BREAKFAST MENU

7am - 11am

HEALTHY START

CHIA SEED BOWL (VEGAN) 18

Coconut & Soy Milk | Lemon Zest | Blue Agave | Vanilla Turmeric | Seasonal Fruit | Almonds | Coconut Shavings

MATCHA OVERNIGHT OATS (VEGAN) 16

Oat Milk | Flax Seeds | Vanilla | Maple Syrup Coconut Yogurt | Strawberries | Almonds

OLD FASHION ROLLED OATMEAL 16

Almonds | Raisins

GREEK YOGURT 9

+ Berries 8

SELECTION OF CEREALS 7

- + Banana 8
- + Berries 8

RUBY GRAPEFRUIT 9

Mint Syrup

MARKET FRUIT & BERRIES 17

FROM THE BASKET

BAGEL WITH CREAM CHEESE 14

BLUEBERRY OR BRAN MUFFIN 7

CROISSANT 7

Choice of Butter or Chocolate

BREAD 5 (2 SLICES PER ORDER)

Choice of:

Sourdough | Wheat | Whole Grain Gluten Free Toast | Rye | English Muffin

FROM THE GRIDDLE

FRENCH TOAST 25

Caramelized Apples

LEMON RICOTTA PANCAKES 25

Marinated Mint Strawberries

FROM THE COOP

EGG WHITE OMELET 24

Tuscan Kale | Mushrooms | Cherry Tomatoes Petite Mixed Greens

BRIE & GRUYERE CHEESE OMELET 24

Spinach | Asparagus | Cherry Tomatoes

+Bacon 4 +Jambon 4 +Sausage 4

EGGS BENEDICT 28

Two Poached Eggs | Canadian Bacon | Sauteed Spinach Asparagus | English Muffin | Hollandaise Sauce

- Smoked Salmon 30
- Dungeness Crab 32

HUEVOS RANCHEROS 28

Sunny Side Up Eggs | Refried Beans | Avocado Cilantro | Corn Tortilla | Pico de Gallo | Salsa Ranchera Queso Fresco

READY TO SURF 39

Two Eggs Your Way | Potato Hash Cake Choice of Meat | Choice of Toast Choice of Juice | Coffee or Tea

SIDES 10

Choice of:

Applewood Smoked Bacon | Chicken Apple Sausage Jambon | Seasoned Potato Hash Cake | Sautéed Spinach Avocado | Turkey Bacon

COLD PRESSED JUICES BY LITTLE WEST 16

THE CLOVER

Cucumber | Pear | Celery | Kale | Spinach Cilantro | Mint | Lime

GO BIG

Beet | Kale | Carrot | Apple | Wheatgrass | Lemon | Ginger

SUNRISE

Orange | Carrot | Coconut Water | Ginger | Lemon Turmeric

JUICES 9

Choice of:

Orange | Grapefruit | Apple | Tomato | Cranberry | Pineapple

Strawberry-Orange +4 | Watermelon +4 | Carrot +4