

Inside you'll find a list of all of the products sold in our shops, with allergens listed along the top of the page for easy reference. If a product contains one of these ingredients, then you will find a tick in the corresponding box. Where a product contains 'Cereals Containing Gluten', you'll find specific ingredients listed (e.g., wheat, rye, oats). If you have any trouble finding what you're looking for, just ask the Manager—they'll be more than happy to help.

Elease remember to check our guide regularly as recipes do change from time to time – the last thing we want is for anyone being caught out by a new take on an old favourite.

We understand that no matter how detailed our guide is, there may be times when it can't answer the questions you may have. If you need to know more, please do *visit our website* at www.pret.hk or contact our Customer Service Team on 2520 0445.



In this guide, we are able to advise you on the presence of the following allergens in our food:

Peanuts, Tree Nuts, Crustaceans (like crayfish and crab), Milk, Eggs, Cereals Containing Gluten (these are wheat, rye and barley), Fish, Soyabeans, Sulphite in a concentration of 10 parts per million or more.

This Allergen Guide only covers food and drink sold in our HK shops.

由於製作美食的過程中會使用多種材料,因此我們不能保證所有產品完全不含任何致敏原。我們的純素產品是以純素食譜製作而成,但並不適合對奶類及蛋類過敏的人士。

若本致敏原指南提供了我們所有於門店內有售的產品,清單的頂部清楚列出致敏原成分,若該產品包含任何一種 致敏原成分,相應的框格內會畫上勾號標示。若該產品含有'麩質的穀類',相關成分(例如:小麥、黑麥及燕麥)亦 會詳細地列明。如果你無法找到所需要的資訊,歡迎向門店經理查詢,他們將非常樂意地為你提供協助。

請注意,由於我們的菜單會不定期更新,為確保你的安全,請務必經常查閱本指南,以確保獲得最準確的資訊。

此我們明白所提供的資訊可能無法完全解答到你的疑問,如果你需要了解更多,請瀏覽我們的網站www.pret.hk或致電2520 0445與我們的客戶服務團隊查詢。



本指南詳細列明了以下存在於我們產品中的致敏物成分:

