

# Our Menu




Pret operates a bit like a restaurant. We build kitchens in (or very near) every shop and our ingredients get delivered early each morning. You won't find 'sell-by' dates on our fresh sandwiches, salads or baguettes.







## Breakfast!

They say breakfast is the most important meal of the day, so we've created a delicious, varied menu for you to enjoy.

-  Egg & Bacon Brioche
- Chicken Sausage & Egg Brioche
- Pret's Soya Porridge 
- Egg & Avocado Breakfast Bun 
- Smoked Salmon & Soft Cheese Breakfast Bun

## Wraps

- Avocado Salad 
- Chicken Pesto Rocket
- Chicken Bacon Caesar
- Hummus & Chipotle 
- ★ Crayfish Salad

## Granaries!

Just like our granary range, our baguettes are handmade and baked throughout the day. Made today, gone today – because fresher is always better.

## Sandwiches

- Chicken Avocado
- Coronation Chicken
- Tuna Mayo
-  Crayfish & Rocket
- Cheddar & Pickle 
- Cracking Egg
- Classic Super Club
- Smoked Salmon
- BLT - Meat Special
- Veggie New Yorker - Veggie Special 
- ★ Crayfish, Corn, Lemon Mayo

## Baguettes



- Chicken Caesar & Bacon
- Tuna Cucumber
- Posh Cheddar 
- Chicken Salad
- Egg & Salmon
- Egg & Roasted Tomatoes 
- Soup Baguette

## Flatbreads

- Chipotle Chicken & Avo
- Mediterranean Halloumi & Zaatar
- Mexican Avocado

## Salads & Fruits!

### Salads

- Chef Chicken
- Crayfish & Avocado
- Egg Avocado Pot 
- Chicken Smashed Avocado
- Chicken & Quinoa (high in protein)
- Hummus & Chickpea (source of protein) 

### Fruits


- Whole Fruit - Banana
- Mango and Lime
- Superfruit Salad



# Pret's Hot!

To keep our shelves stocked with oven-fresh, feel-good food, our Hot Chefs bake in small batches. Little and often. Straight from the oven. Hot off the shelves.

## Hot Wraps

- Falafel Halloumi 
- Chicken Chipotle
- Swedish Meatballs
- Chicken & Mushroom



## Toasted Tortillas

- Chipotle Chicken



## Soups

- (On rotation)
- Malaysian Chicken
- Carrot & Coriander 
- Tomato 
- Chicken Laksa
- Chickpeas & Barley Mixed Veg
- Cauliflower, Cheddar, & Potato

## Hot Croissants

- Cheddar & Tomato
- Zaatar & Halloumi
- Avocado & Cheese

## Toasties

- Mozarella & Pesto 
- Classic Cheese 
- Tuna Melt Toastie

## Pastries!

- Chocolate Chunk Cookie 
- Oat & Raisin Cookie 
- Dark Chocolate 
- Berry Muffin 
- French Butter Croissant 
- Almond Croissant 
- Chocolate Croissant 
- Pain Au Raisin 
- Mozzarella & Tomato Croissant 
- Zaatar Croissant 
- Cinnamon Donut 
- Mini Choc Chunk Cookies 
- Pastel De Nata







## Snacks & Treats!

Our menu of perfect in-between, just-before, just-after snacks. Ideal for sharing or enjoying on your own.

## Yoghurt Bowls

- Five Berry Yoghurt
- Berry Parfait
- Banana & Honey
- Mango Overnight Oats

## Pret's Snacks

- Choc Bar 
- Love Bar 
- Chocolate Brownie Bar 
- Mini Choc Chunk Cookies
- Pret Crisps 
  - Sea Salt & Black Pepper
  - Sea Salt & Cider Vinegar
  - Cheese & Chives



## Desserts

- Lemon Cheesecake
- Chocolate Mousse

# Drinks!

Our coffee is 100% organic and always arabica. Our teas, milks and milk alternatives are all organic too.

