

Our Menu

Pret operates a bit like a restaurant. We build kitchens in (or very near) every shop and our ingredients get delivered early each morning. You won't find 'sell-by' dates on our fresh sandwiches, salads or baguettes.





Breakfast!

They say breakfast is the most important meal of the day, so we've created a delicious, varied menu for you to enjoy.

- Egg & Bacon Brioche
- Chicken Sausage & Egg Brioche
- Pret's Soya Porridge
- Egg & Avocado Breakfast Bun
- Smoked Salmon & Soft Cheese Breakfast Bun

Wraps

- Avocado Salad
- Chicken Pesto Rocket
- Chicken Bacon Caesar
- Hummus & Chipotle



Granaries!

Just like our granary range, our baguettes are handmade and baked throughout the day. Made today, gone today – because fresher is always better.

Sandwiches

- Chicken Avocado
- Coronation Chicken
- Tuna Mayo
- Crayfish & Rocket
- Cheddar & Pickle
- Cracking Egg
- Classic Super Club
- Smoked Salmon
- BLT - Meat Special
- Veggie New Yorker - Veggie Special

★ Ciabatta

- Cheese & Zaatar
- Peri Peri Chicken

Baguettes

- Chicken Caesar & Bacon
- Tuna Cucumber
- Posh Cheddar
- Chicken Salad
- Egg & Salmon
- Egg & Roasted Tomatoes
- Soup Baguette

Flatbreads

- Chipotle Chicken & Avo
- Mediterranean Halloumi & Zaatar
- Mexican Avocado

Salads & Fruits!

Salads

- Chef Chicken
- Crayfish & Avocado
- Egg Avocado Pot
- Chicken Smashed Avocado
- Chicken & Quinoa (high in protein)
- Hummus & Chickpea (source of protein)
- ★ Halloumi & Hot Honey
- ★ Peri Peri Chicken

Fruits

- Whole Fruit - Banana
- Mango and Lime
- Superfruit Salad

★ New Vegetarian Vegan New Recipe Allergen Update

★ **PRET A MANGER** ★

FEBRUARY 2026

Pret's Hot!

To keep our shelves stocked with oven-fresh, feel-good food, our Hot Chefs bake in small batches. Little and often. Straight from the oven. Hot off the shelves.

Hot Wraps

- Falafel Halloumi
- Chicken Chipotle
- Swedish Meatballs
- Chicken & Mushroom



Toasted Tortillas

- Chipotle Chicken



Soups

- (On rotation)
- Malaysian Chicken
- Carrot & Coriander
- Tomato
- Chicken Laksa
- Chickpeas & Barley Mixed Veg
- Cauliflower, Cheddar, & Potato

Hot Croissants

- Cheddar & Tomato
- Zaatar & Halloumi
- Avocado & Cheese
- Mix Cheese

Toasties

- Mozarella & Pesto
- Classic Cheese
- Tuna Melt Toastie

Pastries!

- Chocolate Chunk Cookie
- Oat & Raisin Cookie
- Dark Chocolate
- Berry Muffin
- French Butter Croissant
- Almond Croissant
- Chocolate Croissant
- Pain Au Raisin
- Mozzarella & Tomato Croissant
- Zaatar Croissant
- Cinnamon Donut
- Mini Choc Chunk Cookies
- Pastel De Nata
- Berry & Chocolate Muffin
- Ramadan Ginger Biscuit



Snacks & Treats!

Our menu of perfect in-between, just-before, just-after snacks. Ideal for sharing or enjoying on your own.

Yoghurt Bowls

- Five Berry Yoghurt
- Berry Parfait
- Banana & Honey
- Mango Overnight Oats
- Apple & Cinnamon Overnight Oats

Pret's Snacks

- Choc Bar
- Love Bar
- Chocolate Brownie Bar
- Mini Choc Chunk Cookies
- Pret Crisps
- Sea Salt & Black Pepper
- Sea Salt & Cider Vinegar
- Cheese & Chives



Desserts

- Lemon Cheesecake
- Chocolate Mousse

★ New 🌿 Vegetarian 🌱 Vegan 🍷 New Recipe 🧴 Allergen Update

Drinks!

Our coffee is 100% organic and always arabica. Our teas, milks and milk alternatives are all organic too.

