

Allergen Guide 4th June 2024 V1

INTRODUCTION

Here you'll find a list of all of the products sold in our shops, with allergens listed along the top of the page for easy reference. If a product contains one of these ingredients, then you will find a tick in the corresponding box.

Where a product contains *'Cereals Containing Gluten'* and 'Nuts: you will find specific ingredients listed (e.g., wheat, rye, oats).

Please remember to check our guide and the ingredient label regularly as recipes do change from time to time - the last thing we want is for anyone being caught out by a new take on an old favourite.

We prepare our fresh food and Barista-made drinks in our shops every day. We use many ingredients and shared equipment, and whilst we do our best to manage allergens we cannot guarantee that any of our food or Baristamade drinks are allergen-free or suitable for those with allergies due to the risk of cross-contact. Our vegan food is made to a vegan recipe but is not suitable for those with dairy and egg allergies.

In line with the Vegan Society recommendations we at Pret are using the term '*vegan-friendly*' to label products that may not be made in dedicated vegan sites. The Food Standards Agency regards the following ingredients and their derivatives as allergens:

Tree Nuts
Cereals containing Gluten
Celery & Celeriac
Fish
Milk
Mollusc
Sulphites

In addition we also declare Pine Nuts as an allergen

If you are interested in an ingredient outside the 14 listed above please look at the ingredient list on the website or the label on the individual product.

If you have any trouble finding what you're looking for, just ask the Manager - they'll be more than happy to help.

We understand that no matter how detailed our guide is, there may be times when it can't answer the questions you may have. If you need to know more, please do visit our website at **www.pret.co.uk** or contact our Customer Service Team on **0207 827 8801**.

This Allergen Guide only covers food and drink sold in our UK shops



Contents Key: ✔ (Product Contain:	s)]	Ba	ıgı	let	tte	S	&	Sa	and	W	icl	ne	S								
Y (Suitable For)														itable	for the	ose wit	h aller	gies dı	ingredien ue to the	risk of (
													ī					and eg	gg allergi	es.			ī			T	7				
	<	Veg		-	r	1	Tre	e Nuts					-	с	ereals cont	aining glute	en		-				-	Milk							
Product	getarians	an Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Baguettes Artichoke Antipasti Baquette	Y	Y		1	r –	1						~	-					_	1				-			r –	1				
Artichoke, Tapenade & Olive	Y	Y																~													
Herby Avo & Red Pepper Baguette	Y	Y										<u> </u>						* ×													
Avo, Olives & Toms	Y	Y																~													~
	Y	T																v					~								•
Brie, Tomato & Basil Chicken Caesar & Bacon	T											~						* *			~	~	~								
	-					-						~										· ·									
Chicken Salad Baguette																		>			V		~								
Smoked Salmon, Egg Mayo & Avo												v						•			v	~									
Italian Prosciutto												¥						~			V		~								
Mexican Style Avo & Pepper	Y	Y				ļ						v						~													
Posh Cheddar & Pickle	Y											v						>			v		v					~			
Free Range Egg Mayo & Smoked Salmon																		>			✓	×						•			
Mozzarella, Roasted Pepper & Pesto Baguette	Y											✓						v			V		v								v
Spicy Tuna																		~			~	~	~								
Sticky Mushroom Bahn Mi	Y	Y										¥						v											~		
Sweet Chilli Chicken Baguette												¥						~											~		
Tuna Mayo & Cucumber																		>			v	~									
Tuna Nicoise												~						~			v	~	•								
Wiltshire-Cured Ham & Greve																		v			V		~					v			
Sandwiches																															
BLT													•					>			v										
Chicken, Avocado & Basil													~					>			v		~								
Chicken & Pork Stuffing													v					>			v									V	
Chicken Salad													<					۲			<		<								
Classic Super Club													v					>			>										
Crayfish & Rocket													v					>	~		>										
Free-Range Egg Mayo	Y				T								~					>			¥							v			
Ham & Cheese													~					>					~								
Humous & Veg	Y	Y										¥	v					>													
Kids' Cheese Triangles	Y												~					>					~								
Kids' Chicken & Cucumber Triangles													~					V			v										
Kids' Ham Triangles													~					~					~								
Mature Cheddar & Pickle	Y					1							~					>			¥		~								
Scottish Smoked Salmon				1			1						~					~	1			~	~								
Super Greens & Reds	Y	Y											v					V													
Tuna Mayo & Cucumber			1										~					~			~	~									
The VLT	Y	Y																¥													
We prepare our freshly ma			Ravi	sta_me	de dr	inke ir	1 our s	honses	erv d	av W	e 1160 1	nanv		lients	and e	ared	equip		and whi	ilst wo	do ou	r hest	to me	angga	allera	ens w	e cann	ot ane	rantaa	that	ny of
our food or drinks								-	•	•		•																			my-01

