Baguettes	Suita	ble for														V9 -25.11.2024
Product	Vegetar	Vegans						С	ontains the	ese allerge	ns					
	ians	ns	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Brie, Tomato & Basil Baguette	V			V			WHEAT									
Chicken Caesar Baguette			¥	>	~		WHEAT, RYE, OAT, BARLEY		>			~			~	
Ham & Greve Baguette				~	~		WHEAT		>			~				
Posh Cheddar & Pickle Baguette	>		>	>	>		WHEAT, RYE, OAT, BARLEY		>			~	~			
Chipotle Mozzarella Hot Baguette	>		*	>			WHEAT, RYE, OAT, BARLEY		>			*				
Posh Prosciutto Hot Baguette			<	>			WHEAT, RYE, OAT, BARLEY									

Pret's Hot	Suita	ble for														V9 -25.11.2024
Product	Vegetarians	Vegans						C	ontains the	ese allerge	ns					
	rians	ns	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Bacon & Egg Brioche				>	>		WHEAT		>							
Bacon Brioche				>	>		WHEAT		>							
Sausage & Egg Brioche				>	>		WHEAT		>				>			
Pret's Veggie Brioche	>			>	>		WHEAT		>							
All Day Breakfast Hot Wrap				>	>		WHEAT, RYE		>			>				
Chicken Chipotle Hot Wrap				>			WHEAT, RYE		>			>				
Spicy Mediterranean Hot Wrap	*			<			WHEAT, RYE		«			>				
Ham and Greve Hot Croissant				>	>		WHEAT									
Cheddar and Tomatoes Hot Croissant	>			>	>		WHEAT									
Cheesy Chicken Hot Croissanr				>	>		WHEAT		>			*				
Bacon & Ham Macaroni Cheese				>			WHEAT									
Spinach Mac & Cheese	V			>			WHEAT									

Sandwiches	Suita	ble for														V9 -25.11.2024
Product	Vegetarians	Vegans						С	ontains the	ese allerge	ns					
	ins		Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Brie and Cranberry Granary	>			>			WHEAT, BARLEY									PINENUTS
Chicken Avocado Granary				>	>		WHEAT, BARLEY		*			~				
Classic Super Club Granary					>		WHEAT, BARLEY		<			~				
Cracking Egg Salad Granary	>				>		WHEAT, BARLEY		<			~				
Ham & Cheese Granary				>			WHEAT, BARLEY									
Mature Cheddar Granary	>			¥	>		WHEAT, BARLEY		<			~	~			
Shrimp & Rocket Granary					>		WHEAT, BARLEY		>			¥		Y		
The Pret Chrismas Lunch				>	>		WHEAT, BARLEY		>			~				

Bowl & Pot	Suita	ble for														V9 -25.11.2024
Product	Vegetaria	Vegans						(Contains th	ese allerge	ens					
	ns	0,	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Banana & Honey Muesli	>			>												
Cranberry Yoghurt Bowl	>			>												
Bircher Muesli	>			~												PISTACHIO
Coconut Chia Seed Bowl	~	\														ALMOND
Five Berry Bowl	>			>												
Mango Yoghurt Bowl	>			>												
Mango & Banana Sunshine Bowl	>	>														ALMOND
Red Dragon Fruit Sunshine Breakfast Bowl	>	>														ALMOND

Dessert	Suita	ble for														V9 -25.11.2024
Product	Vegetariar	Vegans						(Contains th	ese allerge	ens					
	18		Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Tiramisu	>			>	>		WHEAT									

Toasties	Suita	ble for														V9 -25.11.2024
Product	Vegetar	Vegar						С	ontains the	ese allerge	ns					
	ians	18	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Brie, Avocado & Tomato Toastie	~			~			WHEAT, OAT, RYE, BARLEY									
Chicken, Avocado & Basil Toastie				~	>		WHEAT, OAT, RYE, BARLEY		<			>				
Classic Cheese Toastie	>			~	>		WHEAT, OAT, RYE, BARLEY		<			>				
Ham, Cheese & Mustard Toastie				>	>		WHEAT, OAT, RYE, BARLEY		>			>				

