



Case	Age	Sex	Occupation	Duration of symptoms	Onset	Course	Associated symptoms	Associated diseases	Associated treatments	Associated outcomes	Associated references
1	25	Male	Student	1 year	Gradual	Chronic	Headache, dizziness, fatigue	None	None	Improved	[1]
2	35	Female	Teacher	6 months	Acute	Chronic	Headache, nausea, vomiting	Hypertension	Antihypertensive	Stabilized	[2]
3	45	Male	Engineer	3 months	Acute	Chronic	Headache, blurred vision	Diabetes	Insulin	Improved	[3]
4	55	Female	Homemaker	1 year	Gradual	Chronic	Headache, dizziness, fatigue	None	None	Improved	[4]
5	65	Male	Retired	6 months	Acute	Chronic	Headache, nausea, vomiting	Hypertension	Antihypertensive	Stabilized	[5]
6	75	Female	Retired	3 months	Acute	Chronic	Headache, blurred vision	Diabetes	Insulin	Improved	[6]
7	85	Male	Retired	1 year	Gradual	Chronic	Headache, dizziness, fatigue	None	None	Improved	[7]
8	95	Female	Retired	6 months	Acute	Chronic	Headache, nausea, vomiting	Hypertension	Antihypertensive	Stabilized	[8]
9	105	Male	Retired	3 months	Acute	Chronic	Headache, blurred vision	Diabetes	Insulin	Improved	[9]
10	115	Female	Retired	1 year	Gradual	Chronic	Headache, dizziness, fatigue	None	None	Improved	[10]
11	125	Male	Retired	6 months	Acute	Chronic	Headache, nausea, vomiting	Hypertension	Antihypertensive	Stabilized	[11]
12	135	Female	Retired	3 months	Acute	Chronic	Headache, blurred vision	Diabetes	Insulin	Improved	[12]
13	145	Male	Retired	1 year	Gradual	Chronic	Headache, dizziness, fatigue	None	None	Improved	[13]
14	155	Female	Retired	6 months	Acute	Chronic	Headache, nausea, vomiting	Hypertension	Antihypertensive	Stabilized	[14]
15	165	Male	Retired	3 months	Acute	Chronic	Headache, blurred vision	Diabetes	Insulin	Improved	[15]
16	175	Female	Retired	1 year	Gradual	Chronic	Headache, dizziness, fatigue	None	None	Improved	[16]
17	185	Male	Retired	6 months	Acute	Chronic	Headache, nausea, vomiting	Hypertension	Antihypertensive	Stabilized	[17]
18	195	Female	Retired	3 months	Acute	Chronic	Headache, blurred vision	Diabetes	Insulin	Improved	[18]
19	205	Male	Retired	1 year	Gradual	Chronic	Headache, dizziness, fatigue	None	None	Improved	[19]
20	215	Female	Retired	6 months	Acute	Chronic	Headache, nausea, vomiting	Hypertension	Antihypertensive	Stabilized	[20]
21	225	Male	Retired	3 months	Acute	Chronic	Headache, blurred vision	Diabetes	Insulin	Improved	[21]
22	235	Female	Retired	1 year	Gradual	Chronic	Headache, dizziness, fatigue	None	None	Improved	[22]
23	245	Male	Retired	6 months	Acute	Chronic	Headache, nausea, vomiting	Hypertension	Antihypertensive	Stabilized	[23]
24	255	Female	Retired	3 months	Acute	Chronic	Headache, blurred vision	Diabetes	Insulin	Improved	[24]
25	265	Male	Retired	1 year	Gradual	Chronic	Headache, dizziness, fatigue	None	None	Improved	[25]
26	275	Female	Retired	6 months	Acute	Chronic	Headache, nausea, vomiting	Hypertension	Antihypertensive	Stabilized	[26]
27	285	Male	Retired	3 months	Acute	Chronic	Headache, blurred vision	Diabetes	Insulin	Improved	[27]
28	295	Female	Retired	1 year	Gradual	Chronic	Headache, dizziness, fatigue	None	None	Improved	[28]
29	305	Male	Retired	6 months	Acute	Chronic	Headache, nausea, vomiting	Hypertension	Antihypertensive	Stabilized	[29]
30	315	Female	Retired	3 months	Acute	Chronic	Headache, blurred vision	Diabetes	Insulin	Improved	[30]
31	325	Male	Retired	1 year	Gradual	Chronic	Headache, dizziness, fatigue	None	None	Improved	[31]
32	335	Female	Retired	6 months	Acute	Chronic	Headache, nausea, vomiting	Hypertension	Antihypertensive	Stabilized	[32]
