

We can't guarantee any of our products are suitable for those with allergies due to a high risk of cross contamination. Our vegan products are made to a vegan recipe but are not suitable for those with dairy and egg allergies. Please take care.



Pret's



*Allergen*

Guide



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Inside you'll find a list of all of the products sold in our shops, with allergens listed along the top of the page for easy reference. If a product contains one of these ingredients, then you will find a tick in the corresponding box. Where a product contains 'Cereals Containing Gluten' and 'Nuts', you'll find specific ingredients listed (e.g., wheat, rye, oats). If you have any trouble finding what you're looking for, just *ask the Manager* – they'll be more than happy to help.

*Please remember* to check our guide regularly as recipes do change from time to time – the last thing we want is for anyone being caught out by a new take on an old favourite.

We understand that no matter how detailed our guide is, there may be times when it can't answer the questions you may have. If you need to know more, please do *visit our website* at [www.pret.com](http://www.pret.com) or contact our Customer Service Team on **0345 450 0222**.



**In this guide, we are able to advise you on the presence of the following allergens in our food:**

Eggs, Milk, Fish, Crustaceans (like crayfish), Molluscs (like mussels, oysters & squid), Tree Nuts, Sesame, Cereals Containing Gluten (these are wheat, rye and barley), Soya, Celery & Celeriac, Mustard, Sulphur Dioxide and Sulphites.

This Allergen Guide only covers food and drink sold in our UK shops.



Baguettes		Suitable for		11th May 2020 V1													
Product	Vegetarians	Vegans	Contains these allergens														
			Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts	
Avo, Olives & Toms	✔	✔	✔				WHEAT									PINE NUTS	
Brie, Tomato & Basil Bagette	✔			✔			WHEAT										
Chicken Caesar & Bacon			✔	✔	✔		WHEAT								✔		
Chipotle Mozzarella Hot Baguette	✔		✔	✔			WHEAT										
Chipotle Chicken Bagette			✔	✔			WHEAT										
Ham & Egg Baguette				✔	✔		WHEAT					✔					
Italian Prosciutto			✔	✔	✔		WHEAT										
Jambon-Beurre				✔			WHEAT										
Korean Inspired Spicy Mushroom	✔	✔	✔				WHEAT		✔								
Pole & Line Caught Tuna Mayo & Cucumber					✔		WHEAT								✔		
Posh Cheddar & Pickle	✔		✔	✔	✔		WHEAT					✔					
Posh Prosciutto Hot Baguette			✔	✔			WHEAT										
Pret's Antipasti Baguette			✔	✔	✔		WHEAT										
Smoked Salmon Soft Cheese & Dill			✔	✔			WHEAT								✔		
Wiltshire-Cured Ham & Greve				✔	✔		WHEAT					✔					

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Breakfast		Suitable for		11th May 2020 V1													
Product	Vegetarians	Vegans	Contains these allergens														
			Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts	
Acai & Almond Butter Bowl	✔	✔					*GF OAT									ALMOND	
Almond Croissant	✔			✘	✘		WHEAT									ALMOND	
Bacon & Egg Brioche				✘	✘		WHEAT										
Bacon & Spinach Omelette				✘	✘												
Beans & Egg Power Bowl	✔				✘												
Bircher Muesli	✔			✘			*GF OAT									PISTACHIO	
Breakfast Free-Range Egg Mayo & Avocado	✔				✘		WHEAT										
Breakfast Free-Range Egg Mayo & Bacon					✘		WHEAT										
Breakfast Free-Range Egg Mayo & Roasted Tomatoes	✔				✘		WHEAT										
Breakfast Free-Range Egg Mayo & Smoked Salmon					✘		WHEAT					✘			✘		
Chocolate Croissant	✔			✘	✘		WHEAT		✘								
Cinnamon Danish	✔			✘	✘		WHEAT										
Coconut & Mango Bowl	✔	✔															
Five Berry Bowl	✔			✘			*GF OAT										
French Butter Croissant	✔			✘	✘		WHEAT										
Fresh Fruit, Yoghurt & Granola bowl	✔			✘			*GF OAT										
Ham, Cheese, Tomato & Bacon Croissant				✘	✘		WHEAT										
Ham & Egg Brioche				✘	✘		WHEAT					✘					
Honey Granola Pot	✔			✘			*GF OAT										
Mango & Banana Sunshine Bowl	✔	✔					*GF OAT										
Mozzarella & Tomato Croissant	✔			✘	✘		WHEAT										

