Brioches	Suit	able for													01-J	Jul-25
	Veget	Veç							Cont	tains these	allergens					
Product	Vegetarians	Vegans	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Chicken Sausage and Egg Brioche				√	✓		Wheat									
Egg & Bacon Brioche				✓	✓		Wheat									

Breakfast Baguettes	Suita	able for													01-J	Jul-25
	Vegetari	Veç						Co	ntain	s these	allerge	ns				
Product	tarians	/egans	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Egg Mayo and Roasted Tomato Baguette	>				>		Wheat, Rye		√			✓	✓			
Smoked Salmon and Egg Mayo Baguette					√		Wheat, Rye		√			√			✓	

Hot Croissants		itable for													01-J	Jul-25
	Veç	_						C	ontain	s these al	llergens					
Product	Vegetarians	Vegans	Sesame	Milk	Egg	Lupi n	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Chesse & Tomatoes Hot Croissant	✓			>	✓		Wheat									
Zaatar & Halloumi Hot Croissant	√		✓	✓	√		Wheat						✓			

Breakfast Bun		itable for													01-J	Jul-25
	Vec							C	ontain	s these a	llergens					
Product	Vegetarians	Vegans	Sesame	Milk	Egg	Lupi n	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Smoked Salmon & Soft Cheese Breakfast Bun			✓	√			Wheat, Oat, Barley		√						✓	
Egg & Avocado Breakfast Bun	√		√		✓		Wheat, Oat, Barley		√			√				

Breakfast		able or													01-J	ul-25
	Veg	<						Cont	ains	these a	allerge	ns				
Product	Vegetarians	Vegans	Sesame	Milk	Egg	Lupi n	Cereals containing gluten	Molluscs	Soya		Celery and celeriac		Sulphites	Crustacean	Fish	Nuts
Pret's Soya Porridge	>	√					Oat		√							

French Pastries	Suit fo	able or														01-Jul-25
	Vege	Veg							Cont	ains these	allergens					
Product	∕egetarians	gans	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Vanilla Donut	✓	>					Wheat									Almond
Cinnamon Donut	<	>					Wheat									

French Pastries		iitable for													()1-Jul-25
	Veg	٧,							Contain	s these a	llergens					
Product	Vegetarians	Vegans	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Chocolate Chunk Cookie	✓			✓			Wheat									
Fruit,Oat & Spelt Cookie	✓			✓			Wheat, Oat									
Dark Chocolate & Almond Butter Cookie	✓	✓					Wheat									Almond
Double Berry Muffin	✓			√	✓		Wheat									
French Butter Croissant	✓			✓	✓		Wheat									
Almond Croissant	✓			√	✓		Wheat									Almond
Chocolate Croissant	<			✓	✓		Wheat		✓							
Pain Au Raisin	✓			✓	✓		Wheat									
Savory Croissant- Mozzarella & Tomato	^			√	✓		Wheat									
Zaatar Croisants	✓		✓	✓	✓		Wheat									

Bowls/ Pots		table or														01-Jul-25
	é	_							Con	tains the	se allergens	1				
Product	Vegetarians	Vegans	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Five Berry Breakfast Bowl	√			√			Oat									Cashew, Pecan
Berry Yoghurt Parfait	✓			√			Oat									Cashew, Pecan
Mango & Matcha Chia Pot	✓			✓												
Banana & Honey Bowl	✓			✓			Oat									Cashew, Pecan
Coffee & Chocolate Chia Pot	√			√												Almond

Fruits		table or													01-J	ul-25
	Vege	Ve		Contains these allergens Cereals Esame Milk Egg Lupin containing Molluscs Soya Peanut and Mustard Sulphites Crustacean F												
Product	Vegetarians	Vegans	Sesame	Milk	Egg	Lupin		Molluscs	Soya	Peanut		Mustard	Sulphites	Crustacean	Fish	Nuts
Banana	✓	✓														
Mango and Lime	√	✓														
Superfruit Salad	✓	✓														