Contents Key: ✔ (Product Contai Y (Suitable For)												lrinks i	n our	shops iitable	every (for the	day. V ose wi	Ve use th aller	many gies d	ingredien ue to the s gg allergie	ts and risk of	share	l equip									
	<	Ve					Tree N	uts						(Cereals con	taining glut	en							Milk	•						
Product	egetarians	gan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut Ma	acadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Rolls																															
Egg, Mustard & Tomato Rye Roll	Y												~			~		~			~							~			
Jambon Buerre																		~					>								
Mediterranean Style Tuna Rye Roll													~			~		~			>	>									
New Yorker Rye Roll													~			~		v			>							v			
Scandi Style Salmon													~			<		•			>	<						>		•	
Veggie Deli Rye Roll	Y												~			<		~			~		<					<			
Wraps																															
Avo & Herb Wrap	Y															<		~			~		<								~
Chicken Pesto Wrap																•		~			V		~								~
Chicken Satay Wrap																~		v			>								~		
Fajita Chicken & Avo Wrap																~		~													
Falafel, Avocado & Chipotle Salad Wrap	Y	Y														~		~												~	
Hoisin Duck Salad Wrap							1									~		~			>								~		
Humous & Chipotle Wrap	Y	Y										~				~		~													
Thai Style Avo & Slaw Wrap	Y	Y														~		~											>		
Tandoori Bhaji Salad Wrap	Y															~		V			~		V							>	

Contents Key: ✔ (Product Contains)

Y (Suitable For)

Breakfast

We prepare our freshly made food and Barista-made drinks in our shops every day. We use many ingredients and shared equipment, and whilst we do our best to manage allergens we cannot guarantee that any of our food or drinks are allergen-free or suitable for those with allergies due to the risk of cross-contact. Our vegan food is made to a vegan recipe but not suitable for those with milk and egg allergies.

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	Ve	Veç					Tr	ee Nuts						C	Cereals cont	aining glute	n							Milk							
Product	egetarians	gan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Almond Croissant	Y			>														>			<		٢								
Bacon & Egg Breakfast Roll																v		~			~		~								
Breakfast Baguette Free-Range Egg Mayo & Avocado	Y																	•			•										
Breakfast Baguette Free-Range Egg Mayo & Bacon																		•			•										
Breakfast Baguette Roasted Tomatoes & Egg Mayo	Y																	>			•										
Breakfast Baguette Salmon & Egg Mayo																		>			<	>						>			
Butter Croissant	Y																	>			•		٢								
Cheese Twist	Y																	>			•		٢								
Chocolate Croissant	Y																	>			•		٢						•		
Cinnamon Danish	Y																	>			۲		٢								
Ham, Cheese, Tomato & Bacon Croissant																		>			•		٢								
Mozzarella & Tomato Croissant	Y																	>			۲		٢								
Pain aux Raisin	Y																	•			•		•								
Pastel de Nata	Y																	>			>		•								
Porridge Topper - Chocolate, Banana & Coconut	Y	Y																											~		
Porridge Topper - Cranberry & Seeds	Y	Y																													
Porridge Topper - Seed & Fruit	Y	Y																													
Porridge Topping - Five Berry Compote	Y	Y																													
Porridge Topping - Honey	Y																														
Pret's Bacon Breakfast Roll																~		~					~								
Pret's Proper Porridge	Y														•								~								
Pret's Protein-Packed Shakshuka	Y																				<			~	~						
Pret's Veggie Breakfast Roll	Y															•		~			٢		٢								
Sausage & Egg Breakfast Roll																<		~			~		٢								
Very Berry Croissant	Y	Y																~													

