

INTRODUCTION

Here you'll find a list of all of the products sold in our shops, with allergens listed along the top of the page for easy reference. If a product contains one of these ingredients, then you will find a tick in the corresponding box.

Where a product contains 'Cereals Containing Gluten' and 'Nuts', you will find specific ingredients listed (e.g., wheat, rye, oats).

Please remember to check our guide and the ingredient label regularly as recipes do change from time to time – the last thing we want is for anyone being caught out by a new take on an old favourite.

We're proud to freshly prepare our food in our shop kitchens every day but as we use many ingredients and shared equipment, cross contamination is managed but not to an allergen-free level. Therefore we can't guarantee any of our food is suitable for those with allergies due to the high risk of cross contamination. Our vegan products are made to a vegan recipe but are not suitable for those with dairy and egg allergies.



In line with the Vegan Society recommendations we at Pret are using the term 'vegan-friendly' to label products that may not be made in dedicated vegan sites.

The Food Standards Agency regards the following ingredients and their derivatives as allergens:

Peanuts Tree Nuts

Sesame Cereals containing Gluten

Crustaceans Celery & Celeriac

Egg Fish
Lupin Milk
Mustard Mollusc
Soya Sulphites

In addition we also declare Pine Nuts as an allergen

If you are interested in an ingredient outside the 14 listed above please look at the ingredient list on the website or the label on the individual product.

If you have any trouble finding what you're looking for, just ask the Manager – they'll be more than happy to help.

We understand that no matter how detailed our guide is, there may be times when it can't answer the questions you may have. If you need to know more, please do visit our website at **www.pret.co.uk** or contact our Customer Service Team on **0207 827 8801.**

This Allergen Guide only covers food and drink sold in our UK shops.

Baguettes, Sandwiches & Wraps

We can't guarantee any of our food is suitable for those with allergies due to a high risk of cross contamination. Our vegan products are made to a vegan recipe but are not suitable for those with milk or egg allergies. Please take care.

Product	Vegetarians	Vegan Frie					Tro	e Nuts																							
Product	Vegetarians	egan Fi					116	e Nuts						С	ereals cont	aining glute	en							Milk							
		iendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Baguettes																															
Avo, Olives & Toms	Υ	Υ										<						<													~
Brie, Tomato & Basil	Υ																	<					<								
Chicken Caesar & Bacon												<						<			<	<	<								
Italian Prosciutto												>						<			>		<								
Jambon Buerre																		<					<								
Pole & Line Caught Tuna Mayo & Cucumber																		<			>	>									
Posh Cheddar & Pickle	Υ											>						>			>		<					>			
Wiltshire-Cured Ham & Greve																		<			>		<					>			
Sandwiches																															
Chicken, Avocado & Basil													>					<			>		<								
Classic Super Club													Y					<			>										
Free-Range Egg Mayo	Υ												Y					>			>							>			
Ham & Cheese													~					>					<								
Kid's Cheese	Υ												~					>					~								
Kid's Ham													~					>					<								
Scottish Smoked Salmon													¥					<				<	<								
Smashed Avo Open Sandwich	Υ	Υ													<																
Smoked Salmon & Soft Cheese Open Sandwich															<							>	<								
Tuna Mayo & Cucumber													Y					<			>	>									
Wraps																															
Avo & Herb Salad Wrap	Υ															>		>			y		>								~
Hoisin Duck Salad Wrap																<		~			>								>		
Humous & Chipotle Wrap	Υ	Υ										~				>		>	_												
Sunshine 'N'Spice Wrap - CS	Υ	Υ														<		>													
Vegan Hoisin Mushroom Wrap	Υ	Υ														~		V											✓		