花生、木本堅果、甲殼類動物(如小龍蝦和螃蟹)、奶類、蛋類、含有麩質的穀類(即小麥,黑麥和大麥)、魚類、大豆和濃度達到或超過百萬分之十的亞硫酸鹽或亞硫酸鹽組成。





Baguettes 長麵包	Suita	ble for							Spr	ing Launch 2021	- 28th Apr (V1)
	Veg	<			Cor	ntains these	e allerger	us含有下列致敏	:物		
Product	Vegetarian 素食者	Vegan 純素者	Peanuts 花生	Tree Nuts 木本堅果	Crustaceans 甲殼類動物	Milk / Dairy 奶 類	Eggs 蛋 類	Cereals containing gluten 含有麩質的穀類	Fish 魚 類	Soybeans 大豆	Sulphur dioxide and Sulphites 亞硫酸鹽
Jambon Beurre Baguette 法式火腿牛油長麵包						√		WHEAT			
Posh Cheddar & Roasted Tomatoes Baguette 英國車打芝士烤蕃茄法式長麵包	√					√	V	WHEAT		√	
Smoked Salmon & Cream Cheese Baguette 煙三文魚忌廉芝士法式長麵包						√		WHEAT	√		
Cheesy Bacon Hot Baguette 芝士脆煙肉即烘法式長麵包						√	V	WHEAT			
Chicken Pesto & Red Pepper Hot Baguette 羅勒醬雞肉紅甜椒即烘法式長麵包				V		√		WHEAT			
Chipotle & Red Pepper Hot Baguette 墨西哥煙辣椒醬紅甜椒即烘法式長麵包	√					\checkmark		WHEAT			$\sqrt{}$
Breakfast 早餐之選										•	•
Almond Croissant 杏仁牛角酥	√			V		\checkmark	V	WHEAT			
Chicken & Corn Congee 雞肉粟米糙米粥						V				√	
Chocolate Croissant 朱古力牛角酥	√			V		√	V	WHEAT		√	
Soya Porridge 豆奶燕麥片	√	√						OAT		√	
Crispy Bacon & Egg Whole Wheat Brioche 脆煙肉雞蛋全麥法式軟包						√	V	WHEAT		√	
Egg & Avocado Baguette 牛油果雞蛋早餐長法包	√						V	WHEAT			
Egg & Tomatoes Whole Wheat Brioche 雞蛋沙律蕃茄全麥法式軟包	√					√	V	WHEAT		√	
English Toast with Butter & Jam 英式烘多士配牛油及果醬	√					√		WHEAT			
Five Berries Compote Toppings 五果鮮莓	√	√									
French Butter Croissant 法國原味牛角酥	√			V		√	V	WHEAT			
Fruit & Seed Mix Toppings 什錦果籽	√	\checkmark									
Ham & Cheese Baguette 火腿芝士早餐長法包						√	V	WHEAT		√	
Ham & Greve Whole Wheat Brioche 火腿瑞典芝士全麥法式軟包						√	V	WHEAT		√	
Ham & Cheese Croissant 火腿芝士牛角酥				\checkmark		\checkmark	V	WHEAT			
Ham & Greve Croissant 火腿瑞典芝士牛角酥				V		√	V	WHEAT			
Ham, Egg & Cheese Roll 火腿雞蛋芝士堡						√	V	WHEAT		√	
Honey Toppings 蜜糖	√										
Mozzarella & Tomato Croissant 意大利芝士蕃茄牛角酥	√			V		√	V	WHEAT			
Pain Au Raisin 法式提子千層麵包	√			V		√	V	WHEAT		√	
Minestrone Soup with Pasta 意式雜菜湯通粉	√	V						WHEAT			
Roasted Tomatoes & Egg Baguette 烤蕃茄雞蛋沙律早餐長法包	√						V	WHEAT			
Scottish Roasted Salmon Brunch Roll 蘇格蘭烤三文魚雞蛋芝士堡						√	V	WHEAT	V	√	
Scottish Smoked Salmon Whole Wheat Brioche 蘇格蘭煙三文魚全麥法式軟包						√	V	WHEAT	√	√	
Skipjack Tuna & Cucumber Whole Wheat Brioche 正鰹吞拿魚沙律全麥法式軟包						√	V	WHEAT	V	√	
Very Berry Croissant 雜莓牛角酥	√	$\sqrt{}$		√				WHEAT			

^{*}Gluten Free Oats

Coffee Products 咖啡產品	Suita	ible for							Spri	ng Launch 2021	- 28th Apr (V1)
	Vegetarian	Vegan			Cor	ntains thes	e allerger	us含有下列致敏	物		
Product	rian 素食者	n 純素者	Peanuts 花生	Tree Nuts 木本堅果	Crustaceans 甲殼類動物	Milk / Dairy 奶 類	Eggs 蛋 類	Cereals containing gluten 含有麩質的穀類	Fish 魚 類	Soybeans 大豆	Sulphur dioxide and Sulphites 亞 硫 酸 鹽
CPG - Pret's Organic Espresso Beans (200g) Pret's有機咖啡豆(200克)	√	√									
CPG - Pret's Organic Classic Blend Ground Coffee (200g) Pret's有機經典研磨咖啡(200克)	√	√									
CPG - Pret's Organic Classic Blend Ground Coffee (200g) Pret's有機秘魯研磨咖啡(200克)	√	√									
Daioni Organic - Caffe Latte Daioni 有機牛奶咖啡 330ml	√					√					
Daioni Organic - Mocha Daioni 有機朱古力咖啡 330ml	√					√					
Daioni Organic - Double Shot Coffee Daioni 有機特濃牛奶咖啡 330ml	√					√					
Cold Drinks 冷飲	Suita	ble for			•			1			
Apple & Ginger Juice 蘋果薑汁	V	√									
Cloudy Apple 鮮蘋果汁	√	√									
Coconut Water 椰子水	√	√									
Coke Bottle Zero 無糖可樂(樽裝)	√	√									
Coke Bottle 可口可樂(樽裝)	√	√									
Coke Can Zero 無糖可樂(罐裝)	V	√									
Coke Can 可口可樂(罐裝)	√	√									
Flu Fighter 流感戰士	√	√									
Grapefruit Juice 西柚汁	V	√									
Green Tea & Peach Pure Pret Still 天然礦泉水-綠茶桃子	√	√									
Lemon & Ginger Pure Pret Still 天然礦泉水-檸檬薑	V	√									
Lychee & Mandarin 鮮荔枝柑桔汁	V	√									
Orange Juice 鮮橙汁	√	√									
Pure Pret Ginger Beer 天然果味梳打-薑味	√	√									
Pure Pret Grape & Elderflower 天然果味梳打-葡萄桂花	√	√									
Pure Pret Sparkling Apple 天然果味梳打-蘋果	√	√									
Sparkling Spring Water 有氣純礦泉水	√	√									
Still Water 500ml 500毫升純礦泉水	√	√									
Still Water 750ml 750毫升純礦泉水	√	√									
Vitamin Volcano 鮮莓果汁	√										

