Apple Juice	Υ	Υ																													
Coke (all types)	Υ	Υ																													
Cranberry & Raspberry Pure Pret Still	Υ	Υ																													
Daily Greens	Υ	Υ																													
Ginger Shot	Υ	Υ																													
Green Tea & Peach Pure Pret Still	Υ	Υ																													
Hot Shot	Υ																														
Lemon & Ginger Pure Pret Still	Υ	Υ																													
Mango Smoothie	Υ																														
Orange & Passion Fruit Pure Pret Still	Υ	Υ																													
Orange Juice (both sizes)	Υ																														
Pure Pret Apple Fizz	Υ	Υ																													
Pure Pret Ginger Beer	Υ	Υ																													
Pure Pret Ginger Kombucha	Υ	Υ																													
Pure Pret Grape & Elderflower	Υ	Υ																													
Pure Pret Green Tea Yoga Bunny	Υ	Υ																													
Pure Pret Rhubarb Lemonade	Υ	Υ																													
Sparkling Spring Water	Υ	Υ																												ш	
Still Water 500ml	Υ	Υ																													
Still Water 750ml	Υ	Υ																													
Vitamin Volcano	Υ																														

Dinners by Pret

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												Hot St	mani	e tot u	nose n	YIUH III	IIIK UI	egg a	nergies.	1 Icasc	e take	care.									
Product	Vegeta ns	Vegan Friendly	Peanut				Tre	e Nuts				Sesame			ereals cont	aining glute			Crustacean	Celery and	Egg	Fish		Milk		Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Floduct	etaria s	jan ndly	1 Gariot	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Ocsame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Ordstaccari	celeriac	199	1 1311	Cow	Goat	Sheep	Eupin	Wioliusus	Widstard	Ooya	Oulpriites	i ilie ivuts
Chicken Portion																															
Chicken Katsu Hot Rice Bowl												>	>					>											>		
Chipotle Chicken Burrito Hot Rice Bowl																								¥	>					~	
Chocolate Milk Shake	Υ																						>								
Choc Chunk Cookie Milk Shake	Υ																	~					>								
Dipping Sauce - Caesar Mayo																					>	~	>								
Dipping Sauce - Chipotle Ketchup	Υ	Υ																													
Falafel & Halloumi Hot Wrap	Υ															>		~					>	~	>						
Five Berry Milk Shake	Υ																						>								
Garlic Bread	Υ																	~					>								
Macaroni Cheese Kale & Cauli	Υ																	~					>								
Macaroni Cheese Prosciutto																		~					>								
Meatless Meatball Hot Wrap	Υ	Υ														>		~													
Meatless Meatball & Mozzarella Bake	Υ																	~					>								
Pret's Focaccia Pizza - Creamy Garlic Mushroom	Υ																	~					>								
Pret's Focaccia Pizza - Mixed																		~					~								Y
Pret's Focaccia Pizza - Mixed Meaty																		~					~	~	y						
Pret's Focaccia Pizza - Mixed Veggie	Υ																	~					>								>
Pret's Focaccia Pizza - Tomato, Mozzarella & Pesto	Υ																	~					~								~
Pret's Focaccia Pizza - Prosciutto & Mozzarella																		`					V								
Pret's Focaccia Pizza - Chipotle Chicken & Feta																		~					>	¥	>						
Pret's Lasagne Macaroni Cheese																		~		~			~								
Red Thai Chicken Curry Hot Rice Bowl																															
Rocket, Roasted Tomato & Italian Cheese Side Salad	Υ																						>								
Spicy Chicken Enchilada																~		~					~						~		
Spicy Pepper, Meatless Meatball & Feta Hot Rice Bowl	Υ																							~	~						
Sticky Aubergine Hot Rice Bowl	Υ	Υ										~						~											~		
Swedish Meatball Hot Wrap																>		~					>								
Sweet Potato Chilli Hot Rice Bowl	Υ	Υ																											~		
Sweet Potato & Feta Enchilada	Υ															~		~					~	V	~				~		
Sweet Potato Katsu Hot Rice Bowl	Υ	Υ											~					~											~		
Sweet Potato Wedges	Υ	Υ																													
Three Cheese Garlic Bread	Υ																	~					>								
Tricolore Side Salad	Υ																						>								

