

We can't guarantee any of our products are suitable for those with allergies due to a high risk of cross contamination. Our vegan products are made to a vegan recipe but are not suitable for those with dairy and egg allergies. Please take care.



PRET'S



ALLERGEN GUIDE



INTRODUCTION

Here you'll find a list of all of the products sold in our shops, with allergens listed along the top of the page for easy reference. If a product contains one of these ingredients, then you will find a tick in the corresponding box.

Where a product contains 'Cereals Containing Gluten' and 'Nuts', you will find specific ingredients listed (e.g., wheat, rye, oats).

Please remember to check our guide and the ingredient label regularly as recipes do change from time to time – the last thing we want is for anyone being caught out by a new take on an old favourite.

We're proud to freshly prepare our food in our shop kitchens every day but as we use many ingredients and shared equipment, cross contamination is managed but not to an allergen-free level. Therefore we can't guarantee any of our food is suitable for those with allergies due to the high risk of cross contamination. Our vegan products are made to a vegan recipe but are not suitable for those with dairy and egg allergies.



In line with the Vegan Society recommendations we at Pret are using the term 'vegan-friendly' to label products that may not be made in dedicated vegan sites.

The Food Standards Agency regards the following ingredients and their derivatives as allergens:

Peanuts	Tree Nuts
Sesame	Cereals containing Gluten
Crustaceans	Celery & Celeriac
Egg	Fish
Lupin	Milk
Mustard	Mollusc
Soya	Sulphites

In addition we also declare Pine Nuts as an allergen

If you are interested in an ingredient outside the 14 listed above please look at the ingredient list on the website or the label on the individual product.

If you have any trouble finding what you're looking for, **just ask the Manager – they'll be more than happy to help.**

We understand that no matter how detailed our guide is, there may be times when it can't answer the questions you may have. If you need to know more, please do visit our website at www.pret.co.uk or contact our Customer Service Team on **0207 827 8801**.

This Allergen Guide only covers food and drink sold in our UK shops.



