Baquettes	Suit	abie														V6-10.03.2023
Product	Vegetari	Vegans						Сс	ntains the	ese allerge	ns					
	ans	IS	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Brie, Tomato & Basil Baguette	a			a			WHEAT									
Chicken Caesar Baguette			a	a	a		WHEAT, RYE, OAT, BARLEY		a			a			a	
Chipotle Mozzarella Hot Baguette	a		a	a			WHEAT, RYE, OAT, BARLEY					a				
Egg Mayo & Roasted Tomato	a				a		WHEAT		a			a				
Ham & Greve Baguette				a	a		WHEAT		a			a				
Hot Chilli Chicken Baguette					a		WHEAT		a			a				
Posh Prosciutto Baguette			a	a			WHEAT, RYE, OAT, BARLEY									
Posh Cheddar & Pickle Baguette	a		a	a	a		WHEAT, RYE, OAT, BARLEY		a			a	a			
Roasted Portobello & Cheeese Baguette	a			a	a		WHEAT		a			a				
Spicy Chicken Baguette			a	a			WHEAT, RYE, OAT, BARLEY					a				
Smoked Salmon, Soft Cheese & Dill Baguette			a	a			WHEAT, RYE, OAT, BARLEY								a	
Smoked Salmon & Egg Mayo					a		WHEAT		a			a			a	

Breakfast		able or														V6-10.03.2023
Product	Vegetaria	Vegan						C	ontains th	ese allerge	ens					
	ıns	5	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Bacon & Egg Brioche				a	a		WHEAT		a							
Bacon Brioche				a	a		WHEAT		a							
Banana & Honey Muesli	a			a												
Cranberry Yoghurt Bowl	a			a												
Bircher Muesli	a			a												PISTACHIO
Croissant Almond	a			a	a		WHEAT									ALMOND
Croissant Chocolate	a			a	a		WHEAT		a							HAZELNUT
Sausage & Egg Brioche				a	a		WHEAT		a				a			
Five Berry Bowl	a			a												
Five Berry Pret Pot	a			a												
Mozzarella & Tomato Croissant	a			a	a		WHEAT									
Portobello Croissant	a			a	a		WHEAT									
Chicken Croissant				a	a		WHEAT									
Pain au Raisin	a			a	a		WHEAT									
Plain Croissant	a			a	a		WHEAT									
Pret's Veggie Brioche	a			a	a		WHEAT		a							
Very Berry Croissant	a	a					WHEAT									
Blue Goodness	a			a												
Pink Goodness	a			a												ALMOND
Yellow Goodness	a			a									a			ALMOND

Cold Drinks		abie or														V6-10.03.2023
Product	Vegetar	Vega						Co	ontains the	ese allerge	ens					
	ians	18	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
ABC - Apple Beetroot Carrot	a	a														
Water - Aqua Panna 500ml Still	a	a														
Coke (All types)	a	a														
Juice - Fresh Lemon & Mint	a	a														
Heineken Beer	a	a					BARLEY									
Juice – Orange	a	a														
Juice – Pink Grapefruit	a	a														
Radiance	a	a									a					
Restorative	a	a														
Water - San Pellegrino 500ml Sparkling	a	a														
Tiger Beer	a	a					BARLEY									
Ultra Boost	a	a														
Water - Desa 500ml Still	a	a														
Juice – Watermelon	a	a														

Fruit		abie or														V6-10.03.2023
Product	Vegetar	Vegar						Co	ontains the	ese allerge	ens					
	ians	18	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Apple	a	a														
Banana	a	a														
Dragon Fruit Salad	a	a														
Melon Trio	a	a														
Papaya & Lime	a	a														
Pineapple & Lime	a	a														

Pret's Hot	Suit	abie or														V6-10.03.2023
Product	Vegetariar	Vegans						Con	itains thes	se allergen	S					
	ians	ns	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
All Day Breakfast Hot Wrap				a	a		WHEAT, RYE		a			a				
Avocado, Cheddar & Chipotle Toasted Tortilla	a			a			WHEAT, RYE					a				
Brie, Avocado & Tomato Toastie	a			a			WHEAT, OAT, RYE, BARLEY									
Chicken Caesar & Avocado Toasted Tortilla				a	a		WHEAT, RYE, BARLEY		a			a			a	
Chicken, Avocado & Basil Toastie				a	a		WHEAT, OAT, RYE, BARLEY		a			a				
Chicken Chipotle Hot Wrap				a			WHEAT, RYE					a				
Chipotle Chicken Toasted Tortilla				a			WHEAT, RYE					a				
Eggs Florentine Toasted Tortilla	a			a	a		WHEAT, RYE		a			a				
Mozzarella & Pesto Toastie	a			a			WHEAT, BARLEY									
Spicy Mediterranean Hot Wrap	a			a			WHEAT, RYE					a	a			
Egg, Cheddar & Tomato Toastie	a			a	a		WHEAT, OAT, RYE, BARLEY		a			a				
Chipotle Chicken Toastie				a			WHEAT, OAT, RYE, BARLEY					a	a			
Ham, Cheese & Mustard Toastie				a	a		WHEAT, OAT, RYE, BARLEY		a			a				