Soup	Suita	ole for													01-J	ul-25
Product	Veget	Vegans							Contains	these allerg	gens					
Froduct	Vegetarians	lans	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Malaysian Chicken Soup															✓	
Carrot and Coriander Soup	√			√							√					
Chicken Laksa							Wheat		√						✓	
Souper Tomato Soup	√	√														
Veggie Tom Yum	√	√							√							
Vegan Red Kale Soup	√			√							√					
Baked Potato & Bacon Soup				√			Wheat				√					
Cheddar Cauliflower Soup	√			√							√					
Soup Bread	✓	✓					Wheat, Rye, Oat		✓							

Toasties	Suitab	ole for													01-J	ul-25
Product	Vegetarians	Vegans						Conta	ains these	allergens						
Houdet	arians	ans	Sesam e	Milk	Egg	Lupin	Cereals containing gluten	Mollusc	Soya	Peanut	Celery and celeriac	Mustard	Sulphite	Crustac ean	Fish	Nuts
							Wheat,									
Tuna Melt Toastie				√	√		Barley, Rye Oat		>			√			\	
Mozzarella & Pesto Toastie	<			<			Wheat, Barley, Rye Oat									Pine nuts
Chipotle Chicken Toastie				✓			Wheat, Barley, Rye Oat					✓				
Classic Cheese Toastie	✓			✓	√		Wheat, Barley, Rye Oat		√			√				

Salads	Suita	able for													01	1-Jul-25
Product	Veget	Vegans							Contains	these aller	gens					
Product	Vegetarians	ans	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac		Sulphites	Crustacean	Fish	Nuts
Chef's Italian Chicken Salad				√	√				√			√	✓		√	Pistachio
Chicken & Quinoa Salad Bowl			✓	√					√			√				
Hummus & Chickpea Salad Bowl	√	√	✓			1	Wheat					√	√			
Crayfish & Avocado Salad												√		√		
Egg & Avo Protein Pot	√				√	1										
Chicken & Smashed Avo Protein Pot				√	√				√							
Watermelon & Cous Cous Salad	√			√			Wheat					√				Walnut
Watermelon & Chicken Salad				✓			Wheat					√				Almond
Watermelon & Feta Pot	√			√			with allowaing dua									

Granary	Suita	ble for														01-Jul-25
Product	Vegetarians	Vegans							Contain	s these alle	ergens					
Floudet	arians	ans	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Chicken Acocado Sandwich				✓	>		Wheat, Barley		>			√				
Tuna Mayo Sandwich					>		Wheat, Barley		>			√			>	
Wild Crayfish and Rocket Sandwich				\	>		Wheat, Barley		>			√		>		
BLT				\	>		Wheat, Barley		>			√				
Veggie New Yorker Sandwich	√		\	\	>		Wheat, Barley		>			√				
Mature Cheddar & Pickle Sandwich	√			\	>		Wheat, Barley		>			√				
Cracking Egg Salad Sandwich	√				>		Wheat, Barley		>			√				
Classic Super Club				\	>		Wheat, Barley		>			√				
Smoked Salmon Sandwich				\			Wheat, Barley								>	
Coronation Chicken Sandwich					>		Wheat, Barley		>			√				Almond

Baguettes	Suita	ble for													01-J	ul-25
Product	Vegetaria	Vegans							Contains	these aller	gens					
Troduct	arians	ans	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Chicken Ceasar and Bacon Baguette				√	√		Wheat, Rye, Oats		√			√			✓	
Tuna Mayo & Cucumber Baguette					√		Wheat, Rye		√			√			✓	
Posh Cheddar & Pickle Baguette	√			√	√		Wheat, Rye, Oats		√			√	√			
Chicken Salad Baguette				√	√		Wheat, Rye		√			√				