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Cold Drinks

We prepare our freshly made food and Barista-made drinks in our shops every day. We use many ingredients and shared equipment, and whilst we do our best to manage allergens we cannot guarantee that any of our food or drinks are allergen-free or suitable for those with allergies due to the risk of cross-contact. Our vegan food is made to a vegan recipe but not suitable for those with milk and egg allergies.

		<					Tree	Nuts							Cereals cont	aining gluten								Milk							
Product	Vegetarians	egan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine N
Apple Juice	Y	Y																													
Coke (all types)	Y	Y																													
Cranberry, Raspberry & Pomegranate Pret Still	Y	Y																													
Easy Greens	Y	Y																													
Ginger Shot	Y	Y																													
Green Tea & Peach Pret Still	Y	Y																													
Hot Shot	Y	Y																													
Lemon & Ginger Pret Still	Y	Y																													
Mango Smoothie	Y																														
Mango, Passion Fruit & Lime Pret Still	Y	Y																													
Orange Juice	Y																														
Pret Apple Fizz	Y	Y																													
Pret Cucumber & Mint Seltzer	Y	Y																													
Pret Ginger Beer	Y	Y																													
Pret Ginger Kombucha	Y	Y																													
Pret Grape & Elderflower	Y	Y																													
Pret Lime & Raspberry Seltzer	Y	Y																													
Pret Rhubarb Lemonade	Y	Y																													
Raspberry, Dragonfruit & Yuzu Juice	Y	Y																													
Reusable Aluminium Water Bottle	Y	Y																													
Sparkling Spring Water	Y	Y																													
Still Water 500ml	Y	Y																													
Still Water 750ml	Y	Y																													
Vitamin Volcano	Y	Y																													

Contents Key: ✔ (Product Contains) Y (Suitable For)			XX/			r frashl	v mod	le food a	nd Ba	rista n	ando d	rinlze i							P(d oqui	nmont	and y	vhilet u	vo do a	ur host	to ma	nago al	llorgon	WO
								of our fo						or suita	ble for	those	with a	llergie		the ris	sk of ci										
		<					Tre	ee Nuts						C	cereals con	taining glut	en							Milk							
Product	Vegetarians	Vegan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Fruit																															
Apple	Y	Y																													
Banana	Y	Y																													
Easy Peeler	Y	Y																													
Fruit Salad	Y	Y																													
Mango & Lime	Y	Y																													
Melon & Blueberry	Y	Y																													
Superfruit Salad	Y	Y																													
Watermelon & Lime	Y	Y																													
Pots		-	-	-	1						-		1	-			-	T		T				ī	1		-	-		-	
Acai & Almond Butter Bowl	Y	Y		~											v																
Banana, Honey & Yogurt Pot	Y																						>								
Bircher Muesli	Y									~					>								>								
Yogurt & Five Berry Pot	Y																						~								
Five Berry Bowl	Y														>								~								
Kids' Mango & Banana Yogurt Pot	Y																						~								
Mango & Banana Sunshine Bowl	Y	Y													>																
The Big Apple Bowl	Y	1													>								~								

