

VEGGIE PRETS ALLERGEN GUIDE

INTRODUCTION

Here you'll find a list of all of the products sold in our shops, with allergens listed along the top of the page for easy reference. If a product contains one of these ingredients, then you will find a tick in the corresponding box.

Where a product contains 'Cereals Containing Gluten' and 'Nuts', you will find specific ingredients listed (e.g., wheat, rye, oats).

Please remember to check our guide and the ingredient label regularly as recipes do change from time to time – the last thing we want is for anyone being caught out by a new take on an old favourite.

We're proud to freshly prepare our food in our shop kitchens every day but as we use many ingredients and shared equipment, cross contamination is managed but not to an allergen-free level. Therefore we can't guarantee any of our food is suitable for those with allergies due to the high risk of cross contamination. Our vegan products are made to a vegan recipe but are not suitable for those with dairy and egg allergies.

In line with the Vegan Society recommendations we at Pret are using the term 'vegan-friendly' to label products that may not be made in dedicated vegan sites.

The Food Standards Agency regards the following ingredients and their derivatives as allergens:

Peanuts	Tree Nuts
Sesame	Cereals containing Gluten
Crustaceans	Celery & Celeriac
Egg	Fish
Lupin	Milk
Mustard	Mollusc
Soya	Sulphites

In addition we also declare Pine Nuts as an allergen

If you are interested in an ingredient outside the 14 listed above please look at the ingredient list on the website or the label on the individual product.

If you have any trouble finding what you're looking for, just ask the Manager – they'll be more than happy to help.

We understand that no matter how detailed our guide is, there may be times when it can't answer the questions you may have. If you need to know more, please do visit our website at **www.pret.co.uk** or contact our Customer Service Team on **0207 827 8801**.

This Allergen Guide only covers food and drink sold in our UK shops.



Contents Key: ✔ (Product Conta Y (Suitable For					B	a	gı	1e ⁻	tt	es	,	S	a 1	10	lv	V1	C	he	es	&		W	r	aj	DS)					
i (Suitable For			We	can't	guara	antee a	any of	our foo	d is su	iitable	for th								cross con allergies.					prod	ucts a	re ma	ide to	a vegan	recip	e but a	are not
	V	Ve					Ti	ee Nuts						Ce	ereals cont	taining glut	en							Milk							
Product	egetarians	Vegan Friendly	Peanut	Almond	Brazil Nuts	Cashews	s Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Baguettes																															
Artichoke, Olives & Tapenade	Y	Y										¢						•										1			
Avo, Olives & Toms	Y	Y										v						v										1			~
Cheddar, Mustard & Pickles	Y											~						~			~		v					~			
Vegan Chuna Mayo & Cucumber	Y	Y																~										~	-	~	
Vegan Eggless Mayo & Cress	Y	Y																~										~	~		
Sandwiches																															
Kid's Cheese Sandwich	Y												~					v					v								
Sliced Egg & Cress	Y												~					~			~							~	-		
Smashed Avocado Open Sandwich	Y	Y													~													1			
Humous & Roasted Peppers Open Sandwich	Y											~			~									~	~			1			~
The VLT	Y	Y											~					v										Í .			
Wraps & Flatbreads																															
Avo & Chickpeas Caesar Wrap	Y	Y														~		~										~	v		
Falafel, Avocado & Chipotle Flatbread	Y	Y																•										Ĺ		>	
Hoisin Mushroom Wrap	Y	Y														~		~											✓		
Humous & Chipotle Wrap	Y	Y										~				~		v										 			
Mexican Avocado Flatbread	Y	Y																 ✓ ✓ 						-							
Sunshine 'N'Spice Wrap Vegan Chilli Wrap	Y Y	Y Y														~		✓ ✓		~									~	~	

