

Our Menu

Pret operates a bit like a restaurant. We build kitchens in (or very near) every shop and our ingredients get delivered early each morning. You won't find 'sell-by' dates on our fresh sandwiches, salads or baguettes.





Breakfast!

They say breakfast is the most important meal of the day, so we've created a delicious, varied menu for you to enjoy.

Egg & Bacon Brioche
 Chicken Sausage & Egg Brioche
 Pret's Soya Porridge 
 Egg & Avocado Breakfast Bun 
 Smoked Salmon & Soft Cheese Breakfast Bun

Salad Wraps

Chicken Pesto Rocket
 Chicken Bacon Caesar
 Hummus & Chipotle 
 Halloumi 



Granaries!

Just like our granary range, our baguettes are handmade and baked throughout the day. Made today, gone today — because fresher is always better.

Sandwiches

Chicken Avocado
 Tuna Mayo
 Cheddar & Pickle 
 Cracking Egg
 Classic Super Club
 Smoked Salmon
 BLT
 Veggie New Yorker 
 Turkey Ham Pickle & Cheese

Baguettes

Chicken Caesar & Bacon
 Tuna Cucumber
 Posh Cheddar 
 Chicken Salad
 Egg & Salmon
 Egg & Roasted Tomatoes 
 Soup Baguette

Flatbreads

Chipotle Chicken & Avo
 Mediterranean Halloumi & Zaatar
 Mexican Avocado

Salads & Fruits!

Salads

Chef Chicken
 Egg Avocado Pot 
 Chicken Smashed Avocado
 Chicken & Quinoa

Fruits

Whole Fruit - Banana
 Mango and Lime
 Superfruit Salad

Pret's Hot!

To keep our shelves stocked with oven-fresh, feel-good food, our Hot Chefs bake in small batches. Little and often. Straight from the oven. Hot off the shelves.

Hot Wraps

- Falafel Halloumi 
-  Chicken Chipotle
-  Swedish Meatballs
-  Chicken & Mushroom



Toasted Tortillas

Chipotle Chicken



Soups

(On rotation)
 Malaysian Chicken
 Carrot & Coriander 
 Tomato 
 Chicken Laksa
 Chickpeas & Barley Mixed Veg
 Cauliflower, Cheddar, & Potato

Hot Croissants

-   Cheddar & Tomato 
-   Zaatar & Halloumi 
-   Turkey Ham & Cheese

Toasties

-   Mozzarella & Pesto 
-  Classic Cheese 
-  Tuna Melt Toastie

Pastries!

- ★ Butter Croissant
- Almond Croissant
- ★ Chocolate & Hazelnut Croissant
- Pain Au Raisin
- Zaatar Croissant
- Pastel De Nata
- ★ Chocolate Cookie
- ★ Oat Cookie



Snacks & Treats!

Our menu of perfect in-between, just-before, just-after snacks. Ideal for sharing or enjoying on your own.

Yoghurt Bowls

Five Berry Yoghurt
 Berry Parfait
 Banana & Honey



Pret's Snacks

- Choc Bar 
- Love Bar 
- Chocolate Brownie Bar 
- Popcorn Bar 
- Pret Crisps
 - Sea Salt & Black Pepper 
 - Sea Salt & Cider Vinegar 
 - Cheese & Chives 



Desserts

Lemon Cheesecake
 Chocolate Mousse

Drinks!

Our coffee is 100% organic and always arabica. Our teas, milks and milk alternatives are all organic too.

