

| Baguettes | | Suitable for | | Contains these allergens | | | | | | | | | | | | |
|--|-------------|--------------|-------------------------------|--------------------------|-----|-------|---------------------------|----------|------|--------|---------------------|---------|-----------|------------|------|------|
| Product | Vegetarians | Vegans | Sesame | Milk | Egg | Lupin | Cereals containing gluten | Molluscs | Soya | Peanut | Celery and celeriac | Mustard | Sulphites | Crustacean | Fish | Nuts |
| | | | Brie, Tomato & Basil Baguette | ✓ | | | ✓ | | | WHEAT | | | | | | |
| Chicken Caesar Baguette | | | ✓ | ✓ | ✓ | | WHEAT, RYE, OAT, BARLEY | | ✓ | | | ✓ | | | ✓ | |
| Ham & Greve Baguette | | | | ✓ | ✓ | | WHEAT | | ✓ | | | ✓ | | | | |
| Posh Cheddar & Pickle Baguette | ✓ | | ✓ | ✓ | ✓ | | WHEAT, RYE, OAT, BARLEY | | ✓ | | | ✓ | ✓ | | | |
| Chipotle Mozzarella Hot Baguette | ✓ | | ✓ | ✓ | | | WHEAT, RYE, OAT, BARLEY | | ✓ | | | ✓ | | | | |
| Posh Prosciutto Hot Baguette | | | ✓ | ✓ | | | WHEAT, RYE, OAT, BARLEY | | | | | | | | | |
| Teriyaki Chicken Hot Baguette | | | | ✓ | | | WHEAT, BARLEY | | ✓ | | | | | | | |
| Smoked Salmon, Soft Cheese & Dill Baguette | | | ✓ | ✓ | | | WHEAT, RYE, OAT, BARLEY | | | | | | | | ✓ | |

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| Pret's Hot | | Suitable for | | Contains these allergens | | | | | | | | | | | | |
|------------------------------------|-------------|--------------|---------------------|--------------------------|-----|-------|---------------------------|----------|------|--------|---------------------|---------|-----------|------------|------|------|
| Product | Vegetarians | Vegans | Sesame | Milk | Egg | Lupin | Cereals containing gluten | Molluscs | Soya | Peanut | Celery and celeriac | Mustard | Sulphites | Crustacean | Fish | Nuts |
| | | | Bacon & Egg Brioche | | | | ✓ | ✓ | | WHEAT | | ✓ | | | | |
| Bacon Brioche | | | | ✓ | ✓ | | WHEAT | | ✓ | | | | | | | |
| Sausage & Egg Brioche | | | | ✓ | ✓ | | WHEAT | | ✓ | | | | ✓ | | | |
| Pret's Veggie Brioche | ✓ | | | ✓ | ✓ | | WHEAT | | ✓ | | | | | | | |
| Chicken Chipotle Hot Wrap | | | | ✓ | | | WHEAT, RYE | | ✓ | | | ✓ | | | | |
| Spicy Mediterranean Hot Wrap | ✓ | | | ✓ | | | WHEAT, RYE | | ✓ | | | ✓ | | | | |
| Ham and Greve Hot Croissant | | | | ✓ | ✓ | | WHEAT | | | | | | | | | |
| Cheddar and Tomatoes Hot Croissant | ✓ | | | ✓ | ✓ | | WHEAT | | | | | | | | | |
| Tomato Soup | ✓ | | | | | | | | | | | | | | | |
| Pumpkin Soup | ✓ | | | ✓ | | | | | | | | | | | | |