Contents Key: ✔ (Product Contains) Y (Suitable For)												F	Br	e	ak	cf	as	st													
			We	can't	guar	antee	any o	of our fo	od is	suitab									of cross gg allerg					egan p	produ	cts ar	e ma	le to a	vega	n recip	e but
	Ś	Veg			T	r	Ti	ree Nuts	r	r	r	ļ		C	ereals cont	taining glute	en	1	-					Milk	r –	ł					
Product	getarians	an Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Acai & Almond Butter Bowl	Υ	Y		~											<																
Breakfast Baguette - Eggless Mayo & Avocado	Y	Y																>											>		
Breakfast Baguette - Eggless Mayo & Roasted Tomato	Y	Y																>											>		
Pret's Veggie Brioche	Y																	~			~		>								
Pret's Veggie Roll	Y															V		~			~		V								
Spicy Egg Brioche	Y																	~			~		~								
Bircher Muesli	Y									~					~								>								
Coconut Porridge	Y	Y													~																
Five Berry Bowl	Y														~								~								
Mozzarella & Tomato Croissant	Y																	~			~		>								
Poached Egg & Beans Power Pot	Y																				~										
Porridge Topping - Berry Compote	Y	Y																													
Porridge Topping - Cranberry & Seeds	Y	Y																													
Porridge Topping - Honey	Y																														
Pret's Proper Porridge	Y														•								>								
Smoothie Bowl - Apricot and Pistachio Overnight Oats	Y	Y								~					~															~	
Smoothie Bowl - Cocoa, Nuts & Berries	Y	Y		>		<			•						۲																
Smoothie Bowl - Mango & Banana Sunshine	Y	Y													<																
Vegan Almond Croissant	Y	Y		~														~													
Vegan Breakfast baguette	Y	Y																~											~		
Vegan Chocolate Croissant	Y	Y																~											~		
Vegan Plain Croissant	Y	Y	1		1				1	1								~							1	1	1				
Very Berry Croissant	Y	Y																•													

Contents Key: ✔ (Product Contains) Y (Suitable For)												(20	ol	d	D)r	in	ık	S												
			V	Ve can	't gu	iarai	ntee ar	ny oi	f our fo	od is :	suitab									of cross gg allers					egan p	orodu	cts ar	e mac	le to a	ı vega	n recip	e but
	<	Veg						Tre	ie Nuts				_		(Cereals con	taining glute	n	1						Milk							
Product	egetarians	/egan Friendly	Pea	inut Almor	nd Bra Nu		ashews Ha	zelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Apple Juice	Y	Y																														
Blend Me Drink Me - Cocoa, Almond Butter & Banana	Y	Y		~												<																
Coke (all types)	Y	Y																														
Cranberry & Raspberry Pure Pret Still	Y	Y																														
Daily Greens	Y	Y																														
Ginger Shot	Y	Y																														
Green Tea & Peach Pure Pret Still	Y	Y																														
Pure Pret Green Tea Yoga Bunny	Y	Y																														
Hot Shot	Y																															
Lemon & Ginger Pure Pret Still	Y	Y																														
Mango Smoothie	Y																															
Orange & Passion Fruit Pure Pret Still	Y	Y																														
Orange Juice (Both sizes)	Y																															
Pure Pret Apple Fizz	Y	Y																														
Pure Pret Cumcumber & Mint Seltzer	Y	Y																														
Pure Pret Ginger Beer	Y	Y																														
Pure Pret Ginger Kombucha	Y	Y																														
Pure Pret Grape & Elderflower	Y	Y																														
Pure Pret Lime & Raspberry Seltzer	Y	Y																														
Pure Pret Rhubarb Lemonade	Y	Y																														
Sparkling Spring Water	Y	Y																														
Still Water 500ml	Y	Y																														
Still Water 750ml	Y	Y																														
Vitamin Volcano	Y																															

Contents Key: ✔ (Product Contains) Y (Suitable For)														F	ru	11	-														
			We	can't	guara	antee a	any of	our food	is sui	itable									cross co allergie					an pr	oduct	s are :	made t	o a ve	gan re	cipe b	at are
		Ve					Tr	e Nuts						С	ereals cont	aining glute	en							Milk							
Product	Vegetarians	egan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Apple	Y	Y	1				1										1		1	1		1				1					
Banana	Y	Y																													
Mango & Lime	Y																														
Pret's Fruit Salad	Y	Y																													
Superfruit Salad	Y	Y																													
Watermelon & Lime Pot	Y																														
We can't guarantee an	y of ou	r food	l is su	itable	for t	hose w	ith all	ergies dı	ie to a	a high				ıtamin . Pleas				n pro	ducts ar	e mad	le to a	ı vega	n reci	ipe bu	ıt are	not su	uitable	for th	ose wi	ith dain	y and

