| Quiche                     | Suit         | able for |        |              |              |       |                                  |              |              |         |                               |    |               |                | 1-     | Nov-24 |
|----------------------------|--------------|----------|--------|--------------|--------------|-------|----------------------------------|--------------|--------------|---------|-------------------------------|----|---------------|----------------|--------|--------|
|                            | Veget        | Veg      |        |              |              |       |                                  | Cor          | ntains       | these a | allerge                       | ns |               |                |        |        |
| Product                    | etarians     | )gans    | Sesame | Milk         | Egg          | Lupin | Cereals<br>containin<br>g gluten | Mollusc<br>s | Soya         | Peanut  | Celery<br>and<br>celeria<br>c |    | Sulphite<br>s | Crustacea<br>n | Fish   | Nuts   |
| Quiche Lorraine            |              |          |        | $\checkmark$ | $\checkmark$ |       | Wheat                            |              | $\checkmark$ |         |                               |    |               |                |        |        |
| Quiche Spinach Goat Cheese | $\checkmark$ |          |        | $\checkmark$ | $\checkmark$ |       | Wheat                            |              | $\checkmark$ |         |                               |    |               |                |        |        |
| We can't guarantee an<br>n |              | -        |        |              |              |       | th allergie<br>for those         |              | <u> </u>     |         |                               |    |               | r vegan pro    | oducts | are    |

| Pies                     | Suit               | able for |        |              |              |       |                                  |              |              |         |                               |    |               |                | 1.     | -Nov-24 |
|--------------------------|--------------------|----------|--------|--------------|--------------|-------|----------------------------------|--------------|--------------|---------|-------------------------------|----|---------------|----------------|--------|---------|
|                          | Veg                | ~        |        |              |              |       |                                  | Cor          | ntains       | these a | allerge                       | ns |               |                |        |         |
| Product                  | <b>/egetarians</b> | Vegans   | Sesame | Milk         | Egg          | Lupin | Cereals<br>containin<br>g gluten | Mollusc<br>s | Soya         | Peanut  | Celery<br>and<br>celeria<br>c |    | Sulphite<br>s | Crustacea<br>n | Fish   | Nuts    |
| Steak Pepper Pie         |                    |          |        | $\checkmark$ | $\checkmark$ |       | Wheat                            |              | $\checkmark$ |         |                               |    |               |                |        |         |
| Chicken and Mushroom Pie |                    |          |        | $\checkmark$ | $\checkmark$ |       | Wheat                            |              | $\checkmark$ |         |                               |    |               |                |        |         |
| We can't guarantee an    | •                  | -        |        |              |              |       | th allergie<br>for those         |              | 0            |         |                               |    |               | r vegan pro    | oducts | are     |

| Brioches                           | Suit     | able for |        |      |     |           |                                  |          |      |              |                           |         |             |            | 1-Nc | ov-24 |
|------------------------------------|----------|----------|--------|------|-----|-----------|----------------------------------|----------|------|--------------|---------------------------|---------|-------------|------------|------|-------|
|                                    | Vegetari | Ve       |        |      |     |           |                                  |          | Cont | ains these a | allergens                 |         |             |            |      |       |
| Product                            | tarians  | Vegans   | Sesame | Milk | Egg | Lupi<br>n | Cereals<br>containing<br>gluten  | Molluscs | Soya | Peanut       | Celery<br>and<br>celeriac | Mustard | Sulphites   | Crustacean | Fish | Nuts  |
| Chicken Sausage and Egg<br>Brioche |          |          |        | 1    | ✓   |           | Wheat                            |          |      |              |                           |         |             |            |      |       |
| Egg & Bacon Brioche                |          |          |        | ✓    | 1   |           | Wheat                            |          |      |              |                           |         |             |            |      |       |
| Egg Tomatoes Brioche               | 1        |          |        | 1    | ✓   |           | Wheat                            |          | 1    |              |                           | 1       |             |            |      |       |
| Egg Salmon Brioche                 |          |          |        | 1    | 1   |           | Wheat                            |          | 1    |              |                           | 1       |             |            | 1    |       |
| We can't                           | guaran   |          | -      |      |     |           | those with all<br>suitable for t |          | ~    |              |                           |         | vegan produ | icts are   |      |       |

| Breakfast Baguettes                     |             | itable<br>for |        |      |              |       |                                  |          |              |            |                           |              |           |                | 1-Nc         | ov-24 |
|---|-------------|---------------|--------|------|--------------|-------|----------------------------------|----------|--------------|------------|---------------------------|--------------|-----------|----------------|--------------|-------|
|   | Veg         | ٧             |        |      |              |       |                                  | Con      | ntains       | s these    | allerge                   | ens          |           |                |              |       |
| Product                                 | Vegetarians | Vegans        | Sesame | Milk | Egg          | Lupin | Cereals<br>containin<br>g gluten | Molluscs | Soya         | Peanu<br>t | Celery<br>and<br>celeriac |              | Sulphites | Crustacean     | Fish         | Nuts  |
| Egg Mayo and Roasted Tomato<br>Baguette | 1           |               |        |      | $\checkmark$ |       | Wheat                            |          | $\checkmark$ |            |                           | $\checkmark$ |           |                |              |       |
| Smoked Salmon and Egg Mayo<br>Baguette  |             |               |        |      | $\checkmark$ |       | Wheat                            |          | $\checkmark$ |            |                           | $\checkmark$ |           |                | $\checkmark$ |       |
| We can't guarantee                      |             | -             |        |      |              |       | e with allerg<br>able for tho    |          | <u> </u>     |            |                           |              | <u> </u>  | n products are |              |       |

| Hot Croissants                              |             | itable<br>for |        |              |              |           |                                  |          |        |           |                           |             |           |              | 1-No         | ov-24 |
|---|-------------|---------------|--------|--------------|--------------|-----------|----------------------------------|----------|--------|-----------|---------------------------|-------------|-----------|--------------|--------------|-------|
|   | Veç         | <             |        |              |              |           |                                  | Co       | ontain | s these a | llergens                  |             |           |              |              |       |
| Product                                     | Vegetarians | Vegans        | Sesame | Milk         | Egg          | Lupi<br>n | Cereals<br>containin<br>g gluten | Molluscs | Soya   | Peanut    | Celery<br>and<br>celeriac | Mustar<br>d | Sulphites | Crustacean   | Fish         | Nuts  |
| HK-Tomatoes and<br>Cheese(Savory Croissant) | <           |               |        | $\checkmark$ | $\checkmark$ |           | Wheat                            |          |        |           |                           |             |           |              |              |       |
| HK-Smoked Salmon and Egg                    |             |               |        | $\checkmark$ | $\checkmark$ |           | Wheat                            |          |        |           |                           |             |           |              | $\checkmark$ |       |
| We can't guarantee any<br>m                 |             | -             |        |              |              |           | se with alle<br>itable for th    | U        |        | U         |                           |             |           | r vegan proc | lucts a      | are   |