Barista Prepared Drinks

available in 16oz

Organic Drinks

Americano Black
Americano White
Filter Black
Filter White
Pret's Matcha Latte
Spanish Latte
Latte
Espresso
Cappuccino
Mocha
Organic Chocolate
Macchiato
Flat White
Milk (Rice Coconut Milk, Oat Milk, Soya Milk, Almond Milk)
Extra Shot
Cup of Milk



Hot Tea

Breakfast
Earl Grey
Green
Peppermint
Hot Tea - Ginger & Lemon
Hot Tea - Chamomille
Hot Tea - Jasmine

Iced Drinks

Iced Latte
Iced Black Americano
Iced Black Filter
Iced Cappuccino
Iced Mocha
Iced Chocolate
Iced Matcha Latte
Iced Spanish Latte
Iced Strawberry Matcha Latte



Iced Tea

Raspberry & Mint

Frappe

Classic
Salted Caramel
Matcha
Passion Fruit & Pineapple

Smoothies

Berries and Cherries
Tropical Mango
Mango & Ginger
Açaí & Berry



Chilled Drinks

Pret - Orange Juice
Pret - Pomegranate Juice
Pret - Pineapple Powwow
Pret - Root Reboot
Pret - Essential Green
Pret - Sunny Dayz
Pret - Ginger Shot
Pret - Turmeric Shot
San Pellegrino Sparkling Water
Coke
Coke Zero
Sprite
Coconut Water
Arwa 500ml
Aqua Panna 500ml
Aqua Panna 1L
Prebiotic Soda Ginger Lemon
Prebiotic Soda Strawberry Vanilla
Prebiotic Soda Pomegranate Hibiscus
Prebiotic Soda Tangerine

★ New 🌱 Vegetarian 🍃 Vegan 🔄 New Recipe 🧬 Allergen Update

Pret Catering

Our platters are designed for sharing and are ideal for meetings or large gatherings.

Breakfast Platters

Breakfast Brioche
Breakfast Baguette Selection
Yoghurt Selection 
Breakfast Bun Platter
Mini Yoghurt Selection 
Breakfast Sandwich Platter

Salad Platters

Chef's Italian Chicken
Avocado & Mozzarella 
Chicken & Quinoa
Hummus & Chickpea (source of protein) 
Salmon & Avocado
Mozzarella & Quinoa 

Kids Sandwich Platters

Cheese Triangles 
Chicken Triangles
Egg Triangles 
Mix Triangles

Arabic Platters

Arabic Mezze Platter
Arabic Snack Box

Sandwich Platters

  Chicken Supreme
Veggie Lover Mixed 
Vegetarian Selection 
Baguette Selection
Meat Baguette
Best of Pret
All Time Classic
Wrap Selection
Chicken Wrap Selection
  Veggie Salad Wrap Selection 

Pastry Platters

Mini Lattice Selection
Mini Cherry Lattice
Mini Apple Lattice
Mini Strawberry Lattice
Mini Mango Lattice
  Sweet Pastry Selection Box
Mini Chocolate & Blackberry Muffin 
Mini Blackberry & Apple Crumble Muffin 
★ Large Cookie Platter
★ Small Cookie Box

Snacks & Sweets

Pret Bar Platter
Brownie Bag
Love Bar Bag
Crisps Selection

Drinks

Coffee Box
Tea Box

 Prebiotic Soda Ginger Lemon Box
 Prebiotic Soda Strawberry Vanilla Box
 Prebiotic Soda Pomegranate Hibiscus Box
 Prebiotic Soda Tangerine Box
Pret - Orange Juice 
Pret - Pomegranate Juice 
Pret - Pineapple Powwow 
Pret - Root Reboot 
Pret - Essential Green 
Pret - Sunny Dayz 

Pret Hampers

Picnic Basket (good for 2)
Gifting Basket (good for sharing)



Allergies?

We're proud to freshly prepare our food in our shop kitchens every day, but as we use many ingredients and shared equipment, we are unable to guarantee that our food is allergen free due to the risk of cross-contact. Our vegan food is made to a vegan recipe but is not suitable for those with milk or egg allergies. Our Allergen Guide contains a list of all the products we sell in our shops. You will also find the declarable allergens listed on the product shelf tickets in our shops. If you need to know more, please get in touch with our Customer Service team who will be happy to help.

Please refer to our "Allergen Guide" for allergen information & "Nutritional Guide" for nutritional information.

★ New  Vegetarian  Vegan  New Recipe  Allergen Update

★ PRET A MANGER ★

SEPTEMBER 2026