Contents Key: ✔ (Product Contains) Y (Suitable For)			We	can't	guara	intee :	any of o	ur food	is sui			ose w	ith all	ergies	due t	o a hi	gh ris	k of c	1ergies. I				egan p	orodu	cts are	e mad	e to a	vegai	ı recip	e but a	re not
	1	Ve					Tree	Nuts						Ce	reals cont	aining glut	ten							Milk							
Product	/egetarians	əgan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Coffee - Classic Blend Ground	Y	Y																													
Coffee - Espresso Beans	Y	Y																													
Coffee - Single Origin Ground	Y	Y																													
Pret at Home Bircher Museli	Y	Y													¥															~	
Pret at Home Dark Chocolate & Almond Granola	Y	Y		~											~														~		
Pret at Home Classic Granola	Y	Y													~																
Pret at Home Oat & Coconut Crunch Granola	Y	Y													•																
Pret's Organic Aluminium Capsules Classic Blend	Y	Y																													
Pret's Organic Aluminium Capsules Espresso Blend	Y	Y																													

Contents Key: ✔ (Product Contains) Y (Suitable For)												P	re	eť	S	ŀ	Ic	ot													
. (We	can't	guara	antee :	any of	our foo	d is sı	iitable	for tl								cross co allergie					in pro	ducts	are 1	made t	o a vega	ın rec	ipe but a	ire not
	-	Ve			-		Tre	e Nuts		-				Ce	ereals cont	aining glu	ten							Milk							
Product	Vegetarians	Vegan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Falafel & Halloumi Hot Wrap	Y															•		•					~	•	•						
Meatless Meatball Hot Wrap	Y	Y														>		>													
Vegan Mac n Greens	Y	Y																>											<		
Vegan Ragu & Red Pepper Hot Wrap	Y	Y														•		•		<											
Vegan Chilli Enchilada	Y	Y														~		~		~									~		
Falafel , Halloumi & Pickles Brioche	Y																	~			~		~	~	~			>			
Soup													_																		
Pea & Mint	Y	Y																													
Pret's Mushroom Risotto	Y	Y																		~									~		
Red Thai Veg	Y	Y																											~		
Souper Tomato	Y	Y																													
Pret's Multigrain Bread	Y	Y													>																
Stone Baked Losange	Y	Y																>													
Toasties & Focaccia						·		•	•		•	•				•															
Classic Cheese Toastie	Y												¥		¥	~		~			~		~					¥			
Halloumi, Red Pepper & Basil Toastie	Y												>		>	~		~					~	~	~						
Mozzarella, Pesto & Roasted Tomatoes Foacaccia	Y																	~					~								~
Creamy Mushroom Focaccia	Y																	>					•						•		

Contents Key: ✔ (Product Contains) Y (Suitable For)			We	can't	guara	intee a	ny of o	our food	is sui	table f	or the	ose wi suita	th all	52 ergies or thos	due t	o a hi	gh ris	k of c egg a	eross con allergies	ntami 5. Plea	nation se tak	. Our se care	' vega e.	n pro	ducts	are n	nade to	a vegan	recip	e but a	re not
		<					Tr	ee Nuts						C	ereals cont	taining glute	en							Milk							
Product	Vegetarians	egan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Egg & Spinach Pot	Y																				~										
Mexican Inspired Salad Bowl	Y																							~	>					~	
Mozzarella, Pesto & Avo Salad Bowl	Y																						~					~			~
Marinated Tofu Poke Bowl	Y	Y										~																	~		
Sweet Potato Falafel Mezze Salad	Y	Y										~	~															~			
Tamari & Ginger Mushroom Poke Bowl	Y	Y																											~	~	
Vegan Chef's Italian Salad Bowl	Y	Y																										~	~		
Dressings						÷																									
Caesar Dressing	Y	Y																										~	~		
French Dressing	Y	Y																										>			
Tamari & Ginger Dressing	Y	Y																											~		