Fruit

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																															/
		<					Tre	e Nuts						С	ereals cont	aining glute	n							Milk							
Product	Vegetarians	egan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Apple	Υ	Υ																													
Banana	Υ	Υ																													
Mango & Lime	Υ																														
Melon & Blueberry	Υ	Υ																													
Pret's Fruit Salad	Υ	Υ																													
Superfruit Salad	Υ	Υ																													

Heat At Home

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		<					Tr	ee Nuts						C	Cereals con	taining glute	en							Milk							
Product	Vegetarians	egan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Coffee - Classic Blend Ground	Υ	Υ																													
Coffee - Espresso Beans	Υ	Υ																													
Coffee - Single Origin Ground	Υ	Υ																													
HAH - Porridge	Υ														>								>							·	

Pret's Hot

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		<					Tre	ee Nuts						С	ereals cont	aining glute	n							Milk							
Product	Vegetarians	Vegan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Falafel & Halloumi Hot Wrap	Υ															<		>					~	~	~						
Chipotle, Mozzarella Hot Baguette	Υ											>						>					<								
Macaroni Cheese Kale & Cauli	Υ																	>					>							Ĺ	
Macaroni Cheese Prosciutto																		>					>								
Meatless Meatball Hot Wrap	Υ	Υ														^		>												1	
Posh Proscuitto Hot Baguette												>						>					>								
Spicy Chicken Hot Wrap																>		>					<							1	
Swedish Meatball Hot Wrap																<		>					<								
Fiocaccia & Toasties																															
Brie & Bacon Toasted Focaccia																		~					~							~	
Firecracker Chicken Toasted Focaccia																		>			~									1	
Mozzarella, Pesto & Roasted Tomato Focaccia																		>					<								~
Classic Cheese Toastie													>		<	<		>			~		~					~		1	
Ham, Cheese & Mustard Toastie													>		<	<		>			V		<					~			
Tuna Melt Toastie													~		~	>		>			~	~	\								
Soup																															
Chicken, Broccoli & Brown Rice																															
Chicken Laksa Soup																												~	~	1	
EAT.'s Chicken Pot Pie (excludes pot pie top))																				>			<								
Pea & Mint Soup	Υ	Υ																													
Pret's Chicken Katsu Curry Soup																													~		
Pret's Mushroom Risotto Soup	Υ	Υ																		>									~		
Red Thai Veg Soup	Υ	Υ																											~		
Souper Tomato	Υ	Υ																													
Pot Pie Top	Υ																	>			V		~								
Stone Baked Losange	Υ	Υ																>												1	

Salad

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							Tre	e Nuts						(Cereals cont	aining glute	en							Milk							
Product	Vegetarians	Vegan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Chef's Italian Chicken Salad										>											~	>	~					~			
Chipotle Sweet Potato Salad Bowl	Υ	Υ																												~	
Crayfish & Avo No Bread																			~									<			
Egg & Spinach Protein Pot	Υ																				>										
Humous and Falafel Mezze	Υ	Υ										>																<			
Salmon & Mango Salad Bowl																						>							<	~	
Smoked Salmon Protein Box																					>	>						<	<		
Smoked Salmon & Egg Protein Pot																					>	>									
Tamari & Ginger Chicken Salad Bowl												>																	<		
Tuna Nicoise Salad																					>	>						<			
Dressing																															
Ceviche Dressing	Υ	Υ																													
French Dressing	Υ	Υ									, and the second																	\			
Green Dressing	Υ	Υ																											<		
Tamari & Ginger	Υ	Υ																											<		

Contents Key: (Product Contains) Y (Suitable For) Contents Key: Snacks & Sweet Treats We say to support to the say the libraries due to a high rick of process on to mind the form the say the libraries due to a high rick of process on to mind the form the say the libraries due to a high rick of process on to mind the form the say the libraries due to a high rick of process on the say the say

