

Baquettes		Suitable for		Contains these allergens												
Product	Vegetarians	Vegans	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
			Brie, Tomato & Basil Baguette	a			a			WHEAT						
Chicken Caesar Baguette			a	a	a		WHEAT, RYE, OAT, BARLEY		a			a			a	
Chipotle Mozzarella Hot Baguette	a		a	a			WHEAT, RYE, OAT, BARLEY					a				
Egg Mayo & Roasted Tomato	a				a		WHEAT		a			a				
Ham & Greve Baguette				a	a		WHEAT		a			a				
Hot Chilli Chicken Baguette					a		WHEAT		a			a				
Posh Prosciutto Baguette			a	a			WHEAT, RYE, OAT, BARLEY									
Posh Cheddar & Pickle Baguette	a		a	a	a		WHEAT, RYE, OAT, BARLEY		a			a	a			
Roasted Portobello & Cheese Baguette	a			a	a		WHEAT		a			a				
Spicy Chicken Baguette			a	a			WHEAT, RYE, OAT, BARLEY					a				
Smoked Salmon, Soft Cheese & Dill Baguette			a	a			WHEAT, RYE, OAT, BARLEY								a	
Smoked Salmon & Egg Mayo					a		WHEAT		a			a			a	

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Breakfast		Suitable for		Contains these allergens													V6-10.03.2023
Product	Vegetarian	Vegan															
			Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts	
Bacon & Egg Brioche				a	a			WHEAT		a							
Bacon Brioche				a	a			WHEAT		a							
Banana & Honey Muesli	a			a													
Cranberry Yoghurt Bowl	a			a													
Bircher Muesli	a			a													PISTACHIO
Croissant Almond	a			a	a			WHEAT									ALMOND
Croissant Chocolate	a			a	a			WHEAT		a							HAZELNUT
Sausage & Egg Brioche				a	a			WHEAT		a				a			
Five Berry Bowl	a			a													
Five Berry Plet Pot	a			a													
Mozzarella & Tomato Croissant	a			a	a			WHEAT									
Portobello Croissant	a			a	a			WHEAT									
Chicken Croissant				a	a			WHEAT									
Pain au Raisin	a			a	a			WHEAT									
Plain Croissant	a			a	a			WHEAT									
Pret's Veggie Brioche	a			a	a			WHEAT		a							
Very Berry Croissant	a	a						WHEAT									
Blue Goodness	a			a													
Pink Goodness	a			a													ALMOND
Yellow Goodness	a			a										a			ALMOND

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Cold Drinks		Suitable for		Contains these allergens													
Product	Vegetarians	Vegans	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts	
			ABC – Apple Beetroot Carrot	a	a												
Water – Aqua Panna 500ml Still	a	a															
Coke (All types)	a	a															
Juice – Fresh Lemon & Mint	a	a															
Heineken Beer	a	a					BARLEY										
Juice – Orange	a	a															
Juice – Pink Grapefruit	a	a															
Radiance	a	a									a						
Restorative	a	a															
Water – San Pellegrino 500ml Sparkling	a	a															
Tiger Beer	a	a					BARLEY										
Ultra Boost	a	a															
Water – Desa 500ml Still	a	a															
Juice – Watermelon	a	a															

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Fruit		Suitable for		Contains these allergens													
Product	Vegetarians	Vegans	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts	
			Apple	a	a												
Banana	a	a															
Dragon Fruit Salad	a	a															
Melon Trio	a	a															
Papaya & Lime	a	a															
Pineapple & Lime	a	a															