Contents Key: ✔ (Product Contains) Y (Suitable For)								le food al of our fo						hops ev r suitab	very da ble for	ıy. We those	e use m with al	any in llergie		ts and the ris											
		<		1			Tr	ree Nuts				1			ereals cont							[1	Milk		[1	1	1	[
Product	/egetarians	egan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Chicken & Pork Stuffing Hot Baguette												~						~			~		~							~	
Chipotle Chicken & Feta Hot Ciabatta																~		~			~		~	~	~						
Chipotle Chicken Mozzarella & Feta Hot Baguette												~				•		~							~						
Falafel & Halloumi Hot Wrap	Y											•				~		~					~	-	~						
Garlic & Herb Swirl	Y																				>		~		•						
Italian Style Chicken & Basil Hot Wrap																~		~					~								
Kale Macaroni Cheese	Y																	~					~								
Macaroni Cheese Prosciutto						1				1	1							~					~								
Meatball & Mozarella Risotto Bake																							~								
Meatless Meatball Marinara Hot Ciabatta	Y															~		~			~		~								1
Meatless Meatball Hot Wrap	Y	Y														¥		~													
Prosciutto & Mozzarella Hot Baguette												~						~					~								1
Pret's Sausage Roll																		v			>		>								
Swedish Meatball Hot Wrap																~		~					~								
Tomato, Red Pepper & Mozzorella Hot Baguette	Y											>						~					>								
Tuna Melt Hot Baguette												v						~			>	v	v								
Toasties																															
All Day Breakfast Toastie													>		•	v		~			>		~								
Chicken & Prosciutto Toastie													>		<	v		•					v								
Classic Cheese Toastie													~		~	V		~			>		~					~			
Creamy Mushroom Toastie													v		<	¥		•					>								
Halloumi, Red Pepper & Basil Toastie													~		٢	~		~					~	~	~						
Ham & Cheese Toastie													~		<	¥		~			~		•					~			
Kid's Pizza Toastie													~					~					~								
Onion Bhaji Melt Toastie													~		<	✓		~			~		~								
Tuna Melt Toastie													~		<	~		v			>	~	~								1

Contents Key: ✔ (Product Contains) Y (Suitable For)													free o	hops e r suital	very d ble for	ay. We those	e use m with al	any in llergie	HO ngredient s due to p	s and the ris	k of cr										
				1			Tre	ee Nuts				1	1		le for Cereals con			ilk and	d egg alle	ergies.				Milk		1	1		1		
Product	Vegetarians	Vegan Friendly	Peanut	Almond	Brazil Nuts	Cashews		Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)		Rye		Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nu
Soup																			-												
Butternut Masala Soup	Y	Y																													
Chicken Laksa																												>	>		
Lasagne Soup																		~													
Red Thai Veg Soup	Y	Y																											<		
Souper Greens	Y	Y																													
Souper Tomato	Y	Y																													
Spicy Lemongrass Chicken Broth																						~							~		
Sunshine Dhal	Y	Y																													
Soup White Baguette	Y	Y																>													
Barley & Rye Soup Roll	Y	Y											~			,		~													

Contents Key:

✓ (Product Contains)Y (Suitable For)

Salads

We prepare our freshly made food and Barista-made drinks in our shops every day. We use many ingredients and shared equipment, and whilst we do our best to manage allergens we cannot guarantee that any of our food or drinks are allergen-free or suitable for those with allergies due to the risk of cross-contact. Our vegan food is made to a vegan recipe but not suitable for those with milk and egg allergies.

		2					Tre	ee Nuts						(Cereals con	taining glute	en							Milk							
Product	Vegetarians	Vegan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Chef's Italian Chicken Salad										~											۲	>	>								
Chargrilled Pepper & Feta Pasta Salad	Y																	~						✓	✓					~	
Chicken & Avo Protein Bowl												✓									►								~		
Chicken Satay Salad																													<		
Egg & Spinach Protein Pot	Y																				٢										
Humous & Falafel Mezze	Y	Y										>																			
Kids' Humous & Cucumber Bowl	Y	Y										>																			
Pesto, Pasta & Mozzarella	Y																	>					>							>	•
Petite Super Club Salad																					۲	>	>							>	
Petite Crayfish & Avo Salad																			>												
Petite Green Goddess Salad	Y																							~	•				<		
Petite Tricolore Salad	Y																						>								
Salmon & Mango Salad																						>							•	>	
Smoked Salmon Protein Bowl																					K	>							>		
Smoked Salmon & Egg Protein Pot																					۲	>									
Tuna Nicoise Salad																					٢	>									
Dressing																															
Green Dressing	Y	Y																											>		
Balsamic Dressing	Y	Y																												>	
Chilli & Lime Dressing	Y	Y																													
French Dressing	Y	Y																													