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| Sandwiches | | Suitable for | | | | | | | | | | | | | | |
|--------------------------------|-------------|--------------|--------------------------|------|-----|-------|---------------------------|----------|------|--------|---------------------|---------|-----------|------------|------|----------|
| Product | Vegetarians | Vegans | Contains these allergens | | | | | | | | | | | | | |
| | | | Sesame | Milk | Egg | Lupin | Cereals containing gluten | Molluscs | Soya | Peanut | Celery and celeriac | Mustard | Sulphites | Crustacean | Fish | Nuts |
| Chicken Avocado Granary | | | | ✓ | ✓ | | WHEAT, BARLEY | | ✓ | | | ✓ | | | | |
| Chicken & Roasted Peppers | | | | ✓ | ✓ | | WHEAT, BARLEY | | ✓ | | | ✓ | | | | PINENUTS |
| Classic Super Club Granary | | | | | ✓ | | WHEAT, BARLEY | | ✓ | | | ✓ | | | | |
| Wild Crayfish & Rocket Granary | | | | | ✓ | | WHEAT, BARLEY | | ✓ | | | ✓ | | ✓ | | |
| Cracking Egg Salad Granary | ✓ | | | | ✓ | | WHEAT, BARLEY | | ✓ | | | ✓ | | | | |
| Ham & Cheese Granary | | | | ✓ | | | WHEAT, BARLEY | | | | | | | | | |
| Mature Cheddar Granary | ✓ | | | ✓ | ✓ | | WHEAT, BARLEY | | ✓ | | | ✓ | ✓ | | | |
| Smoked Salmon | | | | ✓ | | | WHEAT, BARLEY | | | | | | | | ✓ | |
| Smoked Salmon & Soft Cheese | | | | ✓ | | | WHEAT, BARLEY | | | | | | | | ✓ | |
| Super Green & Red | ✓ | ✓ | | | | | WHEAT, BARLEY | | | | | | | | | |

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| Bowl & Pot | | Suitable for | | | | | | | | | | | | | | |
|--|-------------|--------------|--------------------------|------|-----|-------|---------------------------|----------|------|--------|---------------------|---------|-----------|------------|------|-----------|
| Product | Vegetarians | Vegans | Contains these allergens | | | | | | | | | | | | | |
| | | | Sesame | Milk | Egg | Lupin | Cereals containing gluten | Molluscs | Soya | Peanut | Celery and celeriac | Mustard | Sulphites | Crustacean | Fish | Nuts |
| Banana & Honey Muesli | ✓ | | | ✗ | | | | | | | | | | | | |
| Cranberry Yoghurt Bowl | ✓ | | | ✗ | | | | | | | | | | | | |
| Bircher Muesli | ✓ | | | ✗ | | | | | | | | | | | | PISTACHIO |
| Coconut Chia Seed Bowl | ✓ | ✓ | | | | | | | | | | | | | | ALMOND |
| Five Berry Bowl | ✓ | | | ✗ | | | | | | | | | | | | |
| Mango & Banana Sunshine Bowl | ✓ | ✓ | | | | | | | | | | | | | | ALMOND |
| Red Dragon Fruit Sunshine Breakfast Bowl | ✓ | ✓ | | | | | | | | | | | | | | ALMOND |

V4 -29.05.2024

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| Toasties | | Suitable for | | Contains these allergens | | | | | | | | | | | | |
|----------------------------------|-------------|--------------|--------------------------------|--------------------------|-----|-------|---------------------------|----------|------|-------------------------|---------------------|---------|-----------|------------|------|------|
| Product | Vegetarians | Vegans | Sesame | Milk | Egg | Lupin | Cereals containing gluten | Molluscs | Soya | Peanut | Celery and celeriac | Mustard | Sulphites | Crustacean | Fish | Nuts |
| | | | Brie, Avocado & Tomato Toastie | ✓ | | | ✓ | | | WHEAT, OAT, RYE, BARLEY | | | | | | |
| Chicken, Avocado & Basil Toastie | | | | ✓ | ✓ | | WHEAT, OAT, RYE, BARLEY | | ✓ | | | ✓ | | | | |
| Chipotle Chicken Toastie | | | | ✓ | | | WHEAT, OAT, RYE, BARLEY | | | | | ✓ | | | | |
| Classic Cheese Toastie | ✓ | | | ✓ | ✓ | | WHEAT, OAT, RYE, BARLEY | | ✓ | | | ✓ | | | | |
| Ham, Cheese & Mustard Toastie | | | | ✓ | ✓ | | WHEAT, OAT, RYE, BARLEY | | ✓ | | | ✓ | | | | |
| Super Club | | | | ✓ | ✓ | | WHEAT, OAT, RYE, BARLEY | | ✓ | | | ✓ | | | | |