Salads		abie or														V6-10.03.2023
Product	Vegetari	Vegar						(	Contains t	hese aller	gens					
	an s	15	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Chef's Chicken Salad				a	a		BARLEY		a			a			a	PISTACHIO
Egg & Spinach Protein Pot	a				a											
Greek Salad	a			a			WHEAT, RYE					a				PINENUTS
Smoked Salmon & Spinach Protein Pot					a										a	
Wild Crayfish & Avocado												a		a		

Sandwiches		able or														V6-10.03.2023
Product	Vegetaria	Vegans						Co	ntains the	ese allerge	ns					
	ns		Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Chicken Avocado Granary				a	a		WHEAT, BARLEY		a			a				
Classic Super Club Granary					a		WHEAT, BARLEY		a			a				
Wild Crayfish & Rocket Granary					a		WHEAT, BARLEY		a			a		a		
Cracking Egg Salad Granary	a				a		WHEAT, BARLEY		a			a				
Ham & Cheese Granary				a			WHEAT, BARLEY									
Mature Cheddar Granary	a			a	a		WHEAT, BARLEY		a			a	a			
Smoked Salmon				a			WHEAT, BARLEY								a	
Brie & Cranberry	a			a			WHEAT, BARLEY									
Christmas Lunch Chicken Sandwich				a	a		WHEAT, BARLEY		a			a				

Pret Snacks	Suit	abie or														V6-10.03.2023
Product	Vegetai	Vega							Contains the	ese allergens	S					
rroudet	rians	ns	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Cranberries in Coats	a			a												
Dark Chocolate Almonds Snack	a	a							a							ALMONDS
Pret A Mango	a	a														
Tyrrells Lightly Sea Salted Crisps	a															
Tyrrells Mature Cheddar & Chives Crisps	a			a												
Tyrrells Sea Salt & Cider Vinegar Crisps	a	a					BARLEY									
Tyrrells Sea Salt & Cracked Black Pepper Crisps	a															

Sweet Treats	Suit	abie														V6-10.03.2023
Product	Vegetariar	Vegans						С	ontains th	nese allerg	ens					
	15		Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Brownie Bar	a			a	a		WHEAT		a							
Choc Bar	a			a			WHEAT		a							
Chocolate Chunk Cookie	a			a			WHEAT									
Dark Chocolate Almond Butter Cookies	a	a					WHEAT									ALMONDS
Fruit, Oat & Spelt Cookie	a			a			WHEAT, OAT, SPELT									
Love Bar	a			a			OATS		a							PISTACHIO, ALMONDS
Muffin Double Berry	a			a	a		WHEAT									
Popcom bar	a			a					a							
Christmas Tiffin	a			a			WHEAT		a							PISTACHIO
Mince Pies	a			a	a		WHEAT									

Wraps		able or														V6-10.03.2023
Product	Vegetariar	Vegans						C	ontains th	ese allerge	ens					
	IS		Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Avocado & Herb Salad Wrap	a			a	a		WHEAT, RYE		a			a				PINENUTS
Crayfish & Chipotle Salad Wrap							WHEAT, RYE					a		a		
Chicken & Rocket Salad Wrap				a	a		WHEAT, RYE		a			a				

