

# Our Menu

Pret operates a bit like a restaurant. We build kitchens in (or very near) every shop and our ingredients get delivered early each morning.



You won't find 'sell-by' dates on our fresh sandwiches, salads or baguettes.




# Breakfast!

They say that breakfast is the most important meal of the day so we have a delicious and varied menu for you to choose from.

## Breakfast Rolls

Pret's Veggie Roll   
Egg & Chipotle Bun 

## Rye Roll

Scandi Style Salmon  
Roast Beef  
Burrata & Balsamic 



## Wraps

Crunchy Chipotle Chicken & Avo Wrap  
Chicken Caesar Wrap



# Sandwiches!



Just like our granary products are handmade throughout the day. Made today, gone today. We bake our baguettes throughout the day, the fresher the better.

## Granaries

Smoked Salmon  
Classic Super Club  
Free Range Egg Mayo   
Chicken Avocado Basil  
Mature Cheddar & Pickle   
Tuna & Jalapeno



## Kids Range

Turkey & Cream Cheese  
Almond Butter & Berries Spread   
Cheese & Cucumber 

## Baguettes

Chicken Caesar & Bacon  
Turkey & Cheese  
Posh Cheddar & Pickle   
Avo, Olives & Toms   
Pesto Caprese (Slim)   
Tuna Mayo & Cucumber (Slim)  
Brie & Tapenade (Slim)   
Egg & Avo Baguette (Slim) 

# Pots!

## Pret Pots

Mango & Banana Sunshine   
Honey Granola   
Coconut Chia   
Almond Butter & Honey Yoghurt   
Blue Chia Pot  
Pink Goodness Pot



## Fruits Pots

Apple & Almond Butter   
Superfruit Salad   
Mango & Lime   
Poms   
Melon & Blueberry   
Watermelon & Nabulsi Cheese 


## Dessert Pots

Lemon Cheesecake   
Chocolate Mousse  
Tiramisu   
Choco Molten   
Saffron Milk Cake 







# Salads!

## Salads

Classic Caesar Chicken Salad  
Tamari & Ginger Chicken Salad Bowl  
Mozzarella, Pesto & Avo Salad   
Salmon & Mango Salad Bowl  
Greek Salad & Vinaigrette 



## Salad Pots


Mediterranean Orzo   
Charred Corn   
Crunchy Asian Slaw   
Chicken Chipotle 




# Pret's Hot!

In their quest to keep shelves full of oven-fresh, homely food, our Hot Chefs bake in small batches. Little and often. Straight from the oven. Hot off the shelves.

## Hot Baguettes

- Pesto Chicken
- Portobello Mushroom & Cheese 
- Lemon Chicken Baguette

## Hot Wraps

- Falafel & Halloumi 
- Chicken Mushroom
- Chicken Fajita



## Soups

- Souper Tomato Soup 
- Classic Pumpkin 



## Hot Croissants


- Mozzarella & Tomato 
- Cheese Twist & Za'atar 
- Turkey & Cheese Croissant
- Halloumi & Za'atar Croissant 



## Porridge

- Pret's Proper Porridge 

## Porridge Toppers

- Choco Banana Crunch 
- Apple Cranberry Crunch 

## Toasties

- Classic Cheese 
- Super Club
- Tuna Melt
- Halloumi, Red Pepper & Basil 
- Pulled Beef & Cheese
- Turkey Melt



## Rice Bowls

- Butter Chicken
- Green Thai Curry






# Pastries!

## Croissants

- French Butter Croissant 
- Almond Croissant 
- Chocolate Croissant 
- Very Berry Croissant 
- Cinnamon Danish 
- Cheese Twist 



## Cookies & Brownie












- Choc Chunk 
- Dark Choc & Almond 
- Raspberry Cheesecake Brownie 
- Lemon and Raspberry Slice 
- Millionaires Caramel Shortbread 



# Snacks!




Our menu of perfect in-between, just-before, just-after snacks. Ideal for sharing or enjoying on your own.

## Pret's Snacks

- Pret A Mango 
- Pret's Nut Bar 
- Love Bar 
- Popcorn Bar 
- Choc Bar 
- Chocolate Almonds 
- Cranberries In Coats 
- Brownie Bar 
- Nuts, Fruits & Chocolate 
- Milk Chocolate Bar 
- Dark Chocolate With Sea Salt 



## Chips

- Jalapeno 
- A Touch of Sea Salt 
- Sea Salt & Balsamic Vinegar 

# Drinks!

Our coffee is 100% organic and always arabica. Our teas, milks and milk alternatives are all organic too.

## Barista Prepared Drinks

### Organic Coffee

Latte  
Cappuccino  
Mocha  
Americano  
Filter Coffee  
Espresso  
Macchiato  
Flat White




### Organic Tea

Earl Grey  
Green Tea  
Peppermint  
Ceylon Tea



### Organic Hot

Matcha Latte with coconut   
Hot Chocolate  
Chai Latte

### Limeades

Lavender & Butterfly Pea  
Orange & Hibiscus  
Pineapple & Pitaya

### Iced Drinks

Americano  
Latte  
Cappuccino  
Mocha  
Matcha Latte with coconut   
Chocolate  
Chai Latte  
Spanish Latte



### Frappes

Classic Frappe  
Mocha Frappe  
Salted Toffee



### Smoothies

Sweet Greens









### Organic Milks

Whole Milk  
Skimmed Milk  
Almond Milk  
Rice - Coconut  
Soya  
Oat

## Chilled Drinks

### Juices

Orange Juice   
Apple Juice   
Daily Greens   
Roots & Fruits   
Ginger Shot   
Hot Shot   
Berry Blast Smoothie   
Mango Passion Smoothie 



### Pret's Chilled

Apple Fizz   
Grape & Elderflower   
Rhubarb Lemonade 

 Vegetarian  Vegan

★ Available sizes - please refer to menu board in shop

### Allergies?

Our food is freshly prepared in small, busy kitchens (not a big factory with segregated production lines) so we really cannot guarantee any of our food is allergen-free.

Please take care. If you need to know more, please get in touch with our Customer Service team who will be happy to help.

### Allergies?

There is a high risk of cross-contamination when our baristas prepare drinks. We can't guarantee our drinks are suitable for those with allergies. Please take care.