Contents Key: ✔ (Product Contains) Y (Suitable For)								Sn	a	ck	S	8	n	d	S	W	/e	e	tΊ	r	e2	its	5								
			We	can't	guara	intee a	any of	our food	d is su	itable	for th								ross cont				egan _l	produ	icts ar	e mad	le to a	vegar	ı recip	be but a	ire not
												suit	able f	or tho	se witl	h dair	y and	egg a	llergies.	Please	e take	care.						_			
Product	Vegetarians	Vegan Friendly	Peanut	Almond	Brazil Nuts	Cashew		Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	ereals cont Oats	aining glute Rye	spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Milk Goat	Sheep	Lupin	Molluscs	Molluscs	Soya	Sulphites	Pine Nuts
Snacks				1	1	1					1										1				1						
Easy Peasy Almond Squeezy	Y	Y		~																									_		
Almond Butter Bites	Y			v																									•		
Caramel Waffle	Y																	~					v						>		
Cranberries in Coats	Y																						~								
Dark Chocolate Salted Almonds	Y	Y		~																									•		
Mature Cheddar & Red Onion Crisps	Y											1											~								
Fruit, Nuts & Chocolate	Y			~																			~						<		
Pret A Mango	Y	Y																													
Sea Salt & Cider Vinegar Crisps	Y	Y																													
Sea Salt Crisps	Y	· Y																													
Sea Salt Popocm	Y	Y																													
Smoky Chipotle Crisps																															
	Y	Y																													
Sweet & Salt Popcorn	Y	Y																													
Vegetable Crisps Sweet Treats	Y	Y																													
Choc Bar	Y																		[~		
Chocolate Brownie Bar	Y																	~			~		~						>		
Chocolatey Coconut Bite	Y	Y																											~		
Dark Chocolate & Almond Butter Cookie	Y	Y		~														~													
Dark Chocolate Corn Cakes	Y																						•						<		
Dark Chocolate with Sea Salt	Y																												•		
Hazelnut Truffles	Y	Y					~																								
Love Bar	Y			~						~					~								•						•		
Milk Chocolate Bar	Y																						~						~		
Popcorn Bar	Y																						~						•		
Pret Bar	Y														v			~					v								
Pret's Nut Bar	Y Y			~																									~		
Pret's Gingerbread Biscuits		v																v			•										
Pret's Vegan Raspberry & Coconut Muffin Pret's Ultimate Vegan Brownie	Y Y	Y Y		v														✓ ✓											< <		
Vegan Banana & Walnut Muffin	Y	Y		-						-	~							~									-		× ×		
Vegan Hazelnut & Caramel Brownie	Y	Y		¥			~											~											~		
Vegan Choca Mocha Muffin	Ŷ	Ŷ				1				1			~					~						1			1		~		
We can't guarantee any	of ou	r food	l is su	itable	for tl	hose v	vith al	lergies d	ue to a	a high	risk o		ss con	tamina Pleas					icts are i	made	to a ve	egan r	ecipe	but a	re not	suital	ble for	those	with	dairy a	nd egg

