

Barista Prepared Drinks

Suitable for

V3 -01.03.2024

Product	Vegetarians	Vegans	Contains these allergens													
			Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Coffee																
Americano Black	✓	✓														
Americano White Milk	✓			✓												
Americano White Rice Coconut	✓	✓														
Americano White Soya	✓	✓							✓							
Americano White Oat	✓	✓														
Americano White Almond	✓	✓														ALMOND
Cappuccino Milk	✓			✓												
Cappuccino Rice Coconut	✓	✓														
Cappuccino Soya	✓	✓							✓							
Cappuccino Oat	✓	✓														
Cappuccino Almond	✓	✓														ALMOND
Decaf Latte Milk	✓			✓												
Decaf Latte Rice Coconut	✓	✓														
Decaf Latte Soya	✓	✓							✓							
Decaf Latte Oat	✓	✓														
Decaf Latte Almond	✓	✓														ALMOND
Espresso	✓	✓														
Filter - Black Coffee	✓	✓														
Filter - White Coffee Milk	✓			✓												
Filter - White Coffee Rice Coconut	✓	✓														
Filter - White Coffee Soya	✓	✓							✓							
Filter - White Coffee Oat	✓	✓														
Filter - White Coffee Almond	✓	✓														ALMOND
Flat White Milk	✓			✓												
Flat White Rice Coconut	✓	✓														
Flat White Soya	✓	✓							✓							
Flat White Oat	✓	✓														
Flat White Almond	✓	✓														ALMOND
Latte Milk	✓			✓												
Latte Rice Coconut	✓	✓														
Latte Soya	✓	✓							✓							

Iced Chocolate Milk	✓			✓														
Iced Chocolate Rice Coconut	✓	✓																
Iced Chocolate Soya	✓	✓							✓									
Iced Chocolate Oat	✓	✓																
Iced Chocolate Almond	✓	✓																ALMOND
Iced Filter Coffee Black	✓	✓																
Iced Filter Coffee White Milk	✓			✓														
Iced Filter Coffee White Rice Coconut	✓	✓																
Iced Filter Coffee White Soya	✓	✓							✓									
Iced Filter Coffee White Oat	✓	✓																
Iced Filter Coffee White Almond	✓	✓																ALMOND
Iced Hazelnut Latte Milk	✓			✓														HAZELNUT
Iced Hazelnut Latte Rice Coconut	✓	✓																HAZELNUT
Iced Hazelnut Latte Soya	✓	✓							✓									HAZELNUT
Iced Hazelnut Latte Oat	✓	✓																HAZELNUT
Iced Hazelnut Latte Almond	✓	✓																HAZELNUT ALMOND
Iced Latte Milk	✓			✓														
Iced Latte Rice Coconut	✓	✓																
Iced Latte Soya	✓	✓							✓									
Iced Latte Oat	✓	✓																
Iced Latte Almond	✓	✓																ALMOND
Iced Mocha Milk	✓			✓														
Iced Mocha Rice Coconut	✓	✓																
Iced Mocha Soya	✓	✓							✓									
Iced Mocha Oat	✓	✓																
Iced Mocha Almond	✓	✓																ALMOND
Ice Grapefruit Sunshine Green Tea	✓	✓																
Smoothie - Berries and Cherries	✓	✓																
Smoothie - Tropical Peach	✓	✓																
Smoothie - Sweet Green	✓	✓																

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Product	Vegetarians	Vegans	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts		

Flavoured Latte/ Tea

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			Milk Cup														
Babyccino	✓			✓													
Milk Whole	✓			✓													
Milk Semi-Skimmed	✓			✓													
Rice Coconut	✓	✓															
Soya	✓	✓							✓								
Oat	✓	✓															
Almond	✓	✓															ALMOND
Syrups																	
Syrup Shot - Caramel	✓	✓															
Syrup Shot - Hazelnut	✓	✓															HAZELNUT
Syrup Shot - Vanilla	✓	✓															
Tea																	
English Breakfast Tea Milk	✓			✓													
English Breakfast Tea Rice-Coconut	✓	✓															
English Breakfast Tea Soya	✓	✓						✓									
English Breakfast Tea Oat	✓	✓															
English Breakfast Tea Almond	✓	✓															ALMOND
Earl Grey Tea Milk	✓			✓													
Earl Grey Tea Rice-Coconut	✓	✓															
Earl Grey Tea Soya	✓	✓						✓									
Earl Grey Tea Oat	✓	✓															
Earl Grey Tea Almond	✓	✓															ALMOND
Green Tea	✓	✓															
Peppermint Tea	✓	✓															
Grapefruit Sunshine Black Tea	✓	✓															
Grapefruit Sunshine Green Tea	✓	✓															