\*Gluten Free Oats

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11th May 2020 V1

Breakfast		Suitable for															
Product	Vegetarians	Vegans	Contains these allergens														
			Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts	
Pain aux Raisins	✔			✔	✔		WHEAT										
Porridge Topping - Berry Compote	✔	✔															
Porridge Topping - Cranberry & Seeds	✔	✔															
Porridge Topping - Honey	✔																
Pret's Bacon Brioche				✔	✔		WHEAT										
Pret's Coconut Porridge	✔	✔					*GF OAT										
Pret's Feta & Red Pepper Omelette	✔			✔	✔												
Pret's Proper Porridge	✔			✔			OAT										
Pret's Veggie Brioche	✔			✔	✔		WHEAT										
Sausage & Egg Brioche				✔	✔		WHEAT										
Very Berry Croissant	✔	✔					WHEAT										

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Cold Drinks		Suitable for		11th May 2020 V1												
Product	Vegetarians	Vegans	Contains these allergens													
			Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Apple Cider Vinegar & Berries Shot	✔	✔														
Apple Juice	✔	✔														
Avo Smoothie	✔	✔														
Carrot Juice	✔	✔														
Coco-Berry Bircher Smoothie	✔	✔					*GF OATS									
Coke	✔	✔														
Cranberry & Raspberry Pure Pret Still	✔	✔														
Daily Greens	✔	✔														
Ginger Shot	✔	✔														
Grapefruit Juice	✔															
Green Tea & Peach Pure Pret Still	✔	✔														
Hot Shot	✔															
Large Orange Juice	✔															
Lemon & Ginger Pure Pret Still	✔	✔														
Mango Smoothie Juice	✔															
Orange & Passion Fruit Pure Pret Still	✔	✔														
Orange Juice	✔															

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Cold Drinks		Suitable for														
Product	Vegetarians	Vegans	Contains these allergens													
			Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Pure Pret Apple Fizz	✔	✔														
Pure Pret Ginger Beer	✔	✔														
Pure Pret Ginger Kombucha	✔	✔														
Pure Pret Grape & Elderflower	✔	✔														
Pure Pret Green Tea Yoga Bunny	✔	✔														
Pure Pret Rhubarb Lemonade	✔	✔														
Sparkling Spring Water	✔	✔														
Still Water 500ml	✔	✔														
Still Water 750ml	✔	✔														
Vitamin Volcano	✔															

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ESSENTIALS & HEAT AT HOME			Suitable for		11th May 2020 V1												
Product	Vegetarians	Vegans	Contains these allergens														
			Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts	
French Spreadable	✔			✘													
Coconut-Rice Milk	✔	✔															
Coffee - Single Origin Ground	✔	✔															
Coffee - Classic Blend Ground	✔	✔															
Coffee - Espresso Beans	✔	✔															
Heat At Home: Macaroni Cheese Kale & Cauli	✔			✘			WHEAT										
Heat At Home: Macaroni Cheese Prosciutto				✘			WHEAT										
Oat Milk	✔	✔					OAT										
Semi-Skimmed Milk	✔			✘													
Skimmed Milk	✔			✘													
Soya Milk	✔	✔							✘								
Stone Baked Baguette	✔	✔	✘				WHEAT										
White Baguette	✔	✔					WHEAT										