Contents Key: ✔ (Product Contains) Y (Suitable For)										3	ar	i S	ta	a]	P1	ce	p	at	e	1	D	ri	n	k	S						
Y (Suitable For)			We	can't	guara	antee a	any of	'our foo	d is su	iitable									cross co allergio					n pro	ducts	are n	nade t	o a ve	gan re	cipe bu	ut are
	/	Ve					Tr	ee Nuts						Ce	ereals cont	aining glut	en							Milk							
Product	/egetarians	√egan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Coffee Americano Black (add milk or milk alemative if White Americano)	Y	Y																													
Cappuccino Semi Skimmed milk	Y																						~								
Cappuccino Skimmed milk	Y																						¥								
Cappuccino Soya (instead of milk)	Y	Y																											~		
Cappuccino Rice Coconut (instead of milk)	Y	Y																													
Cappuccino Oat (instead of milk)	Y	Y													>																
Espresso	Y	Y																													
Filter - Black Coffee (add milk or milk alemative if White Americano)	Y	Y																													
Flat White Semi Skimmed milk	Y																						¥								
Flat White Skimmed milk	Y																						V								
Flat White Soya (instead of milk)	Y	Y																											v		
Flat White Rice Coconut (instead of milk)	Y	Y																													
Flat White Oat (instead of milk)	Y	Y													٢																
Latte Semi Skimmed milk	Y																						•								
Latte Skimmed milk	Y																						¥								
Latte Soya (instead of milk)	Y	Y																											¥	<u> </u>	
Latte Oat (instead of milk)	Y	Y													>																
Latte Rice Coconut (instead of milk)	Y	Y																													
Macchiato Semi Skimmed milk	Y																				_		¥								
Macchiato Skimmed milk	Y																						v								
Macchiato Soya (instead of milk)	Y	Y																			_								V		
Macchiato Oat (instead of milk)	Y	Y													•																
Macchiato Rice Coconut (instead of milk)	Y	Y																													
Mocha Semi Skimmed milk	Y																						¥								
Mocha Skimmed milk	Y																														
Mocha Soya (instead of milk)	Y	Y																											V	L	
We can't guarantee	any o	f our	food i	s suite	able f	or tho	se wit	h allergi	es due	e to a l		isk of nd egg						gan p	oroduct	s are r	nade	to a ve	gan r	ecipe	but a	re not	suita	ble fo	r those	e with o	dairy

Contents Key: ✓ (Product Contains)]	Ba	ar	1S	ta	a]	P 1	e	pa	ar	e	1	D	ri	n	k	5						
Y (Suitable For)			We	can't	guar	antee a	any of	our foo	d is su	iitable									cross co allergie					n pro	ducts	are m	ade t	o a veg	gan re	cipe bu	ut are
	_	Ve					Tr	ee Nuts	-	-				Ce	ereals cont	aining glut	en							Milk							
Product	'egetarians	√egan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Mocha Rice Coconut (instead of milk)	Y	Y																													
Mocha Oat (instead of milk)	Y	Y													~																
Chai Latte	Y																						v								
Chai Latte Rice Coconut (instead of Milk)	Y	Y																													
Matcha Latte Rice Coconut (instead of Milk)	Y	Y																													
Turmeric Latte Rice Coconut (instead of Milk)	Y	Y					1			1																					
Smoothies			1	1	I	1		1			1		1						1	1											
Berry Blast	Y	Y																													
Mango & Pineapple	Y	Y																													
Strawberry & Banana	Y	Y																													
Frappés & Shakes																															
Classic Frappé Semi Skimmed milk	Y																						٢								
Classic Frappé Skimmed milk	Y																						<								
Chocolate Frappé Semi Skimmed milk	Y																						<								
Chocolate Frappé Skimmed milk	Y																						<								
Mocha Frappé Semi Skimmed milk	Y																						٨								
Mocha Frappé Skimmed milk	Y																						٢								
Decaf Mocha Frappé Semi Skimmed milk	Y																						K								
Decaf Mocha Frappé Skimmed milk	Y																						<								
Caramel Shake Semi Skimmed milk	Y																														
Caramel Shake Skimmed milk	Y																						~								
Hazelnut Shake Semi Skimmed milk	Y																						•								
Hazelnut Shake Skimmed milk	Y																						~								
Vanilla Shake Semi Skimmed milk	Y																						•								
Vanilla Shake Skimmed milk	Y																						K								
Frappé Mix	Y																						•								
We can't guarantee	any o	f our	food i	is suite	ıble f	or tho	se wit	h allergi	es du	e to a l				conta gies. P				gan p	roduct	s are 1	nade t	o a ve	gan r	ecipe	but a	re not	suita	ble for	thos	e with o	dairy

Contents Key:

✓ (Product Contains)

Y (Suitable For)

Barista Prepared Drinks

We can't guarantee any of our food is suitable for those with allergies due to a high risk of cross contamination. Our vegan products are made to a vegan recipe but are

