

Going to the Doctor

Social Story



Read
with your
child



Sometimes I need to go to the doctor so they can help me feel better and look after my body.



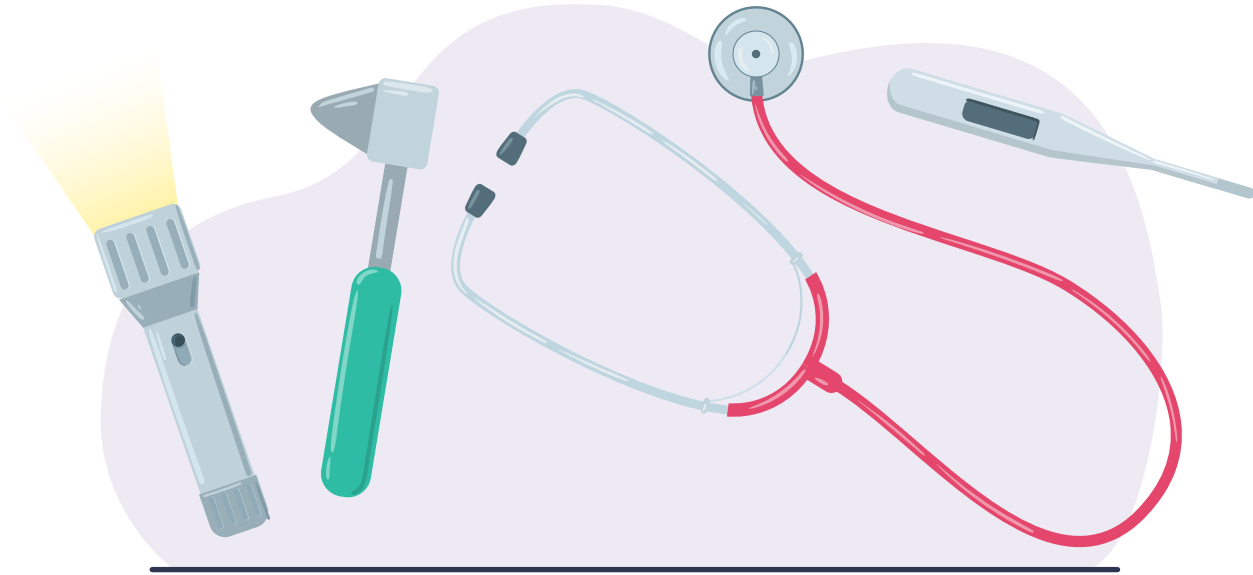
When we arrive at the doctor's, we need to wait in the waiting room until my name is called.



When it's my turn to see the doctor, I'll always have my grown up with me so I can feel comfortable and safe.



The doctor will ask me how I am feeling, and use some special instruments to give my body a checkup. My grown up might need to tell the doctor why we are visiting today.



The doctor might take my temperature, check my eyes and ears with a special light, or listen to my heart with their stethoscope.



The doctor might ask me to open up my mouth wide and say "Ahhhh" while they look at my throat.



Sometimes I might need to have a needle to make me better or keep me healthy. A needle might sting a tiny bit, but it's very quick and will be over before I know it!



Sometimes I might need to have a cut cleaned and covered up with a dressing or bandage to make sure it heals quickly.



When they have finished my checkup, the doctor will tell my grown up what I need to get better. We might need to get some medicine from the Chemist.



**Going to the doctor is a great way to make sure my
body is as healthy as it can be!**



About Starlight

Whether it's a broken leg or unpleasant treatment for an ongoing illness, we're here to help make medical moments less stressful for the whole family.

We focus on giving sick kids moments of happiness and laughter both in hospital and at home.

**To find out more about what we do visit
starlight.org.au**