12th April 2021 V1

<div>Contents Key: ✓ (Product Contains) Y (Suitable For)</div>			<div>Baguettes, Sandwiches & Wraps</div> <div>We can't guarantee any of our food is suitable for those with allergies due to a high risk of cross contamination. Our vegan products are made to a vegan recipe but are not suitable for those with milk or egg allergies. Please take care.</div>																													
Product	Vegetarians	Vegan Friendly	Peanut	Tree Nuts								Sesame	Cereals containing gluten						Crustacean	Celery and celeriac	Egg	Fish	Milk			Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts	
				Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut		Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat					Cow	Goat	Sheep							
Baguettes																																
Avo, Olives & Toms	Y	Y										✓						✓														✓
Brie, Tomato & Basil	Y																	✓				✓										
Chicken Caesar & Bacon												✓						✓			✓	✓		✓								
Greek Chicken Baguette Chef Special												✓						✓				✓		✓		✓						
Italian Prosciutto												✓						✓			✓		✓									
Jambon Buerre																		✓			✓		✓									
Pole & Line Caught Tuna Mayo & Cucumber																		✓			✓											
Posh Cheddar & Pickle	Y											✓						✓			✓		✓							✓		
Wiltshire-Cured Ham & Greve																		✓			✓		✓						✓			
Sandwiches																																
Chicken, Avocado & Basil													✓					✓			✓		✓									
Classic Super Club													✓					✓			✓											
Free-Range Egg Mayo	Y																	✓			✓									✓		
Ham & Cheese													✓					✓					✓									
Kid's Cheese	Y												✓					✓					✓									
Kid's Ham													✓					✓					✓									
Scottish Smoked Salmon													✓					✓				✓		✓								
Smashed Avo Open Sandwich	Y	Y													✓																	
Smoked Salmon & Soft Cheese Open Sandwich															✓							✓										
Tuna Mayo & Cucumber													✓								✓		✓									
Wraps																																
Avo & Herb Salad Wrap	Y														✓			✓			✓		✓									✓
Hoisin Duck Salad Wrap															✓			✓			✓									✓		
Humous & Chipotle Wrap	Y	Y										✓						✓														
Sunshine N'Spice Wrap - CS	Y	Y													✓			✓														
Vegan Hoisin Mushroom Wrap	Y	Y													✓			✓												✓		
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Contents Key: ✔ (Product Contains) Y (Suitable For)			Breakfast																											
			We can’t guarantee any of our food is suitable for those with allergies due to a high risk of cross contamination. Our vegan products are made to a vegan recipe but are not suitable for those with milk or egg allergies. Please take care.																											
Product	Vegetarians	Vegan Friendly	Peanut	Tree Nuts							Sesame	Cereals containing gluten						Crustacean	Celery and celeriac	Egg	Fish	Milk			Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
				Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio		Walnut	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)					Wheat	Cow	Goat						
Almond Croissant	Y			✔											✔			✔		✔		✔								
Acai & Almond Butter Bowl	Y	Y		Y									Y																	
Bacon & Egg Roll														✔		✔			✔		✔									
Bircher Muesli	Y									✔			✔								✔		✔							
Breakfast Free-Range Egg Mayo & Avocado	Y															✔			✔											
Breakfast Free-Range Egg Mayo & Bacon																✔			✔											
Breakfast Free-Range Egg Mayo & Roasted Tomatoes	Y															✔			✔											
Breakfast Salmon & Egg Mayo																✔			✔	✔								✔		
Breakfast Vegan Baguette	Y	Y														✔													✔	
Coconut Porridge	Y	Y											Y																	
Chocolate Croissant	Y															✔			✔		✔								✔	
Cinnamon Danish	Y															✔			✔		✔									
Five Berry Bowl	Y												✔								✔									
French Butter Croissant	Y															✔			✔		✔									
Fresh Fruit, Yoghurt & Granola Bowl	Y												✔								✔									
Ham, Cheese, Tomato & Bacon Croissant																✔			✔		✔									
Ham & Egg Breakfast Roll														✔		✔			✔		✔							✔		
Mango & Banana Sunshine Bowl	Y	Y											✔																	
Mozzarella & Tomato Croissant	Y															✔			✔		✔									
Pain aux Raisin	Y															✔			✔		✔									
Porridge Topping - Berry Compote	Y	Y																												
Porridge Topping - Cranberry & Seeds	Y	Y																												
Porridge Topping - Honey	Y																													
Pret's Bacon Roll														✔		✔						✔								
Pret's Proper Porridge	Y												✔								✔									
Pret's Sausage Roll																✔			✔		✔									
Pret's Veggie Roll	Y													✔		✔			✔		✔									
Sausage & Egg Roll													✔			✔			✔		✔									
Very Berry Croissant	Y	Y														✔														
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Contents Key: ✓ (Product Contains) Y (Suitable For)			Cold Drinks																												
			We can't guarantee any of our food is suitable for those with allergies due to a high risk of cross contamination. Our vegan products are made to a vegan recipe but are not suitable for those with milk or egg allergies. Please take care.																												
Product	Vegetarians	Vegan Friendly	Peanut	Tree Nuts							Sesame	Cereals containing gluten						Crustacean	Celery and celeriac	Egg	Fish	Milk			Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts	
				Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio		Walnut	Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)					Wheat	Cow	Goat							Sheep
Apple Juice	Y	Y																													
Coke (all types)	Y	Y																													
Cranberry & Raspberry Pure Pret Still	Y	Y																													
Daily Greens	Y	Y																													
Ginger Shot	Y	Y																													
Green Tea & Peach Pure Pret Still	Y	Y																													
Hot Shot	Y																														
Lemon & Ginger Pure Pret Still	Y	Y																													
Mango Smoothie	Y																														
Orange & Passion Fruit Pure Pret Still	Y	Y																													
Orange Juice (both sizes)	Y																														
Pure Pret Apple Fizz	Y	Y																													
Pure Pret Ginger Beer	Y	Y																													
Pure Pret Ginger Kombucha	Y	Y																													
Pure Pret Grape & Elderflower	Y	Y																													
Pure Pret Green Tea Yoga Sunny	Y	Y																													
Pure Pret Rhubarb Lemonade	Y	Y																													
Sparkling Spring Water	Y	Y																													
Still Water 500ml	Y	Y																													
Still Water 750ml	Y	Y																													
Vitamin Volcano	Y																														

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Contents Key:
✓ (Product Contains)
Y (Suitable For)

Dinners by Pret

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Product	Vegetarian friendly	Vegan friendly	Peanut	Tree Nuts								Sesame	Cereals containing gluten							Crustacean	Celery and celeriac	Egg	Fish	Milk			Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
				Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut		Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat	Cow					Goat	Sheep							
Chicken Portion																																
Chicken Katsu Hot Rice Bowl												✓	✓					✓												✓		
Chipotle Chicken Burrito Hot Rice Bowl																															✓	
Chocolate Milk Shake	Y																							✓		✓						
Choc Chunk Cookie Milk Shake	Y																	✓						✓								
Dipping Sauce - Caesar Mayo																					✓	✓		✓								
Dipping Sauce - Chipotle Ketchup	Y	Y																						✓								
Falafel & Halloumi Hot Wrap	Y														✓			✓						✓	✓	✓						
Five Berry Milk Shake	Y																							✓								
Garlic Bread	Y																	✓						✓								
Macaroni Cheese Kale & Cauli	Y																	✓						✓								
Macaroni Cheese Prosciutto																		✓						✓								
Meatless Meatball Hot Wrap	Y	Y													✓			✓														
Meatless Meatball & Mozzarella Bake	Y																	✓						✓								
Pret's Focaccia Pizza - Creamy Garlic Mushroom	Y																	✓						✓								
Pret's Focaccia Pizza - Mixed																		✓						✓								✓
Pret's Focaccia Pizza - Mixed Meaty																		✓						✓	✓	✓						
Pret's Focaccia Pizza - Mixed Veggie	Y																	✓						✓								✓
Pret's Focaccia Pizza - Tomato, Mozzarella & Pesto	Y																	✓						✓								✓
Pret's Focaccia Pizza - Prosciutto & Mozzarella																		✓						✓								
Pret's Focaccia Pizza - Chipotle Chicken & Feta																		✓						✓	✓	✓						
Pret's Lasagne Macaroni Cheese																		✓	✓					✓								
Red Thai Chicken Curry Hot Rice Bowl																																
Rocket, Roasted Tomato & Italian Cheese Side Salad	Y																							✓								
Spicy Chicken Enchilada															✓			✓						✓						✓		
Spicy Pepper, Meatless Meatball & Feta Hot Rice Bowl	Y																								✓	✓						
Sticky Aubergine Hot Rice Bowl	Y	Y										✓						✓												✓		
Swedish Meatball Hot Wrap															✓			✓						✓								
Sweet Potato Chili Hot Rice Bowl	Y	Y																												✓		
Sweet Potato & Feta Enchilada	Y														✓			✓						✓	✓	✓				✓		
Sweet Potato Katsu Hot Rice Bowl	Y	Y											✓					✓												✓		
Sweet Potato Wedges	Y	Y																✓														
Three Cheese Garlic Bread	Y																	✓						✓								
Tricolore Side Salad	Y																							✓								

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Contents Key: ✓ (Product Contains) Y (Suitable For)			Fruit																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																	
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			Peanut	Tree Nuts								Sesame	Cereals containing gluten						Crustacean	Celery and celeriac	Egg	Fish	Milk			Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																					
Almond	Brazil Nuts	Cashews		Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Barley	Kamult (Wheat)	Oats		Rye	Spelt (Wheat)	Wheat	Cow	Goat	Sheep																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																		
Product	Vegetarians	Vegan Friendly																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																		

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Contents Key: ✓ (Product Contains) Y (Suitable For)			Heat At Home																												
			We can’t guarantee any of our food is suitable for those with allergies due to a high risk of cross contamination. Our vegan products are made to a vegan recipe but are not suitable for those with milk or egg allergies. Please take care.																												
Product	Vegetarians	Vegan Friendly	Peanut	Tree Nuts								Sesame	Cereals containing gluten						Crustacean	Celery and celeriac	Egg	Fish	Milk			Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nut
				Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut		Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat					Cow	Goat	Sheep						
Coffee - Classic Blend Ground	Y	Y																													
Coffee - Espresso Beans	Y	Y																													
Coffee - Single Origin Ground	Y	Y																													
HAH - Porridge	Y													✓								✓									

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Contents Key: ✓ (Product Contains) Y (Suitable For)			Pret's Hot																														
			We can't guarantee any of our food is suitable for those with allergies due to a high risk of cross contamination. Our vegan products are made to a vegan recipe but are not suitable for those with milk or egg allergies. Please take care.																														
Product	Vegetarians	Vegan Friendly	Peanut	Tree Nuts								Sesame	Cereals containing gluten						Crustacean	Celery and celeriac	Egg	Fish	Milk			Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts		
				Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut		Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat						Cow	Goat	Sheep							
Falafel & Halloumi Hot Wrap	Y															✓		✓					✓	✓	✓								
Chipotle, Mozzarella Hot Baguette	Y											✓						✓					✓										
Macaroni Cheese Kale & Cauli	Y																	✓					✓										
Macaroni Cheese Prosciutto																		✓					✓										
Meatless Meatball Hot Wrap	Y	Y														✓		✓					✓										
Posh Prosciutto Hot Baguette												✓						✓					✓										
Spicy Chicken Hot Wrap																✓		✓					✓										
Swedish Meatball Hot Wrap																✓		✓					✓										
Focaccia & Toasties																																	
Brie & Bacon Toasted Focaccia																		✓					✓								✓		
Firecracker Chicken Toasted Focaccia																		✓			✓												
Mozzarella, Pesto & Roasted Tomato Focaccia																		✓					✓									✓	
Classic Cheese Toastie													✓		✓	✓		✓			✓		✓					✓					
Ham, Cheese & Mustard Toastie													✓		✓	✓		✓			✓		✓					✓					
Tuna Melt Toastie													✓		✓	✓		✓				✓	✓										
Soup																																	
Chicken, Broccoli & Brown Rice																																	
Chicken Laksa Soup																													✓	✓			
EAT's Chicken Pot Pie (excludes pot pie top))																					✓		✓										
Pea & Mint Soup	Y	Y																															
Pret's Chicken Katsu Curry Soup																														✓			
Pret's Mushroom Risotto Soup	Y	Y																			✓									✓			
Red Thai Veg Soup	Y	Y																												✓			
Souper Tomato	Y	Y																															
Pot Pie Top	Y																	✓			✓		✓										
Stone Baked Losange	Y	Y																✓															

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Contents Key: ✓ (Product Contains) Y (Suitable For)			Salad																												
			We can't guarantee any of our food is suitable for those with allergies due to a high risk of cross contamination. Our vegan products are made to a vegan recipe but are not suitable for those with milk or egg allergies. Please take care.																												
			Peanut	Tree Nuts								Sesame	Cereals containing gluten						Crustacean	Celery and celeriac	Egg	Fish	Milk			Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts
Almond	Brazil Nuts	Cashews		Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Barley	Kamult (Wheat)	Oats		Rye	Spelt (Wheat)	Wheat	Cow	Goat	Sheep													
Product	Vegetarians	Vegan Friendly																													
Chef's Italian Chicken Salad										✓										✓	✓	✓					✓				
Chipotle Sweet Potato Salad Bowl	Y	Y																												✓	
Crayfish & Avo No Bread																	✓										✓				
Egg & Spinach Protein Pot	Y																		✓												
Humous and Falafel Mezze	Y	Y									✓																✓				
Salmon & Mango Salad Bowl																					✓							✓	✓		
Smoked Salmon Protein Box																				✓	✓						✓	✓			
Smoked Salmon & Egg Protein Pot																				✓	✓										
Tamari & Ginger Chicken Salad Bowl											✓																	✓			
Tuna Nicoise Salad																				✓	✓						✓				
Dressing																															
Ceviche Dressing	Y	Y																													
French Dressing	Y	Y																									✓				
Green Dressing	Y	Y																											✓		
Tamari & Ginger	Y	Y																											✓		