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Fruit		Suitable for														
Product	Vegetarians	Vegans	Contains these allergens													
			Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Apple	✓	✓														
Banana	✓	✓														
British Berries Fruit Bowl	✓	✓														
Mango & Lime	✓															
Melon & Blueberry	✓	✓														
Nectarine	✓	✓														
Nectarine & Raspberries	✓	✓														
Pret's Fruit Salad	✓	✓														
SuperFruit Salad	✓	✓														
Watermelon & Lime Pot	✓															

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Salads		Suitable for		11th May 2020 V1												
Product	Vegetarians	Vegans	Contains these allergens													
			Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Asian Style Chicken Box			✗						✗							
Ancho Dressing	✓	✓														
Bang Bang Chicken Salad			✗		✗				✗							
Cali-Style Salmon Salad									✗			✗			✗	
Chef's Italian Chicken Salad				✗	✗							✗			✗	PISTACHIO
Chicken & Smashed Avo (Protein Pot)				✗	✗				✗							
Crayfish & Avocado No Bread												✗		✗		
French Dressing	✓	✓										✗				
Egg & Spinach Protein Pot	✓				✗											
Falafel Mezze Salad	✓	✓	✗									✗				
Feta Dressing	✓			✗	✗											
Green Dressing	✓	✓							✗							
Humous and Falafel Mezze	✓	✓	✗									✗				
Pret's Greek Salad	✓			✗								✗	✗			
Pret's Protein Box					✗											
Roast Squash, Pecans and Feta Salad	✓			✗								✗				PECANS
Salmon & Smashed Avo (Protein Pot)			✗						✗						✗	
Smoked Salmon & Egg (Protein Pot)					✗										✗	

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Salads		Suitable for														
Product	Vegetarians	Vegans	Contains these allergens													
			Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Smoked Salmon Protein Box					✗				✗			✗			✗	
Sweet Potato Falafel & Smashed Beets Veggie Box	✔	✔							✗			✗				
Tuna Nicoise Salad					✗							✗			✗	

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Sandwiches		Suitable for		11th May 2020 V1													
Product	Vegetarians	Vegans	Contains these allergens														
			Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts	
Best Ever BLT					✓		WHEAT, BARLEY										
Chicken Caesar & Avo Open Sandwich				✓	✓		*GF OAT					✓			✓		
Chicken, Avocado & Basil				✓	✓		WHEAT, BARLEY										
Classic Super Club					✓		WHEAT, BARLEY										
Cracking Egg Salad	✓				✓		WHEAT, BARLEY										
Crayfish & Avocado				✓	✓		WHEAT, BARLEY							✓			
Free-Range Egg Mayo	✓				✓		WHEAT, BARLEY					✓					
Ham & Cheese				✓			WHEAT, BARLEY										
Kids' Cheese Sandwich	✓			✓			WHEAT, BARLEY										
Kids' Free-range Egg Mayo Sandwich	✓				✓		WHEAT, BARLEY										
Kids' Ham Sandwich				✓			WHEAT, BARLEY										
Scottish Smoked Salmon				✓			WHEAT, BARLEY								✓		
Smoked Salmon & Soft Cheese Open Sandwich				✓			*GF OAT								✓		
Smoky Carrot & Falafel	✓	✓					WHEAT, RYE, BARLEY					✓					
Smashed Avo Open Sandwich	✓	✓					*GF OAT										
Tuna & Cucumber					✓		WHEAT, BARLEY								✓		
Veggie New Yorker on Rye	✓			✓	✓		RYE, WHEAT, BARLEY					✓					