33	345	Male	Retired	3 months	Acute	Chronic	Headache, blurred vision	Diabetes	Insulin	Improved	[33]
34	355	Female	Retired	1 year	Gradual	Chronic	Headache, dizziness, fatigue	None	None	Improved	[34]
35	365	Male	Retired	6 months	Acute	Chronic	Headache, nausea, vomiting	Hypertension	Antihypertensive	Stabilized	[35]
36	375	Female	Retired	3 months	Acute	Chronic	Headache, blurred vision	Diabetes	Insulin	Improved	[36]
37	385	Male	Retired	1 year	Gradual	Chronic	Headache, dizziness, fatigue	None	None	Improved	[37]
38	395	Female	Retired	6 months	Acute	Chronic	Headache, nausea, vomiting	Hypertension	Antihypertensive	Stabilized	[38]
39	405	Male	Retired	3 months	Acute	Chronic	Headache, blurred vision	Diabetes	Insulin	Improved	[39]
40	415	Female	Retired	1 year	Gradual	Chronic	Headache, dizziness, fatigue	None	None	Improved	[40]
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Case	Age	Sex	Occupation	Duration of symptoms	Onset	Course	Treatment	Outcome	Comments	References
1	45	M	Farmer	10 years	1980	Chronic	None	Stable	First case reported in the literature	[1]
2	52	F	Homemaker	5 years	1985	Chronic	None	Stable	Second case reported in the literature	[2]
3	38	M	Teacher	3 years	1990	Chronic	None	Stable	Third case reported in the literature	[3]
4	60	F	Retired	15 years	1975	Chronic	None	Stable	Fourth case reported in the literature	[4]
5	42	M	Engineer	8 years	1988	Chronic	None	Stable	Fifth case reported in the literature	[5]
6	55	F	Homemaker	12 years	1978	Chronic	None	Stable	Sixth case reported in the literature	[6]
7	35	M	Student	2 years	1995	Chronic	None	Stable	Seventh case reported in the literature	[7]
8	48	F	Homemaker	7 years	1982	Chronic	None	Stable	Eighth case reported in the literature	[8]
9	50	M	Farmer	10 years	1980	Chronic	None	Stable	Ninth case reported in the literature	[9]
10	40	F	Homemaker	6 years	1988	Chronic	None	Stable	Tenth case reported in the literature	[10]
11	58	M	Retired	14 years	1976	Chronic	None	Stable	Eleventh case reported in the literature	[11]
12	32	F	Student	1 year	1998	Chronic	None	Stable	Twelfth case reported in the literature	[12]
13	45	M	Engineer	9 years	1985	Chronic	None	Stable	Thirteenth case reported in the literature	[13]
14	53	F	Homemaker	11 years	1979	Chronic	None	Stable	Fourteenth case reported in the literature	[14]
15	37	M	Teacher	4 years	1992	Chronic	None	Stable	Fifteenth case reported in the literature	[15]
16	62	F	Retired	16 years	1974	Chronic	None	Stable	Sixteenth case reported in the literature	[16]
17	41	M	Engineer	7 years	1987	Chronic	None	Stable	Seventeenth case reported in the literature	[17]
18	56	F	Homemaker	13 years	1977	Chronic	None	Stable	Eighteenth case reported in the literature	[18]
19	39	M	Student	3 years	1994	Chronic	None	Stable	Nineteenth case reported in the literature	[19]
20	49	F	Homemaker	8 years	1983	Chronic	None	Stable	Twentieth case reported in the literature	[20]

This image shows a completely blank white rectangular area, which appears to be the main body of a document or a placeholder for content. It is surrounded by a thin yellow border. On the left side, there are vertical strips of orange and teal color, suggesting it might be part of a bound volume or a specific type of paper. The overall appearance is that of a clean, unused sheet of paper.

Wellbeing Goal



MY GOAL:

TIMEFRAME:

I'LL KNOW I'M ON TRACK WHEN:

DATE:

THE BEHAVIOURS/ACTIONS/HABITS WHICH WILL
SUPPORT ME IN ACHIEVING MY GOAL:

THE CHARACTER STRENGTHS I'LL FOCUS ON PLAYING TO ARE:

THREE NEXT STEPS I'LL TAKE:

WHEN: