

# Our Menu

Pret operates a bit like a restaurant. We build kitchens in (or very near) every shop and our ingredients get delivered early each morning.

You won't find 'sell-by' dates on our fresh sandwiches, salads or baguettes.





## Breakfast!

They say that breakfast is the most important meal of the day so we have a delicious and varied menu for you to choose from.

Egg & Bacon Brioche

Pret's Veggie Brioche

Chicken Sausage & Egg Brioche

Egg & Salmon Baguette

Pret's Soya Porridge

Egg & Roasted Tomatoes Baguette



## Granaries!

Just like our granary products are handmade throughout the day. Made today, gone today. We bake our baguettes throughout the day, the fresher the better.

### Sandwiches

Chicken Avocado

Chicken Roasted Peppers

Tuna Mayo

Crayfish & Rocket

Cheddar & Pickle

Cracking Egg

Classic Super Club

Smoked Salmon

BLT

★ Falafel & Red Tapenade

★ Chicken & Salsa Verde

Roast Beef & Tomato Tapenade

### Wraps

Avocado Salad

Chicken Pesto Rocket Wrap

Chicken Bacon Caesar



### Baguettes

Chicken Caesar & Bacon Baguette

Tuna Cucumber

Posh Cheddar

Toasted Baguette – Pesto Caprese

Toasted Baguette – Chipotle Chicken Bacon

Chicken Salad

Salmon & Soft Cheese

Soup Baguette

Italian Beef

### Flat Breads

Chicken Avocado

Tuna

### Rye Rolls

★ Egg & Avocado Rye Roll

★ Rueben Rye Roll



## Salads & Fruits!

### Salads

Chef Chicken

Salmon & Avocado

Crayfish & Avocado

Egg Avocado Pot

Chicken Smashed Avocado

★ Mozzarella & Quinoa Bowl

★ Salsa Verde Chicken Bowl

Pret's Caprese Shaker

Pret's Cobb Shaker

Pret's Panzanella Shaker

### Fruits

Whole Fruit – Banana

Pomegranate Pot

Mango and Lime

Superfruit Salad

Pear & Grapes



# Pret's Hot!

In their quest to keep shelves full of oven-fresh, homely food, our Hot Chefs bake in small batches. Little and often. Straight from the oven. Hot off the shelves.

## Hot Wraps

- Falafel Halloumi
- Chicken Chipotle
- Swedish Meatballs



## Toasties

- Tuna
- Mozarella & Pesto Toastie
- Classic Cheese
- All Day Breakfast
- Chipotle Chicken Toastie



## Soups

(On rotation)

- Malaysian Chicken
- Carrot & Coriander
- Curried Lentil & Sweet Potato
- Quinoa
- Thai Coconut Chicken Curry
- Tomato
- Chicken Multigrain
- Chicken Shitake Miso Mushroom
- Chicken Laksa
- Veggie Tom Yum

## Hot Rice Bowls

- Indian Paneer
- Butter Chicken
- Chilli Con Carne

## Hot Croissants

- Cheddar & Tomatoes
- Salmon & Egg

# Pastries!

- Chocolate Chunk Cookie
- Oat & Raisin Cookie
- Dark Chocolate & Almond Cookie
- Berry Muffin
- Very Berry Croissant
- French Butter Croissant
- Almond Croissant
- Chocolate Croissant
- Pain Au Raisin
- Mozzarella & Tomato Croissant
- Zaatar Croissant
- Cheese Twist
- Chicken & Mushroom Turnover
- Bacon & Cheese Turnover
- Vanila Donut
- Super Chocolate Donut
- Cinnamon Donut



# Snacks & Treats!

Our menu of perfect in-between, just-before, just-after snacks. Ideal for sharing or enjoying on your own.

## Yoghurt Bowls

- Five Berry Yoghurt
- Berry Parfait
- Banana & Honey
- Blue Goodness
- Pink Goodness
- Sunshine Bowl
- Acai Bircher

## Pret's Snacks

- Pret A Mango
- Choc Bar
- Popcorn Bar
- Love Bar
- Chocolate Brownie Bar
- Pret Nuts, Fruits & Chocolate
- Pret Dark Chocolate Almonds
- Pret Crisps
  - Sea Salt & Black Pepper
  - Sea Salt & Cider Vinegar
  - Cheese & Chives



## Desserts

- Honey Cake
- Vegan Lotus Cake

# Drinks!

Our coffee is 100% organic and always arabica. Our teas, milks and milk alternatives are all organic too.