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Pret's Hot		Suitable for	Contains these allergens													
Product	Vegetarians	Vegans														
			Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
All Day Breakfast Hot Wrap				a	a			WHEAT, RYE		a			a			
Avocado, Cheddar & Chipotle Toasted Tortilla	a			a				WHEAT, RYE					a			
Brie, Avocado & Tomato Toastie	a			a				WHEAT, OAT, RYE, BARLEY								
Chicken Caesar & Avocado Toasted Tortilla				a	a			WHEAT, RYE, BARLEY		a			a		a	
Chicken, Avocado & Basil Toastie				a	a			WHEAT, OAT, RYE, BARLEY		a			a			
Chicken Chipotle Hot Wrap				a				WHEAT, RYE					a			
Chipotle Chicken Toasted Tortilla				a				WHEAT, RYE					a			
Eggs Florentine Toasted Tortilla	a			a	a			WHEAT, RYE		a			a			
Mozzarella & Pesto Toastie	a			a				WHEAT, BARLEY								
Spicy Mediterranean Hot Wrap	a			a				WHEAT, RYE					a	a		
Egg, Cheddar & Tomato Toastie	a			a	a			WHEAT, OAT, RYE, BARLEY		a			a			
Chipotle Chicken Toastie				a				WHEAT, OAT, RYE, BARLEY					a	a		
Ham, Cheese & Mustard Toastie				a	a			WHEAT, OAT, RYE, BARLEY		a			a			

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Salads		Suitable for		Contains these allergens												
Product	Vegetarians	Vegans	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
			Chef's Chicken Salad				a	a		BARLEY		a			a	
Egg & Spinach Protein Pot	a				a											
Greek Salad	a			a			WHEAT, RYE					a				PINENUTS
Smoked Salmon & Spinach Protein Pot					a										a	
Wild Crayfish & Avocado												a		a		

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Sandwiches		Suitable for		Contains these allergens												
Product	Vegetarians	Vegans														
			Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Chicken Avocado Granary				a	a		WHEAT, BARLEY		a			a				
Classic Super Club Granary					a		WHEAT, BARLEY		a			a				
Wild Crayfish & Rocket Granary					a		WHEAT, BARLEY		a			a	a			
Cracking Egg Salad Granary	a				a		WHEAT, BARLEY		a			a				
Ham & Cheese Granary				a			WHEAT, BARLEY									
Mature Cheddar Granary	a			a	a		WHEAT, BARLEY		a			a	a			
Smoked Salmon				a			WHEAT, BARLEY								a	
Brie & Cranberry	a			a			WHEAT, BARLEY									
Christmas Lunch Chicken Sandwich				a	a		WHEAT, BARLEY		a			a				

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Pret Snacks		Suitable for		Contains these allergens												V6-10.03.2023
Product	Vegetarians	Vegans														
			Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Cranberries in Coats	a			a												
Dark Chocolate Almonds Snack	a	a							a							ALMONDS
Pret A Mango	a	a														
Tyrrells Lightly Sea Salted Crisps	a															
Tyrrells Mature Cheddar & Chives Crisps	a			a												
Tyrrells Sea Salt & Cider Vinegar Crisps	a	a					BARLEY									
Tyrrells Sea Salt & Cracked Black Pepper Crisps	a															

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Sweet Treats		Suitable for		Contains these allergens												
Product	Vegetarians	Vegans														
			Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Brownie Bar	a			a	a		WHEAT		a							
Choc Bar	a			a			WHEAT		a							
Chocolate Chunk Cookie	a			a			WHEAT									
Dark Chocolate Almond Butter Cookies	a	a					WHEAT									ALMONDS
Fruit, Oat & Spelt Cookie	a			a			WHEAT, OAT, SPELT									
Love Bar	a			a			OATS		a							PISTACHIO, ALMONDS
Muffin Double Berry	a			a	a		WHEAT									
Popcorn bar	a			a					a							
Christmas Tiffin	a			a			WHEAT		a							PISTACHIO
Mince Pies	a			a	a		WHEAT									

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Wraps		Suitable for														
Product	Vegetarians	Vegans	Contains these allergens													
			Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Avocado & Herb Salad Wrap	a			a	a		WHEAT, RYE		a			a				PINENUTS
Crayfish & Chipotle Salad Wrap							WHEAT, RYE					a		a		
Chicken & Rocket Salad Wrap				a	a		WHEAT, RYE		a			a				