## Barista Prepared Drinks

### Organic Coffee

- Americano Black
- Americano White
- Filter Black
- Filter White
- Pret's Matcha Latte
- Spanish Latte
- Latte
- Espresso
- Cappuccino
- Mocha
- Organic Chocolate
- Macchiato
- Flat White
- Milk (Rice Coconut Milk, Oat Milk, Soya Milk, Almond Milk)
- Extra Shot



### Hot Tea

- Breakfast
- Earl Grey
- Green
- Peppermint
- Hot Tea - Ginger & Lemon
- Hot Tea - Chamomille
- Hot Tea - Jasmine

### Iced Drinks

- Iced Latte
- Iced Black Americano
- Iced Black Filter
- Iced Mocha
- Iced Chocolate
- Iced Matcha Latte
- Iced Spanish Latte
- ★ Iced Strawberry Matcha Latte



### Iced Tea

- Peach & Hibiscus
- Raspberry & Mint

### Frappe

- Classic
- Salted Caramel
- Matcha
- ★ Passion Fruit & Pineapple

### Smoothies

- Berries and Cherries
- Tropical Mango
- ★ Mango & Ginger
- ★ Açai & Berry

## Chilled Drinks

- Pret - Orange Juice
- Pret - Pomegranate Juice
- Pret - Pineapple Powwow
- Pret - Root Reboot
- Pret - Essential Green
- Pret - Sunny Dayz
- Pret - Ginger Shot
- Pret - Turmeric Shot
- Pink Lemonade
- Blue Lemonade
- Black Lemonade
- San Pellegrino Sparkling Water
- Coke
- Coke Zero
- Sprite
- Coconut Water
- Arwa 500ml
- Aqua Panna 500ml
- Aqua Panna 1L



## Syrups

- Vanilla
- Caramel
- Hazelnut
- Salted Caramel


# Pret Catering

Our platters are designed for sharing and are ideal for meetings or large gatherings.


## Breakfast Platters

Breakfast Brioche  
Breakfast Baguette Selection  
Yoghurt Selection   
Breakfast Bun Platter  
Mini Yoghurt Selection 

## Salad Platters

Chef's Italian Chicken  
Avocado & Mozzarella   
Chicken & Quinoa (high in protein)  
Hummus & Chickpea (source of protein)   
Salmon & Avocado  
Mozzarella & Quinoa   
Kimchi Chicken Salad  
★ Halloumi & Hot Honey   
★ Peri Peri Chicken

## Kids Sandwich Platters




Cheese Triangles   
Chicken Triangles  
Egg Triangles   
Mix Triangles

## Cookie Platters



*Vegan options available*

Large Cookie Platter  
Small Cookie Platter

## Sandwich Platters

Chicken Supreme  
Veggie Lover Mixed   
Vegeterian Selection   
Baguette Selection  
Meat Baguette  
Best of Pret  
All Time Classic  
Wrap Selection  
Chicken Wrap Selection  
Veggie Wrap Selection 

## Pastry Platters

Mini Lattice Selection  
Mini Cherry Lattice  
Mini Apple Lattice  
Mini Strawberry Lattice  
Mini Mango Lattice  
Mini Chocolate Croissant Selection  
Mini French Butter Croissant Box  
Sweet Pastry Selection Box  
Berry Muffin Box  
★ Mini Filled Croissant Selection  
★ Mini Chocolate & Blackberry Muffin   
★ Mini Blackberry & Apple Crumble Muffin 







## Snacks & Sweets

Pret Bar Platter  
Brownie Bag  
Love Bar Bag  
Crisps Selection  
Choc Chunk Cookie Bag

## ★ Arabic Platters

Iftar Box  
Ramadan Platter  
Arabic Snack Box

## Drinks

Coffee Box  
Tea Box  
Pret - Orange Juice   
Pret - Pomegranate Juice   
Pret - Pineapple Powwow   
Pret - Root Reboot   
Pret - Essential Green   
Pret - Sunny Dayz 

## ★ Pret Hampers

Picnic Basket (good for 2)  
Gifting Basket (good for sharing)

★ New      Allergen Update



## Allergies?

We're proud to freshly prepare our food in our shop kitchens every day, but as we use many ingredients and shared equipment, we are unable to guarantee that our food is allergen free due to the risk of cross-contact. Our vegan food is made to a vegan recipe but is not suitable for those with milk or egg allergies. Our Allergen Guide contains a list of all the products we sell in our shops. You will also find the declarable allergens listed on the product shelf tickets in our shops. If you need to know more, please get in touch with our Customer Service team who will be happy to help.

Please refer to our "Allergen Guide" for allergen information & "Nutritional Guide" for nutritional information.