Fruits 鮮果	Suita	ble for							Spri	ng Launch 2021	- 28th Apr (V1)				
	Vegetarian	Vegan		Peanuts 木本堅果											
Product	ian 紫 食 者	n 純素者	Peanuts 花生								Sulphur dioxide and Sulphites 亞硫酸鹽				
Banana 香蕉	√	√													
Citrus Fruit Salad 香橙西袖沙律	√	√													
Classic Fruit Salad 鮮果沙律	√	√													
Pineapple, Mango & Lime Pot 菠蘿芒果青檸杯	√	√													
Pomegranate Pot 清爽紅石榴杯	√	√													
Watermelon & Hami Melon Salad 西瓜哈密瓜沙律	√	√													
Pret's Hot 烤焗熱食															
Tomato Meatball Pasta Box 焗芝士意大利香辣肉丸椰菜花長通粉						V	V	WHEAT		√					
Chicken Mushroom Pasta Box 焗芝士雞肉蘑菇椰菜花長通粉						√	V	WHEAT							
Beef & Tomato Rice Pot 蕃茄牛肉飯								WHEAT, BARLEY	√	√					
Beef and Onion Croissant 英式烤牛肉洋蔥即烘牛角酥				√		√	√	WHEAT							
Chicken Firecracker Focaccia 辣子雞香草包						√	√	WHEAT		√	V				
Chicken Mushroom Hot Wrap 雞肉蘑菇熱烤卷						√	V	WHEAT, RYE							
Chicken Tikka Masala Rice Pot 印式咖喱雞飯				V		√				V					
Creamy Chicken & Corn Rice Pot 粟米雞肉飯						√		WHEAT							
Falafel & Halloumi Hot Wrap 哈羅米芝士素丸子熱烤卷	√					√	√	WHEAT, RYE							
Halloumi Pesto & Roasted Tomatoes Focaccia 羅勒醬烤蕃茄意式香草包	√			√		√	V	WHEAT							
Ham & British Cheddar Hot Sandwich 英國車打芝士火腿即烘香脆三文治						√	√	WHEAT, RYE, OATS							
Korean Chicken Rice Pot 韓式雞肉飯								WHEAT	V	V					
Macaroni Cheese Fish Pie 焗芝士甘藍菜三文魚通粉						√	√	WHEAT	√						
Macaroni Cheese Kale & Cauli 焗芝士甘藍菜椰菜花通粉	√					√	V	WHEAT							
Macaroni Cheese Lasagna 焗芝士千層肉醬通粉						√	√	WHEAT		V					
Mexican Chicken Burger 墨西哥雞肉漢堡包						√	V	WHEAT		V					
Pastrami & Pickle Toasted Focaccia 煙燻牛肉意式香草包						√	√	WHEAT							
Peking Duck Hot Wrap 京式烤鴨熱烤卷							√	WHEAT, RYE		V					
Roasted Salmon & Egg Croissant 蘇格蘭烤三文魚雞蛋即烘牛角酥				V		√	√	WHEAT	√						
Spicy Italian Meatballs Hot Wrap 意大利香辣肉丸熱烤卷						√	√	WHEAT, RYE		V	√				
Spicy Falafel Hot Wrap 辣味甜薯素丸子烤薄餅卷						√	√	WHEAT, RYE							
Super Club Hot Sandwich 特級公司即烘香脆三文治						V	V	WHEAT, RYE, OATS		V					
Three Cheese & Pret Pickle Hot Sandwich 三重芝味酸果醬即烘香脆三文治	√					√	√	WHEAT, RYE, OATS							
Skipjack Tuna Melt Hot Sandwich 正鰹吞拿魚沙律即烘香脆三文治						√	V	WHEAT, RYE, OATS	√	√					