Barista Prepared Drinks	Suite	abie or														V6-10.03.2023
Product	Veg etari	Vegar						С	ontains tl	hese allerg	ens					
	ans	15	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Coffee							_									
Americano Black	a	a														
Americano White Milk	a			a												
Americano White Rice Coconut	a	a														
Americano White Soya	a	a							a							
Americano White Oat	a	a					OAT									
Americano White Almond	a	a														ALMOND
Cappuccino Milk	a			a												
Cappuccino Rice Coconut	a	a														
Cappuccino Soya	a	a							a							
Cappuccino Oat	a	a					OAT									
Cappuccino Almond	a	a														ALMOND
Rose Cappuccino Milk	a			a												
Rose Cappuccino Rice Coconut	a	a														
Rose Cappuccino Soya	a	a							a							
Rose Cappuccino Oat	a	a					OAT									
Rose Cappuccino Almond	a	a														ALMOND
Decaf Latte Milk	a			a												
Decaf Latte Rice Coconut	a	а														
Decaf Latte Soya	a	a							a							
Decaf Latte Oat	a	a					OAT									
Decaf Latte Almond	a	a														ALMOND
Espresso	a	a														
Filter – Black Coffee	a	a														
Filter - White Coffee Milk	a			a												
Filter - White Coffee Rice Coconut	a	a														
Filter – White Coffee Soya	a	a							a							
Filter - White Coffee Oat	a	a					OAT									
Filter - White Coffee Almond	a	a														ALMOND
Flat White Milk	a			a												
Flat White Rice Coconut	a	a														
Flat White Soya	a	a							a							
Flat White Oat	a	a					OAT									
Flat White Almond	a	a														ALMOND
Latte Milk	a			a												
Latte Rice Coconut	a	a														
Latte Soya	a	a							a							
Latte Oat	a	a					OAT									
Latte Almond	a	a														ALMOND
Macchiato Milk	a			a												
Macchiato Rice Coconut	a	a														
Macchiato Soya	a	a							a							
Macchiato Oat	a	a					OAT									

Macchiato Almond	a	a								ALMOND
Mocha Milk	a		a							
Mocha Rice Coconut	a	a								
Mocha Soya	a	a				a				
Mocha Oat	a	a			OAT					
Mocha Almond	a	a								ALMOND

Barista Prepared Drinks	Suit	abie or														V6-10.03.2023
Product	Vegeta	Vega	Contains these allergens													
	ians	15	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts
Over Ice & Frappes							3									
Chocolate Frappe	a			a												
Classic Frappe	a			a												
Iced Americano Black	a	a														
Iced Americano White Milk	a			a												
Iced Americano White Rice Coconut	a	a														
Iced Americano White Soya	a	a							a							
Iced Americano White Oat	a	a					OAT									
Iced Americano White Almond	a	a														ALMOND
Iced Cappuccino Milk	a			a												
Iced Cappuccino Rice Coconut	a	a														
Iced Cappuccino Soya	a	a							a							
Iced Cappuccino Oat	a	a					OAT									
Iced Cappucino Almond	a	a														ALMOND
Iced Rose Cappuccino Milk	a			a												
Iced Rose Cappuccino Rice Coconut	a	a														
Iced Rose Cappuccino Soya	a	a							a							
Iced Rose Cappuccino Oat	a	a					OAT		-							
Iced Rose Cappuccino Almond	a	a														ALMOND
Iced Caramel Latte	a	<u> </u>		a												
Iced Caramel Latte Rice Coconut	a	a		α												
Iced Caramel Latte Soya	a	a							a							
Iced Caramel Latte Oat	a	a					OAT		a							
Iced Caramel Latte Almond	a	a					0/11									ALMOND
Iced Chocolate Milk	a	a		a												ALMOND
Iced Chocolate Rice Coconut	a	a		α												
Iced Chocolate Soya	a	a							a							
Iced Chocolate Oat	a	a					OAT		a							
Iced Chocolate Almond	a	a					0/11									ALMOND
Iced Filter Coffee Black	a	a														ALMOND
Iced Filter Coffee White Milk	a	a		a												
Iced Filter Coffee White Rice Coconut	a	а		α												
Iced Filter Coffee White Soya	a	a							a							
Iced Filter Coffee White Oat	a	a					OAT		u							
Iced Filter Coffee White Almond	a	a					0,11									ALMOND
Iced Hazelnut Latte Milk	a	- u		a												HAZELNUT
Iced Hazelnut Latte Rice Coconut	a	a		a												HAZELNUT
Iced Hazelnut Latte Soya	a	a							a							HAZELNUT
Iced Hazelnut Latte Oat	a	a					OAT		a							HAZELNUT
Iced Hazelnut Latte Almond	a	a					0,11									HAZELNUT ALMOND
Iced Latte Milk	a			a												ALMOND
Iced Latte Rice Coconut	a	а														