| Breakfast               |             | able<br>or  |            |  |  |  |                                       |         |              |       |        |     |  |  | 1-Nc  | ov-24 |
|-------------------------|-------------|---|------------|--|--|--|---------------------------------------|---------|--------------|-------|--------|-----|--|--|-------|-------|
|                         | Veg         | <   |            |  |  |  |                                       | Conta   | ains         | these | allerg | ens |  |  |       |       |
| Product                 | Vegetarians | Vegans  | Sesam<br>e | am Milk Egg Lupi Cereals Containin Mollusc Sova Peanu and Mustar Sulphite Crustacea Fish |  |  |                                       |         |              |       |        |     |  |  | Nuts  |       |
| Pret's Soya Porridge    | 1           | <ul> <li>Image: A start of the start of</li></ul> |            |  |  |  | Oat                                   |         | $\checkmark$ |       |        |     |  |  |       |       |
| We can't guarante<br>ma | Ť           |   | Ĩ          |  |  |  | or those wi<br>produc<br>able for the | ets are |              |       | J      |     |  |  | vegai | n     |

| French Pastries   |                     | table<br>or  |        |      |     |       |                             |          |       |           |           |         |           |              |         |        |  |
|-------------------|---------------------|--------------|--------|------|-----|-------|-----------------------------|----------|-------|-----------|-----------|---------|-----------|--------------|---------|--------|--|
|                   | Vege                | Vega         |        |      |     |       |                             |          | Conta | ins these | allergens |         |           |              |         |        |  |
| Product           | <b>/</b> egetarians | gans         | Sesame | Milk | Egg | Lupin |                             | Molluscs | Soya  | Peanut    |           | Mustard | Sulphites | Crustacean   | Fish    | Nuts   |  |
| Vanilla Donut     | $\checkmark$        | $\checkmark$ |        |      |     |       | Wheat                       |          |       |           |           |         |           |              |         | Almond |  |
| Cinnamon Donut    | $\checkmark$        | $\checkmark$ |        |      |     |       | Wheat                       |          |       |           |           |         |           |              |         |        |  |
| We can't guarante |                     |              | A      |      |     |       | those with<br>t suitable fo | 0        |       | -         |           |         |           | ır vegan pro | ducts : | are    |  |

| French Pastries                          |              | table<br>or |              |              |              |           |                                 |              |              |           |                               |              |               |                | 1    | -Nov-24 |
|--|--------------|-------------|--------------|--------------|--------------|-----------|---------------------------------|--------------|--------------|-----------|-------------------------------|--------------|---------------|----------------|------|---------|
|  | Veç          | <           |              |              |              |           |                                 |              | Contai       | ins these | allergens                     |              |               |                |      |         |
| Product                                  | Vegetarians  | Vegans      | Sesam<br>e   | Milk         | Egg          | Lupi<br>n | Cereals<br>containing<br>gluten | Mollusc<br>s | Soya         | Peanut    | Celery<br>and<br>celeria<br>c | Mustard      | Sulphite<br>s | Crustacea<br>n | Fish | Nuts    |
| Chocolate Chubk Cookie                   | $\checkmark$ |             |              | $\checkmark$ |              |           | Wheat                           |              |              |           |                               |              |               |                |      |         |
| Fruit,Oat & Spelt Cookie                 | $\checkmark$ |             |              | $\checkmark$ |              |           | Wheat, Oat                      |              |              |           |                               |              |               |                |      |         |
| Dark Chocolate & Almond Butter<br>Cookie | <b>√</b>     | 1           |              |              |              |           | Wheat                           |              |              |           |                               |              |               |                |      | Almond  |
| Double Berry Muffin                      | <b>√</b>     |             |              | $\checkmark$ | $\checkmark$ |           | Wheat                           |              |              |           |                               |              |               |                |      |         |
| Mince Pie                                | 1            |             |              | $\checkmark$ | $\checkmark$ |           | Wheat                           |              | $\checkmark$ |           |                               |              |               |                |      |         |
| Bacon & Cheese Turnover                  |              |             |              | $\checkmark$ |              |           | Wheat                           |              |              |           |                               | $\checkmark$ |               |                |      |         |
| Cheese Twist                             | -            |             |              | $\checkmark$ | $\checkmark$ |           | Wheat                           |              |              |           |                               |              |               |                |      |         |
| Very Berry Croissant                     | <b>√</b>     | ✓           |              |              |              |           | Wheat                           |              |              |           |                               |              |               |                |      |         |
| French Butter Croissant                  | <b>√</b>     |             |              | $\checkmark$ | $\checkmark$ |           | Wheat                           |              |              |           |                               |              |               |                |      |         |
| Almond Croissant                         | 1            |             |              | $\checkmark$ | $\checkmark$ |           | Wheat                           |              |              |           |                               |              |               |                |      | Almond  |
| Chocolate Croissant                      | -            |             |              | $\checkmark$ | $\checkmark$ |           | Wheat                           |              | $\checkmark$ |           |                               |              |               |                |      |         |
| Pain Au Raisin                           | <b>√</b>     |             |              | $\checkmark$ | $\checkmark$ |           | Wheat                           |              |              |           |                               |              |               |                |      |         |
| Savory Croissant- Mozzarella &<br>Tomato | ✓            |             |              | $\checkmark$ | $\checkmark$ |           | Wheat                           |              |              |           |                               |              |               |                |      |         |
| Zaatar Croisants                         | 1            |             | $\checkmark$ | $\checkmark$ | $\checkmark$ |           | Wheat                           |              |              |           |                               |              |               |                |      |         |

We can't guarantee any of our products are suitable for those with allergies due to a high risk of cross contamination. Our vegan products are made to a vegan recipe but are not suitable for those with dairy and egg allergies. Please take care.

| Bowls/ Pots               |             | table<br>or |        |              |     |           |                                 |          |      |           |                           |         |              |                |       | 1-Nov-24                       |
|---------------------------|-------------|-------------|--------|--------------|-----|-----------|---------------------------------|----------|------|-----------|---------------------------|---------|--------------|----------------|-------|--------------------------------|
|                           | Ve          |             |        |              |     |           |                                 |          | Cont | ains thes | se allergen               | IS      |              |                |       |                                |
| Product                   | Vegetarians | Vegans      | Sesame | Milk         | Egg | Lupi<br>n | Cereals<br>containing<br>gluten | Molluscs | Soya | Peanut    | Celery<br>and<br>celeriac | Mustard | Sulphites    | Crustacea<br>n | Fish  | Nuts                           |
| Five Berry Breakfast Bowl | 1           |             |        | $\checkmark$ |     |           | Oat                             |          |      |           |                           |         |              |                |       | Cashew, Pecan                  |
| Berry Yoghurt Parfait     | 1           |             |        | $\checkmark$ |     |           | Oat                             |          |      |           |                           |         |              |                |       | Cashew, Pecan                  |
| Banana & Honey Bowl       | ✓           |             |        | $\checkmark$ |     |           | Oat                             |          |      |           |                           |         |              |                |       | Cashew, Pecan                  |
| Acai Bircher Bowl         | 1           |             |        | $\checkmark$ |     |           | Oat                             |          |      |           |                           |         | $\checkmark$ |                |       | Pecans,<br>Almonds,<br>Cashews |
| We can't guar             | antee       |             |        |              |     |           | or those with<br>ot suitable fe |          |      |           |                           |         |              | gan product    | s are |                                |

