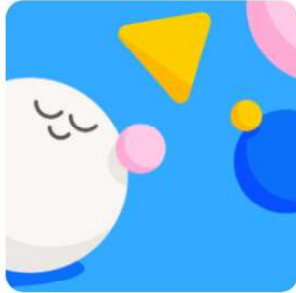




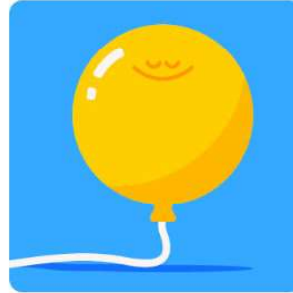
## Headspace FAQ



Mental Health



Meditation



Mindfulness



Sleep

### What is Headspace?

Headspace is a meditation app that can be downloaded to your phone. It helps users use meditation for things like sleep, focus, breathing and more.

### Who is eligible?

All Corporate Ulta Beauty Associates are eligible to download Headspace for free after 30 days of employment.

### Where can associates download the app?

Associates need to sign up for Headspace first by signing up on our Ulta personalized enrollment page and following these steps:

1. Go to <https://work.headspace.com/ulta/join>.
2. Enter a valid Ulta Beauty email address.
3. Confirm email address by clicking through the confirmation email.
4. Create a Headspace account per the instructions on the screen.
5. Join!
6. Download the Headspace App from your phone's app store and login with your new information.

### What if I...

- Am a Corporate Associate but the Headspace system is not letting me enroll?
  - Make sure you are using your Ulta Beauty email address.
  - If you are still experiencing issues you may email [benefits@ulta.com](mailto:benefits@ulta.com).
- Already have a Headspace subscription from my prior company?
  - You can choose to merge an existing subscription into your Ulta Beauty Headspace subscription. Please contact Headspace to merge accounts by emailing [teamsupport@headspace.com](mailto:teamsupport@headspace.com).
- Cannot access the Headspace emails and websites due to computer restrictions?
  - Create a ticket in ULTAsupport for IT help.
- Am having technical difficulties with the app or login?
  - Email [teamsupport@headspace.com](mailto:teamsupport@headspace.com).

*the possibilities are beautiful.*™