Iced Latte Soya	a	a						a							
Iced Latte Oat	a	a				OAT									
Iced Latte Almond	a	a													ALMOND
Iced Mocha Milk	a			a											
Iced Mocha Rice Coconut	a	a													
Iced Mocha Soya	a	a						a							
Iced Mocha Oat	a	a				OAT									
Iced Mocha Almond	a	a													ALMOND
Smoothie - Berries and Cherries	a	a													
Smoothie - Tropical Peach	a	a													
Smoothie – Sweet Green	a	a													
Walra pround to frachly propage our food in or		العما	itchanc au	and day by	 co many is	aradianta	and chare	d carrings	omt 1110 010	مع ماطمسي	augranta	a that aur	food is all	larman fran	due to the

Barista Prepared Drinks	Sui	abre or														V6-10.03.202	
Product	Vegeta	Vega	Contains these allergens														
	rians	ans	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts	
Flavoured Latte/ Tea	1	,	•	1	T		1		1		1	T	T	1	T		
Chai Latte Milk	a			a													
Chai Latte Rice Coconut	a	a															
Chai Latte Soya	a	a							a								
Chai Latte Oat	a	a					OAT										
Chai Latte Almond	a	a														ALMOND	
Caramel Latte Milk	a			a													
Caramel Latte Rice Coconut	a	a															
Caramel Latte Soya	a	a							a								
Caramel Latte Oat	a	a					OAT										
Caramel Latte Almond	a	a														ALMOND	
Hazelnut Latte Milk	a			a												HAZELNUT	
HazeInut Latte Rice Coconut	a	a														HAZELNUT	
Hazelnut Latte Soya	a	a							a							HAZELNUT	
Hazelnut Latte Oat	a	a					OAT									HAZELNUT	
Hazelnut Latte Almond	a	a														HAZELNUT ALMOND	
Matcha Latte Milk	a			a													
Matcha Latte Rice Coconut	a	a															
Matcha Latte Soya	a	a							a								
Matcha Latte Oat	a	a					OAT										
Matcha Latte Almond	a	a														ALMOND	
Vanilla Latte Milk	a			a													
Vanilla Latte Rice Coconut	a	a															
Vanilla Latte Soya	a	a							a								
Vanilla Latte Oat	a	a					OAT										
Vanilla Latte Almond	a	a														ALMOND	
Holiday Joy Latte Milk	а			a													
Holiday Joy Latte Rice Coconut	а	a															
Holiday Joy Latte Soya	a	a							a								
Holiday Joy Latte Oat	a	a					OAT										
Holiday Joy Latte Almond	a	a														ALMOND	
Hot Chocolate	-		·		,		1		·								
Hot Chocolate Milk	a			a													
Hot Chocolate with Rice-Coconut	a	a															
Hot Chocolate Soya	a	a							a								
Hot Chocolate Oat	a	a					OAT										
Hot Chocolate Almond	a	a														ALMOND	
We're pround to freshly prepare our food			itchone o	on day b	ut ac wa i		navadiants	and chare	d carring	ont wo or	a unabla te	- Guaranto	a that aux	food is all	organ fros		

Barista Prepared Drinks	Sui	abre or														V6-10.03.2023	
Product	Vegeta	Vega	Contains these allergens														
rioddet	rians	ins	Sesame	Milk	Egg	Lupin	Cereals containing gluten	Molluscs	Soya	Peanut	Celery and celeriac	Mustard	Sulphites	Crustacean	Fish	Nuts	
Milk Cup																	
Babyccino	a			a													
Milk Whole	a			a													
Milk Semi-Skimmed	a			a													
Rice Coconut	a	a															
Soya	a	a							a								
Oat	a	a					OAT										
Almond	a	a														ALMOND	
Syrups																	
Syrup Shot - Caramel	a	a															
Syrup Shot - HazeInut	a	a														HAZELNUT	
Syrup Shot - Vanilla	a	a															
Tea																	
English Breakfast Tea Milk	a			a													
English Breakfast Tea Rice-Coconut	a	a															
English Breakfast Tea Soya	a	a						a									
English Breakfast Tea Oat	a	a					OAT										
English Breakfast Tea Almond	a	a														ALMOND	
Earl Grey Tea Milk	a			a													
Earl Grey Tea Rice-Coconut	a	a															
Earl Grey Tea Soya	a	a						a									
Earl Grey Tea Oat	a	a					OAT										
Earl Grey Tea Almond	a	a														ALMOND	
Green Tea	a	a															
Peppermint Tea	a	a															
We're pround to freshly prepare our food i			itchons ov	on day b	it as wo i	so many i	narodionts	and chare	d oquinm	ont we are	unable te	quaranto	o that our	food is all	lorgon from	due to the	