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| Croissant | | Suitable for | | | | | | | | | | | | | | |
|-------------------------------|-------------|--------------|--------------------------|------|-----|-------|---------------------------|----------|------|--------|---------------------|---------|-----------|------------|------|--------|
| Product | Vegetarians | Vegans | Contains these allergens | | | | | | | | | | | | | |
| | | | Sesame | Milk | Egg | Lupin | Cereals containing gluten | Molluscs | Soya | Peanut | Celery and celeriac | Mustard | Sulphites | Crustacean | Fish | Nuts |
| Croissant Almond | ✓ | | | ✗ | ✗ | | WHEAT | | | | | | | | | ALMOND |
| Croissant Chocolate | ✓ | | | ✗ | ✗ | | WHEAT | | ✗ | | | | | | | |
| Mozzarella & Tomato Croissant | ✓ | | | ✗ | ✗ | | WHEAT | | | | | | | | | |
| Pain au Raisin | ✓ | | | ✗ | ✗ | | WHEAT | | | | | | | | | |
| Plain Croissant | ✓ | | | ✗ | ✗ | | WHEAT | | | | | | | | | |
| Very Berry Croissant | ✓ | ✓ | | | | | WHEAT | | | | | | | | | |

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| Cold Drinks | | Suitable for | | Contains these allergens | | | | | | | | | | | | | |
|--|-------------|--------------|--------------------------------|--------------------------|-----|-------|---------------------------|----------|------|--------|---------------------|---------|-----------|------------|------|------|--|
| Product | Vegetarians | Vegans | Sesame | Milk | Egg | Lupin | Cereals containing gluten | Molluscs | Soya | Peanut | Celery and celeriac | Mustard | Sulphites | Crustacean | Fish | Nuts | |
| | | | Water - Aqua Panna 500ml Still | ✓ | ✓ | | | | | | | | | | | | |
| Juice - Coconut Water | ✓ | ✓ | | | | | | | | | | | | | | | |
| Coke (All types) | ✓ | ✓ | | | | | | | | | | | | | | | |
| Juice - Fresh Lemon & Mint | ✓ | ✓ | | | | | | | | | | | | | | | |
| Heineken Beer | ✓ | ✓ | | | | | BARLEY | | | | | | | | | | |
| Juice - Orange | ✓ | ✓ | | | | | | | | | | | | | | | |
| Juice - Pink Grapefruit | ✓ | ✓ | | | | | | | | | | | | | | | |
| Radiance | ✓ | ✓ | | | | | | | | | ✓ | | | | | | |
| Water - San Pellegrino 500ml Sparkling | ✓ | ✓ | | | | | | | | | | | | | | | |
| Tiger Beer | ✓ | ✓ | | | | | BARLEY | | | | | | | | | | |
| Ultra Boost | ✓ | ✓ | | | | | | | | | | | | | | | |
| Water - Desa 500ml Still | ✓ | ✓ | | | | | | | | | | | | | | | |
| Craft Beer | ✓ | ✓ | | | | ✓ | BARLEY | | | | | | ✓ | | | | |

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| Salads | | Suitable for | | Contains these allergens | | | | | | | | | | | | |
|-------------------------------------|-------------|--------------|----------------------|--------------------------|-----|-------|---------------------------|----------|------|----------------------|---------------------|---------|-----------|------------|------|------|
| Product | Vegetarians | Vegans | Sesame | Milk | Egg | Lupin | Cereals containing gluten | Molluscs | Soya | Peanut | Celery and celeriac | Mustard | Sulphites | Crustacean | Fish | Nuts |
| | | | Chef's Chicken Salad | | | | ✓ | ✓ | | WHEAT, BARLEY | | ✓ | | | ✓ | |
| Club Salad | | | | | ✓ | | WHEAT | | | | | ✓ | | | | |
| Egg & Spinach Protein Pot | ✓ | | | | ✓ | | | | | | | | | | | |
| Smoked Salmon & Spinach Protein Pot | | | | | ✓ | | | | | | | | | | ✓ | |
| Wild Crayfish & Avocado | | | | | | | WHEAT | | | | | ✓ | | ✓ | | |