| Fruits           | Suital      | ble for |        |      |     |       |                                      |          |            |             |                           |            |           |                | 1-No | ov-24 |
|------------------|-------------|---------|--------|------|-----|-------|--------------------------------------|----------|------------|-------------|---------------------------|------------|-----------|----------------|------|-------|
| Product          | Vegetarians | Vegans  |        |      |     |       |                                      | Cor      | ntains the | ese allerge | ns                        |            |           |                |      |       |
| Troduct          | arians      | ans     | Sesame | Milk | Egg | Lupin | Cereals<br>containing<br>gluten      | Molluscs | Soya       | Peanut      | Celery<br>and<br>celeriac | Mustard    | Sulphites | Crustacea<br>n | Fish | Nuts  |
| Banana           | 1           | ~       |        |      |     |       |                                      |          |            |             |                           |            |           |                |      |       |
| Mango and Lime   | 1           | ~       |        |      |     |       |                                      |          |            |             |                           |            |           |                |      |       |
| Superfruit Salad | 1           | <       |        |      |     |       |                                      |          |            |             |                           |            |           |                |      |       |
| We can           | 't guara    |         |        |      |     |       | with allergies d<br>ble for those wi |          |            |             |                           | vegan proc | lucts are |                |      |       |

| Soup   | Suita       | ble for |              |              |     |       |                                 |              |              |            |                               |             |           |              | 1-No         | ov-24 |
|--|-------------|---------|--------------|--------------|-----|-------|---------------------------------|--------------|--------------|------------|-------------------------------|-------------|-----------|--------------|--------------|-------|
|  | Veg         | $\sim$  |              |              |     |       |                                 | (            | Contains 1   | hese aller | gens                          |             |           |              |              |       |
| Product  | Vegetarians | Vegans  | Sesam<br>e   | Milk         | Egg | Lupin | Cereals<br>containing<br>gluten | Mollusc<br>s | Soya         | Peanut     | Celery<br>and<br>celeria<br>c | Mustar<br>d | Sulphites | Crustacean   | Fish         | Nuts  |
| Malaysian Chicken Soup                         |             |         |              |              |     |       |                                 |              |              |            |                               |             |           |              | $\checkmark$ |       |
| Carrot and Coriander Soup                      | 1           |         |              | $\checkmark$ |     |       |                                 |              |              |            | $\checkmark$                  |             |           |              |              |       |
| Chicken Laksa                                  |             |         |              |              |     |       | Wheat                           |              | $\checkmark$ |            |                               |             |           |              | $\checkmark$ |       |
| Thai Red Chicken Curry Soup                    |             |         |              |              |     |       |                                 |              | $\checkmark$ |            | >                             |             |           | $\checkmark$ | $\checkmark$ |       |
| Souper Tomato Soup                             | 1           | >       |              |              |     |       |                                 |              |              |            |                               |             |           |              |              |       |
| Veggie Tom Yum                                 | 1           | 1       |              |              |     |       |                                 |              | $\checkmark$ |            |                               |             |           |              |              |       |
| Curried Lentil, Sweet Potatoe & Quiona<br>Soup | 1           |         |              | $\checkmark$ |     |       |                                 |              |              |            | $\checkmark$                  |             |           |              |              |       |
| Chicken Shitake Miso Mushrooms                 |             |         |              |              |     |       |                                 |              | $\checkmark$ |            |                               |             |           |              |              |       |
| Mushroom Soup                                  | 1           |         |              | $\checkmark$ |     |       |                                 |              |              |            | $\checkmark$                  |             |           |              |              |       |
| Vegan Red Kale Soup                            | 1           |         |              | $\checkmark$ |     |       |                                 |              |              |            | $\checkmark$                  |             |           |              |              |       |
| Baked Potato & Bacon Soup                      |             |         |              | $\checkmark$ |     |       | Wheat                           |              |              |            | $\checkmark$                  |             |           |              |              |       |
| Cheddar Cauliflower Soup                       | 1           |         |              | $\checkmark$ |     |       |                                 |              |              |            | $\checkmark$                  |             |           |              |              |       |
| Parsnip Soup                                   | 1           |         |              | $\checkmark$ |     |       |                                 |              |              |            |                               |             |           |              |              |       |
| Soup Bread                                     | 1           | 1       | $\checkmark$ |              |     |       | Wheat,<br>Rye,<br>Barley, Oat   |              |              |            |                               |             |           |              |              |       |

| Toasties                   | Suita       | ble for |            |              |              |       |                                  |             |              |           |                               |              |              |                | 1-No         | ov-24 |
|----------------------------|-------------|---------|------------|--------------|--------------|-------|----------------------------------|-------------|--------------|-----------|-------------------------------|--------------|--------------|----------------|--------------|-------|
|                            | Vege        | Ve      |            |              |              |       |                                  | Conta       | ins these    | allergens |                               |              |              |                |              |       |
| Product                    | Vegetarians | Vegans  | Sesam<br>e | Milk         | Egg          | Lupin | Cereals<br>containing<br>gluten  | Mollus<br>c | Soya         | Peanut    | Celery<br>and<br>celeria<br>c |              | Sulphit<br>e | Crusta<br>cean | Fish         | Nuts  |
| Tuna Melt Toastie          |             |         |            | $\checkmark$ | $\checkmark$ |       | Wheat,<br>Barley, Rye<br>Oat     |             | $\checkmark$ |           |                               | $\checkmark$ |              |                | $\checkmark$ |       |
| Mozzarella & Pesto Toastie | 1           |         |            | $\checkmark$ |              |       | Wheat,<br>Barley, Rye<br>Oat     |             |              |           |                               |              |              |                |              |       |
| Chipotle Chicken Toastie   |             |         |            | $\checkmark$ |              |       | Wheat,<br>Barley, Rye<br>Oat     |             |              |           |                               | $\checkmark$ |              |                |              |       |
| Classic Cheese Toastie     | 1           |         |            | $\checkmark$ | $\checkmark$ |       | Wheat,<br>Barley, Rye<br>Oat     |             | $\checkmark$ |           |                               | $\checkmark$ |              |                |              |       |
| We can't guarante          |             |         |            |              |              |       | lergies due to a those with dair |             |              |           |                               | ır vegan p   | roducts a    | re             |              |       |