Breakfast

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							Tre	ee Nuts						С	ereals conta	aining gluter		<i>00</i> ··						Milk					I		
Product	Vegetarians	Vegan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Almond Croissant	Υ			~														~			~		>								
Acai & Almond Butter Bowl	Υ	Υ		Υ											Υ																
Bacon & Egg Roll																~		~			~		~								
Bircher Muesli	Υ									~					~								~								
Breakfast Free-Range Egg Mayo & Avocado	Υ																	~			•										
Breakfast Free-Range Egg Mayo & Bacon																		~			•										
Breakfast Free-Range Egg Mayo & Roasted Tomatoes	Υ																	~			•										
Breakfast Salmon & Egg Mayo																		~			•	>						>			
Breakfast Vegan Baguette	Υ	Υ																~											¥		
Coconut Porridge	Υ	Υ													Υ																
Chocolate Croissant	Υ																	~			•		~						V		
Cinnamon Danish	Υ																	~			•		~								
Five Berry Bowl	Υ														~								>								
French Butter Croissant	Υ																	~			•		>								
Fresh Fruit, Yoghurt & Granola Bowl	Υ														~								~								
Ham, Cheese, Tomato & Bacon Croissant																		~			•		>								
Ham & Egg Breakfast Roll																~		~			~		~					~			
Mango & Banana Sunshine Bowl	Υ	Υ													~																
Mozzarella & Tomato Croissant	Υ																	~			•		>								
Pain aux Raisin	Υ																	v			•		~								
Porridge Topping - Berry Compote	Υ	Υ																													
Porridge Topping - Cranberry & Seeds	Υ	Υ																													
Porridge Topping - Honey	Υ																														
Pret's Bacon Roll																~		~					>								
Pret's Proper Porridge	Υ														~								~								
Pret's Sausage Roll																		>			>		>								
Pret's Veggie Roll	Υ															>		>			>		>								
Sausage & Egg Roll																>		>			>		>								
Very Berry Croissant	Υ	Υ																~													

Cold Drinks

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																															/
		<					Tre	e Nuts							Cereals con	aining gluten								Milk							
Product	√e ge ta rians	egan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Apple Juice	Υ	Υ																													
Coke (all types)	Υ	Υ																													ı
Cranberry & Raspberry Pure Pret Still	Υ	Υ																													
Daily Greens	Υ	Υ																													I
Ginger Shot	Υ	Υ																													
Green Tea & Peach Pure Pret Still	Υ	Υ																													I
Hot Shot	Υ																														
Lemon & Ginger Pure Pret Still	Υ	Υ																													ı
Mango Smoothie	Υ																														
Orange & Passion Fruit Pure Pret Still	Υ	Υ																													ı
Orange Juice (both sizes)	Υ																														
Pure Pret Apple Fizz	Υ	Υ																													
Pure Pret Ginger Beer	Υ	Υ																													
Pure Pret Ginger Kombucha	Υ	Υ																													
Pure Pret Grape & Elderflower	Υ	Υ																													
Pure Pret Green Tea Yoga Bunny	Υ	Υ																													ı
Pure Pret Rhubarb Lemonade	Υ	Υ																													
Sparkling Spring Water	Υ	Υ																													i
Still Water 500ml	Υ	Υ																													
Still Water 750ml	Υ	Υ																													
Vitamin Volcano	Υ																														

Dinners by Pret

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		<					Tre	e Nuts						С	Cereals cont	taining glute	en							Milk							
Product	Vegetarians	Vegan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Butternut & Cauli Gratin	Υ																	>					>								
Chicken Portion																															
Chipotle Chicken Burrito Hot Rice Bowl																								>	~					~	
Chocolate Milk Shake	Υ																						~								
Choc Chunk Cookie Milk Shake	Υ																	>					V								
Dipping Sauce - Caesar Mayo																					>	¥	>								
Dipping Sauce - Chipotle Ketchup	Υ	Υ																													
Dipping Sauce - Pesto	Υ																						>								>
Five Berry Milk Shake	Υ																						>								
Pigs in Blankets Mac n Cheese																		>			<		>					>			
Pret's Focaccia Pizza - Mixed																															
Pret's Focaccia Pizza - Tomato, Mozzarella & Pesto	Υ																	>					•								-
Pret's Focaccia Pizza - Prosciutto & Mozzarella																		<					>								
Pret's Lasagne Macaroni Cheese																		<		<			~								
Red Thai Chicken Curry Hot Rice Bowl																															
Rocket, Roasted Tomato & Italian Cheese Side Salad	Υ																						•								
Salmon & Pickles Rice Bowl												>										~							>		
Spicy Chicken Enchilada																>		>					>						~		
Spicy Slaw	Υ																				>										
Sticky Aubergine Hot Rice Bowl	Υ	Υ										>						>											>		
Sticky Aubergine Thai Red Curry	Υ	Υ																<											>		
Sweet Potato Chilli Hot Rice Bowl	Υ	Υ																											\		

Fruit

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																															/
		<					Tre	e Nuts						С	ereals cont	aining glute	n							Milk							
Product	Vegetarians	egan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Apple	Υ	Υ																													
Banana	Υ	Υ																													
Mango & Lime	Υ																														
Melon & Blueberry	Υ	Υ																													
Pret's Fruit Salad	Υ	Υ																													
Superfruit Salad	Υ	Υ																													