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Macchiato Almond	a	a																ALMOND
Mocha Milk	a			a														
Mocha Rice Coconut	a	a																
Mocha Soya	a	a							a									
Mocha Oat	a	a					OAT											
Mocha Almond	a	a																ALMOND

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Iced Latte Soya	a	a							a							
Iced Latte Oat	a	a					OAT									
Iced Latte Almond	a	a														ALMOND
Iced Mocha Milk	a			a												
Iced Mocha Rice Coconut	a	a														
Iced Mocha Soya	a	a							a							
Iced Mocha Oat	a	a					OAT									
Iced Mocha Almond	a	a														ALMOND
Smoothie - Berries and Cherries	a	a														
Smoothie - Tropical Peach	a	a														
Smoothie - Sweet Green	a	a														

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Barista Prepared Drinks		Suitable for		Contains these allergens												
Product	Vegetarians	Vegans	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
			<b>Flavoured Latte/ Tea</b>													
Chai Latte Milk	a			a												
Chai Latte Rice Coconut	a	a														
Chai Latte Soya	a	a							a							
Chai Latte Oat	a	a					OAT									
Chai Latte Almond	a	a														ALMOND
Caramel Latte Milk	a			a												
Caramel Latte Rice Coconut	a	a														
Caramel Latte Soya	a	a							a							
Caramel Latte Oat	a	a					OAT									
Caramel Latte Almond	a	a														ALMOND
Hazelnut Latte Milk	a			a												HAZELNUT
Hazelnut Latte Rice Coconut	a	a														HAZELNUT
Hazelnut Latte Soya	a	a							a							HAZELNUT
Hazelnut Latte Oat	a	a					OAT									HAZELNUT
Hazelnut Latte Almond	a	a														HAZELNUT ALMOND
Matcha Latte Milk	a			a												
Matcha Latte Rice Coconut	a	a														
Matcha Latte Soya	a	a							a							
Matcha Latte Oat	a	a					OAT									
Matcha Latte Almond	a	a														ALMOND
Vanilla Latte Milk	a			a												
Vanilla Latte Rice Coconut	a	a														
Vanilla Latte Soya	a	a							a							
Vanilla Latte Oat	a	a					OAT									
Vanilla Latte Almond	a	a														ALMOND
Holiday Joy Latte Milk	a			a												
Holiday Joy Latte Rice Coconut	a	a														
Holiday Joy Latte Soya	a	a							a							
Holiday Joy Latte Oat	a	a					OAT									
Holiday Joy Latte Almond	a	a														ALMOND
<b>Hot Chocolate</b>																
Hot Chocolate Milk	a			a												
Hot Chocolate with Rice-Coconut	a	a														
Hot Chocolate Soya	a	a							a							
Hot Chocolate Oat	a	a					OAT									
Hot Chocolate Almond	a	a														ALMOND

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Product	Vegetarians	Vegans	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
			<b>Milk Cup</b>													
Babyccino	a			a												
Milk Whole	a			a												
Milk Semi-Skimmed	a			a												
Rice Coconut	a	a														
Soya	a	a							a							
Oat	a	a					OAT									
Almond	a	a														ALMOND
<b>Syrups</b>																
Syrup Shot - Caramel	a	a														
Syrup Shot - Hazelnut	a	a														HAZELNUT
Syrup Shot - Vanilla	a	a														
<b>Tea</b>																
English Breakfast Tea Milk	a			a												
English Breakfast Tea Rice-Coconut	a	a														
English Breakfast Tea Soya	a	a						a								
English Breakfast Tea Oat	a	a					OAT									
English Breakfast Tea Almond	a	a														ALMOND
Earl Grey Tea Milk	a			a												
Earl Grey Tea Rice-Coconut	a	a														
Earl Grey Tea Soya	a	a						a								
Earl Grey Tea Oat	a	a					OAT									
Earl Grey Tea Almond	a	a														ALMOND
Green Tea	a	a														
Peppermint Tea	a	a														

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