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| Crisps | | Suitable for | | Contains these allergens | | | | | | | | | | | | | |
|---|-------------|--------------|------------------------------------|--------------------------|-----|-------|---------------------------|----------|------|--------|---------------------|---------|-----------|------------|------|------|--|
| Product | Vegetarians | Vegans | Sesame | Milk | Egg | Lupin | Cereals containing gluten | Molluscs | Soya | Peanut | Celery and celeriac | Mustard | Sulphites | Crustacean | Fish | Nuts | |
| | | | Tyrrells Lightly Sea Salted Crisps | ✓ | | | | | | | | | | | | | |
| Tyrrells Mature Cheddar & Chives Crisps | ✓ | | | ✓ | | | | | | | | | | | | | |
| Tyrrells Sea Salt & Cider Vinegar Crisps | ✓ | ✓ | | | | | BARLEY | | | | | | | | | | |
| Tyrrells Sea Salt & Cracked Black Pepper Crisps | ✓ | | | | | | | | | | | | | | | | |

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| Cookies & Muffins | | Suitable for | | | | | | | | | | | | | | | V4 -29.05.2024 |
|--------------------------------------|-------------|--------------|--------------------------|------|-----|-------|---------------------------|-------------------------|------|--------|---------------------|---------|-----------|------------|------|----------|----------------|
| Product | Vegetarians | Vegans | Contains these allergens | | | | | | | | | | | | | | |
| | | | Sesame | Milk | Egg | Lupin | Cereals containing gluten | Molluscs | Soya | Peanut | Celery and celeriac | Mustard | Sulphites | Crustacean | Fish | Nuts | |
| Chocolate Chunk Cookie | ✓ | | | ✗ | | | | WHEAT | | | | | | | | | |
| Cheese Twist | ✓ | | | ✗ | ✗ | | | WHEAT | | | | | | | | | |
| Dark Chocolate Almond Butter Cookies | ✓ | | | | | | | WHEAT | | | | | | | | ALMONDS | |
| Egg Tart | ✓ | | | ✗ | ✗ | | | WHEAT | | | | | | | | | |
| Fruit, Oat & Spelt Cookie | ✓ | | | ✗ | | | | WHEAT, OAT, SPELT | | | | | | | | | |
| Muffin Double Berry | ✓ | | | ✗ | ✗ | | | WHEAT | | | | | | | | | |
| Muffin Chocolate | ✓ | | | ✗ | ✗ | | | WHEAT | | ✗ | | | | | | HAZELNUT | |

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| Snacks | | Suitable for | | | | | | | | | | | | | | |
|------------------------------|-------------|--------------|--------------------------|------|-----|-------|---------------------------|----------|------|--------|---------------------|---------|-----------|------------|------|-----------------------|
| Product | Vegetarians | Vegans | Contains these allergens | | | | | | | | | | | | | |
| | | | Sesame | Milk | Egg | Lupin | Cereals containing gluten | Molluscs | Soya | Peanut | Celery and celeriac | Mustard | Sulphites | Crustacean | Fish | Nuts |
| Brownie Bar | ✓ | | | ✗ | ✗ | | | WHEAT | | ✗ | | | | | | |
| Choc Bar | ✓ | | | ✗ | | | | WHEAT | | ✗ | | | | | | |
| Dark Chocolate Almonds Snack | ✓ | ✓ | | | | | | | | ✗ | | | | | | ALMONDS |
| Love Bar | ✓ | | | ✗ | | | | OATS | | ✗ | | | | | | PISTACHIO, ALMONDS |
| Popcorn bar | ✓ | | | ✗ | | | | | | ✗ | | | | | | |
| Pret A Mango | ✓ | ✓ | | | | | | | | | | | | | | |