| Salads   | Suita       | ble for |            |              |              |       |                                      |              |              |            |                               |              |               |                | 1-1          | Nov-24    |
|--|-------------|---------|------------|--------------|--------------|-------|--------------------------------------|--------------|--------------|------------|-------------------------------|--------------|---------------|----------------|--------------|-----------|
|  | Vege        | Ve      |            |              |              |       |                                      | Со           | ntains the   | se allerge | ns                            |              |               |                |              |           |
| Product  | Vegetarians | Vegans  | Sesam<br>e | Milk         | Egg          | Lupin | Cereals<br>containing<br>gluten      | Mollus<br>cs | Soya         | Peanut     | Celery<br>and<br>celeria<br>c | Mustar<br>d  | Sulphite<br>s | Crusta<br>cean | Fish         | Nuts      |
| Chef's Italian Chicken Salad                   |             |         |            | $\checkmark$ | $\checkmark$ |       |                                      |              | $\checkmark$ |            |                               | $\checkmark$ |               |                | $\checkmark$ | Pistachio |
| Smoked Salmon & Avocado Salad                  |             |         |            |              |              |       |                                      |              |              |            |                               | $\checkmark$ |               |                | $\checkmark$ |           |
| Mozzarella & Quinoa Bowl                       | 1           |         |            | $\checkmark$ |              |       | Wheat                                |              |              |            |                               | $\checkmark$ |               |                |              |           |
| Salsa Verde Chicken Bowl                       |             |         |            |              |              |       | Wheat                                |              |              |            |                               | $\checkmark$ |               |                |              |           |
| Avocado , Mozzarella & Roasted<br>Pepper Salad | 1           |         |            | $\checkmark$ |              |       |                                      |              |              |            |                               | $\checkmark$ |               |                |              | Pinenut   |
| Crayfish & Avocado Salad                       |             |         |            |              |              |       |                                      |              |              |            |                               | $\checkmark$ |               | $\checkmark$   |              |           |
| Rocket & Parmesan Side Salad Pot               | 1           |         |            | $\checkmark$ |              |       |                                      |              |              |            |                               | $\checkmark$ |               |                |              |           |
| Side Salad - Mix Leaves                        | 1           | <       |            |              |              |       |                                      |              |              |            |                               | $\checkmark$ |               |                |              |           |
| Egg & Avo Protein Pot                          | 1           |         |            |              | $\checkmark$ |       |                                      |              |              |            |                               |              |               |                |              |           |
| Chicken & Smashed Avo Protein Pot              |             |         |            | $\checkmark$ | $\checkmark$ |       |                                      |              | $\checkmark$ |            |                               |              |               |                |              |           |
| We can't gua                                   |             |         |            |              |              |       | allergies due to<br>or those with da |              |              |            |                               |              | products ar   | e              |              | •         |

| Granary                           | Suita       | ble for |            |              |              |       |                                 |              |              |             |                          |              |               |                |              | l-Nov-24 |
|-----------------------------------|-------------|---------|------------|--------------|--------------|-------|---------------------------------|--------------|--------------|-------------|--------------------------|--------------|---------------|----------------|--------------|----------|
|                                   | Veg         | Ve      |            |              |              |       |                                 | C            | ontains th   | iese allerg | ens                      |              |               |                |              |          |
| Product                           | Vegetarians | Vegans  | Sesam<br>e | Milk         | Egg          | Lupin | Cereals<br>containing<br>gluten | Mollusc<br>s | Soya         | Peanut      | Celery<br>and<br>celeria | Mustar<br>d  | Sulphit<br>es | Crusta<br>cean | Fish         | Nuts     |
| Chicken Acocado Sandwich          |             |         |            | $\checkmark$ | $\checkmark$ |       | Wheat,<br>Barley                |              | $\checkmark$ |             | 0                        | $\checkmark$ |               |                |              |          |
| Summer Chicken Sandwich           |             |         |            | $\checkmark$ | $\checkmark$ |       | Wheat,<br>Barley                |              | $\checkmark$ |             |                          | $\checkmark$ |               |                |              | Pinenut  |
| runa Mayo Sandwich                |             |         |            |              | $\checkmark$ |       | Wheat,<br>Barley                |              | $\checkmark$ |             |                          | $\checkmark$ |               |                | $\checkmark$ |          |
| Wild Crayfish and Rocket Sandwich |             |         |            | $\checkmark$ | $\checkmark$ |       | Wheat,<br>Barley                |              | $\checkmark$ |             |                          | $\checkmark$ |               | $\checkmark$   |              |          |
| Mature Cheddar & Pickle Sandwich  | 1           |         |            | $\checkmark$ | $\checkmark$ |       | Wheat,<br>Barley                |              | $\checkmark$ |             |                          | $\checkmark$ |               |                |              |          |
| Chicken Salsa Verde Sandwich      |             |         |            | $\checkmark$ |              |       | Wheat,<br>Barley                |              |              |             |                          | $\checkmark$ |               |                |              |          |
| Cracking Egg Salad Sandwich       | 1           |         |            |              | $\checkmark$ |       | Wheat,<br>Barley                |              | $\checkmark$ |             |                          | $\checkmark$ |               |                |              |          |
| Classic Super Club                |             |         |            | $\checkmark$ | $\checkmark$ |       | Wheat,<br>Barley                |              | $\checkmark$ |             |                          | $\checkmark$ |               |                |              |          |
| Smoked Salmon Sandwich            |             |         |            | $\checkmark$ |              |       | Wheat,<br>Barley                |              |              |             |                          |              |               |                | $\checkmark$ |          |
| Salmon Dill Sandiwch              |             |         |            |              | $\checkmark$ |       | Wheat,<br>Barley                |              | $\checkmark$ |             |                          |              |               |                | $\checkmark$ |          |
| Coronation Chicken Sandwich       |             |         |            |              | $\checkmark$ |       | Wheat,<br>Barley                |              | $\checkmark$ |             |                          | $\checkmark$ |               |                |              | Almond   |
| Festive Lunch Sandwich            |             |         |            | $\checkmark$ | $\checkmark$ |       | Wheat,<br>Barley                |              | $\checkmark$ |             |                          | $\checkmark$ |               |                |              |          |
| Brie & Cranberry Sandwich         |             |         |            | $\checkmark$ |              |       | Wheat,<br>Barley                |              |              |             |                          |              |               |                |              | Pinenut  |

| Baguettes                                  | Suita       | ble for |        |              |              |       |                                   |          |              |            |                               |              |           |            | 1-No | ov-24 |
|--|-------------|---------|--------|--------------|--------------|-------|-----------------------------------|----------|--------------|------------|-------------------------------|--------------|-----------|------------|------|-------|
|  | Vege        | Ve      |        |              |              |       |                                   | (        | Contains     | these alle | rgens                         |              |           |            |      |       |
| Product                                    | Vegetarians | Vegans  | Sesame | Milk         | Egg          | Lupin | Cereals<br>containing<br>gluten   | Molluscs | Soya         | Peanut     | Celery<br>and<br>celeria<br>c | Mustard      | Sulphites | Crustacean | Fish | Nuts  |
| Chicken Ceasar and Bacon Baguette          |             |         | ~      | ~            | ~            |       | Wheat,<br>Rye,<br>Barley,<br>Oats |          | ~            |            |                               | ~            |           |            | ~    |       |
| una Mayo & Cucumber Baguette               |             |         |        |              | $\checkmark$ |       | Wheat                             |          | $\checkmark$ |            |                               | $\checkmark$ |           |            | >    |       |
| Posh Cheddar & Pickle Baguette             | 1           |         | ~      | ~            | ~            |       | Wheat,<br>Rye,<br>Barley,<br>Oats |          | $\checkmark$ |            |                               | $\checkmark$ |           |            |      |       |
| Chicken Salad Baguette                     |             |         |        | $\checkmark$ | $\checkmark$ |       | Wheat                             |          | $\checkmark$ |            |                               | $\checkmark$ |           |            |      |       |
| Pesto Caprese Toasted Baguette             | 1           |         |        | $\checkmark$ | $\checkmark$ |       | Wheat                             |          | $\checkmark$ |            |                               | $\checkmark$ |           |            |      |       |
| Chipotle Chicken Bacon Toasted<br>Baguette |             |         |        | ~            |              |       | Wheat                             |          |              |            |                               | $\checkmark$ |           |            |      |       |
| Brie ,Turkey & Bacon Hot Baguette          |             |         | ✓      | √            |              |       | Wheat,<br>Rye,<br>Barley,         |          | √            |            |                               |              |           |            |      |       |
| eftover Festive Turkey Hot Baguette        |             |         | ~      | $\checkmark$ | ~            |       | Wheat,<br>Rye,<br>Barley,<br>Oats |          | $\checkmark$ |            |                               | √            |           |            |      |       |

