



Physical and mental health care from the comfort of your home with Virtual Primary Care

**ARE YOU USING THE EMERGENCY ROOM FOR NON-EMERGENCY CARE?
ARE YOU PUTTING OFF GETTING CARE BECAUSE YOU DON'T HAVE THE
TIME. SAVE YOURSELF TIME AND MONEY BY USING VIRTUAL PRIMARY
CARE INSTEAD.**

With Virtual Primary Care, you've got access to primary care, mental health services, and on-demand care services online or by phone anytime. Highly trained, qualified physicians for non-emergency medical conditions are available 24/7. In most cases you'll pay less than a visit to the ER. You can use them for:

- Preventive care
- Health and wellness screenings
- Sick visits
- Chronic disease management
- Medication reviews
- Health coaching
- Mental health services including counseling for anxiety, stress, depression, and grief

Don't have a primary care physician? That shouldn't stop you from getting preventive care. Use Virtual Primary Care to get your annual physical and more.

Learn more about Virtual Primary Care by scanning this QR code.

Want to check it out? Visit cvs.com/virtual-care. Once online, you can set up your account. Be prepared in case of an emergency by setting up your account ahead of time before you need care.



Did you know...

Virtual Primary Care is more than just primary care. In addition to caring for your physical health, Virtual Primary Care can also be used to care for your mental health.



Aetna One Advisors (A1A)

To learn more about what A1A benefit advisors can do for you, take a look at this video by scanning the QR code.



Contact A1A

Contact an advisor by phone by calling 888-216-8573 Monday through Friday, from 8 am to 8 pm ET or online chat through the Aetna member website.

(Note: You can chat with an advisor after you've registered on the Aetna member website.)