Heat At Home

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		<					Tre	ee Nuts						C	Cereals con	taining glute	en							Milk							
Product	Vegetarians	egan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Coffee - Classic Blend Ground	Υ	Υ																													
Coffee - Espresso Beans	Υ	Υ																													
Coffee - Single Origin Ground	Υ	Υ																													
HAH - Porridge	Υ														~								<								

Pret's Hot

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		<					Tre	ee Nuts						C	Cereals cont	taining glute	n							Milk							
Product	Vegetarians	egan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine N
Falafel & Halloumi Hot Wrap	Υ															>		>					>	~	~						
Chipotle, Mozzarella Hot Baguette	Υ											>						>					<								
Macaroni Cheese Kale & Cauli	Υ																	>					~								
Macaroni Cheese Prosciutto																		>					<								
Meatless Meatball Hot Wrap	Υ	Υ														>		>													
Posh Proscuitto Hot Baguette												>						>					~								
Spicy Chicken Hot Wrap																>		>					<							1	
Swedish Meatball Hot Wrap																>		>					~								
Fiocaccia & Toasties																															
Brie & Bacon Toasted Focaccia																		~					>							y	
Firecracker Chicken Toasted Focaccia																		>			~										
Mozzarella, Pesto & Roasted Tomato Focaccia																		>					>								~
Classic Cheese Toastie													>		~	>		>			>		\					~		1	
Ham, Cheese & Mustard Toastie													~		~	¥		~			~		~					~			
Tuna Melt Toastie													>		~	>		>			>	>	>								
Soup																															
Chicken, Broccoli & Brown Rice																															
Chicken Laksa Soup																												~	~		
EAT.'s Chicken Pot Pie (excludes pot pie top))																				~			~								
Pea & Mint Soup	Υ	Υ																													
Pret's Chicken Katsu Curry Soup																													>		
Pret's Mushroom Risotto Soup	Υ	Υ																		~									>		
Red Thai Veg Soup	Υ	Υ																											>		
Souper Tomato	Υ	Υ																													
Pot Pie Top	Υ																	~			~		~								
Stone Baked Losange	Υ	Υ																>													

Salad

We can't guarantee any of our food is suitable for those with allergies due to a high risk of cross contamination. Our vegan products are made to a vegan recipe but are not suitable for those with milk or egg allergies. Please take care.

ispote Sweet Potato Salad Bowl Y Y Y S S S Senach Protein Pot S S S Senach Protein Pot S S S S S S S S S S S S S S S S S S S																															
Product Product Produ			<				Tre	ee Nuts						(Cereals cont	aining glute	ın							Milk							
ispele Sweet Potato Salad Bowl Y Y Y S S Spirach Protein Pot S Sweet Potato Salad Bowl Y Y S Spirach Protein Pot S Sweet Potato Salad Bowl S Sweet Potato Pot S Sweet S	Product	Vegetarians	egan Friendly	Peanut	Almond	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley		Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	and	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
ayfish & Avo No Bread ya & Spinach Protein Pot Y Y Y Y Y Y Y Y Y Y Y Y Y	Chef's Italian Chicken Salad									>											~	>	~					~			
g & Spinach Protein Pot Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y	Chipotle Sweet Potato Salad Bowl	Υ	Υ																											~	
Mouse and Faldel Mezze	Crayfish & Avo No Bread																		>									<			
Innin & Mango Salad Bowl Innin & Mango Salad B	Egg & Spinach Protein Pot	Υ																			<										
Indiced Salmon Protein Box Indiced Salmon Protein Box Indiced Salmon & Egg Protein Pot Indiced Salmon & Indiced Salmon	Humous and Falafel Mezze	Υ	Υ									~																<			
Inched Salmon & Egg Protein Pot I I I I I I I I I I I I I I I I I I I	Salmon & Mango Salad Bowl																					>							<	~	
mari & Ginger Chicken Salad Bowl	Smoked Salmon Protein Box																				>	>						<	<		
na Nicole Salad	Smoked Salmon & Egg Protein Pot																				>	>									
resing aviche Dressing Y Y Y	Tamari & Ginger Chicken Salad Bowl											>																	<		
wiche Dressing Y Y Y Image: Control of the property of the propert	Tuna Nicoise Salad																				>	>						<			
ench Dressing Y Y Y S S S S S S S S S S S S S S S S	Dressing																														
reen Dressing Y Y	Ceviche Dressing	Υ	Υ																												
	French Dressing	Υ	Υ																									<			•
mari & Ginger Y Y Y	Green Dressing	Υ	Υ																										<		
	Tamari & Ginger	Υ	Υ																										<		•