Barista Prepared Drinks

Organic Coffee

- Americano Black
- Americano White
- Filter Black
- Filter White
- Pret's Matcha Latte
- Spanish Latte
- Latte
- Espresso
- Cappuccino
- Mocha
- Organic Chocolate
- Macchiato
- Flat White
- Milk (Rice Coconut Milk, Oat Milk, Soya Milk, Almond Milk)
- Extra Shot

Hot Tea

- Breakfast
- Earl Grey
- Green
- Peppermint
- Hot Tea - Ginger & Lemon
- Hot Tea - Chamomille
- Hot Tea - Jasmine



Iced Drinks

- Iced Latte
- Iced Black Americano
- Iced Black Filter
- Iced Mocha
- Iced Chocolate
- Iced Matcha Latte
- Iced Spanish Latte
- ★ Iced Strawberry Matcha Latte

Iced Tea

- Peach & Hibiscus
- Raspberry & Mint

Frappe

- Classic
- Salted Caramel
- Matcha

Smoothies

- Berries and Cherries
- Tropical Mango
- Blue Spirulina & Berries
- Dragon Fruit



Chilled Drinks

- Pret - Orange Juice
- Pret - Pomegranate Juice
- Pret - Pineapple Powwow
- Pret - Root Reboot
- Pret - Essential Green
- Pret - Sunny Dayz
- Pret - Ginger Shot
- Pret - Turmeric Shot
- Pink Lemonade
- Blue Lemonade
- Black Lemonade
- San Pellegrino Sparkling Water
- Coke
- Coke Zero
- Sprite
- Coconut Water
- Arwa 500ml
- Aqua Panna 500ml
- Aqua Panna 1L

Syrups

- Vanilla
- Caramel
- Hazelnut
- Salted Caramel

★ New 🌿 Vegetarian 🍃 Vegan 🌍 New Recipe 🧠 Allergen Update

Pret Catering

Our platters are designed for sharing and are ideal for meetings or large gatherings.

Breakfast Platters

- Breakfast Brioche
- Breakfast Baguette Selection
-  Yoghurt Selection 
- Breakfast Bun Platter
-  Mini Yoghurt Selection 

Salad Platters

- Chef's Italian Chicken
- Avocado & Mozzarella 
- Chicken & Quinoa (high in protein)
- Hummus & Chickpea (source of protein) 
- Salmon & Avocado
- Mozzarella & Quinoa 
- Kimchi Chicken Salad
- ★ Halloumi & Hot Honey 
- ★ Peri Peri Chicken

Kids Sandwich Platters

- Cheese Triangles 
- Chicken Triangles
- Egg Triangles 
- Mix Triangles

Cookie Platters

Vegan options available

- Large Cookie Platter
- Small Cookie Platter

Sandwich Platters

- Chicken Supreme
- Veggie Lover Mixed 
- Vegetarian Selection 
- Baguette Selection
- Meat Baguette
- Best of Pret
- All Time Classic
- Wrap Selection
- Chicken Wrap Selection
- Veggie Wrap Selection 

Pastry Platters

- Mini Lattice Selection
- Mini Cherry Lattice
- Mini Apple Lattice
- Mini Strawberry Lattice
- Mini Mango Lattice
- Mini Chocolate Croissant Selection
- Mini French Butter Croissant Box
- Sweet Pastry Selection Box
- Berry Muffin Box
- ★ Mini Filled Croissant Selection
- ★ Mini Chocolate & Blackberry Muffin 
- ★ Mini Blackberry & Apple Crumble Muffin 

Snacks & Sweets

- Pret Bar Platter
- Brownie Bag
- Love Bar Bag
- Crisps Selection
-  Choc Chunk Cookie Bag

★ Arabic Platters

- Iftar Box
- Ramadan Platter
- Arabic Snack Box

Drinks

- Coffee Box
- Tea Box
- Pret - Orange Juice 
- Pret - Pomegranate Juice 
- Pret - Pineapple Powwow 
- Pret - Root Reboot 
- Pret - Essential Green 
- Pret - Sunny Dayz 

★ Pret Hampers

- Picnic Basket (good for 2)
- Gifting Basket (good for sharing)

★ New  Vegetarian  Vegan  New Recipe  Allergen Update



Allergies?

We're proud to freshly prepare our food in our shop kitchens every day, but as we use many ingredients and shared equipment, we are unable to guarantee that our food is allergen free due to the risk of cross-contact. Our vegan food is made to a vegan recipe but is not suitable for those with milk or egg allergies. Our Allergen Guide contains a list of all the products we sell in our shops. You will also find the declarable allergens listed on the product shelf tickets in our shops. If you need to know more, please get in touch with our Customer Service team who will be happy to help.

Please refer to our "Allergen Guide" for allergen information & "Nutritional Guide" for nutritional information.

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