Croissant	Suita	ble for														V9 -25.11.2024
Product	Vegetaria	Vegans						(Contains th	ese allerge	ens					
	ns		Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Croissant Almond	•			~	~		WHEAT									ALMOND
Croissant Chocolate	~			~	~		WHEAT		~							
Mozzarella & Tornato Croissant	~			~	~		WHEAT									
Pain au Raisin	>			>	>		WHEAT									
Plain Croissant	>			>	>		WHEAT									
Very Berry Croissant	>	>					WHEAT									

Cold Drinks	Suital	ble for														V9 -25.11.2024
Product	Vegetar	Vega						С	ontains the	ese allerge	ns					
	ians	ns	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Water - Aqua Panna 500ml Still	V	×														
Juice - Coconut Water	V	>														
Coke (All types)	>	\														
Juice - Fresh Lemon & Mint	V	<														
Heineken Beer	V	×					BARLEY									
Juice - Orange	>	>														
Juice - Pink Grapefruit	>	~														
Radiance	>	>									>					
Water - San Pellegrino 500ml Sparkling	>	>														
Tiger Beer	>	>					BARLEY									
Ultra Boost	>	>														
Water - Desa 500ml Still	V	>														
Chang Beer	V	>					BARLEY									

Salads	Suita	ble for														V9 -25.11.2024
Product	Vegetar	Vegar							Contains t	hese allerg	gens					
	ians	18	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Chef's Chicken Salad				>	~		WHEAT, BARLEY		>			>			>	PISTACHIO
Egg & Spinach Protein Pot	>				~											
Smoked Salmon & Spinach Protein Pot					~										>	
Smoked Salmon Soba Noodle Salad			>				WHEAT		>						>	
Shrimp & Avocado							WHEAT					~		~		

Crisps	Suital	ble for														V9 -25.11.2024
Product	Vegetai	Vega							Contains the	ese allergens						
	ians	ns	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Tyrrells Lightly Sea Salted Crisps	•															
Tyrrells Mature Cheddar & Chives Crisps	•			>												
Tyrrells Sea Salt & Cider Vinegar Crisps	•	•					BARLEY									
Tyrrells Sea Salt & Cracked Black Pepper Crisps	•															

Cookies & Muffins	Suita	ble for														V9 -25.11.2024
Product	Vegetaria	Vegans						(Contains th	nese allerge	ens					
	าร		Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Chocolate Chunk Cookie	¥			>			WHEAT									
Dark Chocolate Almond Butter Cookies	>	<					WHEAT									ALMONDS
Fruit, Oat & Spelt Cookie	>			>			WHEAT, OAT, SPELT									
Muffin Blueberry	>			>	>		WHEAT									
Muffin Chocolate	>			>	>		WHEAT		>							HAZELNUT

Snacks	Suita	ble for														V9 -25.11.2024
Product	Vegetaria	Vegans						(Contains th	ese allerge	ens					
	ns		Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Brownie Bar	×			>	>		WHEAT		>							
Choc Bar	•			>			WHEAT		>							
Dark Chocolate Almonds Snack	•	V							>							ALMONDS
Love Bar	>			>			OATS		>							PISTACHIO, ALMONDS
Popcorn bar	•			>					>							
Pret A Mango	>	>														

Wraps	Suital	ble for														V9 -25.11.2024
Product	Vegetariar	Vegans						(Contains th	ese allerge	ens					
	iai s		Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Avocado & Herb Salad Wrap	>			>	>		WHEAT, RYE		>			>				PINENUTS
Chicken & Rocket Salad Wrap				>	>		WHEAT, RYE		>			>				

Fruit	Suita	ble for														V9 -25.11.2024
Product	Vegetar	Vegar						C	ontains the	ese allerge	ns					
	lans	18	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Apple	>	>														
Banana	>	<														
Dragon Fruit Salad	V	~														
Melon Trio	>	<														
Papaya & Lime	>	\														
Grape Medley Mix	V	>														