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												Sui	tubic.	ioi tii	050 111	tii iiii	K OI C	55 	ergies. I	icase	unc c	ar c.									
	Ve	Veg					Tr	ee Nuts						(Cereals cont	taining glute	en			Celery				Milk							
Product	getarians	gan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Snacks																															
Easy Peasy Almond Squeezy	Υ	Υ		~																											
Cranberries in Coats	Υ																						<								
Dark Chocolate Salted Almonds	Υ	Υ		~																									~		
Mature Cheddar & Red Onion Crisps	Υ																						<								
Milk Chocolate Bar	Υ																						~						¥		
Fruit, Nuts & Chocolate	Υ			~																			<						>		
Pret A Mango	Υ	Υ																													
Sea Salt Popcorn	Υ	Υ																													
Sea Salt & Cider Vinegar Crisps	Υ	Υ																													
Sea Salt Crisps	Υ	Υ																													
Smoked Chipotle Crisps	Υ	Υ																													
Sweet & Salt Popcorn	Υ	Υ																													
Vegetable Crisps	Υ	Υ																													
Sweet Treats																															
Choc Bar	Υ																	>					<						>		
Chocolate Brownie Bar	Υ																	>			>		<						>		
Chocolate Chunk Cookie	Υ																	>					<								
Chocolate Praline Cookie	Υ						>											>					>								
Dark Chocolate & Almond Butter Cookie	Υ	Υ		~														>													i
Dark Chocolate Corn Cakes	Υ																						~						~		
Dark Chocolate with Sea Salt	Υ																												¥		
Double Berry Muffin	Υ																	~			~		~								
Fruit, Oat & Spelt Cookie	Υ														~		~	>					<								
Ginger Snap Biscuit	Υ																	>					~								
Hazelnut Truffles	Υ	Υ					~																								
Love Bar	Υ			>						~					~								>						>		
Pret's Gingerbread Biscuits	Υ																	>			>										
Pret's Pecan & Caramel Cookie	Υ								~									>					>						>		
Pret Bar	Υ														~			>					>								
Pret's Shortbread	Υ																	>					>								1

Barista Prepared Drinks

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		<					Tr	ee Nuts						С	ereals cont	aining glute	en							Milk							
Product	Vegetarians	egan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Coffee																															
Americano Black (add milk or milk alernative if White Americano)	Υ	Υ																													
Cappuccino Semi Skimmed milk	Υ																						~								
Cappuccino Skimmed milk	Υ																						Y								
Cappuccino Soya (instead of milk)	Υ	Υ																											~		
Cappuccino Rice Coconut (instead of milk)	Υ	Υ																													
Cappuccino Oat (instead of milk)	Υ	Υ													~																
Espresso	Υ	Υ																													
Filter - Black Coffee (add milk or milk alernative if White Americano)	Υ	Υ																													
Flat White Semi Skimmed milk	Υ																						Y								
Flat White Skimmed milk	Υ																						V								
Flat White Soya (instead of milk)	Υ	Υ																											~		
Flat White Rice Coconut (instead of milk)	Υ	Υ																													
Flat White Oat (instead of milk)	Υ	Υ													~																
Latte Semi Skimmed milk	Υ																						V								
Latte Skimmed milk	Υ																						~								
Latte Soya (instead of milk)	Υ	Υ																											~		
Latte Oat (instead of milk)	Υ	Υ													~																
Latte Rice Coconut (instead of milk)	Υ	Υ																													
Macchiato Semi Skimmed milk	Υ																						V								
Macchiato Skimmed milk	Υ																						~								
Macchiato Soya (instead of milk)	Υ	Υ																											V		
Macchiato Oat (instead of milk)	Υ	Υ													~																
Macchiato Rice Coconut (instead of milk)	Υ	Υ																													
Mocha Semi Skimmed milk	Υ																						~								
Mocha Skimmed milk	Υ																						V								
Mocha Soya (instead of milk)	Υ	Υ																											~		