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Contents Key: ✓ (Product Contains) Y (Suitable For)			Snacks & Sweet Treats																														
			We can't guarantee any of our food is suitable for those with allergies due to a high risk of cross contamination. Our vegan products are made to a vegan recipe but are not suitable for those with milk or egg allergies. Please take care.																														
Product	Vegetarians	Vegan Friendly	Peanut	Tree Nuts								Sesame	Cereals containing gluten						Crustacean	Celery and celeriac	Egg	Fish	Milk			Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts		
				Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut		Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat					Cow	Goat	Sheep								
Snacks																																	
Easy Peasy Almond Squeezy	Y	Y		✓																													
Cranberries in Coats	Y																							✓									
Dark Chocolate Salted Almonds	Y	Y		✓																										✓			
Mature Cheddar & Red Onion Crisps	Y																							✓									
Milk Chocolate Bar	Y																							✓						✓			
Fruit, Nuts & Chocolate	Y			✓																				✓						✓			
Pret A Mango	Y	Y																															
Sea Salt Popcorn	Y	Y																															
Sea Salt & Cider Vinegar Crisps	Y	Y																															
Sea Salt Crisps	Y	Y																															
Smoked Chipotle Crisps	Y	Y																															
Sweet & Salt Popcorn	Y	Y																															
Vegetable Crisps	Y	Y																															
Sweet Treats																																	
Choc Bar	Y																✓							✓							✓		
Chocolate Brownie Bar	Y																✓				✓			✓							✓		
Chocolate Chunk Cookie	Y																✓							✓									
Chocolate Praline Cookie	Y						✓										✓							✓									
Dark Chocolate & Almond Butter Cookie	Y	Y		✓													✓																
Dark Chocolate Corn Cakes	Y																							✓							✓		
Dark Chocolate with Sea Salt	Y																														✓		
Double Berry Muffin	Y																✓				✓			✓									
Fruit, Oat & Spelt Cookie	Y													✓			✓							✓									
Ginger Snap Biscuit	Y																✓							✓									
Hazelnut Truffles	Y	Y					✓																										
Love Bar	Y			✓							✓													✓							✓		
Pret's Gingerbread Biscuits	Y																							✓									
Pret's Pecan & Caramel Cookie	Y									✓														✓							✓		
Pret Bar	Y													✓										✓									
Pret's Shortbread	Y																							✓									
We can't guarantee any of our food is suitable for those with allergies due to a high risk of cross contamination. Our vegan products are made to a vegan recipe but are not suitable for those with milk or egg allergies. Please take care.																																	