| Kibbled Rye Salad Wraps     | Suita       | ble for | ]          |              |              |       |                                      |              |              |            |                               |              |               |                | 1-1          | Nov-24  |
|-----------------------------|-------------|---------|------------|--------------|--------------|-------|--------------------------------------|--------------|--------------|------------|-------------------------------|--------------|---------------|----------------|--------------|---------|
|                             | Vege        | Ve      |            |              |              |       |                                      | Con          | tains the    | se allerge | ns                            |              |               |                |              |         |
| Product                     | Vegetarians | Vegans  | Sesam<br>e | Milk         | Egg          | Lupin | Cereals<br>containing<br>gluten      | Mollusc<br>s | Soya         | Peanut     | Celery<br>and<br>celeria<br>c |              | Sulphite<br>s | Crusta<br>cean | Fish         | Nuts    |
| Chicken Caesar & Bacon Wrap |             |         |            | $\checkmark$ | $\checkmark$ |       | Wheat, Rye                           |              | $\checkmark$ |            |                               | $\checkmark$ |               |                | $\checkmark$ |         |
| Chicken Pesto Rocket Wrap   |             |         |            | $\checkmark$ | $\checkmark$ |       | Wheat, Rye                           |              | $\checkmark$ |            |                               | $\checkmark$ |               |                |              |         |
| Avocado & Herb Salad Wrap   | 1           |         |            | $\checkmark$ | $\checkmark$ |       | Wheat, Rye                           |              | $\checkmark$ |            |                               | $\checkmark$ |               |                |              | Pinenut |
| We can't gua                |             |         |            |              |              |       | allergies due to<br>or those with da |              |              |            |                               |              | products      | are            | -            |         |

| Hot Wraps                   | Suita       | ble for | ]          |              |     |       |                                      |              |              |           |                               |              |               |                | 1-No | ov-24 |
|-----------------------------|-------------|---------|------------|--------------|-----|-------|--------------------------------------|--------------|--------------|-----------|-------------------------------|--------------|---------------|----------------|------|-------|
|                             | Vege        | Ve      |            |              |     |       |                                      | Conta        | ains these   | allergens | 5                             |              |               |                |      |       |
| Product                     | Vegetarians | Vegans  | Sesam<br>e | Milk         | Egg | Lupin | Cereals<br>containing<br>gluten      | Mollus<br>cs | Soya         | Peanut    | Celery<br>and<br>celeria<br>c |              | Sulphit<br>es | Crusta<br>cean | Fish | Nuts  |
| Halloumi & Falafel Hot Wrap | 1           |         |            | $\checkmark$ |     |       | Wheat, Rye                           |              |              |           |                               |              |               |                |      |       |
| Chipotle Chicken Hot Wrap   |             |         |            | $\checkmark$ |     |       | Wheat, Rye                           |              |              |           |                               | $\checkmark$ |               |                |      |       |
| Meatball Hot Wrap           |             |         |            | $\checkmark$ |     |       | Wheat, Rye                           |              | $\checkmark$ |           |                               | $\checkmark$ |               |                |      |       |
| Beef Burrito Hot Wrap       |             |         |            | $\checkmark$ |     |       | Wheat, Rye                           |              |              |           | $\checkmark$                  | $\checkmark$ |               |                |      |       |
| We can't guarant            |             |         |            |              |     |       | lergies due to a<br>those with dairy |              |              |           |                               | r vegan p    | roducts a     | re             |      |       |

| Drinks                         | Suital      | ble for | ]          |      |     |       |                                  |          |           |           |                               |             |               |                | 1-No | ov-24 |
|--------------------------------|-------------|---------|------------|------|-----|-------|----------------------------------|----------|-----------|-----------|-------------------------------|-------------|---------------|----------------|------|-------|
|                                | Veg         | $\vee$  |            |      |     |       |                                  | Conta    | ins these | allergens |                               |             |               |                |      |       |
| Product                        | Vegetarians | Vegans  | Sesam<br>e | Milk | Egg | Lupin | Cereals<br>containing<br>gluten  | Molluscs | Soya      | Peanut    | Celery<br>and<br>celeria<br>c | Mustar<br>d | Sulphit<br>es | Crusta<br>cean | Fish | Nuts  |
| Cold Press Orange Juice        | 1           | <       |            |      |     |       |                                  |          |           |           |                               |             |               |                |      |       |
| Cold Pressed Pomegranate Juice | 1           | <       |            |      |     |       |                                  |          |           |           |                               |             |               |                |      |       |
| Pineapple Powow                | 1           | 1       |            |      |     |       |                                  |          |           |           |                               |             |               |                |      |       |
| Root Reboot                    | 1           | 1       |            |      |     |       |                                  |          |           |           |                               |             |               |                |      |       |
| CUCUMBER AND MINT SELTZER      | 1           | 1       |            |      |     |       |                                  |          |           |           |                               |             |               |                |      |       |
| PP APPLE FIZZ 2019             | 1           | 1       |            |      |     |       |                                  |          |           |           |                               |             |               |                |      |       |
| PP RHUBARB LEMONADE            | 1           | 1       |            |      |     |       |                                  |          |           |           |                               |             |               |                |      |       |
| Pink Lemonaid                  | 1           | 1       |            |      |     |       |                                  |          |           |           |                               |             |               |                |      |       |
| Blue Lemonaid                  | 1           | 1       |            |      |     |       |                                  |          |           |           |                               |             |               |                |      |       |
| Black Lemonaid                 | 1           | <       |            |      |     |       |                                  |          |           |           |                               |             |               |                |      |       |
| Sunny Dayz                     | 1           | 1       |            |      |     |       |                                  |          |           |           |                               |             |               |                |      |       |
| Essential Green                | 1           | 1       |            |      |     |       |                                  |          |           |           | $\checkmark$                  |             |               |                |      |       |
| Ginger Shot                    | 1           | <       |            |      |     |       |                                  |          |           |           | $\checkmark$                  |             |               |                |      |       |
| Tumeric Shot                   | 1           | <       |            |      |     |       |                                  |          |           |           |                               |             |               |                |      |       |
| San Pelegrino 500ml            | 1           | <       |            |      |     |       |                                  |          |           |           |                               |             |               |                |      |       |
| Aqua Morelli Still Large       | 1           | <       |            |      |     |       |                                  |          |           |           |                               |             |               |                |      |       |
| Aqua Morelli Still Small       | 1           | 1       |            |      |     |       |                                  |          |           |           |                               |             |               |                |      |       |
| Eira Still Small               | 1           | 1       |            |      |     |       |                                  |          |           |           |                               |             |               |                |      |       |
| Eira Still Large               | 1           | 1       |            |      |     |       |                                  |          |           |           |                               |             |               |                |      |       |
| Arwa 500ml                     | 1           | <       |            |      |     |       |                                  |          |           |           |                               |             |               |                |      |       |
| Coke                           | 1           | 1       |            |      |     |       |                                  |          |           |           |                               |             |               |                |      |       |
| Coke Zero                      | 1           | 1       |            |      |     |       |                                  |          |           |           |                               |             |               |                |      |       |
| Sprite                         | 1           | 1       |            |      |     |       |                                  |          |           |           |                               |             |               |                |      |       |
| Coconut Water                  | 1           | 1       |            |      |     |       |                                  |          |           |           |                               |             |               |                |      |       |
| We can't guarantee an          |             |         |            |      |     |       | llergies due to<br>those with da |          |           |           |                               |             | gan prod      | lucts are      |      |       |