Iced Drinks																		
Iced Latte Semi Skimmed Milk	Y												>					
Iced Latte Skimmed Milk	Y												>					
Iced Latte Soya (instead of milk)	Y	Y															•	
Iced Latte Rice Coconut (instead of milk)	Y	Y																
Iced Latte Oat (instead of milk)	Y	Y							٢									
Iced White Americano Semi Skimmed Milk	Y												<					
Iced White Americano Skimmed Milk	Y												<					
Iced White Americano Oat (instead of milk)	Y	Y							٢									
Iced White Americano Soya (instead of milk)	Y	Y															<	
Iced White Americano Rice Coconut (instead of milk)	Y	Y																
Turmeric Iced Latte Rice Coconut	Y	Y																
Cold Brew																		
Cold Brew (no milk)	Y	Y																
Cold Brew Semi Skimmed Milk	Y												>					
Cold Brew Skimmed Milk	Y												>					
Cold Brew Soya (instead of milk)	Y	Y															<	
Cold Brew Oat (instead of milk)	Y	Y							~									
Cold Brew Rice Coconut (instead of milk)	Y	Y																

Contents Key: ✓ (Product Contains) Y (Suitable For)	Barista Prepared Drinks																														
			We	can't	guara	antee a	any of	'our foo	d is sı	iitabl	e for t	hose v	vith a	llergie	s due	to a l	nigh ri	sk of	cross co	ontami	inatio	n. Ou	r vega	n pro	ducts	are n	nade t	o a ve	gan re	ecipe b	ut are
Product Hot Chocolate	Vegeta ns	Vegan Friendly	Peanut	Tree Nuts													ontaining gluten			Celery and	Egg	Fish		Milk		Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Troduct	taria s	jan ndly	i canat	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pecan Pistachio Walnut		Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat		celeriac		1 1311	Cow	Goat	Sheep				OJya		Pine Nuts	
Hot Chocolate	1				-	-	1			-			-	-		1	-	1				1	1	1	1			1	-	r	
Hot Chocolate Semi Skimmed Milk	Y																						V								
Hot Chocolate Skimmed Milk	Y																						~								
Hot Chocolate Soya (instead of milk)	Y	Y																											<		
Hot Chocolate Rice Coconut (instead of milk)	Y	Y																													
Hot Chocolate Oat (instead of milk)	Y	Y													>																
Hot Chocolate Powder	Y	Y																													
Hot Chocolate Hazelnut	Y																						¥								
Hot Chocolate Hazelnut Skimmed	Y																						K								
Hot Chocolate Hazelnut Soya	Y	Y																											۲		
Hot Chocolate Hazelnut Rice-Coconut	Y	Y																													
Hot Chocolate Hazelnut Oat	Y	Y													*																

Contents Key: ✓ (Product Contains) Y (Suitable For)																			e												
			We	can't	guar	antee		f <mark>our fo</mark> o	d is su	itable	for t	hose v	with a					sk of	cross co	1	natio	n. Ou	r vega	_	ducts	are n	nade t	o a ve	gan re	cipe bu	it are
Product	/egetar ns	Vegan Friendly	Peanut	Almond	Brazil	Cashews	T Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	12 mars alt	ereals con Oats	taining glut Rye	Spelt (Wheat)	Wheat	Crustacea	Celery and celeriac	Egg	Fish	Cow	Milk Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Syrups & Toppings	Q	_			Nuts									(Wheat)			(Wheat)										1				
All Syrups	Y	Y																													
Milk shot			1			1	1						1							1											
Semi Skimmed	Y																						<								
Skimmed	Y																						×								
Soya (instead of milk)	Y	Y																											v		
Rice Coconut (instead of milk)	Y	Y																													
Oat (instead of milk)	Y	Y													~																
Tea			1	1		1	1	1		Į				1	Į					1					Į	Į	Į				
Ceylon Breakfast (add milk or milk alernative if White)	Y	Y																													
Earl Grey (add milk or milk alemative if White)	Y	Y																													
Peppermint (add milk or milk alernative if White)	Y	Y																													
Tropical Green (add milk or milk alernative if White)	Y	Y																													
Milk / instead of milk cup					1		1																				1				
Semi Skimmed milk cup	Y																						K								
Skimmed milk cup	Y																						<								
Soya (instead of milk) cup	Y	Y																											¥		
Rice Coconut (instead of milk) cup	Y	Y																													
Oat (instead of milk) cup	Y	Y													•																
Babyccino	Y																						<								