

Our Menu

Pret operates a bit like a restaurant. We build kitchens in (or very near) every shop and our ingredients get delivered early each morning.

You won't find 'sell-by' dates on our fresh sandwiches, salads or baguettes.





Breakfast!

They say breakfast is the most important meal of the day, so we've created a delicious, varied menu for you to enjoy.



Egg & Bacon Brioche

Chicken Sausage & Egg Brioche

Pret's Soya Porridge

Egg & Avocado Breakfast Bun

Smoked Salmon & Soft Cheese Breakfast Bun

Wraps

Chicken Pesto Rocket

Chicken Bacon Caesar

Hummus & Chipotle

★ Crayfish Salad

Granaries!

Just like our granary range, our baguettes are handmade and baked throughout the day. Made today, gone today — because fresher is always better.

Sandwiches

Chicken Avocado

Coronation Chicken

Tuna Mayo



Crayfish & Rocket

Cheddar & Pickle

Cracking Egg

Classic Super Club

Smoked Salmon

BLT - Meat Special

Veggie New Yorker - Veggie Special

★ Crayfish, Corn, Lemon Mayo

Baguettes

Chicken Caesar & Bacon

Tuna Cucumber

Posh Cheddar

Chicken Salad

Egg & Salmon

Egg & Roasted Tomatoes

Soup Baguette

Flatbreads

Chipotle Chicken & Avo

Mediterranean Halloumi & Zaatar

Mexican Avocado

Salads & Fruits!

Salads

Chef Chicken

Crayfish & Avocado

Egg Avocado Pot

Chicken Smashed Avocado

Chicken & Quinoa (high in protein)

Fruits

Whole Fruit - Banana

Mango and Lime

Superfruit Salad



Pret's Hot!

To keep our shelves stocked with oven-fresh, feel-good food, our Hot Chefs bake in small batches. Little and often. Straight from the oven. Hot off the shelves.

Hot Wraps

- Falafel Halloumi 
-  Chicken Chipotle
-  Swedish Meatballs
-  Chicken & Mushroom



Toasted Tortillas

Chipotle Chicken



Soups

(On rotation)
 Malaysian Chicken
 Carrot & Coriander 
 Tomato 
 Chicken Laksa
 Chickpeas & Barley Mixed Veg
 Cauliflower, Cheddar, & Potato

Hot Croissants

Cheddar & Tomato
 Zaatar & Halloumi
 Avocado & Cheese

Toasties

-   Mozzarella & Pesto 
-  Classic Cheese 
-  Tuna Melt Toastie

Pastries!

French Butter Croissant
 Almond Croissant
 Chocolate Croissant
 Pain Au Raisin
 Mozzarella & Tomato Croissant
 Zaatar Croissant
 Pastel De Nata



Snacks & Treats!

Our menu of perfect in-between, just-before, just-after snacks. Ideal for sharing or enjoying on your own.

Yoghurt Bowls

Five Berry Yoghurt
 Berry Parfait
 Banana & Honey

Pret's Snacks

Choc Bar
 Love Bar
 Chocolate Brownie Bar
 Pret Crisps

Sea Salt & Black Pepper
 Sea Salt & Cider Vinegar
 Cheese & Chives



Desserts

Lemon Cheesecake
 Chocolate Mousse

Drinks!

Our coffee is 100% organic and always arabica. Our teas, milks and milk alternatives are all organic too.

Barista Prepared Drinks

Organic Drinks

Americano Black
Americano White
Filter Black
Filter White
Pret's Matcha Latte
Spanish Latte
Latte
Espresso
Cappuccino
Mocha
Organic Chocolate
Macchiato
Flat White
Milk (Rice Coconut Milk, Oat Milk, Soya Milk, Almond Milk)
Extra Shot
Cup of Milk

Hot Tea

Breakfast 
Earl Grey 
Green 
Peppermint 
Hot Tea - Ginger & Lemon 
Hot Tea - Chamomille 
Hot Tea - Jasmine 



Iced Drinks

Iced Latte
Iced Black Americano 
Iced Black Filter 
Iced Mocha
Iced Chocolate
Iced Matcha Latte
Iced Spanish Latte
★ Iced Strawberry Matcha Latte

Iced Tea

Peach & Hibiscus
Raspberry & Mint

Frappe

Classic
Salted Caramel
Matcha
★ Passion Fruit & Pineapple

Smoothies

Berries and Cherries 
Tropical Mango 
★ Mango & Ginger
★ Açai & Berry



Syrups

Vanilla
Caramel
Hazelnut
Salted Caramel

Chilled Drinks

Pret - Orange Juice 
Pret - Pomegranate Juice 
Pret - Pineapple Powwow 
Pret - Root Reboot 
Pret - Essential Green 
Pret - Sunny Dayz 
Pret - Ginger Shot 
Pret - Turmeric Shot 
Pink Lemonade 
Blue Lemonade 
Black Lemonade 
San Pellegrino Sparkling Water 
Coke
Coke Zero
Sprite
Coconut Water
Arwa 500ml
Aqua Panna 500ml
Aqua Panna 1L

Pret Catering

Our platters are designed for sharing and are ideal for meetings or large gatherings.

Breakfast Platters

Breakfast Brioche
Breakfast Baguette Selection
Yoghurt Selection 
Breakfast Bun Platter
Mini Yoghurt Selection 

Salad Platters

Chef's Italian Chicken
Avocado & Mozzarella 
Chicken & Quinoa (high in protein)
Hummus & Chickpea (source of protein) 
Salmon & Avocado
Mozzarella & Quinoa 

Kids Sandwich Platters

Cheese Triangles 
Chicken Triangles
Egg Triangles 
Mix Triangles

★ Arabic Platters

Arabic Mezze Platter
Arabic Snack Box

Sandwich Platters

Chicken Supreme
Veggie Lover Mixed 
Vegetarian Selection 
Baguette Selection
Meat Baguette
Best of Pret
All Time Classic
Wrap Selection
Chicken Wrap Selection
Veggie Wrap Selection 

Pastry Platters

Mini Lattice Selection
Mini Cherry Lattice
Mini Apple Lattice
Mini Strawberry Lattice
Mini Mango Lattice
Mini Chocolate Croissant Selection
Mini French Butter Croissant Box
Sweet Pastry Selection Box
★ Mini Filled Croissant Selection
★ Mini Chocolate & Blackberry Muffin 
★ Mini Blackberry & Apple Crumble Muffin 

Snacks & Sweets

Pret Bar Platter
Brownie Bag
Love Bar Bag
Crisps Selection

Drinks

Coffee Box
Tea Box
Pret - Orange Juice 
Pret - Pomegranate Juice 
Pret - Pineapple Powwow 
Pret - Root Reboot 
Pret - Essential Green 
Pret - Sunny Dayz 

★ Pret Hampers

Picnic Basket (good for 2)
Gifting Basket (good for sharing)



★ New  Vegetarian  Vegan  New Recipe  Allergen Update

Allergies?

We're proud to freshly prepare our food in our shop kitchens every day, but as we use many ingredients and shared equipment, we are unable to guarantee that our food is allergen free due to the risk of cross-contact. Our vegan food is made to a vegan recipe but is not suitable for those with milk or egg allergies. Our Allergen Guide contains a list of all the products we sell in our shops. You will also find the declarable allergens listed on the product shelf tickets in our shops. If you need to know more, please get in touch with our Customer Service team who will be happy to help.

Please refer to our "Allergen Guide" for allergen information & "Nutritional Guide" for nutritional information.

★ PRET A MANGER ★

FEBRUARY 2026