

# Menu

\* Only available  
at 90 Adelaide St

V. Vegetarian

VE. Vegan

## Baguette Full size / Half size



Pret's Famous  
Ham & Cheese Baguette



Pret's Pesto  
Caprese Baguette



V. Romesco Chicken &  
Mozzarella Baguette



Pret's Tuna &  
Cucumber Baguette



Chicken Bánh Mi



\* Avo, Olive & Toms \* VE.

## Sandwich Full size / Half size



Chicken & Bacon  
Sandwich



Pret's Chicken Salad  
& Avo Sandwich



Pret's Egg Salad &  
Arugula Sandwich



V. Cheddar & Tomato  
Sandwich



\* Rainbow Veggie  
Sandwich \* VE.



\* Pret's Avocado B.L.T. \*



\* Montreal Smoked  
Meat Sandwich \*

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## Cold wrap



Crunchy Chipotle Chicken & Avo Wrap



Falafel & Hummus Wrap

VE.



Bang Bang Chicken Wrap

\* Korean Style Mushroom & Avo Wrap

\* V.



Image coming soon

## Salad



Chicken Avocado Salad with Balsamic Vinaigrette



Mediterranean Mezze Salad with Balsamic Vinaigrette

VE.



Blackened Salmon, Avo & Grains Salad with Hatch Chili Ranch Dressing



Italian Herb Chicken Salad with Spring Herb Italian Dressing



Pret's Greek Side Salad with Herb Yogurt Dressing

\* V.



Mexican Style Chipotle Chickpea Salad

\*

## Pots



Sunshine Bowl

V.



Pineapple & Lime Pot

VE.



Maple Overnight Oats

V.



Maple Granola Pot

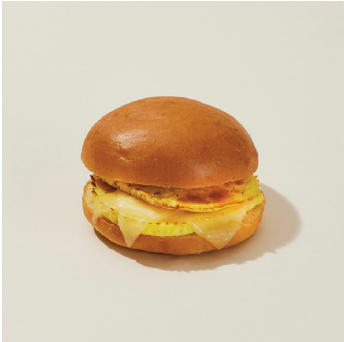
V.

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# Breakfast



Egg & Cheddar Brioche



Egg & Bacon Brioche



Southwestern Breakfast Wrap



Pret's Shakshuka Frittata

V.



Creamy Oat Porridge

VE.



Ham & Cheddar Croissant



\* Egg Salad & Avocado Breakfast Baguette **cold**

\* V.

# Hot Lunch



Classic Mac & Cheese



Pesto and Tomato Mac & Cheese

Image coming soon



Pret's Chicken Parm Wrap



Pret's Chipotle Chicken Burrito Wrap



Spiced Lentil & Chickpea Hot Wrap

V.



Ham & Cheddar Croissant

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## Desserts



Flourless  
Chocolate  
Fudge Cake



Key Lime  
Cheesecake



Raspberry  
Cheesecake



## Soup



Moroccan Lentil  
Soup  
12oz 16oz



Tomato & Feta Soup  
12oz 16oz



White Chicken Chili  
12oz 16oz



## Topper



Chili Yogurt & Herb  
Soup Topper



Choco Banana  
Crunch  
Porridge Topper



## Coffee



Drip Coffee:  
Classic Blend, Organic Single Origin  
Hot: 12oz/16oz/20oz | Cold: 16oz/24oz

- Latte
- Cappuccino
- Flat White
- Mocha
- Americano
- Espresso
- Iced Coffee
- Cold Brew
- Iced Latte
- Iched Mocha
- Pret Coffee Box (8 cups)
- Pret Tea Box (8 cups)

- \* Iced Chai Latte
- Iced Black Tea
- Iced Green Tea
- Lemonade
- Iced Sunshine Tea (half tea & half lemonade)
- Blueberry Lemonade
- Blueberry Sunshine Tea
- Pink Guava Lemonade
- Pink Guava Sunshine Tea

- \* Organic Earl Grey Tea
- \* Organic Green Tea
- \* Organic English Breakfast Tea
- \* Organic Peppermint Tea
- \* Chai Latte (Hot)
- \* Hot Chocolate
- \* Plant Based Beverage
- \* Options: Almond, Oat

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## Bakery



Butter Croissant



Almond Croissant



Chocolate Croissant



Blueberry Muffin



Chocolate  
Brownie Cookie



Chocolate  
Chunk Cookie



Harvest Cookie



Cinnamon Brioche



## Snack \*

Miss Vickies Original  
Miss Vickies Salt & Vinegar  
Miss Vickies Sweet Chili & Sour Cream  
Pret's Brownie Bite  
Kind Bars Almond Caramel & Sea Salt  
Kind Bars Almond Cashew Mint & Dark Chocolate

## Beverage

Dasani Water  
Sanpellegrino Sparkling



Well Greens  
Well Orange Juice  
Well Hibiscus Lemonade  
Well Elixir Shot  
Well Detox Shot  
Well Be Well

Sapsucker Original  
Sapsucker Lime  
Sapsucker Grapefruit  
Sapsucker Orange

Coke  
Diet Coke  
Coke Zero