| Snacks & Desserts                      | Suital      | ble for |            |              |              |       |                                 |              |              |             |                               |             |               |                | 1-   | Nov-24              |
|--|-------------|---------|------------|--------------|--------------|-------|---------------------------------|--------------|--------------|-------------|-------------------------------|-------------|---------------|----------------|------|---------------------|
|  | Vege        | Ve      |            |              |              |       |                                 | Cor          | ntains the   | ese allerge | ns                            |             |               |                |      |                     |
| Product                                | Vegetarians | Vegans  | Sesam<br>e | Milk         | Egg          | Lupin | Cereals<br>containing<br>gluten | Mollus<br>cs | Soya         | Peanut      | Celery<br>and<br>celeria<br>c | Mustar<br>d | Sulphit<br>es | Crusta<br>cean | Fish | Nuts                |
| Sea Salt Crisps                        | 1           | >       |            |              |              |       |                                 |              |              |             |                               |             |               |                |      |                     |
| Mature Cheddar Crisps                  | 1           |         |            | $\checkmark$ |              |       |                                 |              |              |             |                               |             |               |                |      |                     |
| Sweet Chilli Crisps                    | 1           | <       |            |              |              |       |                                 |              | $\checkmark$ |             |                               |             |               |                |      |                     |
| Pret Crisps - Sea Salt & Black Pepper  | 1           | 1       |            |              |              |       |                                 |              |              |             |                               |             |               |                |      |                     |
| Pret Crisps - Sea Salt & Cider Vinegar | 1           | 1       |            |              |              |       | Wheat                           |              |              |             |                               |             |               |                |      |                     |
| Pret Crisps - Cheese & Chives          | 1           |         |            | $\checkmark$ |              |       |                                 |              |              |             |                               |             |               |                |      |                     |
| Pret Nuts , Fruits & Chocolate         | 1           |         |            | $\checkmark$ |              |       |                                 |              | $\checkmark$ |             |                               |             |               |                |      | Almonds             |
| Caramel Waffle                         | 1           |         |            | $\checkmark$ |              |       | Wheat                           |              | $\checkmark$ |             |                               |             |               |                |      |                     |
| Cranberries in Coats                   | 1           |         |            | $\checkmark$ |              |       |                                 |              |              |             |                               |             |               |                |      |                     |
| Pret Dark Chocolate Almonds            | 1           | >       |            |              |              |       |                                 |              | $\checkmark$ |             |                               |             |               |                |      | Almonds             |
| Pret a Mango                           | 1           | <       |            |              |              |       |                                 |              |              |             |                               |             |               |                |      |                     |
| Choc Bar                               | 1           |         |            | $\checkmark$ |              |       | Wheat                           |              | $\checkmark$ |             |                               |             |               |                |      |                     |
| Popcorn Bar                            | 1           |         |            | $\checkmark$ |              |       |                                 |              | $\checkmark$ |             |                               |             |               |                |      |                     |
| _ove Bar                               | 1           |         |            | $\checkmark$ |              |       | Oat                             |              | $\checkmark$ |             |                               |             |               |                |      | Almond<br>Pistachio |
| Chocolate Mousse                       |             |         |            | >            | $\checkmark$ |       |                                 |              | $\checkmark$ |             |                               |             |               |                |      |                     |
| _emon Cheesecake                       |             |         |            | >            | $\checkmark$ |       | Wheat                           |              | $\checkmark$ |             |                               |             |               |                |      |                     |
| Honey Cake                             | 1           |         |            | $\checkmark$ | $\checkmark$ |       | Wheat                           |              |              |             |                               |             |               |                |      |                     |
| /egan Lotus Biscoff Cake               | 1           | 1       |            |              |              |       | Wheat                           |              | $\checkmark$ |             |                               |             |               |                |      |                     |
| Chocolate Brownie                      | 1           |         |            | >            | $\checkmark$ |       | Wheat                           |              | >            |             |                               |             |               |                |      |                     |
| Caramel Toffee Pudding                 | 1           |         |            | $\checkmark$ | $\checkmark$ |       | Wheat                           |              |              |             |                               |             |               |                |      | Pecan               |