Kibbled Rye Salad Wraps	Suital	ble for													01	l-Jul-25
Product	Vegetarian	Vegan						Cor	ntains the	se allergen	S					
Hoddet	arians	ans	Sesam e	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphite s	Crustac ean	Fish	Nuts
Chicken Caesar & Bacon Wrap				/	√		Wheat, Rye		✓			√			✓	
Hummus & Chipotle Wrap	√	✓	✓				Wheat, Rye					√				
Chicken Pesto Rocket Wrap				>	√		Wheat, Rye		>			√				Pinenut
Avocado & Herb Salad Wrap	√			>	✓		Wheat, Rye		>			√				Pinenut

Flat Breads	Suital	ole for													01	l-Jul-25
Product	Vegetarians	Vegan						Con	ntains the	se allergen	S					
Houtet	arians	ans	Sesam e	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphite s	Crustac ean	Fish	Nuts
Chipotle Chicken & Avo Flat Bread						1	Wheat,		./			/				
Onipotic Onicken & Avo Flat Bread			V			V	Barley		>			V				
Mediterranean Halloumi & Zaatar Flat	/		/	/		/	Wheat,		/				/			
Bread	'		V	V		V	Barley		>				•			
Mexican Avocado Flat Bread	1	/	/			/	Wheat,		/			/				·
INIEXICALI AVOCAUO FIAL BIEAU	'	'	 			V	Barley		-							

Hot Wraps	Suital	ble for													01-J	ul-25
Product	Vegetarians	Vegans						Cont	ains these	allergens						
Troduct	arians	ans	Sesam e	I MIIK I Edd I Lubin I containing I — I Sova I Peanut I and IMustardI : I — I F												Nuts
Halloumi & Falafel Hot Wrap	/			<			Wheat, Rye									
Chipotle Chicken Hot Wrap				✓			Wheat, Rye					√	√			
Meatball Hot Wrap				<			Wheat, Rye		√			✓				
Chicken & Mushroom Hot Wrap		6		✓	√		Wheat, Rye		√			√				

Toasted Tortilla	Suita	ble for													01-J	ul-25
Product	Vegetari	Vegans						Cont	ains these	allergens						
Troduct	arians	ans	Sesam e	I MIIK I Edd I Lupin I containing I — I Sova I Peanut I and IMustard I · I — I Fi										Fish	Nuts	
Chipotle Chicken Toasted Tortilla				√			Wheat, Rye		√			√				
Avocado, Cheddar & Chipotle Toasted Tortilla	✓			✓			Wheat, Rye		√			√				

01-Jul-25 Drinks Suitable for Vegetarians Contains these allergens Vegans Product Cereals Celery Sulphite Crustac Sesam Lupin containing Soya Milk Egg Molluscs Peanut and Mustard Fish Nuts е ean gluten celeriac Cold Press Orange Juice Cold Pressed Pomegranate Juice Pineapple Powow Root Reboot CUCUMBER AND MINT SELTZER PP APPLE FIZZ 2019 PP RHUBARB LEMONADE Pink Lemonaid Blue Lemonaid Black Lemonaid Sunny Dayz **Essential Green** Ginger Shot Tumeric Shot San Pelegrino 500ml Aqua Panna Still Small

Aqua Panna Still Large	✓	✓							
Arwa 500ml	<	<							
Coke	\	✓							
Coke Zero	✓	✓							
Sprite	✓	✓							
Coconut Water	>	>							

Snacks & Desserts	Suital	ole for													0	1-Jul-25
Product	Vegetarians	Vegans						Со	ntains the	ese allerger	18					
Froduct	arians	ans	Sesam e	Milk	Egg	Lupin	Cereals containing gluten	Mollusc s	Soya	Peanut	Celery and celeriac	Mustard	Sulphite s	Crustac ean	Fish	Nuts
Pret Crisps - Sea Salt & Black Pepper	√	✓														
Pret Crisps - Sea Salt & Cider Vinegar	√	√					Wheat									
Pret Crisps - Cheese & Chives	√			✓												
Choc Bar	√			\			Wheat		\							
Popcorn Bar	✓			<					\							
Love Bar	✓			✓			Oat		>							Almond Pistachio
Chocolate Mousse				\	\				\							
Lemon Cheesecake				✓	>		Wheat									
Chocolate Brownie	\			✓	\		Wheat		\							
Mini Choc Chunk Cookies	√			√			Wheat									

