

We prepare our fresh food and Barista-made drinks in our shops every day. We use many ingredients and shared equipment, and whilst we do our best to manage allergens we cannot guarantee that any of our food or Barista-made drinks are allergen-free or suitable for those with allergies due to the risk of cross-contact. Our vegan food is made to a vegan recipe but is not suitable for those with milk and egg allergies.

## INTRODUCTION

Here you'll find a list of all of the products sold in our shops, with allergens listed along the top of the page for easy reference. If a product contains one of these ingredients, then you will find a tick in the corresponding box

Where a product contains 'Cereals Containing Gluten' and 'Nuts: you will find specific ingredients listed (e.g., wheat, rye, oats)

## Please remember to check our guide and the ingredient label

 regularly as recipes do change from time to time - the last thing we want is for anyone being caught out by a new take on an old favourite.We prepare our fresh food and Barista-made drinks in our shops every day. We use many ingredients and shared equipment, and whilst we do our best to manage allergens we cannot guarantee that any of our food or Baristamade drinks are allergen-free or suitable for those with allergies due to the risk of cross-contact. Our vegan food is made to a vegan recipe but is not suitable for those with dairy and egg allergies.

In line with the Vegan Society recommendations we at
Pret are using the term 'vegan-friendly' to label products
that may not be made in dedicated vegan sites.

\section*{The Food Standards Agency regards the following ingredients and their derivatives as allergens: <br> | Peanuts | Tree Nuts |
| :--- | :--- |
| Sesame | Cereals containing Gluten |
| Crustaceans | Celery \& Celeriac |
| Egg | Fish |
| Lupin | Milk |
| Mustard | Mollusc |
| Soya | Sulphites |}

In addition we also declare Pine Nuts as an allergen
If you are interested in an ingredient outside the 14 listed above please look at the ingredient list on the website or the label on the individual product

If you have any trouble finding what you're looking for, just ask the Manager - they'll be more than happy to help.

We understand that no matter how detailed our guide is, there may be times when it can't answer the questions you may have. If you need to know more, please do visit our website at www.pret.co.uk or contact our Customer Service Team on 02078278801.