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Sweet Treats		Suitable for		11th May 2020 V1												
Product	Vegetarians	Vegans	Contains these allergens													
			Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Almond Butter Bites	✔								✔							ALMOND
Banana Cake	✔			✔	✔		WHEAT									
Carrot Cake	✔			✔	✔		WHEAT									WALNUT
Choc Bar	✔			✔			WHEAT		✔							
Chocolate Brownie Bar	✔			✔	✔		WHEAT		✔							
Chocolate Chunk Cookie	✔			✔			WHEAT									
Chocolate Praline Cookie	✔			✔			WHEAT									HAZELNUT
Chocolate Moose	✔			✔					✔							
Clive's Passion Pot	✔			✔	✔				✔							
Coconut Bite	✔	✔							✔							
Dark Chocolate & Almond Butter Cookie	✔	✔					WHEAT									ALMOND
Dark Chocolate Corn Cakes	✔			✔					✔							
Dark Chocolate with Sea Salt	✔			✔					✔							ALL NUTS
Double Berry Muffin	✔			✔	✔		WHEAT									
Fruit, Oat & Spelt Cookie	✔			✔			WHEAT, OAT, SPELT									
Ginger Snap Biscuit	✔			✔			WHEAT									
Gingerbread Biscuit	✔				✔		WHEAT									
Gluten Free Lemon Drizzle Cake	✔			✔	✔				✔							ALMOND

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# Sweet Treats

Suitable for

11th May 2020 V1

Product	Vegetarians	Vegans	Contains these allergens													
			Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Lemon Cheesecake	✔			✔	✔		WHEAT									
Love Bar	✔			✔			OAT		✔							ALMOND, PISTACHIO
Mango Chia Pot	✔	✔														
Milk Chocolate Bar	✔			✔					✔							ALL NUTS
Pecan Slice	✔			✔	✔		WHEAT									PECAN
Pret's Pecan and Caramel Cookie	✔			✔			WHEAT		✔							PECAN
Pret's Bakewell Slice	✔			✔	✔		WHEAT									ALMOND
Pret Bar	✔			✔			WHEAT, OATS									
Pret's Nut Bar	✔								✔							ALMOND
Popcorn Bar	✔			✔					✔							
Pret's Shortbread	✔			✔			WHEAT									
Victoria Sponge	✔			✔	✔		WHEAT									ALMOND

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Pret Snacks		Suitable for		11th May 2020 V1												
Product	Vegetarians	Vegans	Contains these allergens													
			Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Almond Butter Sachet	✓	✓														ALMOND
Chocolatey Coconut Bite	✓	✓							✗							
Cranberries in Coats	✓			✗												
Dark Chocolate Salted Almonds	✓	✓							✗							ALMOND
Mature Cheddar & Red Onion Crisps	✓			✗												
Naked Nuts	✓	✓														ALMOND, WALNUT, HAZELNUT, CASHEW
Nuts, Fruit & Chocolate	✓			✗					✗							ALMOND
Pret A Mango	✓	✓														
Rock Salt Popcorn	✓	✓														
Sea Salt & Cider Vinegar Crisps	✓	✓														
Sea Salt Crisps	✓	✓														
Smoked Chipotle Crisps	✓	✓														
Sweet & Salt Popcorn	✓	✓														
Vegetable Crisps	✓	✓														

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Soups		Suitable for		11th May 2020 V1												
Product	Vegetarians	Vegans	Contains these allergens													
			Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Butter Portion	✔			✘												
Butternut & Lentil Dhal Soup	✔	✔														
Chicken , Broccoli & Brown Rice Soup																
Chicken & Butternut Risotto Soup																
Chicken, Shiitake & Miso Broth Soup									✔							
Pret's Multigrain Bread	✔	✔					*GF OAT									
Miso Soup							WHEAT BARLEY		✔						✔	
Pea & Mint Soup	✔	✔														
Pret's Chicken Fajita Soup																
Pret's Chicken Katsu Curry Soup									✔							
Pret's Mushroom Risotto Soup	✔	✔							✔		✔		✔			
Red Thai Veg Soup	✔	✔							✔							
Roast Chicken & Root Veg Soup							*GF OAT									
Smoky Sweetcorn Chowder Soup	✔	✔														
Souper Tomato	✔	✔														
Stone Baked Losange Soup Baguette	✔	✔					WHEAT									
*Gluten Free Oats																