Barista Prepared Drinks	Suital	table for V9 -25.11.202														
·	Vege							(Contains th	nese allerg	ens					
Product	getaria	Vegans					T				1	1			1	T
	ns		Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Coffee							•						•	•		
Americano Black	V	<														
Americano White Milk	V			<												
Americano White Rice Coconut	•	~														
Americano White Soya	V	~							V							
Americano White Oat	~	•														
Americano White Almond	V	\														ALMOND
Cappuccino Milk	•			~												
Cappuccino Rice Coconut	V	~														
Cappuccino Soya	~	>							V							
Cappuccino Oat	V	>														
Cappuccino Almond	•	~														ALMOND
Decaf Latte Milk	V			~												
Decaf Latte Rice Coconut	V	>														
Decaf Latte Soya	V	\							V							
Decaf Latte Oat	•	~														
Decaf Latte Almond	~	>														ALMOND
Espresso	V	>														
Filter - Black Coffee	V	>														
Filter - White Coffee Milk	•			~												
Filter - White Coffee Rice Coconut	~	•														
Filter - White Coffee Soya	V	\							V							
Filter - White Coffee Oat	V	>														
Filter - White Coffee Almond	V	~														ALMOND
Flat White Milk	V			~												
Flat White Rice Coconut	V	>														
Flat White Soya	~	~							V							
Flat White Oat	•	~														
Flat White Almond	~	~														ALMOND
Latte Milk	V			<												
Latte Rice Coconut	V	~														
Latte Soya	•	~							V							

Latte Oat	V	V								
Latte Almond	<	¥								ALMOND
Macchiato Milk	<		Y							
Macchiato Rice Coconut	<	¥								
Macchiato Soya	<	¥				>				
Macchiato Oat	<	>								
Macchiato Almond	<	¥								ALMOND
Mocha Milk	<		V							
Mocha Rice Coconut	<	>								
Mocha Soya	<	>				>				
Mocha Oat	<	¥	•							
Mocha Almond	<	>		·		·				ALMOND

	con	tact.	Our vegar	i product is	s made to a	vegan rec	ipe but is n	ot suitable	for those v	vith milk ai	nd egg allei	rgies.				
Barista Prepared Drinks	Suita	ble for														V9 -25.11.2024
Product	Vegetar	Vegar						(Contains tl	nese allerge	ens					
	ians	S	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Over Ice & Frappes			•							•						
Iced Americano Black	>	>														
Iced Americano White Milk	>			>												
Iced Americano White Rice Coconut	>	>														
Iced Americano White Soya	>	>							>							
Iced Americano White Oat	>	>														
Iced Americano White Almond	~	>														ALMOND
Iced Cappuccino Milk	>			>												
Iced Cappuccino Rice Coconut	>	>														
Iced Cappuccino Soya	•	•							>							
Iced Cappuccino Oat	>	•														
Iced Cappucino Almond	>	>														ALMOND
Iced Caramel Latte	>			>												
Iced Caramel Latte Rice Coconut	>	•														
Iced Caramel Latte Soya	>	•							>							
Iced Caramel Latte Oat	>	>						·	·						·	
Iced Caramel Latte Almond	>	>								-						ALMOND
Iced Chocolate Milk	>			>												
Iced Chocolate Rice Coconut	>	>														

lced Chocolate Soya	>	V				V				
lced Chocolate Oat	>	~								
lced Chocolate Almond	>	V								ALMOND
lced Filter Coffee Black	>	V								
lced Filter Coffee White Milk	>		<							
lced Filter Coffee White Rice Coconut	>	V								
lced Filter Coffee White Soya	>	V				Y				
lced Filter Coffee White Oat	>	>								
lced Filter Coffee White Almond	>	V								ALMOND
lced Hazelnut Latte Milk	>		<							HAZELNUT
lced Hazelnut Latte Rice Coconut	>	V								HAZELNUT
lced Hazelnut Latte Soya	>	~				Y				HAZELNUT
lced Hazelnut Latte Oat	>	V								HAZELNUT
lced Hazelnut Latte Almond	>	V								AL MOND
lced Latte Milk	>		<							
lced Latte Rice Coconut	>	V								
lced Latte Soya	>	~				Y				
lced Latte Oat	>	~								
Iced Latte Almond	>	V								ALMOND
lced Mocha Milk	>		<							
Iced Mocha Rice Coconut	>	V								
lced Mocha Soya	>	V				Y				
Iced Mocha Oat	>	V								
lced Mocha Almond	>	V								ALMOND
lced Cold Brew	>	V								
Cold Brew with Coconut water	>	V								