Contents Key: ✓ (Product Contains) Y (Suitable For)								nde food a							every	day. W	'e use	many i													
			cann	ot guai	rantee	that a	ny of a	our food o	or drin	ks are	allerg	en-fre	e or su						ue to the gg allergi		cross-	contac	t. Our	vegan	food i	is mad	e to a v	vegan r	ecipe	out not	suitable
	Vej	Π.					Т	ree Nuts						(Cereals cor	ntaining glut	en			Celery				Milk							
Product	yetarians	Vegan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	t Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	and	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Almond Butter Protein Ball	Y	Y		v																									v		
BBQ Popped Chickpea Chips	Y	Y																													
Chilli, Bean & Seed Tortilla Chips	Y	Y																													
Cranberries in Coats	Y																						~								
Dark Chocolate Salted Almonds	Y	Y		v																									¥		
Fruit & Seed Bite	Y	Y																													
Fruit, Nuts & Chocolate	Y			•																			•						~		
Mature Cheddar & Red Onion Crisps	Y																						~								
Milk Chocolate Bar	Y																						v						v		
Salted Caramel Dessert Pot	Y																	~					~								
Pret A Mango	Y	Y																													
Salted Crunchy Corn	Y	Y																													
Sea Salt & Cider Vinegar Crisps	Y	Y																													
Sea Salt Crisps	Y	Y																													
Sea Salt Popcorn	Y	Y																													
Smoked Chipotle Crisps	Y	Y																													
Sweet & Salt Popcorn	Y	Y																													
Smoky Sweet Crunch Mix	Y					<																							~		

Contents Key: ✔ (Product Contains)													(k	Sv	V(ee	et	Т	re	at	S										
Y (Suitable For)													ur sho	ps evei	ry day. e with	. We u allergi	se man es due	ıy ingı to the	redients a risk of c lergies.	nd sha	red eq										
	Veg	Fris					Tr	ree Nuts						(Cereals con	taining glut	en			Celery				Milk							
Product	etarians	Vegan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Almond Butter Bite	Y			~																									~		
Banana Fridge cake	Y																	~			~		~								
Caramel Waffle	Y																	~					~						v		
Carrot Cake	Y										>							~			~		~								
Choc Bar	Y																	v					~						v		
Chocolate Brownie Bar	Y																	~			~		~						~		
Chocolate Chunk Cookie	Y																	~					~								
Chocolate Moose Dessert Pot	Y																						~						~		
Coconut Bite	Y	Y																											v		
Dark Chocolate & Almond Butter Cookie	Ŷ	Y		~														~													
Dark Chocolate Corn Cakes	Y																												v		
Dark Chocolate with Sea Salt	Y																												~		
Double Berry Muffin	Y																	v			v		~								
Fruit, Oat & Spelt Cookie	Y														~		~	~					~								
Hazelnut Truffles	Y	Y					~																								
Lemon Cake	Y			~	1	1	1											1			~		~								
Lemon Cheesecake	Y																	~			v		~								
Love Bar	Y			v						v					~								•						~		
Nut Bar	Y	Y		v																									v		
Peach & Almond Bakewell	Y			~														~			~		~								
Popcorn Bar	Y																						~						v		
Pret's Caramel Shortbread	Y																	~					~						~		
Pret's Gingerbread Biscuit (Annie & Godfrey)	Y																	~			~										
Pret Bar	Y														~			~					~								
Pret's Coffee Caramel Slice	Y																	~					~						v		
Raspberry & White Chocolate Cookie	Y																	~					~						~		
Raspberry Cheesecake Brownie	Y																	v			v		v						v		
Scone with Jam & Clotted Cream	Y																	v			>		•								