*Gluten Free Oats

Sahale - Classic Fruit + Nut Trail Mix 蜜糖杏仁

Salads 沙律	Suita	able for							Spr	ring Launch 2021	- 28th Apr (V1)
	Vegetarian	Vegan			Cor	ntains thes	e allerger	ns含有下列致敏	物		
Product	rian 素 食者	in 純素者	Peanuts 花生	Tree Nuts 木本堅果	Crustaceans 甲殼類動物	Milk / Dairy 奶 類	Eggs 蛋 類	Cereals containing gluten 含有麩質的穀類	Fish 魚 類	Soybeans 大豆	Sulphur dioxide and Sulphites 亞硫酸鹽
Blue Swimmer Crab & Avocado Salad 牛油果藍泳蟹肉沙律					V						
Club Salad - Small 公司沙律							√				
Cocktail Prawn Pot 大蝦火箭菜杯					√		√			√	
Egg & Spinach Protein Pot 雞蛋菠菜營養杯	√						√				
Premium Bowl - Scottish Roasted Salmon Soba Noodle Salad 蘇格蘭烤三文魚蕎麥麵沙律								WHEAT	√	√	
Premium Bowl - Prawn, Pineapple & Avocado Salad 大蝦菠蘿牛油果沙律					√			WHEAT		√	
Pret's Protein Box 雞肉雞蛋營養沙律				√			√				
Red Tapenade - Pret's Protein Box 紅椒醬 - 雞肉雞蛋營養沙律				√			√	WHEAT			
Roasted Sweet Potato & Smashed Beets Vegan Box 甜薯紅菜頭芝麻鷹嘴豆醬純素沙律	V	√								√	
Red Tapenade - Roasted Sweet Potato & Smashed Beets Vegan Box 紅椒醬 - 甜薯紅菜頭芝麻鷹嘴豆醬純素沙律	√	√						WHEAT		√	
Scottish Roasted Salmon Protein Pot 蘇格蘭烤三文魚營養杯							\checkmark		√		
Scottish Roasted Salmon Soba Noodle Salad 蘇格蘭烤三文魚蕎麥麵沙律								WHEAT	√	V	
Scottish Smoked Salmon & Egg Protein Pot 蘇格蘭煙三文魚雞蛋營養杯							\checkmark		√		
Scottish Smoked Salmon Protein Box 蘇格蘭煙三文魚雞蛋營養沙律							√		√		
Premium Bowl - Scottish Smoked Salmon Protein Salad 蘇格蘭煙三文魚雞蛋營養沙律							\checkmark		√	V	
Turmeric Roasted Sweet Potato & Quinoa Salad 薑黃甜薯藜麥沙律	√	√						WHEAT		√	
Salad Dressing 沙律汁		*		*	•	•			•	•	,
Ancho Chilli Dressing 墨西哥香辣沙律汁	√	√									
French Dressing 法式沙律汁	√										
Green Dressing 泰式香草沙律汁	√	√									
Poke Dressing 比卡沙律汁	V	√						WHEAT		√	
Turmeric Sesame Dressing 薑黃芝麻沙律汁	√	√						WHEAT		V	
Red Tapenade Dressing 紅椒醬	V	√						WHEAT			