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Pret's Hot		Suitable for		Contains these allergens												
Product	Vegetarians	Vegans	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
			Brie, Avocado & Tomato Toastie	✓			✓			WHEAT, OAT, RYE, BARLEY						
Chicken, Avocado & Basil Toastie				✓	✓		WHEAT, OAT, RYE, BARLEY		✓			✓				
Chicken Chipotle Hot Wrap				✓			WHEAT, RYE		✓			✓				
Spicy Mediterranean Hot Wrap	✓			✓			WHEAT, RYE		✓			✓				
Chili Corn Carne Rice Bowl				✓							✓					
Butter Chicken Rice Bowl				✓												CASHEW ALMONDS
Chipotle Chicken Toastie				✓			WHEAT, OAT, RYE, BARLEY		✓			✓				
Ham, Cheese & Mustard Toastie				✓	✓		WHEAT, OAT, RYE, BARLEY		✓			✓				
Classic Cheese Toastie	✓			✓	✓		WHEAT, OAT, RYE, BARLEY		✓			✓				

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Baguettes		Suitable for		Contains these allergens												
Product	Vegetarians	Vegans	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
			Brie, Tomato & Basil Baguette	✓			✓			WHEAT						
Chicken Caesar Baguette			✓	✓	✓		WHEAT, RYE, OAT, BARLEY		✓			✓			✓	
Chipotle Mozzarella Hot Baguette	✓		✓	✓			WHEAT, RYE, OAT, BARLEY		✓			✓				
Ham & Greve Baguette				✓	✓		WHEAT		✓			✓				
Posh Prosciutto Hot Baguette			✓	✓			WHEAT, RYE, OAT, BARLEY									
Posh Cheddar & Pickle Baguette	✓		✓	✓	✓		WHEAT, RYE, OAT, BARLEY		✓			✓	✓			
Spicy Chicken Baguette			✓	✓			WHEAT, RYE, OAT, BARLEY					✓				
Smoked Salmon, Soft Cheese & Dill Baguette			✓	✓			WHEAT, RYE, OAT, BARLEY								✓	
Smoked Salmon & Egg Mayo					✓		WHEAT		✓			✓			✓	
Prosciutto Baguette			✓	✓	✓		WHEAT, RYE, OAT, BARLEY		✓			✓				

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Breakfast		Suitable for		Contains these allergens													V3 -01.03.2024
Product																	
				Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustaceans	Fish	Nuts
Bacon & Egg Brioche					✓	✓		WHEAT		✓							
Bacon Brioche					✓	✓		WHEAT		✓							
Ham & Egg Brioche					✓	✓		WHEAT		✓			✓				
Banana & Honey Muesli	✓				✓												
Cranberry Yoghurt Bowl	✓				✓												
Briocher Muesli	✓				✓												PISTACHIO
Croissant Almond	✓				✓	✓		WHEAT									ALMOND
Croissant Chocolate	✓				✓	✓		WHEAT		✓							
Coconut Chia Seed Bowl	✓	✓															ALMOND
Almond Butter Yoghurt Pot	✓				✓												ALMOND
Sausage & Egg Brioche					✓	✓		WHEAT		✓				✓			
Five Berry Bowl	✓				✓												
Mozzarella & Tomato Croissant	✓				✓	✓		WHEAT									
Ham and Greve Hot Croissant					✓	✓		WHEAT									
Cheddar and Tomatoes Hot Croissant	✓				✓	✓		WHEAT									
Pain au Raisin	✓				✓	✓		WHEAT									
Plain Croissant	✓				✓	✓		WHEAT									
Prof's Veggie Brioche	✓				✓	✓		WHEAT		✓							
Very Berry Croissant	✓	✓						WHEAT									
Mango & Banana Sunshine Bowl	✓	✓															
Red Dragon Fruit Sunshine Breakfast Bowl	✓	✓															
Blue Goodness	✓				✓												