This Allergen Guide only covers food and drink sold in our UK shops



| Contents Key: <br> $\checkmark$ (Product Contains) Y (Suitable For) |  |  | $R O \text { NT NTN }$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| Product |  |  | Peanut | Tree Nuts |  |  |  |  |  |  |  | Sesame | Cereals containing gluten |  |  |  |  |  |  | $\begin{gathered} \text { Celery } \\ \text { cand } \\ \text { celeriac } \end{gathered}$ | Egg | Fish | Mik |  |  | Lupin | Moluscs | Mustard | Soya | Suphites | Pine Nuts |
|  |  |  |  | Amond | Brazil Nuts | Cashews | Hazelut | Macadamia | Pecan | Pistachio | Wanut |  | Barey | $\begin{aligned} & \text { Kamult } \\ & \text { (Wheat) } \end{aligned}$ | Oats | Rye | (Wheat)Spett <br> (W) | Wheat | Crustacean |  |  |  | cow | Goat | Sheep |  |  |  |  |  |  |
| Rolls |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Egg, Mustard \& Tomato Rye Roil | Y |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  | $\checkmark$ |  |  |  |
| Jambon Buerre |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Mediteranean Style Tuna Rye Roll |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ | $\checkmark$ |  |  |  |  |  |  |  |  |  |
| New Yorker Rye Roll |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  | $\checkmark$ |  |  |  |
| Scandi Style Salmon |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  | $\checkmark$ |  |
| Veggie Deir Rye Roll | Y |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |
| Wraps |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Avo \& Herb Wrap | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  | $\checkmark$ |
| Chicken Pesto Wrap |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  | $\checkmark$ |
| Chicken Satay Wrap |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  | $\checkmark$ |  |  |
| Falatel, Avocado \& Chipote Salad Wrap | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |
| Hoisin Duck Salad Wrap |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  | $\checkmark$ |  |  |
| Humous C Chiotte Wrap | Y | Y |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Flatbreads |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicken Shawarma Flatread |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Falafel, Avo \& Chipotle Flatread | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |
| Mediteranean Tuna Flatioread |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  | $\checkmark$ | $\checkmark$ |  |  |  |  |  |  |  |  |  |
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| Contents Key: <br> $\checkmark$ (Product Contains) <br> Y (Suitable For) |  |  | Breakfast |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
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| Product | 彥 |  | Peanut | Tree Nuts |  |  |  |  |  |  |  | Sesame | Cereals containing gluen |  |  |  |  |  |  | $\begin{gathered} \text { Celery } \\ \text { cand } \\ \text { celeriac } \end{gathered}$ | Eg9 | Fish | mik |  |  |  | Moluscs | Mustard | Soya | Suphites | Pine Nus |
|  |  |  |  | Almond | $\begin{aligned} & \text { Brazil } \\ & \text { Nuts } \end{aligned}$ | Cashews | Hazelnut | Macadamia | Pecan | Pistachio | Wanut |  | Barey | $\begin{array}{\|l\|l} \text { Kamut } \\ \text { (Wheat) } \end{array}$ | Oats | Rye | $\begin{array}{\|c} \text { Spelt } \\ \text { (Wheat) } \end{array}$ | Wheat | Crustacan |  |  |  | Cow | Goat | Sheep |  |  |  |  |  |  |
| Almond Croissant | Y |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Bacon 2 Egg Breakfast Rol |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Breakfast Baguete Free-Range Egg Mayo \& Avocado | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |
| Breaktast Baguette Free-Range Egg Mayo \& Bacon |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |
| Breaktast Baguete Roasted Tomatoes \& Egg Mayo | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |
| Breakfast Baguete Salmon \& Egg Mayo |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  | $\checkmark$ | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |  |  |
| Butter Croissant | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Chese Twist | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Chooclate Croissant | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |  |
| Cimamon Danish | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Ham, Cheses, Tomato \& Bacon Croissant |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Mozzarla \& Tomato Criossant | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Pain aux Rasis | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Pastel de Nata | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Porridge Topper - Chocolate, Banana \& Coconut | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |
| Poridge Topper - Craneery \& Seeds | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Poridge Topper - Seed \& Fruit | Y | $Y$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Porridge Topping - Five Bery Compote | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Poridge Topping - Honey | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Prets Bacon Breaktast Roll |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Prets Proper Porrige | Y |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Prets Veggie Breakfast Roll | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Suusage \& Egg Breakkast Roll |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Very Bery Criossant | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
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## Pret's Hot

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| Product |  |  | Peanut | Tree Nuts |  |  |  |  |  |  |  | same | Cereals containing gluten |  |  |  |  |  | Crustacaan |  | Eg9 | Fish | Mik |  |  | Lupin | Moluscs | Mustard | Soya | Suphites | ne Nuts |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | Almond | Brazil <br> Nuts | Cashews | Hazelnut | Macadamia | Pecan | Pistachio | Wanut |  | Barley | $\begin{array}{\|l\|l\|} \hline \text { Kamult } \\ \text { (Wheat) } \end{array}$ | Oats | Rye | $\begin{gathered} \text { Spelt } \\ \text { (Wheat) } \end{gathered}$ | Wheat |  |  |  |  | Cow | Goat | Sheep |  |  |  |  |  |  |
| Chicken \& Pork Stufing Hot Baguete |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  | $\checkmark$ |  |
| Chipote Chicken Mozzaerla \& Feta Hot Baguete |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |  |  |  |  | $\checkmark$ | $\checkmark$ |  |  |  |  |  |  |
| Falafel \& Halloumi Hot Wrap | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  | $\checkmark$ | $\checkmark$ | $\checkmark$ |  |  |  |  |  |  |
| Garic \& Herb Swirl | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Halan Style Chicken \& Basil Hot Wrap |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Kale Macaroni Cheese | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Macaron Chesse Prosciuto |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Meatess Meatball Hot Wrap | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Prosciuto \& Mozzarella Hot Baguete |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Prets Sausage Roll |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Swedish Meatball Hot Wrap |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Tomato, Red Pepper \& Mozzorella Hot Baguette | Y |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Tuna Mett Hot Baguette |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |  | $\checkmark$ | $\checkmark$ | $\checkmark$ |  |  |  |  |  |  |  |  |
| Toastis |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicken \& Prosciuto Toastie |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  | $\checkmark$ | $\checkmark$ |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Classic Cheese Toastie |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  | $\checkmark$ | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |
| Creamy Mustroom Toastie |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  | $\checkmark$ | $\checkmark$ |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Halloumi, Red Pepper \& Basil Toastie |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  | $\checkmark$ | $\checkmark$ |  | $\checkmark$ |  |  |  |  | $\checkmark$ | $\checkmark$ | $\checkmark$ |  |  |  |  |  |  |
| Ham \& Cheese Toastie |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  | $\checkmark$ | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |
| Kid's Pizza Toastie |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Tuna Melt Toastie |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  | $\checkmark$ | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ | $\checkmark$ | $\checkmark$ |  |  |  |  |  |  |  |  |






