



ORIENTEERING

REGULATIONS

I. TIME AND PLACE

From May 17 to May 18, 2025.
Olympic training Center Vierumäki, Heinola.
Address Pihkalantie 3, 19120 Vierumäki.

II. PARTICIPANTS

All competing participants must meet the requirements of the General Regulations of SELL Games 2025.
Individual competition will take in middle and sprint distances.
There is no restriction to the number of participants.

III. COMPETITION FORMAT AND PROGRAM

Orienteering in SELL Student games takes place in accordance with IOF Foot-O rules.

17th Middle and 18th Sprint. Program is published after registration ends.

IV. TIMEKEEPING AND PUNCHING SYSTEM:

1. EMIT, possible to rent from the competition center.
2. Personal EMIT number should be registered when filling application form.

V. MEDICAL SERVICE

The participants must have the appropriate insurance to cover travel and participation, as they are not the responsibility of the OC. The OC will insure the first aid at the competition venues for all accredited persons.

VI. COMPETITION MANAGER

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