Sandwiches 三文治	Suita	ble for							Spri	ng Launch 2021	- 28th Apr (V1)
	Vegetarian	Contains these allergens 含有下列致敏		物							
Product	rian 素食者	n 純素者	Peanuts 花生	Tree Nuts 木 本 堅 果	Crustaceans 甲殼類動物	Milk / Dairy 奶 類	Eggs 蛋 類	Cereals containing gluten 含有麩質的穀類	Fish 魚 類	Soybeans 大豆	Sulphur dioxide and Sulphites 亞硫酸鹽
British Cheddar & Pret Pickle 英國車打芝士酸果醬三文治	√					√	√	WHEAT, BARLEY		V	
Chicken Avocado 雞肉牛油果三文治							√	WHEAT, BARLEY		V	
Classic Super Club 特級公司三文治							√	WHEAT, BARLEY		V	
Chicken Caesar 雞肉凱撒						√	√	WHEAT, BARLEY	V	V	
Crayfish Rocket 小龍蝦火箭菜三文治					√		√	WHEAT, BARLEY		V	
Egg Mayo & Rocket 火箭菜雞蛋沙律三文治	√					√	√	WHEAT, BARLEY			
Egg Mayo & Tomatoes 蕃茄雞蛋沙律三文治	√						√	WHEAT, BARLEY			
Kids British Cheddar & Butter Sandwich 英國車打芝士三文治	√					√		WHEAT, BARLEY			
Kids Ham Sandwich 火腿三文治						V		WHEAT, BARLEY			
Mediterranean Tuna 地中海風味吞拿魚沙律三文治							√	WHEAT, BARLEY	V	V	
Mexican Falafel 墨西哥甜薯素丸子三文治	√						\checkmark	WHEAT, BARLEY			√
Naked Avocado 牛油果烤蕃茄三文治	√	√						WHEAT, BARLEY			
Pret's Famous BLT 脆味煙生蕃三文治							√	WHEAT, BARLEY		V	
Scoittish Smoked Salmon & Cucumber 蘇格蘭煙三文魚青瓜三文治						√		WHEAT, BARLEY	V		
Scoittish Smoked Salmon 蘇格蘭煙三文魚三文治						√		WHEAT, BARLEY	V		
Skipjack Tuna & Cucumber 正鰹吞拿魚沙律三文治							√	WHEAT, BARLEY	V	√	

We can't guarantee any of our products are suitable for those with allergies due to a high risk of cross contamination. Our gluten free bread recipe does not contain any gluten ingredients but our shop kitchens use lots of ingredients, so there is always a high risk of cross-contamination. Please take care.

Soups 窩心濃湯	Suita	ble for	Spring Launch 2021 - 26th Apr (V1								
	Vegetarian	Vega			Cor	ntains thes	e allergen	s含有下列致敏	物		
Product	rian 素食者	n 純素者	Peanuts 花生	Tree Nuts 木本堅果	Crustaceans 甲殼類動物	Milk / Dairy 奶 類	Eggs 蛋 類	Cereals containing gluten 含有麩質的穀類	Fish 魚 類	Soybeans 大豆	Sulphur dioxide and Sulphites 亞硫酸鹽
Beef & Pearl Barley 牛肉洋蔥米濃湯								PEARL BARLEY	V	V	
Chicken Mushroom 雞肉蘑菇濃湯						√		WHEAT		V	
Chicken Shitake Miso Soup 雞肉香菇味噌湯									V	V	
Classic Pumpkin 鮮南瓜湯						V					
Field Forest Mushroom 原野雜菌湯	√					√		WHEAT		V	
Minestrone 意大利蔬菜濃湯	√	√						WHEAT			
Miso Soup 味噌湯								WHEAT, BARLEY	V	√	
New England Clam Chowder 新英倫周打蜆肉湯					√	√			√	V	
Soup Baguette 伴湯長麵包	√		•					WHEAT			
Soup Bloomer 伴湯麵包	√	_				√		WHEAT			