| MTS Drinks                             | Suital  | ble for               | 1          |                         |           |            |                                      |              |            |            |              |             |               |                | 1-   | Nov-24 |
|--|---|-----------------------|------------|-------------------------|-----------|------------|--------------------------------------|--------------|------------|------------|--------------|-------------|---------------|----------------|------|--------|
|  | 2   |                       |            |                         |           |            |                                      | Co           | ntains the | se allerge | ns           |             |               |                |      |        |
| Product                                | /egetarians   | Vegans                |            | _                       |           |            |                                      | 20           |            |            | Celery       |             |               |                |      | _      |
|  | arians  | ans                   | Sesam<br>e | Milk                    | Egg       | Lupin      | Cereals<br>containing<br>gluten      | Mollus<br>cs | Soya       | Peanut     | and          | Mustar<br>d | Sulphit<br>es | Crusta<br>cean | Fish | Nuts   |
| Extra Shot                             | 1   | 1                     |            |                         |           |            | giuteri                              |              |            |            | С            |             |               |                |      |        |
| Filter- Black                          | 1   | /                     |            |                         |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Filter- White                          | 1   | •                     |            | <b>√</b>                |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Americano Black                        | 1   | 1                     |            |                         |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Americano White                        |   | •                     |            |                         |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Pret's Matcha Latte                    | 1   |                       |            | $\checkmark$            |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Pret's Mumbai Chai Latte               | 1   |                       |            | $\checkmark$            |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Latte                                  | 1   |                       |            | √                       |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Cappucino                              | 1   |                       |            | 1                       |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Mocha                                  | 1   |                       |            | V                       |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Organic Chocolate                      | 1   |                       |            | J                       |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Macchiato                              | ·<br>/  |                       |            | ·<br>·                  |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Flat White                             | 1   |                       |            | <b>↓</b>                |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Rice Coconut Milk                      | ·<br>·  | 1                     |            | •                       |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Oat Milk                               |   | *<br>/                |            |                         |           |            | Oat                                  |              |            |            |              |             |               |                |      |        |
| -                                      | <b>/</b>  | <b>*</b>              |            |                         |           |            | Oat                                  |              | 1          |            |              |             |               |                |      |        |
| Soya Milk<br>Cup of Milk 80z           |   | •                     |            | 1                       |           |            |                                      |              | V          |            |              |             |               |                |      |        |
|  | 1   |                       |            | <u>√</u><br>√           |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Hot Tea- Breakfast                     | <ul> <li></li> <li></li> </ul>  |                       |            | <u> </u>                |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Hot Tea- Earl Grey                     | <ul> <li>Image: A start of the start of</li></ul> |                       |            | ~                       |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Hot Tea- Green                         | <ul> <li>Image: A start of the start of</li></ul> | <                     |            |                         |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Hot Tea- Peppermint                    | 1   | -                     |            |                         |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Hot Tea- Jasmine                       | 1   | 1                     |            |                         |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Hot Tea- Ginger & Lemon                | 1   | 1                     |            |                         |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Hot Tea- Chamomille                    | 1   | 1                     |            |                         |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Raspberry Mint Iced Tea                | 1   | 1                     |            |                         |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Cherry Blossom Iced Tea                | 1   | 1                     |            |                         |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Peach & Hibiscus Iced Tea              | 1   | 1                     |            |                         |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Iced Latte                             | 1   |                       |            | $\checkmark$            |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Iced Black Americano                   | 1   | 1                     |            |                         |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Iced White Americano                   | 1   |                       |            | $\checkmark$            |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Iced Filter                            | 1   | 1                     |            |                         |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Iced Mocha                             | 1   |                       |            | √                       |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Iced Chocolate                         | 1   |                       |            | 1                       |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Iced Chai Latte                        | 1   |                       |            | V                       |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Iced Matcha Latte                      | 1   |                       |            | ·                       |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Syrup Vanilla                          | 1   | 1                     |            |                         |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Syrup Caramel                          | 1   | ·<br>/                |            |                         |           | -          |                                      |              |            |            |              |             |               |                |      |        |
| Classic Frappe                         | •<br>•  | -                     |            | 1                       |           | -          |                                      |              |            |            |              |             |               |                |      |        |
| Salted Caramel Frappe                  |   | -                     |            | $\overline{\checkmark}$ |           |            |                                      |              |            |            |              |             |               |                |      |        |
|  | ×   |                       |            | ×<br>./                 |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Chocolate Frappe                       | <b>•</b>  |                       |            | v                       |           |            |                                      |              |            |            |              |             |               |                |      |        |
| Berries & Cherries Smoothie            | <b>•</b>  | <ul> <li>/</li> </ul> |            |                         |           |            |                                      |              |            |            | /            |             |               |                |      |        |
| Sweet Greens Smoothie                  | <ul> <li></li> <li></li> </ul>  | <ul> <li>.</li> </ul> |            |                         |           |            |                                      |              |            |            | $\checkmark$ |             |               |                |      |        |
| Spiced Peach Iced Tea<br>We can't mare |   | V of a                | ur product | te are cuit             | able for  | those with | allergies dua t                      | o a high r   | sk of cro  | ss contae  | ination (    | ur vegan    | producte      | 970            |      | _      |
|  | I   | nade t                | o a vegan  | recipe bu               | t are not | suitable f | allergies due to<br>or those with da | iry and e    | gg allergi | es. Please | take can     | e.          | Products      | _              |      |        |

| MTS Drinks                             | Suital      | ble for |            |              |     |       |                                      |              |            |             |                               |             |               |                | 1-1  | Nov-24 |
|--|-------------|---------|------------|--------------|-----|-------|--------------------------------------|--------------|------------|-------------|-------------------------------|-------------|---------------|----------------|------|--------|
|  | Vege        | Ve      |            |              |     |       |                                      | Cor          | ntains the | ese allerge | ens                           |             |               |                |      |        |
| Product                                | Vegetarians | Vegans  | Sesam<br>e | Milk         | Egg | Lupin | Cereals<br>containing<br>gluten      | Mollus<br>cs | Soya       | Peanut      | Celery<br>and<br>celeria<br>c | Mustar<br>d | Sulphit<br>es | Crusta<br>cean | Fish | Nuts   |
| Spanish Latte                          | 1           |         |            | $\checkmark$ |     |       |                                      |              |            |             |                               |             |               |                |      |        |
| Iced Spanish Latte                     | 1           |         |            | $\checkmark$ |     |       |                                      |              |            |             |                               |             |               |                |      |        |
| Eggnog Latte (Hot & Iced)              | 1           |         |            | $\checkmark$ |     |       |                                      |              |            |             |                               |             |               |                |      |        |
| Pumpkin Spiced Chai Latte (Hot & Iced) | 1           |         |            | $\checkmark$ |     |       |                                      |              |            |             |                               |             |               |                |      |        |
| Mince Pie Latte (Hot & Iced)           | 1           |         |            | $\checkmark$ |     |       |                                      |              |            |             |                               |             |               |                |      |        |
| We can't guaran                        |             |         |            |              |     |       | allergies due to<br>or those with da |              |            |             |                               |             | n product     | s are          |      |        |

| Alcohol Range ( Airport stores only ) | Suita       | ble for | ]          |      |     |       |                                      |              |            |           |                               |             |               |                | 1-No | ov-24 |
|---------------------------------------|-------------|---------|------------|------|-----|-------|--------------------------------------|--------------|------------|-----------|-------------------------------|-------------|---------------|----------------|------|-------|
|                                       | Vege        | Ve      |            |      |     |       |                                      | Conta        | ains these | allergens |                               |             |               |                |      |       |
| Product                               | Vegetarians | Vegans  | Sesam<br>e | Milk | Egg | Lupin | Cereals<br>containing<br>gluten      | Mollus<br>cs | Soya       | Peanut    | Celery<br>and<br>celeria<br>c | Mustar<br>d | Sulphit<br>es | Crusta<br>cean | Fish | Nuts  |
| Tiger Beer                            | 1           | 1       |            |      |     |       | Barley                               |              |            |           |                               |             |               |                |      |       |
| Amstel Light                          | 1           | 1       |            |      |     |       | Barley                               |              |            |           |                               |             |               |                |      |       |
| Heineken Beer                         | 1           | 1       |            |      |     |       | Barley                               |              |            |           |                               |             |               |                |      |       |
| Sea Change Pinot Grigio               | 1           | 1       |            |      |     |       |                                      |              |            |           |                               |             | $\checkmark$  |                |      |       |
| Sea Change Sparkling Wine             | 1           | 1       |            |      |     |       |                                      |              |            |           |                               |             | $\checkmark$  |                |      |       |
| Sea Change Rose                       | 1           | 1       |            |      |     |       |                                      |              |            |           |                               |             | $\checkmark$  |                |      |       |
| Vu du Can Malbec                      | 1           | 1       |            |      |     |       |                                      |              |            |           |                               |             | $\checkmark$  |                |      |       |
| We can't guarant                      |             |         |            |      |     |       | lergies due to a<br>those with dairy |              |            |           |                               | vegan pr    | oducts ar     | e              |      |       |