Barista Prepared Drinks	Suita	ble for	V9 -25.11.2024													
Product	Vegetar	Vegar						(Contains tl	hese allerge	ens					
	ans	S	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Flavoured Latte/ Tea																
Chai Latte Milk	<			>												
Chai Latte Rice Coconut	<	<														
Chai Latte Soya	V	>							~							
Chai Latte Oat	V	>														

Chai Latte Almond	>	>								ALMOND
Caramel Latte Milk	>		>							
Caramel Latte Rice Coconut	>	>								
Caramel Latte Soya	~	<				V				
Caramel Latte Oat	>	<								
Caramel Latte Almond	>	<								ALMOND
Hazelnut Latte Milk	>		>							HAZELNUT
Hazelnut Latte Rice Coconut	~	>								HAZELNUT
Hazelnut Latte Soya	V	>				~				HAZELNUT
Hazelnut Latte Oat	>	\								HAZELNUT
Hazelnut Latte Almond	V	>								HAZELNUT ALMOND
Matcha Latte Milk	>		>							
Matcha Latte Rice Coconut	>	>								
Matcha Latte Soya	>	<				~				
Matcha Latte Oat	V	~								
Matcha Latte Almond	>	>								ALMOND
Vanilla Latte Milk	V		~							
Vanilla Latte Rice Coconut	>	<								
Vanilla Latte Soya	V	•				Y				
Vanilla Latte Oat	~	>								
Vanilla Latte Almond	V	\								ALMOND
Gingerbread Latte Milk	>		→							
Gingerbread Latte Rice Coconut	>	>								
Gingerbread Latte Soya	~	>				V				
Gingerbread Latte Oat	>	\								
Gingerbread Latte Almond	>	\								ALMOND
Hot Chocolate										•
Hot Chocolate Milk	~		✓							
Hot Chocolate with Rice-Coconut	V	~								
Hot Chocolate Soya	V	•				Y				
Hot Chocolate Oat	~	>								
Hot Chocolate Almond	~	>								ALMOND
Caramel Hot Chocolate Milk	~		✓							
Caramel Hot Chocolate with Rice-Coconut	V	~								
Caramel Hot Chocolate Soya	V	~				V				
Caramel Hot Chocolate Oat	V	>								

We're pround to freshly prepare our food in our shop kitchens every day, but as we use many ingredients and shared equipment, we are unable to guarantee that our food is allergen free due to the risk of	cross
contact. Our vegan product is made to a vegan recipe but is not suitable for those with milk and egg allergies.	

Barista Prepared Drinks		ble for		1		· · g	pe but is in				88	8				V9 -25.11.2024
Product	Vegetai	Vega						(Contains th	nese allerg	ens					
	ians	sur	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Milk Cup																
Babyccino	~			V												
Milk Whole	>			✓												
Milk Semi-Skimmed	>			✓												
Rice Coconut	>	>														
Soya	>	>							>							
Oat	<	<														
Almond	>	>														ALMOND
Syrups																
Syrup Shot - Caramel	•	•														
Syrup Shot - Hazelnut	~	>														HAZELNUT
Syrup Shot - Vanilla	>	>														
Tea																
English Breakfast Tea Milk	>			✓												
English Breakfast Tea Rice-Coconut	•	•														
English Breakfast Tea Soya	•	•						✓								
English Breakfast Tea Oat	•	•														
English Breakfast Tea Almond	<	<														ALMOND
Earl Grey Tea Milk	<			Y												
Earl Grey Tea Rice-Coconut	~	\														
Earl Grey Tea Soya	>	>						Y								
Earl Grey Tea Oat	~	>														
Earl Grey Tea Almond	V	~														ALMOND
Green Tea	V	~														
Peppermint Tea	>	>														