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Wraps		Suitable for														
Product	Vegetarians	Vegans	Contains these allergens													
			Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Avocado & Herb Salad Wrap	✓			✓	✓		WHEAT, RYE									PINE NUTS
Bang Bang Chicken Salad Wrap			✓		✓		WHEAT, RYE		✓							
Chicken Pesto & Rocket Flat Bread				✓	✓		WHEAT									PINE NUTS
Falafel, Avo & Chipotle Flat Bread	✓	✓					WHEAT						✓			
Greek Inspired Chicken CS				✓	✓		WHEAT						✓			
Hoisin Duck Salad Wrap					✓		WHEAT, RYE		✓				✓			
Humous & Chipotle Wrap	✓	✓	✓				WHEAT, RYE									
Pret's Mediterranean Tuna					✓		WHEAT								✓	
Salmon & Avo Flat Bread				✓	✓		WHEAT								✓	
Vegan Chilli Wrap	✓	✓					WHEAT, RYE		✓		✓		✓			

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Barista Prepared Drinks		Suitable for		11th May 2020 V1													
Product	Vegetarians	Vegans	Contains these allergens														
			Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts	
Coffee																	
Americano Black (add milk or milk alternative if White Americano)	✓	✓															
Cappuccino Semi Skimmed milk	✓			✓													
Cappuccino Skimmed milk	✓			✓													
Cappuccino Soya (instead of milk)	✓	✓							✓								
Cappuccino Rice Coconut (instead of milk)	✓	✓															
Cappuccino Oat (instead of milk)	✓	✓					OAT										
Crème Brûlée Latte	✓			✓													
Crème Brûlée Skimmed Latte	✓			✓													
Crème Brûlée Decaf Latte	✓			✓													
Crème Brûlée Decaf Skimmed Latte	✓			✓													
Crème Brûlée Rice-Coconut Latte	✓	✓															
Crème Brûlée Decaf Rice-Coconut Latte	✓	✓															
Crème Brulee Soya Latte	✓	✓							✓								
Crème Brulee Decaf Soya Latte	✓	✓							✓								
Crème Brulee Oat Latte	✓	✓					OAT										
Crème Brulee Decaf Oat Latte	✓	✓					OAT										
Espresso	✓	✓															
Filter - Black Coffee (add milk or milk alternative if White Americano)	✓	✓															
Flat White Semi Skimmed milk	✓			✓													
Flat White Skimmed milk	✓			✓													
Flat White Soya (instead of milk)	✓	✓							✓								
Flat White Rice Coconut (instead of milk)	✓	✓															
Flat White Oat (instead of milk)	✓	✓					OAT										
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Barista Prepared Drinks		Suitable for															11th May 2020 V1	
Product	Vegetarians	Vegans	Contains these allergens															
			Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts		
Gingerbread Latte	✓			✓														
Gingerbread Decaf Latte	✓			✓														
Gingerbread Skimmed Latte	✓			✓														
Gingerbread Rice-Coconut Latte	✓	✓																
Crème Brûlée Decaf Skimmed Latte	✓			✓														
Gingerbread Decaf Rice-Coconut Latte	✓	✓																
Gingerbread Soya Latte	✓	✓							✓									
Gingerbread Decaf Soya Latte	✓	✓							✓									
Gingerbread Oat Latte	✓	✓					OAT											
Gingerbread Decaf Oat Latte	✓	✓					OAT											
Latte Semi Skimmed milk	✓			✓														
Latte Skimmed milk	✓			✓														
Latte Soya (instead of milk)	✓	✓							✓									
Latte Oat (instead of milk)	✓	✓					OAT											
Latte Rice Coconut (instead of milk)	✓	✓																
Macchiato Semi Skimmed milk	✓			✓														
Macchiato Skimmed milk	✓			✓														
Macchiato Soya (instead of milk)	✓	✓							✓									
Macchiato Oat (instead of milk)	✓	✓					OAT											
Macchiato Rice Coconut (instead of milk)	✓	✓																
Mocha Semi Skimmed milk	✓			✓														
Mocha Skimmed milk	✓			✓														