| Contents Key: <br> $\checkmark$ (Product Contains) <br> Y (Suitable For) |  |  | Snacks |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | We prepare our freshly made food and Barista-made drinks in our shops every day. We use many ingredients and shared equipment, and whilst we do our best to manage allergens we cannot guarantee that any of our food or drinks are allergen-free or suitable for those with allergies due to the risk of cross-contact. Our vegan food is made to a vegan recipe but not suitable for those with milk and egg allergies. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Product |  |  | Peanut | Tree Nuts |  |  |  |  |  |  |  | Sesame | Cereals containing gluten |  |  |  |  |  | Crustacean | $\begin{gathered} \text { Celery } \\ \text { and } \\ \text { celeriac } \end{gathered}$ | Eg9 | Fish | Milk |  |  | Lupin | Moluscs | Mustard | Soya | Sulphites | Pine Nuts |
|  |  |  |  | Almond | Brazil Nuts | Cashews | Hazelnut | Macadamia | Pecan | Pistachio | Walut |  | Barley | Kamult (Wheat) | Oats | Rye | $\begin{array}{\|c} \text { Spelt } \\ \text { (Wheat) } \end{array}$ | Wheat |  |  |  |  | Cow | Goat | Sheep |  |  |  |  |  |  |
| Almond Butter Protein Ball | Y | Y |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |
| BBQ Popped Chickpea Chips | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chill, Bean \& Seed Toritla Chips | $\mathbf{Y}$ | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cranberries in Coats | $Y$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Dark Chocolate Salted Almonds | $Y$ | Y |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |
| Fruit \& Seed Bite | $Y$ | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fruit, Nuts \& Chocolate | $Y$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |  |
| Mature Cheddar \& Red Onion Crisps | $Y$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Milk Chocolate Bar | $Y$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |  |
| Salted Caramel Dessert Pot | $Y$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Pret A Mango | $Y$ | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Salted Crunchy Corn | $Y$ | $Y$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sea Salt \& Cider Vinegar Crisps | $Y$ | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sea Salt Crisps | $Y$ | $Y$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sea Salt Popcorn | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Smoked Chipote Crisps | Y | $Y$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sweet \& Salt Popocorn | $Y$ | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Smoky Sweet Crunch Mix | Y |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |
| We prepare our freshly made food and Barista-made drinks in our shops every day. We use many ingredients and shared equipment, and whist we do our best to manage allergens we cannot guarantee that any of our food or drinks are allergen-free or suitable for those with allergies due to the risk of cross-contact. Our vegan food is made to a vegan recipe but not suitable for those with milk and egg allergies. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |


| $\begin{aligned} & \text { Contents Key: } \\ & \text { V (Product Contains) } \\ & \text { Y (Suitable For) } \end{aligned}$ |  |  | NWWeetrer |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
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| Product |  |  | Peanut | Tree Nuts |  |  |  |  |  |  |  | Sesame | Cereals containing gluten |  |  |  |  |  | Crustacean | $\begin{gathered} \text { Celery } \\ \text { and } \\ \text { celeriac } \\ \hline \end{gathered}$ | Eg9 | Fish | Milk |  |  | Lupin | Moluscs | Mustard | Soya | Suphites | Pine Nuts |
|  | 䇾 |  |  | Almond | $\begin{aligned} & \hline \text { Brazl } \\ & \text { Nuts } \end{aligned}$ | Cashews | Hazelnut | Macadamia | Pecan | Pistachio | Wanut |  | Barey | $\begin{array}{\|l\|l} \hline \text { Kamult } \\ \text { (Wheat) } \end{array}$ | Oats | Rye | $\left.\begin{array}{\|c\|} \hline \text { Spelt } \\ \text { (wheat) } \end{array} \right\rvert\,$ | Wheat |  |  |  |  | Cow | Goat | Sheep |  |  |  |  |  |  |
| Almond Butter Bite | Y |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |
| Banana Fridge cake | $Y$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Caramel Waflie | $Y$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |  |
| Carrot Cake | $Y$ |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Choo Bar | $Y$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |  |
| Chocolate Brownie Bar | $Y$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |  |
| Chocolate Chunk Cookie | $Y$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Chocolate Moose Dessert Pot | $Y$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |  |
| Coconut Bite | $Y$ | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |
| Dark Chocolate \& Almond Butter Cookie | $Y$ | $\boldsymbol{Y}$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Dark Chocolate Com Cakes | $Y$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |
| Dark Chocolate with Sea Salt | $Y$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |
| Double Bery Muffin | $\mathbf{Y}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Fruit, Oat \& Spent Cookie | Y |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  | $\checkmark$ | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Hazelnut Truftles | Y | Y |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lemon Cake | Y |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |  |
| Lemon Cheesecake | $\mathbf{Y}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Love Bar | Y |  |  | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |  |
| Nut Bar | $\mathbf{Y}$ | Y |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |
| Peach \& Almond Bakewell | $\mathbf{Y}$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Popcorm Bar | $\mathbf{Y}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |  |
| Prets Caramel Shortbread | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |  |
| Pret's Gingerbread Biscuit (Annie \& Godfrey) | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |
| Pret Bar | Y |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Prets Coffee Caramel Silice | $\mathbf{Y}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |  |
| Raspberry \& White Chocolate Cookie | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |  |
| Raspberry Cheesecake Brownie | $\mathbf{Y}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |  |
| Scone with Jam, Butter \& Cloted Cream | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| We prepare our fre any of our food or |  |  | d ar | Bar | ta- | de dr <br> able f | rinks in <br> for tho | our s <br> e with | ps | $\begin{aligned} & \text { ery } \\ & \text { es d } \end{aligned}$ |  | use e ris |  | $\begin{aligned} & \text { ingr } \\ & \text { sss-c } \end{aligned}$ |  |  | $\begin{aligned} & \text { hare } \\ & \text { cga } \end{aligned}$ | $\begin{aligned} & \text { equi } \\ & \text { ood } \end{aligned}$ | ment, made | $\begin{gathered} d w \\ \mathbf{a v} \end{gathered}$ | $\begin{aligned} & \text { ilst } \\ & \text { gan } \end{aligned}$ | do |  | to |  | alle | ens | cann | $\begin{aligned} & \text { ot } \mathrm{g} \\ & \text { ind } \end{aligned}$ |  | that gies. |