## Barista Prepared Drinks

### Organic Coffee

- Americano Black ✓
- Filter Black ✓
- Pret's Matcha Latte
- Spanish Latte
- Latte
- Cappuccino
- Mocha
- Organic Chocolate
- Macchiato
- Flat White
- Milk (Rice Coconut Milk, Oat Milk, Soya Milk, Almond Milk)
- Extra Shot ✓
- Chai Latte

### Hot Tea

- Breakfast ✓
- Earl Grey ✓
- Green ✓
- Peppermint ✓



### Iced Drinks

- Iced Latte
- Iced Black Americano ✓
- Iced Black Filter ✓
- Iced Mocha
- Iced Chocolate
- Iced Matcha Latte
- Iced Spanish Latte
- Iced Chai Latte
- ★ Peach & Hibiscus Iced Tea
- ★ Cherry Blossom Tea
- ★ Raspberry & Mint Iced Tea



### Frappe

- Classic Frappe
- Salted Caramel Frappe
- Chocolate Frappe

### Smoothies

- Berries and Cherries ✓
- Sweet Greens ✓
- Tropical Mango ✓

### Allergies?

There is a high risk of cross-contamination when our baristas prepare drinks. We can't guarantee our drinks are suitable for those with allergies. Please take care.



## Chilled Drinks

- Pret - Orange Juice ✓
- Pret - Pomegranate Juice ✓
- Pret - Pineapple Powwow ✓
- Pret - Root Reboot ✓
- Pret - Essential Green ✓
- Pret - Sunny Dayz ✓
- Pret - Ginger shot ✓
- Pret - Turmeric shot ✓
- Pink Lemonade ✓
- Blue Lemonade ✓
- Black Lemonade ✓
- Pure Pret Cucumber & Mint Seltzer
- Pure Pret Rhubarb Lemonade
- Pure Pret Sparkling Apple Fizz
- San Pellegrino Sparkling Water ✓
- Acqua Morelli Still 500ml ✓
- Acqua Morelli Still 1ltr ✓
- Arwa 500ml ✓
- Coke
- Coke Zero ✓
- Sprite
- Coconut Water ✓



# Pret's Delivery!

Our platters are designed for sharing and are ideal for meetings or large gatherings at home or even on a junk!

## Breakfast Platters

- Sweet Pastry Selection Box 
- Breakfast Brioche Platter
- Breakfast Baguette Selection Platter
- Yoghurt Selection 

## Salad Platters

- Chef Salad Platter
- Salmon Salad Platter
- Avocado Mozzarella Platter 






## Sandwich Platters

- Chicken Supreme Platter
- Fish Selection Platter
- Veggie Lover Mixed Platter 
- Rye Roll Platter
- Vegetarian Selection Platter 
- Baguette Selection Platter
- Meat Baguette Platter
- Best of Pret Platter
- All Time Classic Platter

## Cookie Platters

- Large Cookie Platter 
- Small Cookie Platter 
- Choc Chunk Cookie Bag 

## Snacks & Sweets

- Pret Bar Platter 
- Brownie Bag 
- Love Bar Bag 
- Vegan Donuts Box 
- Crisps Selection 

## Drinks

- Coffee Box 
- Tea Box 



★ New  Vegetarian  Vegan

### Allergies?

We're proud to freshly prepare our food in our shop kitchens every day, but as we use many ingredients and shared equipment, we are unable to guarantee that our food is allergen free due to the risk of cross-contact. Our vegan food is made to a vegan recipe but is not suitable for those with milk or egg allergies. Our Allergen Guide contains a list of all the products we sell in our shops. You will also find the declarable allergens listed on the product shelf tickets in our shops. If you need to know more, please get in touch with our Customer Service team who will be happy to help.

Please refer to our "Allergen Guide" for allergen information & "Nutritional Guide" for nutritional information.

★ PRET A MANGER ★