| Platters                             | Suita         | ble for |              |     |              |       |                                 |          |              |             |                          |              |           |                |      | 1-Nov-24                   |
|--------------------------------------|---------------|---------|--------------|-----|--------------|-------|---------------------------------|----------|--------------|-------------|--------------------------|--------------|-----------|----------------|------|----------------------------|
|                                      | Ve            |         |              |     |              |       |                                 | Co       | ontains ti   | hese allerg | ens                      |              |           |                |      |                            |
| Product                              | Ve getarian s | Vegans  | Sesame       | Mik | Egg          | Lupin | Cereals<br>containing<br>gluten | Molluscs | Soya         | Peanut      | Celery<br>and<br>celeria | Mustar<br>d  | Sulphites | Crustacea<br>n | Fish | Nuts                       |
| All Time Classic Platter             |               |         |              | √   | √            |       | Wheat, Barley                   |          | √            |             |                          | >            |           |                | √    |                            |
| Chef's Italian Chicken Salad Platter |               |         |              | 1   | 1            |       |                                 |          | $\checkmark$ |             |                          | 1            |           |                | √    | Pistachio                  |
| Chicken Supreme Platter              |               |         |              | √   | ✓            |       | Wheat, Barley                   |          | √            |             |                          | ✓            |           |                |      | s<br>Almonds               |
| Chocolate Chunk Cookie Bag           | 1             |         |              | 1   |              |       | Wheat                           |          |              |             |                          |              |           |                |      |                            |
| Fish Selection Platter               |               |         |              | 1   | $\checkmark$ |       | Wheat, Barley                   |          | $\checkmark$ |             |                          | $\checkmark$ |           | ✓              | 1    |                            |
| Coffee Box                           | 1             | 1       |              |     |              |       |                                 |          |              |             |                          |              |           |                |      |                            |
| Tea Box                              | 1             | 1       |              |     |              |       |                                 |          |              |             |                          |              |           |                |      |                            |
| Veggie Lover Mixed Platter           | 1             |         | ✓            | √   | 1            |       | Wheat,Rye,<br>Barley, Oats      |          | √            |             |                          | √            |           |                |      |                            |
| Vegetarian Platter                   | 1             |         |              | 1   | 1            |       | Wheat, Barley                   |          | 1            |             |                          | √            |           |                |      |                            |
| Mozzarella & Quinoa Salad Platter    | 1             |         |              | 1   |              |       | Wheat                           |          |              |             |                          | ✓            |           |                |      |                            |
| Chicken Salsa Verde Salad Platter    |               |         |              |     |              |       | Wheat                           |          |              |             |                          | $\checkmark$ |           |                |      |                            |
| Wrap Selection Platter               |               |         |              | 1   | $\checkmark$ |       | Wheat, Rye                      |          | √            |             |                          | 1            |           |                | 1    | Pinenuts                   |
| Kids Cheese Triangles Platter        | 1             |         |              | 1   |              |       | Wheat, Barley                   |          |              |             |                          |              |           |                |      |                            |
| Kids Tuna Triangles Platter          |               |         |              |     | 1            |       | Wheat, Barley                   |          | 1            |             |                          | √            |           |                | √    |                            |
| Kids Chicken Triangles Platter       |               |         |              | 1   | 1            |       | Wheat, Barley                   |          | V            |             |                          | 1            |           |                |      |                            |
| Mixed Kids Triangles Platter         |               |         |              | V   | 1            |       | Wheat, Barley                   |          | J            |             |                          | ٠<br>ا       |           |                | 1    |                            |
| Kids Egg Triangles Platter           | 1             |         |              | -   | J            |       | Wheat, Barley                   |          | -            |             |                          | -            |           |                | -    |                            |
| Vegan Donuts Platter                 | 1             | 1       |              |     |              |       | Wheat                           |          |              |             |                          |              |           |                |      | Almonds                    |
| Sweet Pastry Selection Box           | 1             |         |              | 1   | $\checkmark$ |       | Wheat                           |          | 1            |             |                          |              |           |                |      | Almonds                    |
| Salmon & Avocado Salad Platter       |               |         |              |     |              |       |                                 |          |              |             |                          | √            |           |                | √    |                            |
| Meat Baguette Platter                |               |         | ✓            | √   | ✓            |       | Wheat,Rye,<br>Barley, Oats      |          | √            |             |                          | 1            |           |                | 1    |                            |
| Love Bar Bag                         | 1             |         |              | ~   |              |       | Oat                             |          | 1            |             |                          |              |           |                |      | Almonds,<br>Pistachio<br>s |
| Festive Platter                      |               |         |              | √   | 1            |       | Wheat, Barley                   |          | $\checkmark$ |             |                          | $\checkmark$ |           |                |      | Pine Nuts                  |
| Mince Pie Platter                    | 1             |         |              | 1   | 1            |       | Wheat                           |          | 1            |             |                          |              |           |                |      |                            |
| Cookie Platter Small/Large           | 1             |         |              | 1   |              |       | Wheat,Oat                       |          |              |             |                          |              |           |                |      | Almonds                    |
| Avocado Mozzarella Salad Platter     | 1             |         |              | 1   |              |       |                                 |          |              |             |                          | $\checkmark$ |           |                |      | Pinenuts                   |
| Baguette Selection Platter           |               |         | $\checkmark$ | √   | √            |       | Wheat,Rye,<br>Barley, Oats      |          | $\checkmark$ |             |                          | 1            |           |                | √    |                            |
| Bar Platter                          | 1             |         |              | √   | ~            |       | Wheat, Oat                      |          | 1            |             |                          |              |           |                |      | Almonds,<br>Pistachio<br>s |
| Best of Pret Platter                 |               |         |              | √   | √            |       | Wheat, Barley                   |          | 1            |             |                          | $\checkmark$ |           |                | 1    | Pinenuts                   |
| Breakfast Baguette Selection Platter |               |         |              |     | √            |       | Wheat                           |          | √            |             |                          | $\checkmark$ | ĺ         |                | √    |                            |
| Breakfast Brioche Platter            |               |         |              | √   | 1            |       | Wheat                           |          | 1            |             |                          | 1            |           |                | 1    |                            |
| Brownie Bag                          | 1.            |         | 1            | 1   | J            |       | Wheat                           |          | 1            |             |                          |              |           |                |      |                            |