| Contents Key: <br> $\checkmark$ (Product Contains) <br> Y (Suitable For) |  |  | Barista Prepared |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
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| Product |  |  | Peanut | Tree Nuts |  |  |  |  |  |  |  | Sesame | Cereals containing gluten |  |  |  |  |  | Crustacean | $\begin{array}{\|c} \text { Celery } \\ \text { and } \\ \text { celeriac } \end{array}$ | Eg9 |  | Mik |  |  | Lupin | Moluscs | Mustard | Soya | Suphites | Nuts |
|  |  |  |  | Almond | ( | Cashews | Hazelnut | Macadamia | Pecan | Pistachio | Wanut |  | Barey | $\begin{array}{\|l\|l} \text { Kamult } \\ \text { (Wheat) } \end{array}$ | Oats | Rye | Spett | Wheat |  |  |  |  | Cow | Goat | Sheep |  |  |  |  |  |  |
| Cofice |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Americano Black | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Americano Semi Skimmed mik | $Y$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Americano Skimmed mik | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Americano Soya (instead of mik) | $Y$ | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |
| Americano Coconut ( instead of milk) | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Americano Oat (instead of mik) | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cappuccino Semi Skimmed milk | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Cappucino Skimmed mik | $Y$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Cappuccino Soya (instead of milk) | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |
| Cappucino Coconut (instead of mik) | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cappucino Oat (instead of mik) | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Espresso | $Y$ | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Filter - Black Coffee (add milk or milk alernative if White Americano) | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Falt White Semi Skimmed mik | $Y$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Fat White Skimmed mik | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Flat White Soya (instead of mik) | $Y$ | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |
| Flat White Coconnut (instead of milk) | $\boldsymbol{Y}$ | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Flat White Oat (instead of milk) | $Y$ | Y |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Latte Semi Skimmed milk | $Y$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Latte Skimmed milk | $Y$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Latte Soya (instead of mik) | $Y$ | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |
| Latte Oat ( instead of mik) | $Y$ | Y |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Latte Coconut (instead of mik) | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| Contents Key: <br> $\checkmark$ (Product Contains) <br> Y (Suitable For) |  |  | Barista Prepared |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
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| Product | 彥 |  | Peanut | Tree Nuts |  |  |  |  |  |  |  | Sesame | Cereals containing gluen |  |  |  |  |  | Crustacean | $\begin{array}{\|c} \text { Celery } \\ \text { and } \\ \text { celeriac } \end{array}$ | Eg9 | Fish | Mik |  |  | Lupin | Moluscs | Mustard | Soya | Suphites | Pine Nuts |
|  |  |  |  | Almond | $\begin{aligned} & \text { Brazil } \\ & \text { Nuts } \end{aligned}$ | Cashews | Hazelnut | Macadamia | Pecan | Pistachio | Wanut |  | Bartey | $\begin{aligned} & \text { Kamult } \\ & \text { (Wheat) } \end{aligned}$ | Oats | Rye | $\left.\left\lvert\, \begin{array}{c} \text { Spelt } \\ \text { (Wheat) } \end{array}\right.\right)$ | Wheat |  |  |  |  | cow | Goat | Sheep |  |  |  |  |  |  |
| Matcha Latte Soya (instead of Mili) | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |
| Matcha Late Oat (instead of Mik) | $Y$ | Y |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Iceed Dinks |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 'ced Latte Semi Skimmed Mik | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Iced Late Skimmed Milk | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Leed Late Soya (instead of mik) | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |
| ced Latte Coconut ( instead of milk) | $Y$ | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ceed Latte Oat (instead of mik) | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 'ced Chai Late Semi Skimmed Mik | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Leed Chai Late Skimmed Mik | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Iced Chai Latte Coconut (instead of Mili) | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Iced Chai Late Soya (instead of Mik) | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |
| ceed Chai Late Oat (instead of Mik) | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Iced Dirty Chai Latte Semi Skimmed Mik | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| ceed Dirty Chai Late Skimmed Mik | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Iced Dirty Chai Latte Coconut (instead of <br> Milk) | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Iced Dirty Chai Latte Soya (instead of Miik) | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |
| Iced Dirty Chai Late Oat (instead of Mili) | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Iced Matcha Late Semi Skimmed Mik | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Ieed Matcha Latte Skimmed Mik | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| $\begin{aligned} & \text { Iced Matcha Latte Coconut (instead of } \\ & \text { Milk) } \end{aligned}$ | $Y$ | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 'ced Matcha Late Soya (instead of Milk) | $Y$ | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |
| Iced Matcha Late Oat (instead of Mik) | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| Contents Key: <br> $\checkmark$ (Product Contains) <br> Y (Suitable For) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | We prepare our freshly made food and Barista-made drinks in our guarantee that any of our food or drinks are allergen-free or suit |  |  |  |  |  |  |  |  |  | able | $\begin{aligned} & \text { ps ev } \\ & \text { or tho } \end{aligned}$ | y day with |  |  | y ingr | dients <br> isk of gies. | oss- | $\begin{aligned} & \text { red } \\ & \text { ntac } \end{aligned}$ | uipm Our |  | d wh odi |  |  | best to gan re |  |  | ens we table for | nnot <br> those |
| Product |  |  |  |  |  |  |  |  |  |  |  |  | eals containing gluten |  |  |  |  |  | Custace | $\begin{aligned} & \text { Celery } \\ & \text { and } \end{aligned}$celeriac | Eg9 | Fish | Mik |  |  | Lupin | Moluscs | Mustard | Soya | Suphtes | ine |
|  |  |  |  |  |  |  |  |  |  |  |  |  | Bartey | $\left.\begin{array}{c} \text { Kamult } \\ \text { (Wheat) } \end{array}\right)$ | Oats | Rye | $\left.\begin{array}{\|c} \hline \text { Spelt } \\ \text { (wheat } \end{array}\right)$ | Wheat |  |  |  |  | Cow | Goat | Sheep |  |  |  |  |  |  |
| Iced Mocha Semi Skimmed Mik | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Iced Mocha Skimmed Mik | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| ced Mocha Soya (instead of mik) | $\boldsymbol{Y}$ | $Y$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |
| Iced Mocha Coconut (instead of mik) | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Ceed Mocha Oat (instead of mik) | $Y$ | Y |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ceed White Americano Semi Skimmed Mik | $Y$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Leed White Americano Skimmed Mik | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Iced White Americano Oat (instead of mik) mit | $Y$ | Y |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| lced White Americano Soya (instead of milk) | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |
| $\begin{array}{l}\text { Iced White Americano Coconut (instead of } \\ \text { mik) }\end{array}$ | Y | $Y$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pret Coolers |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Applejito | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Feelin' Peachy | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mango Sunise | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Raspberry Lemonade | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Hot Chocolite |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Hot Chocolate Semi Skimmed Mik | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Hot Chocolate Skimmed Mik | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Hot Chocolate Soye (instead of milk) | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |
| Hot Chocolate Coconut (instead of mik) | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Hot Chocolate Oat (instead of milk) | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Hot Chocolate Powder | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Hot Chocolate Hazelnut | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Hot Chocolate Hazelnut Skimmed | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |
| Hot Chocolate Hazelnut Soya (instead of <br> mik) | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |
| Hot Chocolate Hazelnut Coconut (instead <br> of mik) | $Y$ | $\boldsymbol{Y}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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Contents Key: $\checkmark$ (Product Contains) Y (Suitable For)