Barista Prepared Drinks	Suita	able for]						Spri	Spring Launch 2021 - 28th Apr (V1)				
	Vegetarian	Vegan			Cor	ntains thes	e allerger	us含有下列致敏	物					
Product	ian 紫 食 者	n 純素者	Peanuts 花生	Tree Nuts 木本堅果	Crustaceans 甲殼類動物	Milk / Dairy 奶 類	Eggs 蛋 類	Cereals containing gluten 含有麩質的穀類	Fish 魚 類	Soybeans 大豆	Sulphur dioxide and Sulphites 亞硫酸鹽			
Coffee			•											
Americano Black 美式黑咖啡	√	√												
Americano White Milk 美式白咖啡(牛奶)	√					√								
Americano White Rice Coconut 美式白咖啡(椰子米奶)	V	√												
Americano White Soya 美式白咖啡(荳奶)	√	√								√				
Americano White Oat (燕麥奶)	V	√						OAT						
Cappuccino Milk 泡沫咖啡(牛奶)	√					√								
Cappuccino Rice Coconut 泡沫咖啡(椰子米奶)	V	√												
Cappuccino Soya 泡沫咖啡(荳奶)	√	√								V				
Cappuccino Oat 泡沫咖啡(燕麥奶)	√	√						OAT						
Decaf Latte Milk 無咖啡因牛奶咖啡	√					√								
Decaf Latte Rice Coconut 無咖啡因椰子米奶咖啡	√	√												
Decaf Latte Soya 無咖啡因荳奶咖啡	√	√								√				
Decaf Latte Oat 無咖啡因燕麥奶咖啡	√	√						OAT						
Espresso 特濃咖啡	√	√												
Filter - Black Coffee 蒸餾黑咖啡	√	√												
Filter - White Coffee Milk 蒸餾白咖啡(牛奶)	√					√								
Filter - White Coffee Rice Coconut 蒸餾白咖啡(椰子米奶)	√	√												
Filter - White Coffee Soya 蒸餾白咖啡(荳奶)	√	√								√				
Filter - White Coffee Oat 蒸餾白咖啡(燕麥奶)	√	√						OAT						
Flat White Milk 奶香咖啡	√					√								
Flat White Rice Coconut 奶香咖啡 (椰子米奶)	√	√												
Flat White Soya 奶香咖啡(荳奶)	√	√								V				
Flat White Oat 奶香咖啡(燕麥奶)	√	√						OAT						
Gingerbread Chocolate Milk 薑餅朱古力(牛奶)	√					√								
Gingerbread Chocolate Rice Coconut 薑餅朱古力(椰子米奶)	√	√												
Gingerbread Chocolate Soya 薑餅朱古力(荳奶)	√	√								V				
Gingerbread Latte Milk 薑餅牛奶咖啡	√					√								
Gingerbread Latte Rice Coconut 薑餅椰子米奶咖啡	√	√												
Gingerbread Latte Soya 薑餅荳奶咖啡	√	√								√				

