# Our Menu

Pret operates a bit like a restaurant. We build kitchens in (or very near) every shop and our ingredients get delivered early each morning.

You won't find 'sell-by' dates on our fresh sandwiches, salads or baguettes.





### **Breakfast!**

They say that breakfast is the most important meal of the day so we have a delicious and varied menu for you to choose from.

Pret's Veggie Brioche 👀 Chicken Sausage & Egg Brioche Egg & Salmon Baguette Pret's Soya Porridge 🔾





### Granaries!

Just like our granary products are handmade throughout the day. Made today, gone today. We bake our baguettes throughout the day, the fresher the better.

#### **Sandwiches**

Chicken Acocado **Chicken Roasted Peppers** Tuna Mayo Crayfish & Rocket

Cheddar & Pickle 🔞

Cracking Egg 😯

Beef & Horseradish (Chef Special)

Portobello, Lettuce & Tomatoe (Chef Special) (7)

**Smoked Salmon** 

Veggie New Yorker

### **Baguettes**

Chicken Ceasar **Tuna Cucumber** 

Posh Cheddar 🔞

Chicken Salad

Truffle Egg Mayo Baguette 😵

**Italian Beef** 

Salmon & Soft Cheese

Toasted Baguette - Spicy Chicken

Soup White Baguette 😯



Avocado Salad 🔞

#### **Flat Breads**

Chicken Avocado Tuna

#### **Open Sandwich**

Smashed Avocado Salmon Soft Cheese

### **Salads**

Chef Chicken Salad Salmon & Avocado Salad Crayfish & Avocado

Roasted Egg Plant Quinoa Salad 🔾

Salads & Fruits!

Hanoi Beef Salad

lapanese Potato & Tuna Salad

Crayfish & Quinoa Salad Pot

**Japanese Potato Salad Pot** 

Edamame Beans 🔾

Egg Avocado Pot 😯

Chicken Smashed Avocado

#### **Fruits o**

Whole Fruit - Apple Whole Fruit - Banana Pomegranate Pot Mango and Lime Superfruit Salad





### Pret's Hot!

In their quest to keep shelves full of oven-fresh, homely food, our Hot Chefs bake in small batches. Little and often. Straight from the oven. Hot off the shelves.

#### **Hot Wraps**

Falafel Halloumi • Chicken Chipotle
Swedish Meatballs



#### **Toasties**

Tuna Toastie
Chicken & Avocado Toastie
Classic Cheese Toastie





#### Soups

(On rotation)
Malaysian Chicken Soup
Carrot & Coriander Soup
Japanese Sweetcorn
Thai Coconut Chicken Curry
Tomato Soup
Chowder Soup

#### **Hot Boxes**

Macaroni Bolognese
Macaroni Veggie Meatball •

#### **Hot Croissants**

Cheddar & tomatoes 😯

Beef Salmon





Chocolate Chunk Cookie O
Oat & Raisin Cookie O
Dark Chocolate & Almond Cookie O

Berry Muffin ©

**Very Berry Croissant ©** 

French Butter Croissant 👽

Almond Croissant 😯

Chocolate Croissant 👽

Pain Au Raisin 👽

Sausage & Onion Roll

Mozzarella & Tomato Croissant 😯

Zaatar Croisants 👽







Our menu of perfect in-between, just-before, just-after snacks. Ideal for sharing or enjoying on your own.

#### **Sweet Pots** •

Five Berry Yoghurt Bowl
Berry Parfait
Banana & Honey Bowl
Pomegranate Rice Pudding
Berry Rice Pudding
Bircher Muesli
Honey Cake Pot



#### **Pret's Snacks**

Pret A Mango 🛡

Choc Bar 😯

Popcorn Bar 😯

Love Bar 😯

Chocolate Brownie Bar 👀

Protein Balls - Espresso Mocha 🔾

Protein Balls - Coconut 🔾

Burts Crisps 🔾

(Sea Salt, Mature Cheddar and Spring Onion, Sweet Chilli)



### Drinks!

Our coffee is 100% organic and always arabica. Our teas, milks and milk alternatives are all organic too.

#### **Barista Prepared Drinks**

#### **Organic Coffee**

Americano Black 🔾

Filter Black 🛡

Pret's Matcha Latte

Pret's Chai Latte

Spanish Latte

Latte

Cappucino

Mocha

**Organic Chocolate** 

Macchiato

Flat White

Milk (Rice Coconut Milk, Oat Milk, Soya Milk)

Extra Shot 💟

#### **Hot Tea**

Breakfast 😯

Earl Grey 😯

Green 💟

Peppermint ©



#### **Iced Drinks**

Iced Latte

Iced Americano

Iced Filter 💟

Iced Mocha

**Iced Chocolate** 

**Iced Chai Latte** 

Iced Matcha Latte

**Iced Spanish Latte** 

#### **Frappe**

Classic Frappe

Salted Caramel Frappe

**Chocolate Frappe** 

#### **Smoothies**

Banana 💟

Berry 💟

Mango 💟

#### Allergies?

There is a high risk of cross–contamination when our baristas prepare drinks.

We can't guarantee our drinks are suitable for those with allergies.Please take care.



#### **Chilled Drinks**

Essentially - Orange Juice 😯

Essentially - Pomegranate Juice 🔾

Essentially - Pineapple Powow 👽

Essentially - Root Reboot 🔾

Essentially - Essential Green 🔾

Essentially - Sunny Dayz 👀

Essentilly - Hit Me Shot 🔾

Essentially - Wake Me Shot 🔾

Pink Lemonaid 🔾

Blue Lemonaid 💟

Black Lemonaid 💟

San Pelegrino Sparkling Water 🛇

Aqua Morelli Still 500ml 🔾

Aqua Morelli Still 1ltr 🔾

Arwa 500ml 🔾

Coke 💟

Coke Zero 💟

Sprite 💟

Nai (Hibiscous, Ginger, Jasmine) 🔾

Coconut Water 🔾





## Pret's Delivery!

Our platters are designed for sharing and are ideal for meetings or large gatherings at home or even on a junk!

Bar Platter 😯
Brownie Bag 😯

Love Bar Bag 😯

Crisps Selection 😯

Choc Chunk Cookie Bag 👽

#### **Platters**

Baguette Platter Best of Pret Platter Tuna Salad Platter Chef Salad Platter

Large Cookie Platter Small Cookie Platter Sweet Pastry Selection Box Sweet Pastry Selection Box

#### **Drinks**

Coffee Box Tea Box







#### **Allergies?**

We're proud to freshly prepare our food in our shop kitchens every day, but as we use many ingredients and shared equipment, we are unable to guarantee that our food is allergen free due to the risk of cross-contact. Our vegan food is made to a vegan recipe but is not suitable for those with milk or egg allergies. Our Allergen Guide contains a list of all the products we sell in our shops.

You will also find the declarable allergens listed on the product shelf tickets in our shops. If you need to know more, please get in touch with our Customer Service team who will be happy to help.

Please refer to our "Allergen Guide" for allergen information & "Nutritional Guide" for nutritional information.