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| OPEN SANDWICH | | Suitable for | | | | | | | | | | | | | |
|------------------------------------|-------------|--------------|--------------------------|------|-----|-------|---------------------------|----------|------|--------|---------------------|---------|-----------|------------|------|
| Product | Vegetarians | Vegans | Contains these allergens | | | | | | | | | | | | |
| | | | Sesame | Milk | Egg | Lupin | Cereals containing gluten | Molluscs | Soya | Peanut | Celery and celeriac | Mustard | Sulphites | Crustacean | Fish |
| Smashed Avo Open Sandwich | ✓ | | | ✗ | | | WHEAT, RYE | | ✗ | | | | | | |
| Salmon & Soft Cheese Open Sandwich | | | | ✗ | | | WHEAT, RYE | | ✗ | | | | | | ✗ |

V4 -03.05.2024

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| Wraps | | Suitable for | | Contains these allergens | | | | | | | | | | | | | | |
|-----------------------------|-------------|--------------|---------------------------|--------------------------|-----|-------|---------------------------|----------|------|------------|---------------------|---------|-----------|------------|------|------|--|--|
| Product | Vegetarians | Vegans | Sesame | Milk | Egg | Lupin | Cereals containing gluten | Molluscs | Soya | Peanut | Celery and celeriac | Mustard | Sulphites | Crustacean | Fish | Nuts | | |
| | | | Avocado & Herb Salad Wrap | ✓ | | | ✓ | ✓ | | WHEAT, RYE | | ✓ | | | ✓ | | | |
| Chicken & Rocket Salad Wrap | | | | ✓ | ✓ | | WHEAT, RYE | | ✓ | | | ✓ | | | | | | |
| Teriyaki Chicken Salad Wrap | | | | | ✓ | | WHEAT, RYE, BARLEY | | ✓ | | | ✓ | | | | | | |

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| Fruit | | Suitable for | | Contains these allergens | | | | | | | | | | | | |
|--------------------|-------------|--------------|--------|--------------------------|-----|-------|---------------------------|----------|------|--------|---------------------|---------|-----------|------------|------|------|
| Product | Vegetarians | Vegans | Sesame | Milk | Egg | Lupin | Cereals containing gluten | Molluscs | Soya | Peanut | Celery and celeriac | Mustard | Sulphites | Crustacean | Fish | Nuts |
| | | | Apple | ✓ | ✓ | | | | | | | | | | | |
| Banana | ✓ | ✓ | | | | | | | | | | | | | | |
| Dragon Fruit Salad | ✓ | ✓ | | | | | | | | | | | | | | |
| Melon Trio | ✓ | ✓ | | | | | | | | | | | | | | |
| Papaya & Lime | ✓ | ✓ | | | | | | | | | | | | | | |
| Grape Medley Mix | ✓ | ✓ | | | | | | | | | | | | | | |