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Cold Drinks		Suitable for		Contains these allergens													
Product	Vegetarians	Vegans	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts	
			Water - Aqua Panna 500ml Still	✓	✓												
Juice - Coconut Water	✓	✓															
Coke (All types)	✓	✓															
Juice - Fresh Lemon & Mint	✓	✓															
Heineken Beer	✓	✓					BARLEY										
Juice - Orange	✓	✓															
Juice - Pink Grapefruit	✓	✓															
Radiance	✓	✓									✓						
Water - San Pellegrino 500ml Sparkling	✓	✓															
Tiger Beer	✓	✓					BARLEY										
Ultra Boost	✓	✓															
Water - Desa 500ml Still	✓	✓															

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Fruit		Suitable for		Contains these allergens													
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			Apple	✓	✓												
Banana	✓	✓															
Dragon Fruit Salad	✓	✓															
Melon Trio	✓	✓															
Papaya & Lime	✓	✓															
Grape Medley Mix	✓	✓															

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Salads		Suitable for		Contains these allergens													
Product	Vegetarians	Vegans	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts	
			Chef's Chicken Salad				✓	✓		WHEAT, BARLEY		✓			✓		
Egg & Spinach Protein Pot	✓				✓												
Smoked Salmon & Spinach Protein Pot					✓										✓		
Pret's Panzanella Shaker	✓			✓	✓		WHEAT		✓			✓					
Pret's Cobb Shaker				✓	✓				✓			✓					
Wild Crayfish & Avocado							WHEAT					✓		✓			

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Sandwiches		Suitable for															V3 -01.03.2024
Product	Vegetarians	Vegans	Contains these allergens														
			Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts	
Chicken Avocado Granary				✓	✓		WHEAT, BARLEY		✓			✓					
Classic Super Club Granary					✓		WHEAT, BARLEY		✓			✓					
Wild Crayfish & Rocket Granary					✓		WHEAT, BARLEY		✓			✓		✓			
Cracking Egg Salad Granary	✓				✓		WHEAT, BARLEY		✓			✓					
Ham & Cheese Granary				✓			WHEAT, BARLEY										
Mature Cheddar Granary	✓			✓	✓		WHEAT, BARLEY		✓			✓	✓				
Smoked Salmon				✓			WHEAT, BARLEY								✓		
Egg Mayo & Tomato Granary	✓				✓		WHEAT, BARLEY		✓			✓					
Pret's Famous BLT					✓		WHEAT, BARLEY		✓			✓					
Avo, Olives & Roasted Tomato	✓	✓					WHEAT, BARLEY									PINENUTS	

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Pret Snacks		Suitable for		Contains these allergens												
Product	Vegetarians	Vegans	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
			Tyrrells Lightly Sea Salted Crisps	✓												
Tyrrells Mature Cheddar & Chives Crisps	✓			✓												
Tyrrells Sea Salt & Cider Vinegar Crisps	✓	✓					BARLEY									
Tyrrells Sea Salt & Cracked Black Pepper Crisps	✓															

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Sweet Treats		Suitable for		Contains these allergens												
Product	Vegetarians	Vegans	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
			Brownie Bar	✓			✓	✓		WHEAT		✓				
Choc Bar	✓			✓			WHEAT		✓							
Chocolate Chunk Cookie	✓			✓			WHEAT									
Dark Chocolate Almond Butter Cookies	✓						WHEAT									ALMONDS
Cheese Twist	✓			✓	✓		WHEAT									
Egg Tart	✓			✓	✓		WHEAT									
Love Bar	✓			✓			OATS		✓							PISTACHIO, ALMONDS
Muffin Double Berry	✓			✓	✓		WHEAT									
Muffin Chocolate	✓			✓	✓		WHEAT		✓							HAZELNUT
Popcorn bar	✓			✓					✓							

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Wraps		Suitable for		Contains these allergens													
Product	Vegetarians	Vegans	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts	
			Avocado & Herb Salad Wrap	✓			✗	✗		WHEAT, RYE		✗			✗		
Chicken & Rocket Salad Wrap				✗	✗		WHEAT, RYE		✗			✗					

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