# **Our Menu**

Pret operates a bit like a restaurant. We build kitchens in (or very near) every shop and our ingredients get delivered early each morning. You won't find 'sell-by' dates on our fresh sandwiches, salads or baguettes.

\* PRET A MARGER \*

## Breakfast!

They say that breakfast is the most important meal of the day so we have a delicious and varied menu for you to choose from.

Egg & Bacon Brioche Egg & Salmon Brioche Egg & Tomato Brioche Pret's Veggie Brioche Chicken Sausage & Egg Brioche Egg & Salmon Baguette Pret's Soya Porridge Egg & Roasted Tomatoes Baguette

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**Baguettes** 

**Tuna Cucumber** 

Chicken Salad

Soup Baguette

Italian Beef

Tuna

Posh Cheddar

Salmon & Soft Cheese

**Flat Breads** 

Chicken Avocado

Chicken Caesar & Bacon Baguette

★ Toasted Baguette – Pesto Caprese

★ Toasted Baguette - Chipotle Chicken Bacon

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## Granaries!

Just like our granary products are handmade throughout the day. Made today, gone today. We bake our baguettes throughout the day, the fresher the better.

#### **Sandwiches**

- Chicken Avocado Chicken Roasted Peppers Tuna Mayo Crayfish & Rocket Cheddar & Pickle Cracking Egg Classic Super Club Smoked Salmon
- ★ Rainbow Sandwich ②
- ★ BLT Meat Special
- ★ Roast Beef & Tomato Tapenade

#### Wraps

- Avocado Salad 📀
- ★ Chicken Pesto Rocket Wrap
- ★ Chicken Bacon Caesar

## Salads & Fruits!

### **Salads**

Chef Chicken Salmon & Avocado Crayfish & Avocado Egg Avocado Pot Chicken Smashed Avocado Avocado & Mozzarella ★ Pret's Caprese Shaker ★ Pret's Cobb Shaker ★ Pret's Panzanella Shaker

### Fruits o

Whole Fruit - Banana Pomegranate Pot Mango and Lime Superfruit Salad Pear & Grapes

### $\star$ PRET A MANCER $\star$

## **Pret**'s Hot!

In their quest to keep shelves full of oven-fresh, homely food, our Hot Chefs bake in small batches. Little and often. Straight from the oven. Hot off the shelves.

### **Hot Wraps**

🛧 Falafel Halloumi 🛛 🔞 **Chicken Chipotle** Swedish Meatballs



### **Toasties**

Tuna ★ Mozarella & Pesto Toastie Classic Cheese

- ★ All Day Breakfast
- ★ Chipotle Chicken Toastie





#### Soups

(On rotation) Malaysian Chicken **Carrot & Coriander** 8 **Curried Lentil & Sweet Potato** Quinoa 🕥 Thai Coconut Chicken Curry Tomato **Chicken Multigrain** Chicken Shitake Miso Mushroom Chicken Laksa

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## **Hot Rice Bowls**

Veggie Tom Yum

Indian Paneer **Butter Chicken** Chilli Con Carne

### **Hot Croissants**

Cheddar & Tomatoes Salmon & Egg

### Pastries!

Chocolate Chunk Cookie Oat & Raisin Cookie Dark Chocolate & Almond Cookie Berry Muffin Very Berry Croissant 📀 French Butter Croissant Almond Croissant Chocolate Croissant Pain Au Raisin 📀 Mozzarella & Tomato Croissant Zaatar Croissant Cheese Twist Chicken & Mushroom Turnover Bacon & Cheese Turnover Vanila Donut Super Chocolate Donut 🛛 🛇 Cinnamon Donut





## **Snacks & Treats**

Our menu of perfect in-between, just-before, just-after snacks. Ideal for sharing or enjoying on your own.

### **Yoghurt Bowls**

- **Five Berry Yoghurt Berry Parfait Banana & Honey**
- Blue Goodness Pink Goodness
- 🛨 Sunshine Bowl

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8

★ Acai Bircher

### **Pret's Snacks**

Pret A Mango 🛛 🛇 Choc Bar 📀 Popcorn Bar 📀 Love Bar Chocolate Brownie Bar 8 Pret Nuts, Fruits & Chocolate 0 Pret Dark Chocolate Almonds Burts Crisps (Mature Cheddar and Spring Onion,



Desserts

Honey Cake Vegan Lotus Cake



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Sea Salt, Sweet Chilli)

## **Drinks**!

Our coffee is 100% organic and always arabica. Our teas, milks and milk alternatives are all organic too.

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### **Barista Prepared Drinks**

#### **Organic Coffee**

Americano Black Filter Black Filter Black Pret's Matcha Latte Spanish Latte Latte Cappuccino Mocha Organic Chocolate Macchiato Flat White Milk (Rice Coconut Milk, Oat Milk, Soya Milk, Almond Milk) Extra Shot Chai Latte Het Teg

#### Hot Tea

- Breakfast 📀
- Earl Grey 🕥
- Green 💟
- Peppermint 오
- + Grapefruit Sunshine Tea



#### **Iced Drinks**

Iced Latte Iced Black Americano Ced Black Filter Iced Mocha Iced Chocolate Iced Matcha Latte Iced Spanish Latte Ced Spanish Latte Ced Chai Latte

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#### Frappe

Classic Frappe Salted Caramel Frappe Chocolate Frappe

#### **Smoothies**

Berries and Cherries Sweet Greens Tropical Mango

#### Allergies?

There is a high risk of cross-contamination when our baristas prepare drinks. We can't guarantee our drinks are suitable for those with allergies.Please take care.





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\* DRET A MANGER \*

## **Pret**\*s **Delivery**!

Our platters are designed for sharing and are ideal for meetings or large gatherings at home or even on a junk!

#### **Breakfast Platters**

Sweet Pastry Selection Box Breakfast Brioche Platter Breakfast Baguette Selection Platter Yoghurt Selection

#### **Salad Platters**

Chef Salad Platter Salmon Salad Platter Avocado Mozzarella Platter

#### **Sandwich Platters**

Chicken Supreme Platter Fish Selection Platter Veggie Lover Mixed Platter 🛛 😵

Rye Roll Platter Vegeterian Selection Platter Baguette Selection Platter Meat Baguette Platter Best of Pret Platter All Time Classic Platter

#### **Cookie Platters**

Large Cookie Platter 😗 Small Cookie Platter 😗 Choc Chunk Cookie Bag



Pret Bar Platter 
Brownie Bag
Crisps Selection

#### **Drinks**

Coffee Box 😗 Tea Box 😵



\* DRET A MANGER \*

**New Vegetarian Vegan** 

#### Allergies?

We're proud to freshly prepare our food in our shop kitchens every day, but as we use many ingredients and shared equipment, we are unable to guarantee that our food is allergen free due to the risk of cross-contact. Our vegan food is made to a vegan recipe but is not suitable for those with milk or egg allergies. Our Allergen Guide contains a list of all the products we sell in our shops. You will also find the declarable allergens listed on the product shelf tickets in our shops. If you need to know more, please get in touch with our Customer Service team who will be happy to help.

Please refer to our "Allergen Guide" for allergen information & "Nutritional Guide" for nutritional information.