









# **30DAY ANTI-RACIST CHALLENGE**

DISMANTLING WHITE SUPREMACY



## DAY 1: READ

## "Who Gets to Be Afraid in America?"

Prof. Ibram X Kendi, Author of How To Be An Anti-Racist

## **DAY 2: LISTEN**

#### **Imagination for Liberation**

Activist & Pioneer Akaya Windwood imagines liberty



## **DAY 3: WATCH**

#### **Get Comfortable with Discomfort**

TED Speaker & Writer Luvvie Ajayi invites you to befriend discomfort





The cops who killed Breonna Taylor remain free. Do something to hold authors accountable to justice

# **DAY 5: LISTEN**

## Resmaa Menakem x Krista Tippett

Powerfully unpacks Anti-Racism Tools & Truths to begin healing today



## **DAY 6: READ**

#### **SOUTHERNERS: Poverty x Race** NORTHERNERS: Jim Crow x North

MacArthur Genius Jesmyn Ward & PBS drop science

## DAY 7: ACT

#### **Mandatory De-Escalation Training**

Cerumit Call your local Gov't rep & Police. Advocate for mandatory police de-escalation training

## **DAY 8: GIVE JOY**

## The Dragons, The Giant, The Women

Diversity your summer read, this pick is from Wayétu Moore--from a black bookstore

## **DAY 9: WATCH**

## **Africa's Greatest Civilizations**

Black people did not start with slavery. Doc by Harvard Professor H.L. Gates

## **DAY 10: LISTEN**

## **James Baldwin x Art x Race**

How to see and celebrate humanity by giving of yourself



















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## DAY 11: WATCH

## **Prof. Kimberlé Crenshaw's TED TALK**

Intersectionality invites you to askwho's most vulnerable around you?

## **DAY 12: VOTE+MAKE TROUBLE**

#### **Watch Congressman John Lewis**

Register to Vote & Get educated & Activated about Voter Suppression

# **DAY 13: THINK GLOBAL**

#### Racism in South Africa & UK

Racism is not a US only issue. This pandemic is global & all-pervasive

## **DAY 14: LISTEN**

#### **Project 1619**

MacArthur Genuis N. Hannah-Jones Podcast 5: Land of Our Fathers Part I



## **DAY 15: EXPLORE**

## **Memorial For Peace & Justice**

Visit in person or virtual tour Equal Justice Initiative Museum: Read Brian Stevenson's Just Mercy

# **DAY 16: PLAY**

#### **Tik-Tok: Put A Finger Down** Invisible Knapsack

Read Peggy Macintosh's essay of privilege then play on TikTok

## DAY 17: FLOW

#### Flow to Restore

Focus on whatever gives you joy. Try to unplug from the news. And your brain

## **DAY 18: WATCH**

## **How Europe Invented Racism For Wealtl**

Why did Europeans enslave Africans anyway? Explore the roots of racism

## DAY 19: READ

## **Dutch Slavery & Wealth**

Essay from Profs. Branden and Bosma via London School of Economics blog

# DAY 20: WATCH

## **Slavery in Italy?**

Doc on migrant labour in Italy. Dehumanization of migrants anywhere is racist





Convinces













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## DAY 21: GIVE

#### **Get Curios--Ask Around, Google!**

Give \$ Love & Time to local group supporting migrant rights in your town

## **DAY 22: LISTEN**

## **The Fight for Indigenous Rights**

Pat Anderson on Black Lives Matter for Aboriginal people of Australia



## DAY 23: RSVP

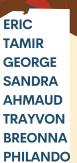
#### **Black To School**

Grab Tix, SEP26-27 Celebration of Toni Morrison's 50yrs of The Bluest Eye

# **DAY 24: LISTEN**

## Jason Reynolds x Krista Tippett

Jason Reynolds on how to support kids toward a more racially just world



## DAY 25: SEE US

## **Get to know Love As A Kind of Cure**

See yourself in the other. Practice it in every interaction today



#### Sisonke Msimang TED Talk

Act on stories that move you, epecially around BLM

## DAY 27: FLOW

#### **Protect Black Energy**

Franchesca Ramsey on racial trauma, setting & respecting boundaries

## **DAY 28: WATCH**

## **Food x Inequality**

What does food have to do with racial and economic inequality? Tunde explores

## DAY 29: LEARN

## **Freedom Festival Keynote**

Arundhati Roy's Freedom Festival Keynote on why love is both Dangerous and A kind of Cure

# **DAY 30: BUY BLACK**

#### **Caste in America**

Pulitzer Prize Winner Isabel Wilkerson's new book on caste--Must Read!