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			Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Mocha Soya (instead of milk)	✔	✔							✔							
Mocha Rice Coconut (instead of milk)	✔	✔														
Mocha Oat (instead of milk)	✔	✔					OAT									
Chai Latte	✔			✔												
Chai Latte Rice Coconut (instead of Milk)	✔	✔														
Matcha Latte Rice Coconut (instead of Milk)	✔	✔														
Turmeric Latte Rice Coconut (instead of Milk)	✔	✔														
Smoothies																
Berry Blast	✔	✔														
Mango & Pineapple	✔	✔														
Strawberry & Banana	✔	✔														
Frappés																
Classic Frappé Semi Skimmed milk	✔			✔												
Classic Frappé Skimmed milk	✔			✔												
Chocolate Frappé Semi Skimmed milk	✔			✔												
Chocolate Frappé Skimmed milk	✔			✔												
Frappé Mix	✔			✔												
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Iced Drinks																	
Iced Latte Semi Skimmed Milk	✓			✓													
Iced Latte Skimmed Milk	✓			✓													
Iced Latte Soya (instead of milk)	✓	✓							✓								
Iced Latte Rice Coconut (instead of milk)	✓	✓															
Iced Latte Oat (instead of milk)	✓	✓					OAT										
Iced White Americano Semi Skimmed Milk	✓			✓													
Iced White Americano Skimmed Milk	✓			✓													
Iced White Americano Oat (instead of milk)	✓	✓					OAT										
Iced White Americano Soya (instead of milk)	✓	✓							✓								
Iced White Americano Rice Coconut (instead of milk)	✓	✓															
Turmeric Iced Latte Rice Coconut	✓	✓															
Cold Brew																	
Cold Brew (no milk)	✓	✓															
Cold Brew Semi Skimmed Milk	✓			✓													
Cold Brew Skimmed Milk	✓			✓													
Cold Brew Soya (instead of milk)	✓	✓							✓								
Cold Brew Oat (instead of milk)	✓	✓					OAT										
Cold Brew Rice Coconut (instead of milk)	✓	✓															
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Product	Vegetarians	Vegans	Contains these allergens														
			Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts	
Syrups																	
Caramel Shot	✓	✓															
Crème Brûlée Syrup	✓	✓															
Hazelnut Shot	✓	✓															
Mint Syrup shot	✓	✓															
Pumpkin Spice shot	✓	✓															
Sugar Cane Syrup	✓	✓															
Vanilla Shot	✓	✓															
Milk shot																	
Semi Skimmed	✓			✓													
Skimmed	✓			✓													
Soya (instead of milk)	✓	✓							✓								
Rice Coconut (instead of milk)	✓	✓															
Oat (instead of milk)	✓	✓					OAT										
Tea																	
Ceylon Breakfast (add milk or milk alternative if White)	✓	✓															
Earl Grey (add milk or milk alternative if White)	✓	✓															
Peppermint (add milk or milk alternative if White)	✓	✓															
Tropical Green (add milk or milk alternative if White)	✓	✓															
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Product	Vegetarians	Vegans	Contains these allergens														
			Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts	
Milk / instead of milk cup																	
Semi Skimmed milk cup	✓			✓													
Skimmed milk cup	✓			✓													
Soya (instead of milk) cup	✓	✓							✓								
Rice Coconut (instead of milk) cup	✓	✓															
Oat (instead of milk) cup	✓	✓					OAT										
Babyccino	✓			✓													
Hot Infusions																	
Hot Infusion Lemon and Ginger	✓	✓															
Hot Infusion Raspberry and Pomegranate	✓	✓															

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