

Menu

* Only available
at 90 Adelaide St

V. Vegetarian

VE. Vegan

Baguette Full size / Half size



Pret's Famous
Ham & Cheese Baguette



Pret's Pesto
Caprese Baguette



V. Romesco Chicken &
Mozzarella Baguette



Pret's Tuna &
Cucumber Baguette



Chicken Bánh Mi



* Avo, Olive & Toms *
VE.

Sandwich Full size / Half size



Chicken & Bacon
Sandwich



Pret's Chicken Salad
& Avo Sandwich



Pret's Egg Salad &
Arugula Sandwich



V. Cheddar & Tomato
Sandwich



* Rainbow Veggie
Sandwich *
VE.



Pret's Avocado B.L.T.



* Montreal Smoked
Meat Sandwich *

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Cold wrap



Crunchy Chipotle Chicken & Avo Wrap



Falafel & Hummus Wrap

VE.



Bang Bang Chicken Wrap

* Korean Style Mushroom & Avo Wrap

* V.



Image coming soon

Salad



Chicken Avocado Salad with Balsamic Vinaigrette



Mediterranean Mezze Salad with Balsamic Vinaigrette

VE.



Blackened Salmon, Avo & Grains Salad with Hatch Chili Ranch Dressing



Italian Herb Chicken Salad with Spring Herb Italian Dressing



Pret's Greek Side Salad with Herb Yogurt Dressing

* V.



Mexican Style Chipotle Chickpea Salad

* V.

Pots



Sunshine Bowl

VE.



Pineapple & Lime Pot

VE.



Maple Overnight Oats

V.



Maple Granola Pot

V.

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Breakfast



Egg & Cheddar Brioche



Egg & Bacon Brioche



Southwestern Breakfast Wrap



Pret's Shakshuka Frittata



Creamy Oat Porridge



Ham & Cheddar Croissant



* Egg Salad & Avocado Breakfast Baguette **cold**



Hot Lunch



Classic Mac & Cheese



Pesto and Tomato Mac & Cheese



Pret's Chicken Parm Wrap



Pret's Chipotle Chicken Burrito Wrap



Spiced Lentil & Chickpea Hot Wrap



Ham & Cheddar Croissant

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Desserts



Flourless
Chocolate
Fudge Cake



Key Lime
Cheesecake



Raspberry
Cheesecake



Soup



Moroccan Lentil
Soup
12oz 16oz



Tomato & Feta Soup
12oz 16oz



White Chicken Chili
12oz 16oz



Topper



Chili Yogurt & Herb
Soup Topper



Choco Banana
Crunch
Porridge Topper



Coffee



Drip Coffee:
Classic Blend, Organic Single Origin
Hot: 12oz/16oz/20oz | Cold: 16oz/24oz

Latte
Cappuccino
Flat White
Mocha
Americano
Espresso
Iced Coffee
Cold Brew
Iced Latte
Iched Mocha
Pret Coffee Box (8 cups)
Pret Tea Box (8 cups)

* Iced Chai Latte
Iced Black Tea
Iced Green Tea
Lemonade
Iced Sunshine Tea (half
tea & half lemonade)
Blueberry Lemonade
Blueberry Sunshine Tea
Pink Guava Lemonade
Pink Guava Sunshine Tea

* Organic Earl Grey Tea * Plant Based Beverage *
Organic Green Tea Options: Almond, Oat
Organic English
Breakfast Tea
Organic Peppermint Tea
Chai Latte (Hot)
Hot Chocolate

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Bakery



Butter Croissant



Almond Croissant



Chocolate Croissant



Blueberry Muffin



Chocolate
Brownie Cookie



Chocolate
Chunk Cookie



Harvest Cookie



Cinnamon Brioche



Snack *

Miss Vickies Original
Miss Vickies Salt & Vinegar
Miss Vickies Sweet Chili & Sour Cream
Pret's Brownie Bite
Kind Bars Almond Caramel & Sea Salt
Kind Bars Almond Cashew Mint & Dark Chocolate

Beverage

Dasani Water
Sanpellegrino Sparkling



Well Greens
Well Orange Juice
Well Hibiscus Lemonade
Well Elixir Shot
Well Detox Shot
Well Be Well

Sapsucker Original
Sapsucker Lime
Sapsucker Grapefruit
Sapsucker Orange

Coke
Diet Coke
Coke Zero