Barista Prepared Drinks

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		_					Ti	ree Nuts						С	ereals cont	aining glute	en							Milk							
Product	Vegetarians	/egan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Mocha Rice Coconut (instead of milk)	Υ	Υ																													
Mocha Oat (instead of milk)	Υ	Υ													>																
Chai Latte	Υ																						~								
Chai Latte Rice Coconut (instead of Milk)	Υ	Υ																													
Matcha Latte Rice Coconut (instead of Milk)	Υ	Υ																													
Turmeric Latte Rice Coconut (instead of Milk)	Υ	Υ																													
Smoothies																															
Berry Blast	Υ	Υ																													
Mango & Pineapple	Υ	Υ																													·
Strawberry & Banana	Υ	Υ																													
Frappés																															
Classic Frappé Semi Skimmed milk	Υ																						V								
Classic Frappé Skimmed milk	Υ																						>								
Chocolate Frappé Semi Skimmed milk	Υ																						Y								
Chocolate Frappé Skimmed milk	Υ																						>								
Frappé Mix	Υ																						>								
Iced Drinks																															
Iced Latte Semi Skimmed Milk	Υ																						Y								
Iced Latte Skimmed Milk	Υ																						Y								
Iced Latte Soya (instead of milk)	Υ	Υ																											~		
Iced Latte Rice Coconut (instead of milk)	Υ	Υ																													
Iced Latte Oat (instead of milk)	Υ	Υ													>																
Iced White Americano Semi Skimmed Milk	Υ																						>								
Iced White Americano Skimmed Milk	Υ																						Y								
Iced White Americano Oat (instead of milk)	Υ	Υ													>																
Iced White Americano Soya (instead of milk)	Υ	Υ																											~		

Barista Prepared Drinks

We can't guarantee any of our food is suitable for those with allergies due to a high risk of cross contamination. Our vegan products are made to a vegan recipe but are not suitable for those with milk or egg allergies. Please take care.

	<	≨ e					Tr	ee Nuts						С	ereals cont	aining glute	en							Milk							
Product	/egetarians	gan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Iced White Americano Rice Coconut (instead of milk)	Υ	Υ																													
Turmeric Iced Latte Rice Coconut	Υ	Υ																													
Cold Brew																															
Cold Brew (no milk)	Υ	Υ																													
Cold Brew Semi Skimmed Milk	Υ																						~								
Cold Brew Skimmed Milk	Υ																						~								
Cold Brew Soya (instead of milk)	Υ	Υ																											¥		
Cold Brew Oat (instead of milk)	Υ	Υ													>																
Cold Brew Rice Coconut (instead of milk)	Υ	Υ																													
Hot Chocolate																															
Hot Chocolate Semi Skimmed Milk	Υ																						~								
Hot Chocolate Skimmed Milk	Υ																						V								
Hot Chocolate Soya (instead of milk)	Υ	Υ																											V		
Hot Chocolate Rice Coconut (instead of milk)	Υ	Υ																													
Hot Chocolate Oat (instead of milk)	Υ	Υ													>																
Hot Chocolate Powder	Υ	Υ																													
Hot Chocolate Hazelnut	Υ																						~								
Hot Chocolate Hazelnut Skimmed	Υ																						~								
Hot Chocolate Hazelnut Soya	Υ	Υ																											>		
Hot Chocolate Hazelnut Rice-Coconut	Υ	Υ																													
Hot Chocolate Hazelnut Oat	Υ	Υ													>																

Barista Prepared Drinks

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Product	Vegetarians	Vegan Friendly	Peanut	Tree Nuts									Cereals containing gluten										Milk								
				Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Syrups & Toppings																															
All Syrups	Υ	Υ																													
Milk shot																															
Semi Skimmed	Υ																						~								
Skimmed	Υ																						>								
Soya (instead of milk)	Υ	Υ																											V		
Rice Coconut (instead of milk)	Υ	Υ																													
Oat (instead of milk)	Υ	Υ													>																
Tea																															
Ceylon Breakfast (add milk or milk alernative if White)	Υ	Υ																													
Earl Grey (add milk or milk alemative if White)	Υ	Υ																													
Peppermint (add milk or milk alernative if White)	Υ	Υ																													
Tropical Green (add milk or milk alernative if White)	Υ	Υ																													
Miso Soup													>					>				~							~		
Milk / instead of milk cup																															
Semi Skimmed milk cup	Υ																						<								
Skimmed milk cup	Υ																						Y								
Soya (instead of milk) cup	Υ	Υ																											~		
Rice Coconut (instead of milk) cup	Υ	Υ																													
Oat (instead of milk) cup	Υ	Υ													\																
Babyccino	Υ																						>								