Snacks & Sweet Treats

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												Sui	tabic	ioi un	use wi		ik of C	55 an	ergies. I	icasc	ake c	arc.									
	Ve	Veg					Tr	ee Nuts						(Cereals con	taining glut	en			0.1				Milk							
Product	getarians	egan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Snacks																															
Easy Peasy Almond Squeezy	Υ	Υ		>																											
Cranberries in Coats	Υ																						<								
Dark Chocolate Salted Almonds	Υ	Υ		~																									~		
Mature Cheddar & Red Onion Crisps	Υ																						~								
Milk Chocolate Bar	Υ																						~						¥		
Fruit, Nuts & Chocolate	Υ			~																			~				1		~		
Pret A Mango	Υ	Υ																													
Sea Salt Popcorn	Υ	Υ																									1				
Sea Salt & Cider Vinegar Crisps	Υ	Υ																													
Sea Salt Crisps	Υ	Υ																													
Smoked Chipotle Crisps	Υ	Υ																													
Sweet & Salt Popcorn	Υ	Υ																									1				
Vegetable Crisps	Υ	Υ																													
Sweet Treats																															
Choc Bar	Υ																	>					~						~		
Chocolate Brownie Bar	Υ																	>			~		<						>		
Chocolate Chunk Cookie	Υ																	~					<								
Chocolate Praline Cookie	Υ						~											>					<								
Dark Chocolate & Almond Butter Cookie	Υ	Υ		>														~													
Dark Chocolate Corn Cakes	Υ																						~						>		
Dark Chocolate with Sea Salt	Υ																												¥		
Double Berry Muffin	Υ																	~			~		~				1				
Fruit, Oat & Spelt Cookie	Υ														~		~	~					~								
Ginger Snap Biscuit	Υ																	y					~								
Love Bar	Υ			~						~					~								~						¥		
Pret's Gingerbread Biscuits	Υ																	Y			~										
Pret's Pecan & Caramel Cookie	Υ								~									~					~						~		
Pret Bar	Υ														~			y					~								
Pret's Shortbread	Υ																	>					~								

Contents Key:

✓ (Product Contains)

Y (Suitable For)

Barista Prepared Drinks

We can't guarantee any of our food is suitable for those with allergies due to a high risk of cross contamination. Our vegan products are made to a vegan recipe but are not suitable for those with milk or egg allergies. Please take care.

																		<i></i>	. 5100. 1												
	<	<e></e>					Ti	ree Nuts						С	ereals cont	aining glute	en							Milk					i		
Product	egetarians/	gan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Coffee																															
Americano Black (add milk or milk alernative if White Americano)	Υ	Υ																													
Cappuccino Semi Skimmed milk	Υ																						<				1				
Cappuccino Skimmed milk	Υ																						>								
Cappuccino Soya (instead of milk)	Υ	Υ																							<u> </u>				>		
Cappuccino Rice Coconut (instead of milk)	Υ	Υ																													
Cappuccino Oat (instead of milk)	Υ	Υ													>																
Espresso	Υ	Υ																													
Filter - Black Coffee (add milk or milk alernative if White Americano)	Υ	Υ																													
Flat White Semi Skimmed milk	Υ																						<								
Flat White Skimmed milk	Υ																						>								
Flat White Soya (instead of milk)	Υ	Υ																											V		
Flat White Rice Coconut (instead of milk)	Υ	Υ																													
Flat White Oat (instead of milk)	Υ	Υ													~																
Latte Semi Skimmed milk	Υ																						>								
Latte Skimmed milk	Υ																						>								
Latte Soya (instead of milk)	Υ	Υ																											*		
Latte Oat (instead of milk)	Υ	Υ													¥																
Latte Rice Coconut (instead of milk)	Υ	Υ																													
Macchiato Semi Skimmed milk	Υ																						>								
Macchiato Skimmed milk	Υ																						>								
Macchiato Soya (instead of milk)	Υ	Υ																											>		
Macchiato Oat (instead of milk)	Υ	Υ													¥																
Macchiato Rice Coconut (instead of milk)	Υ	Υ																													
Mocha Semi Skimmed milk	Υ																						<								
Mocha Skimmed milk	Υ																						<								
Mocha Soya (instead of milk)	Υ	Υ																											>		