<div>Contents Key:</div> <div>✓ (Product Contains)</div> <div>Y (Suitable For)</div>			Barista Prepared Drinks																													
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Product	Vegetarians	Vegan Friendly	Peanut	Tree Nuts								Sesame	Cereals containing gluten						Crustacean	Celery and celeriac	Egg	Fish	Milk			Lupin	Molluscs	Mustard	Soya	Sulphites	Pine Nuts	
				Almond	Brazil Nuts	Cashews	Hazelnut	Macadamia	Pecan	Pistachio	Walnut		Barley	Kamult (Wheat)	Oats	Rye	Spelt (Wheat)	Wheat					Cow	Goat	Sheep							
Coffee																																
Americano Black (add milk or milk alternative if White Americano)	Y	Y																														
Cappuccino Semi Skimmed milk	Y																							✓								
Cappuccino Skimmed milk	Y																							✓								
Cappuccino Soya (instead of milk)	Y	Y																												✓		
Cappuccino Rice Coconut (instead of milk)	Y	Y																														
Cappuccino Oat (instead of milk)	Y	Y												✓																		
Espresso	Y	Y																														
Filter - Black Coffee (add milk or milk alternative if White Americano)	Y	Y																														
Flat White Semi Skimmed milk	Y																							✓								
Flat White Skimmed milk	Y																							✓								
Flat White Soya (instead of milk)	Y	Y																												✓		
Flat White Rice Coconut (instead of milk)	Y	Y																														
Flat White Oat (instead of milk)	Y	Y												✓																		
Latte Semi Skimmed milk	Y																							✓								
Latte Skimmed milk	Y																							✓								
Latte Soya (instead of milk)	Y	Y																												✓		
Latte Oat (instead of milk)	Y	Y												✓																		
Latte Rice Coconut (instead of milk)	Y	Y																														
Macchiato Semi Skimmed milk	Y																							✓								
Macchiato Skimmed milk	Y																							✓								
Macchiato Soya (instead of milk)	Y	Y																												✓		
Macchiato Oat (instead of milk)	Y	Y												✓																		
Macchiato Rice Coconut (instead of milk)	Y	Y																														
Mocha Semi Skimmed milk	Y																							✓								
Mocha Skimmed milk	Y																							✓								
Mocha Soya (instead of milk)	Y	Y																												✓		

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Mocha Rice Coconut (instead of milk)	Y	Y																													
Mocha Oat (instead of milk)	Y	Y												✓																	
Chai Latte	Y																					✓									
Chai Latte Rice Coconut (instead of Milk)	Y	Y																													
Matcha Latte Rice Coconut (instead of Milk)	Y	Y																													
Turmeric Latte Rice Coconut (instead of Milk)	Y	Y																													
Smoothies																															
Berry Blast	Y	Y																													
Mango & Pineapple	Y	Y																													
Strawberry & Banana	Y	Y																													
Frappés																															
Classic Frappé Semi Skimmed milk	Y																						✓								
Classic Frappé Skimmed milk	Y																						✓								
Chocolate Frappé Semi Skimmed milk	Y																						✓								
Chocolate Frappé Skimmed milk	Y																						✓								
Frappé Mix	Y																						✓								
Iced Drinks																															
Iced Latte Semi Skimmed Milk	Y																						✓								
Iced Latte Skimmed Milk	Y																						✓								
Iced Latte Soya (instead of milk)	Y	Y																											✓		
Iced Latte Rice Coconut (instead of milk)	Y	Y																													
Iced Latte Oat (instead of milk)	Y	Y												✓																	
Iced White Americano Semi Skimmed Milk	Y																						✓								
Iced White Americano Skimmed Milk	Y																						✓								
Iced White Americano Oat (instead of milk)	Y	Y												✓																	
Iced White Americano Soya (instead of milk)	Y	Y																											✓		

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Syrups & Toppings																															
All Syrups	Y	Y																													
Milk shot																															
Semi Skimmed	Y																						✓								
Skimmed	Y																						✓								
Soya (instead of milk)	Y	Y																											✓		
Rice Coconut (instead of milk)	Y	Y																													
Oat (instead of milk)	Y	Y												✓																	
Tea																															
Ceylon Breakfast (add milk or milk alternative if White)	Y	Y																													
Earl Grey (add milk or milk alternative if White)	Y	Y																													
Peppermint (add milk or milk alternative if White)	Y	Y																													
Tropical Green (add milk or milk alternative if White)	Y	Y																													
Miso Soup													✓				✓				✓								✓		
Milk / instead of milk cup																															
Semi Skimmed milk cup	Y																						✓								
Skimmed milk cup	Y																						✓								
Soya (instead of milk) cup	Y	Y																												✓	
Rice Coconut (instead of milk) cup	Y	Y																													
Oat (instead of milk) cup	Y	Y												✓																	
Babyccino	Y																						✓								

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