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Barista Prepared Drinks

Suitable for

V4 -29.05.2024

| Product | Vegetarians | Vegans | Contains these allergens | | | | | | | | | | | | | |
|------------------------------------|-------------|--------|--------------------------|------|-----|-------|---------------------------|----------|------|--------|---------------------|---------|-----------|------------|------|--------|
| | | | Sesame | Milk | Egg | Lupin | Cereals containing gluten | Molluscs | Soya | Peanut | Celery and celeriac | Mustard | Sulphites | Crustacean | Fish | Nuts |
| Coffee | | | | | | | | | | | | | | | | |
| Americano Black | ✓ | ✓ | | | | | | | | | | | | | | |
| Americano White Milk | ✓ | | | ✓ | | | | | | | | | | | | |
| Americano White Rice Coconut | ✓ | ✓ | | | | | | | | | | | | | | |
| Americano White Soya | ✓ | ✓ | | | | | | | ✓ | | | | | | | |
| Americano White Oat | ✓ | ✓ | | | | | | | | | | | | | | |
| Americano White Almond | ✓ | ✓ | | | | | | | | | | | | | | ALMOND |
| Cappuccino Milk | ✓ | | | ✓ | | | | | | | | | | | | |
| Cappuccino Rice Coconut | ✓ | ✓ | | | | | | | | | | | | | | |
| Cappuccino Soya | ✓ | ✓ | | | | | | | ✓ | | | | | | | |
| Cappuccino Oat | ✓ | ✓ | | | | | | | | | | | | | | |
| Cappuccino Almond | ✓ | ✓ | | | | | | | | | | | | | | ALMOND |
| Decaf Latte Milk | ✓ | | | ✓ | | | | | | | | | | | | |
| Decaf Latte Rice Coconut | ✓ | ✓ | | | | | | | | | | | | | | |
| Decaf Latte Soya | ✓ | ✓ | | | | | | | ✓ | | | | | | | |
| Decaf Latte Oat | ✓ | ✓ | | | | | | | | | | | | | | |
| Decaf Latte Almond | ✓ | ✓ | | | | | | | | | | | | | | ALMOND |
| Espresso | ✓ | ✓ | | | | | | | | | | | | | | |
| Filter - Black Coffee | ✓ | ✓ | | | | | | | | | | | | | | |
| Filter - White Coffee Milk | ✓ | | | ✓ | | | | | | | | | | | | |
| Filter - White Coffee Rice Coconut | ✓ | ✓ | | | | | | | | | | | | | | |
| Filter - White Coffee Soya | ✓ | ✓ | | | | | | | ✓ | | | | | | | |
| Filter - White Coffee Oat | ✓ | ✓ | | | | | | | | | | | | | | |
| Filter - White Coffee Almond | ✓ | ✓ | | | | | | | | | | | | | | ALMOND |
| Flat White Milk | ✓ | | | ✓ | | | | | | | | | | | | |
| Flat White Rice Coconut | ✓ | ✓ | | | | | | | | | | | | | | |
| Flat White Soya | ✓ | ✓ | | | | | | | ✓ | | | | | | | |
| Flat White Oat | ✓ | ✓ | | | | | | | | | | | | | | |
| Flat White Almond | ✓ | ✓ | | | | | | | | | | | | | | ALMOND |
| Latte Milk | ✓ | | | ✓ | | | | | | | | | | | | |
| Latte Rice Coconut | ✓ | ✓ | | | | | | | | | | | | | | |
| Latte Soya | ✓ | ✓ | | | | | | | ✓ | | | | | | | |

| | | | | | | | | | | | | | | | | | |
|------------------------------------|---|---|--|--|---|--|--|--|---|--|--|--|--|--|--|--|----------|
| Soya | ✓ | ✓ | | | | | | | ✓ | | | | | | | | |
| Oat | ✓ | ✓ | | | | | | | | | | | | | | | |
| Almond | ✓ | ✓ | | | | | | | | | | | | | | | ALMOND |
| Syrups | | | | | | | | | | | | | | | | | |
| Syrup Shot - Caramel | ✓ | ✓ | | | | | | | | | | | | | | | |
| Syrup Shot - Hazelnut | ✓ | ✓ | | | | | | | | | | | | | | | HAZELNUT |
| Syrup Shot - Vanilla | ✓ | ✓ | | | | | | | | | | | | | | | |
| Tea | | | | | | | | | | | | | | | | | |
| English Breakfast Tea Milk | ✓ | | | | ✓ | | | | | | | | | | | | |
| English Breakfast Tea Rice-Coconut | ✓ | ✓ | | | | | | | | | | | | | | | |
| English Breakfast Tea Soya | ✓ | ✓ | | | | | | | ✓ | | | | | | | | |
| English Breakfast Tea Oat | ✓ | ✓ | | | | | | | | | | | | | | | |
| English Breakfast Tea Almond | ✓ | ✓ | | | | | | | | | | | | | | | ALMOND |
| Earl Grey Tea Milk | ✓ | | | | ✓ | | | | | | | | | | | | |
| Earl Grey Tea Rice-Coconut | ✓ | ✓ | | | | | | | | | | | | | | | |
| Earl Grey Tea Soya | ✓ | ✓ | | | | | | | ✓ | | | | | | | | |
| Earl Grey Tea Oat | ✓ | ✓ | | | | | | | | | | | | | | | |
| Earl Grey Tea Almond | ✓ | ✓ | | | | | | | | | | | | | | | ALMOND |
| Green Tea | ✓ | ✓ | | | | | | | | | | | | | | | |
| Peppermint Tea | ✓ | ✓ | | | | | | | | | | | | | | | |

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