Contents Key: ✓ (Product Contains) Y (Suitable For)			Wat	nranar	oourf	Freehly	mada	food and											Ce(lo our	hast to 1	monor	allore	Lone wo	connot
								or drini							e with	allergi	es due	to the													
	Veg	Vega				1	Tr	ee Nuts		1		_		1	Cereals con	itaining glut	en	1		Celery				Milk							
Product	etarians	n Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachic	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Coffee				1	1							1		1			1	1									1	1			
Americano Black	Y	Y																													
Americano Semi Skimmed milk	Y																						>								
Americano Skimmed milk	Y																						>								
Americano Soya (instead of milk)	Y	Y																											<		
Americano Coconut (instead of milk)	Y	Y																													
Americano Oat (instead of milk)	Y	Y													~																
Cappuccino Semi Skimmed milk	Y																						•								
Cappuccino Skimmed milk	Y																						•								
Cappuccino Soya (instead of milk)	Y	Y																											<		
Cappuccino Coconut (instead of milk)	Y	Y																													
Cappuccino Oat (instead of milk)	Y	Y													~																
Espresso	Y	Y																													
Filter - Black Coffee (add milk or milk alernative if White Americano)	Y	Y																													
Flat White Semi Skimmed milk	Y																						•								
Flat White Skimmed milk	Y																						*								
Flat White Soya (instead of milk)	Y	Y																											<		
Flat White Coconut (instead of milk)	Y	Y																													
Flat White Oat (instead of milk)	Y	Y													~																
Latte Semi Skimmed milk	Y																						>								
Latte Skimmed milk	Y																						>								
Latte Soya (instead of milk)	Y	Y																											×		
Latte Oat (instead of milk)	Y	Y													~																
Latte Coconut (instead of milk)	Y	Y																													

Barista Prepared Drinks

Contents Key: ✓ (Product Contains) Y (Suitable For)

We prepare our freshly made food and Barista-made drinks in our shops every day. We use many ingredients and shared equipment, and whilst we do our best to manage allergens we cannot guarantee that any of our food or drinks are allergen-free or suitable for those with allergies due to the risk of cross-contact. Our vegan food is made to a vegan recipe but not suitable for those with milk and egg allergies. Tree Nuts Cereals containing gluten Milk Celery Product Pine Nuts Peanu Crustacean and Egg Fish Lupin Molluscs Mustard Soya Sulphites Brazil Kamult Spelt Sheep Hazelnu Pecan Walnut Oats Rye Wheat Almon Cashews Macadamia Pistachio Barley celeriad Cow Goat (Wheat) (Wheat) Nuts \checkmark Aacchiato Semi Skimmed milk Υ \checkmark Aacchiato Skimmed milk Υ facchiato Soya (instead of milk) Υ Υ 4 Υ facchiato Oat (instead of milk) Υ 4 Acchiato Coconut (instead of milk) Υ Υ Mocha Semi Skimmed milk \checkmark Υ V locha Skimmed milk γ V Mocha Soya (instead of milk) Υ γ Mocha Coconut (instead of milk) Υ Υ Mocha Oat (instead of milk) γ γ 4 ther Hot Drinks Chai Latte Semi Skimmed Milk γ 4 V Chai Latte Skimmed Milk Υ Chai Latte Coconut (instead of Milk) Υ Υ Chai Latte Soya (instead of Milk) 4 Υ Υ Chai Latte Oat (instead of Milk) Υ Υ 4 V Dirty Chai Latte Semi Skimmed Milk Υ Dirty Chai Latte Skimmed Milk \checkmark Υ Dirty Chai Latte Coconut (instead of Milk) Υ Υ Dirty Chai Latte Soya (instead of Milk) Υ Υ V \checkmark Dirty Chai Latte Oat (instead of Milk) Υ Υ Matcha Latte Semi Skimmed Milk Υ V Matcha Latte Skimmed Milk \checkmark Υ Matcha Latte Coconut (instead of Milk) Υ Υ