## Barista Prepared Drinks

We prepare our freshly made food and Barista-made drinks in our shops every day. We use many ingredients and shared equipment, and whilst we do our best to manage allergens we cannot guarantee that any of our food or drinks are allergen-free or suitable for those with allergies due to the risk of cross-contact. Our vegan food is made to a vegan recipe but not suitable for those with milk and egg allergies.

| Product | 器 | 矿 | Peanut | Tree Nuts |  |  |  |  |  |  |  | Sesame | Cereals containing gluten |  |  |  |  |  | Crustacan | $\begin{aligned} & \text { Celery } \\ & \text { and } \\ & \text { celeriac } \end{aligned}$ | Egg | Fish | mik |  |  | Lupin | Molluscs | Mustar | Soy | Suphite | Pine Nut |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | Almond | Brazil Nuts | Cash | Hazelnut | Macadamia | Pecan | Pistachio | Walnut |  | Barey | ( $\begin{aligned} & \text { Kamut } \\ & \text { (Wheat) }\end{aligned}$ | Oats | Rye | Spett | Wheat |  |  |  |  | Cow | Goat | Sheep |  |  |  |  |  |  |
| Hot Chocolate Hazelnut Oat (instead of mik) | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Syups \& Toppings |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |



 or suitable for those with allergies due to the risk of cross-contact. Our vegan food is made to a vegan recipe but not suitable for those with milk and egg allergies.