MTS Drinks	Suital	ble for													0	1-Jul-25
Product	Veget	Vegans						Сс	ontains the	se allerger	ns					
rioduct	Vegetarians	lans	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Mollusc s	Soya	Peanut	Celery and celeriac	เงเนรเลเน	Sulphite s	Crustac ean	Fish	Nuts
Pret's Matcha Latte	✓			√												
Pret's Mumbai Chai Latte	✓			√												
Iced Chai Latte	✓			√												
Iced Matcha Latte	/			√												
Spanish Latte	√			√												
Iced Spanish Latte	✓			√										·		

MTS Drinks	Suita	ble for														01-Jul-25
Product	Vegetarians	Vegans							Contains	these allers	gens					
Product	arians	ans	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Mollusc s	Soya	Peanut	Celery and celeriac	Mustard	Sulphite s	Crustac ean	Fish	Nuts
Extra Shot	√	/														
Spanish Latte	√			✓												
Filter- Black	√	✓														
Filter- White	✓			>												
Rose Spanish Latte	✓			>												
Iced Rose Spanish Latte	✓			>												
Orange Blossom Iced Tea	✓	✓														
Lavender Latte	✓			>												
Lavender Iced Green Tea	✓	√														
Praline Cappucino	√			\												
Praline Latte	√			\												
Iced Lavender Latte	√			\												
Iced Praline Latte	✓			>												
Praline Rose Latte	✓			>												
Iced Praline Rose Latte	√			>												
Lavender Frappe	√			>												
Baklava Frappe	√			\												Pistachios

Rose Latte	✓		√							
Americano Black	✓	<								
Americano White	✓		√							
Pret's Matcha Latte	✓		√							
Pret's Chai Latte	✓		√							
Latte	\		√							
Cappucino	\		√							
Mocha	✓		√							
Organic Chocolate	✓		√							
Macchiato	√		√							
Espresso	√	>								
Flat White	√		√							
Rice Coconut Milk	√	✓								
Almond Milk	√	✓								Almond
Oat Milk	√	✓			Oat					
Soya Milk	√	\				✓				
Cup of Milk 80z	√		✓							
Hot Tea- Breakfast	√		✓							
Hot Tea- Earl Grey	√		√							
Hot Tea- Green	√	✓								
Hot Tea- Peppermint	✓	✓								

Hot Tea- Jasmine	/	/									
Hot Tea- Ginger & Lemon	√	√									
Hot Tea- Chamomille	√	√									
Raspberry Mint Iced Tea	✓	√	1			<u>'</u>					1
Cherry Blossom Iced Tea	√	√									
Peach & Hibiscus Iced Tea	√	√	1			1					
Iced Latte	✓			✓							
Iced Black Americano	✓	✓					 				
Iced White Americano	✓			√							
Iced Filter	✓	√									
Iced Mocha	✓			✓							
Iced Chocolate	✓			✓							
Iced Chai Latte	✓			√							
Iced Matcha Latte	✓			✓							
Iced Rose Latte	✓			✓							
Iced Spanish Latte	✓			✓							
Syrup Vanilla	<	✓									
Syrup Caramel	✓	✓									
Hazelnut Free	\	✓									
Rose	✓	√									
Syrup Salted Caramel	\	✓									

Classic Frappe	✓		√							
Salted Caramel Frappe	✓		√							
Chocolate Frappe	\		√							
Berries & Cherries Smoothie	√	√								
Tropical Mango Smoothie	✓	√								
Sweet Greens Smoothie	✓	√					✓			
Matcha Frappe	✓		√							
Dragon Fruit Smoothie	✓	✓								
Blue Spirulina and Berries Smoothie	✓	✓								

