



You've got Teladoc

Talk to a doctor anytime,
anywhere by phone or video.

Set up your account today to talk to a U.S.-licensed physician for non-emergency medical conditions like the flu, sinus infections, bronchitis, and much more.



Create account

Use your phone, the app, or the website to create an account and complete your medical history



Talk to a doctor

Request a time and a Teladoc doctor will contact you



Feel better

The doctor will diagnose symptoms and send a prescription if necessary

Talk to a doctor

Visit [Teladoc.com](https://www.teladoc.com)

Call 1-800-TELADOC (835-2362) | Download the app  

These services are available to associates and dependents enrolled in an eligible Compass Group medical plan.

The wellness programs and services offered to associates enrolled in a Regional HMO plan will vary. You must complete your medical history prior to requesting a Teladoc consult. Some restrictions apply. Teladoc does not replace the primary care physician. Teladoc does not guarantee that a prescription will be written. Teladoc operates subject to state regulation and may not be available in certain states. Teladoc does not prescribe DEA controlled substances, non-therapeutic drugs and certain other drugs which may be harmful because of their potential abuse. Teladoc physicians reserve the right to deny care for potential misuse of services. Copays may apply for Teladoc Behavioral Health Services.