Contents Key: ✔ (Product Contains)										В	a	ri	st	a	P	re	p	a 1	ce (1	D	ri	n	ks	1						
Y (Suitable For)			Barista Prepared Drinks We prepare our freshly made food and Barista-made drinks in our shops every day. We use many ingredients and shared equipment, and whilst we do our best to manage allergens we can guarantee that any of our food or drinks are allergen-free or suitable for those with allergies due to the risk of cross-contact. Our vegan food is made to a vegan recipe but not suitable for the with milk and egg allergies.																												
	Ve	Vegi					Т	ree Nuts						(Cereals con	taining glute	en			Celery				Milk							
Product	getarians	an Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	and	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Matcha Latte Soya (instead of Milk)	Y	Y																											~		
Matcha Latte Oat (instead of Milk)	Y	Y													~																
Iced Drinks								•		1				1	1		1	1								1					
Iced Latte Semi Skimmed Milk	Y																						×								
Iced Latte Skimmed Milk	Y																						>								
Iced Latte Soya (instead of milk)	Y	Y																											V		
Iced Latte Coconut (instead of milk)	Y	Y																											1	ł	
Iced Latte Oat (instead of milk)	Y	Y													<																
Iced Chai Latte Semi Skimmed Milk	Y																						>								
Iced Chai Latte Skimmed Milk	Y																						>								
Iced Chai Latte Coconut (instead of Milk)	Y	Y																													
Iced Chai Latte Soya (instead of Milk)	Y	Y																											<		
Iced Chai Latte Oat (instead of Milk)	Y	Y													•																
Iced Dirty Chai Latte Semi Skimmed Milk	Y																						>								
Iced Dirty Chai Latte Skimmed Milk	Y																						•								
Iced Dirty Chai Latte Coconut (instead of Milk)	Y	Y																													
Iced Dirty Chai Latte Soya (instead of Milk)	Y	Y																											~		
Iced Dirty Chai Latte Oat (instead of Milk)	Y	Y													•																
Iced Matcha Latte Semi Skimmed Milk	Y																						>								
Iced Matcha Latte Skimmed Milk	Y																						>								
Iced Matcha Latte Coconut (instead of Milk)	Y	Y																													
Iced Matcha Latte Soya (instead of Milk)	Y	Y																											~		
Iced Matcha Latte Oat (instead of Milk)	Y	Y													~																
We prepare our fresh	ly ma	le foo	d and l	Barista	a-made	e drink	s in ou	r shops e	very d	ay. We	e use n	nany in	gredie	ents an	d shar	ed equ	ipmen	t, and	whilst w	e do oi	ır best	to ma	nage a	llergen	is we c	annot	guarant	tee that	t any o	f our fo	od or

drinks are allergen-free or suitable for those with allergies due to the risk of cross-contact. Our vegan food is made to a vegan recipe but not suitable for those with milk and egg allergies.

Barista Prepared Drinks

✓ (Product Contains)
 Y (Suitable For)

We prepare our freshly made food and Barista-made drinks in our shops every day. We use many ingredients and shared equipment, and whilst we do our best to manage allergens we cannot guarantee that any of our food or drinks are allergen-free or suitable for those with allergies due to the risk of cross-contact. Our vegan food is made to a vegan recipe but not suitable for those

with milk and egg allergies. Tree Nuts Cereals containing gluten Milk Celery Product Peanut Crustacear and Egg Fish Lupin Molluscs Mustard Soya Sulphites Pine Nuts Sesam endly Brazil Kamult Spelt Almone Hazelnut Macadamia Pecan Pistachio Walnu Barley Oats Rye Whea Cow Goat Sheep celeria . Wheat Nuts (M/heat ced Mocha Semi Skimmed Milk 4 Υ ed Mocha Skimmed Milk Υ 4 \checkmark ced Mocha Soya (instead of milk) Υ Υ ced Mocha Coconut (instead of milk) Υ Υ ced Mocha Oat (instead of milk) Υ Υ \checkmark ced White Americano Semi Skimmed Milk γ 4 ced White Americano Skimmed Milk 4 γ ced White Americano Oat (instead of V Υ Υ milk) Iced White Americano Soya (instead of < Υ Υ milk) Iced White Americano Coconut (instead o v γ milk) Pret Coolers Applejito Υ Υ Berry Bliss Υ Υ eelin' Peachy Υ Υ Mango Sunrise Υ γ Raspberry Lemonade Υ Υ Rhuberry Breeze Υ Υ ret Shakers Chocolate Chill Y V V Caramel Blondie Υ 4 Ruby Cocoa Υ lot Chocolate \checkmark Hot Chocolate Semi Skimmed Milk Υ ot Chocolate Skimmed Milk V Υ Hot Chocolate Soya (instead of milk) \checkmark Υ Υ Hot Chocolate Coconut (instead of milk) Υ γ Hot Chocolate Oat (instead of milk) Υ Υ V Hot Chocolate Powder Υ Υ