Alcohol Range (Airport stores only)	Suita	ble for													01-Jul-25		
Product	Veget	Veg	Contains these allergens														
	Vegetarians	Vegans	Sesam e	Milk	Egg	Lupin	Cereals containing gluten	Mollusc s	Soya	Peanut	Celery and celeriac	Mustard	Sulphite s	Crustac ean	Fish	Nuts	
Tiger Beer	√	√					Barley										
Amstel Light	√	√					Barley										
Heineken Beer	√	√					Barley										
Badwater Lime Margarita 4.5% abv.	√	√															
Badwater Paloma 4.5% abv.	√	√															
Badwater Pineapple Crush 4.5% abv.	√	√															
Nice Malbec	√	√											√				
Nice sauvingnon Blanc	√	√											√				
Nice Pale Rose	√	√											✓				
Nice Sparkling	√	V											√				

Platters	Suita	ble for]													01-Jul-25
Product	Vegetarians	Vegans		Contains these allergens												
House		ans	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
All Time Classic Platter				√	✓		Wheat, Barley		✓			<			✓	
Chef's Italian Chicken Salad Platter				√	✓				√			✓	√		√	Pistachios
Chicken Supreme Platter				√	✓		Wheat, Barley		√			✓				Almonds
Chocolate Chunk Cookie Bag	✓			✓			Wheat									
Fish Selection Platter				√	√		Wheat, Barley		✓			<		✓	\	
Coffee Box	√	✓														
Tea Box	✓	>														
Veggie Lover Mixed Platter	√		✓	√	√		Wheat,Rye, Barley, Oats		√			<	✓			
Vegetarian Platter	√			√	√		Wheat, Barley		√			✓				
Mix Wrap Selection Platter Updated Recipe			✓	√	✓		Wheat, Rye		√			✓			✓	Pinenuts
Veggie Wrap Selection Platter	√		√	√	√		Wheat, Rye		√			✓				Pinenuts
Chicken Wraps Selection Platter				✓	✓		Wheat, Rye		✓			✓			>	Pinenuts
Tuna & Quinoa Salad Platter												<			>	Almonds
Chicken & Quinoa Salad Platter			✓	✓					✓			<				
Hummus & Chickpea Salad Platter	✓		✓				Wheat					<	✓			
Kids Cheese Triangles Platter	✓			√			Wheat, Barley									
Kids Chicken Triangles Platter				✓	✓		Wheat, Barley		√			<				
Mixed Kids Triangles Platter				√	✓		Wheat, Barley		√			<			>	
Kids Egg Triangles Platter	✓				√		Wheat, Barley									
Vegan Donuts Platter	✓	√					Wheat									Almonds
Sweet Pastry Selection Box	√			√	✓		Wheat		√							Almonds
Salmon & Avocado Salad Platter												<			\	

Meat Baguette Platter			✓	✓	Wheat,Rye, Oats	✓		✓			✓	
Love Bar Bag	✓		√		Oat	√						Almonds, Pistachios
Cookie Platter Small/Large	√		✓		Wheat,Oat							Almonds
Avocado Mozzarella Salad Platter	√		✓					✓				Pinenuts
Baguette Selection Platter			√	√	Wheat,Rye, Oats	✓		√	✓		√	
Bar Platter	✓		√	√	Wheat, Oat	✓						Almonds, Pistachios
Best of Pret Platter			√	✓	Wheat, Barley	√		√		√	√	
Breakfast Baguette Selection Platter				✓	Wheat, Rye	√		√	√		√	
Breakfast Brioche Platter			√	✓	Wheat	√		√			√	
Yoghurt Selection	√		✓									
Salad Wrap Selection Platter			√	✓	Wheat, Rye	√		✓			√	Pinenuts
Pret Crisp Selection Platter	√		✓		Wheat							
Watermelon Cous Cous Salad Platter	√	*	√		Wheat		*	√				Walnut
Watermelon Chicken Salad Platter		*	√		Wheat		*	√				Almond
Breakfast Bun Platter		✓	√	√	Oats, Wheat, Barley	✓	<u>*</u>	√			√	
Brownie Bag	√		✓	✓	Wheat	√						