Barista Prepared Drinks

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		_					Ti	ee Nuts						С	ereals cont	aining glute	en							Milk							
Product	Vegetarians	/egan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Mocha Rice Coconut (instead of milk)	Υ	Υ																													
Mocha Oat (instead of milk)	Υ	Υ													>																
Chai Latte	Υ																						~								
Chai Latte Rice Coconut (instead of Milk)	Υ	Υ																													
Matcha Latte Rice Coconut (instead of Milk)	Υ	Υ																													
Turmeric Latte Rice Coconut (instead of Milk)	Υ	Υ																													
Smoothies																															
Berry Blast	Υ	Υ																													
Mango & Pineapple	Υ	Υ																													
Strawberry & Banana	Υ	Υ																													
Frappés																															
Classic Frappé Semi Skimmed milk	Υ																						~								
Classic Frappé Skimmed milk	Υ																						>								į
Chocolate Frappé Semi Skimmed milk	Υ																						>								
Chocolate Frappé Skimmed milk	Υ																						<								
Frappé Mix	Υ																						~								
Iced Drinks																															
Iced Latte Semi Skimmed Milk	Υ																						>								
Iced Latte Skimmed Milk	Υ																						>								
Iced Latte Soya (instead of milk)	Υ	Υ																											~		
Iced Latte Rice Coconut (instead of milk)	Υ	Υ																													
Iced Latte Oat (instead of milk)	Υ	Υ													>																
Iced White Americano Semi Skimmed Milk	Υ																						Y								
Iced White Americano Skimmed Milk	Υ																						V								
Iced White Americano Oat (instead of milk)	Υ	Υ													>																
Iced White Americano Soya (instead of milk)	Υ	Υ																											~		

Barista Prepared Drinks

We can't guarantee any of our food is suitable for those with allergies due to a high risk of cross contamination. Our vegan products are made to a vegan recipe but are not suitable for those with milk or egg allergies. Please take care.

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		<					Tr	ee Nuts						С	ereals cont	aining glute	en							Milk						1	
Product	Vegetarians	egan Friendly	Peanut	Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Iced White Americano Rice Coconut (instead of milk)	Υ	Υ																													
Turmeric Iced Latte Rice Coconut	Υ	Υ																													
Cold Brew																															
Cold Brew (no milk)	Υ	Υ																													
Cold Brew Semi Skimmed Milk	Υ																						>								
Cold Brew Skimmed Milk	Υ																						>								
Cold Brew Soya (instead of milk)	Υ	Υ																											~		
Cold Brew Oat (instead of milk)	Υ	Υ													>																
Cold Brew Rice Coconut (instead of milk)	Υ	Υ																													
Hot Chocolate																															
Hot Chocolate Semi Skimmed Milk	Υ																						~								
Hot Chocolate Skimmed Milk	Υ																						~								
Hot Chocolate Soya (instead of milk)	Υ	Υ																											V		
Hot Chocolate Rice Coconut (instead of milk)	Υ	Υ																													
Hot Chocolate Oat (instead of milk)	Υ	Υ													>																
Hot Chocolate Powder	Υ	Υ																													
Hot Chocolate Hazelnut	Υ																						~								
Hot Chocolate Hazelnut Skimmed	Υ																						>								
Hot Chocolate Hazelnut Soya	Υ	Υ																											~		
Hot Chocolate Hazelnut Rice-Coconut	Υ	Υ																													
Hot Chocolate Hazelnut Oat	Υ	Υ													>																

Barista Prepared Drinks

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Product	Vegetarians	Vegan Friendly	Peanut	Tree Nuts								Cereals containing gluten										Milk									
				Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Sesame	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Crustacean	Celery and celeriac	Egg	Fish	Cow	Goat	Sheep	Lupin M	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Syrups & Toppings																															
All Syrups	Υ	Υ																												i	
Milk shot																															
Semi Skimmed	Υ																						<							1	
Skimmed	Υ																						<								
Soya (instead of milk)	Υ	Υ																											<	1	
Rice Coconut (instead of milk)	Υ	Υ																													
Oat (instead of milk)	Υ	Υ													>																
Tea																															
Ceylon Breakfast (add milk or milk alernative if White)	Υ	Υ																													
Earl Grey (add milk or milk alernative if White)	Υ	Υ																													
Peppermint (add milk or milk alernative if White)	Υ	Υ																													
Tropical Green (add milk or milk alernative if White)	Υ	Υ																													
Miso Soup													~					>				~							V		
Milk / instead of milk cup																															
Semi Skimmed milk cup	Υ																						V								
Skimmed milk cup	Υ																						V								
Soya (instead of milk) cup	Υ	Υ																											~		
Rice Coconut (instead of milk) cup	Υ	Υ																													
Oat (instead of milk) cup	Υ	Υ													~																
Babyccino	Υ																						~								