Barista Prepared Drinks	Suita	ble for							Spri	ing Launch 2021	- 28th Apr (V1)
	Vegetarian	Vegan			Cor	tains thes	e allerger	us含有下列致敏	物		
Product	rian 素食者	n 純素者	Peanuts 花生	Tree Nuts 木 本 堅 果	Crustaceans 甲殼類動物	Milk / Dairy 奶 類	Eggs 蛋 類	Cereals containing gluten 含有麩質的穀類	Fish 魚 類	Soybeans 大豆	Sulphur dioxide and Sulphites 亞硫酸鹽
Flavoured Latte / Tea		•		•						•	
Caramel Latte Milk 焦糖牛奶咖啡	√					\checkmark					
Caramel Latte Rice Coconut 焦糖椰子米奶咖啡	√	√									
Caramel Latte Soya 焦糖荳奶咖啡	√	√								√	
Caramel Latte Oat 焦糖荳奶咖啡(燕麥奶)	√	√						OAT			
Hazelnut Latte Milk 榛子牛奶咖啡	√			√		√					
Hazelnut Latte Rice Coconut 榛子椰子米奶咖啡	√	√		√							
Hazelnut Latte Soya 榛子荳奶咖啡	√	√		√						√	
Hazelnut Latte Oat 榛子燕麥奶咖啡	√	√		√				OAT			
Matcha Latte Milk 抹茶牛奶	√					√					
Matcha Latte Rice Coconut 抹茶椰子米奶	√	√									
Matcha Latte Soya 抹茶荳奶	√	√								V	
Matcha Latte Oat 抹茶燕麥奶	√	√						OAT			
Tea Latte Rose Milk 法國玫瑰花鮮奶紅茶(牛奶)	√					V					
Tea Latte Rose Rice Coconut 法國玫瑰花鮮奶紅茶(椰子米奶)	√	√									
Tea Latte Rose Soya 法國玫瑰花鮮奶紅茶(荳奶)	√	√								√	
Tea Latte Rose Oat 法國玫瑰花鮮奶紅茶(燕麥奶)	√	√						OAT			
Hot Chocolate											
Hot Chocolate Milk 熱朱古力(牛奶)	√					√					
Hot Chocolate Rice Coconut 熱朱古力(椰子米奶)	√	√									
Hot Chocolate Soya 凍朱古力(荳奶)	√	√								V	
Hot Chocolate Oat 凍朱古力(燕麥奶)	√	√						OAT			

Barista Prepared Drinks	Suita	ble for							Spri	ing Launch 2021 - 28th Apr (V1)		
	Vegetarian	Vegan			Cor	ntains thes	e allergen	s含有下列致敏	物			
Product	rian 素食者	n 純素者	Peanuts 花生	Tree Nuts 木本堅果	Crustaceans 甲殼類動物	Milk / Dairy 奶 類	Eggs 蛋 類	Cereals containing gluten 含有麩質的穀類	Fish 魚類	Soybeans 大豆	Sulphur dioxide and Sulphites 亞硫酸鹽	
Milk Shot												
Babyccino 寶貝泡沫牛奶	√					V						
Rice Coconut 椰子米奶	√	√										
Skimmed Milk 脫脂奶	√					√						
Soya 荳奶	√	√								√		
Oat Drink 燕麥奶	√	√						OAT				
Whole Milk 全脂牛奶	√					√						
Syrup												
Caramel Shot 焦糖糖漿	V	√										
Hazelnut Shot 榛子糖漿	√	√		V								
Rose Shot 玫瑰糖漿	√	√										
Tea												
Breakfast Tea Milk 英式紅茶(牛奶)	√					V						
Breakfast Tea Rice Coconut 英式紅茶(椰子米奶)	√	√										
Breakfast Tea Soya 英式紅茶(荳奶)	√	√								√		
Breakfast Tea Oat 英式紅茶(燕麥奶)	√	√						OAT				
Breakfast Tea 英式紅茶	√	√										
Earl Grey Tea Milk 伯爵茶(牛奶)	√					√						
Earl Grey Tea Rice Coconut 伯爵茶(椰子米奶)	√	√										
Earl Grey Tea Soya 伯爵茶(荳奶)	√	√								√		
Earl Grey Tea Oat 伯爵茶(燕麥奶)	√	√						OAT				
Earl Grey Tea 伯爵茶	√	√										
Green Tea 熱帶綠茶	√	√										
Lemon Tea 檸檬茶	√	√										
Peppermint Tea 薄荷茶	√	√										