Contents Key: ✔ (Product Contains)									В	a	ri	st	a	P	re	ep	a1	ree	1	D	ri	n	ks	5							
Y (Suitable For)								food and or drink							with	allergi	es due	to the													
	Veg	Vegai					т	ree Nuts						C	ereals con	taining glute	en			Celery				Milk							
Product	etarians	h Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Hot Chocolate Hazelnut	Y																						v								
Hot Chocolate Hazelnut Skimmed	Y																						~								
Hot Chocolate Hazelnut Soya (instead of milk)	Y	Y																											v		
Hot Chocolate Hazelnut Coconut (instead of milk)	Y	Y																													
Hot Chocolate Hazelnut Oat (instead of milk)	Y	Y													>																
Syrups & Toppings					1														ļ		ļ										
All Syrups	Y	Y																													
Whipped Cream	Y																						~				1				
Milk shot		1																	•												
Semi Skimmed	Y																						V								
Skimmed	Y																						K								
Soya (instead of milk)	Y	Y																											~		
Coconut (instead of milk)	Y	Y																													
Oat (instead of milk)	Y	Y													>																
Tea																															
Ceylon Breakfast (add milk or milk alternative if White)	Y	Y																													
Earl Grey (add milk or milk alternative if White)	Y	Y																													
Peppermint (add milk or milk alternative if White)	Y	Y																													
Tropical Green (add milk or milk alternative if White)	Y	Y																													
Milk / instead of milk cup																															
Semi Skimmed milk cup	Y																						~								
Skimmed milk cup	Y																						~								
Soya (instead of milk) cup	Y	Y																											~		
Coconut (instead of milk) cup	Y	Y																													
Oat (instead of milk) cup	Y	Y													>																

Babyccino	Y																					 Image: A set of the set of the						
We prepare our freshly m	ade foo	d and						every day. gies due te																of our f	ood or (lrinks a	re allerg	gen-free
Contents Key: ✓ (Product Contains)			Barista Prepared Drinks																									
Y (Suitable For)								food and or drink							with a	allergi		to the	risk of c									
Seasonal Drinks			T	T	1	T	7		T	r	1			7						r r	 		 					
Gingerbread Latte Semi Skimmed Milk	Y																					✓						
Gingerbread Latte Skimmed Milk	Υ																					 Image: A mathematical straight of the straight of						
Gingerbread Latte Coconut (instead of Milk)	Y	Y																										
Gingerbread Latte Soya (instead of Milk)	Y	Y																								~		
Gingerbread Latte Oat (instead of Milk)	Y	Y													>													
Salted Caramel Latte Semi Skimmed Milk	Y																					~						
Salted Caramel Latte Skimmed Milk	Y																					•						
Salted Caramel Latte Coconut (instead of Milk)	Y	Y																										
Salted Caramel Latte Soya (instead of Milk)	Y	Y																								•		
Salted Caramel Latte Oat (instead of Milk)	Y	Y													•													
Merry Berry Hot Chocolate Semi Skimmed Milk	Y																					✓						
Merry Berry Hot Chocolate Skimmed Milk	Y																					 Image: A second s						
Merry Berry Hot Chocolate Coconut (instead of Milk)	Y	Y																										
Merry Berry Hot Chocolate Soya (instead of Milk)	Y	Y																								v		
Merry Berry Hot Chocolate Oat (instead of Milk)	Y	Y													~													