

Primary Nurse

An enhanced benefit
for Chubb employees and
their covered dependents



We know you're busy – but we also know it's hard to be your best when you're not feeling well. Horizon Blue Cross Blue Shield of New Jersey is committed to helping you achieve your best level of health, so if you have an acute or chronic health condition, you may benefit from our Primary Nurse program.

The Primary Nurse for Chubb is a dedicated Horizon BCBSNJ registered nurse who can assist Chubb employees and their covered dependents. If you're eligible for the program, your Primary Nurse can:

- Regularly monitor your medical situation and work with your doctors and caregivers to help manage your medical needs.
- Provide assistance in navigating the health care system, understanding your benefits and getting the right care from the right people at the right time. Your Primary Nurse can even help point you toward Blue Distinction® Centers, which are recognized by the Blue Cross and Blue Shield Association for their expertise and excellence.
- Schedule regular calls with you to discuss your health and make adjustments in your daily routine to help you better manage your condition.

Your Primary Nurse can assist you with any acute or chronic condition, including:

- Asthma
- Chronic Kidney Disease
- Chronic Obstructive Pulmonary Disease
- Coronary Artery Disease
- Diabetes
- Heart Failure
- Musculoskeletal Conditions
- Oncology

Even if your condition is not listed here, you can still call the Primary Nurse for assistance.

The Horizon BCBSNJ Primary Nurse program is voluntary, free and available to members who are Chubb employees or a covered dependent of one. To enroll or be connected with your Primary Nurse, call **1-888-621-5894**, option **2**.

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Spanish (Español): Para ayuda en español, llame al **1-855-477-AZUL (2985)**.

Chinese (中文): 如需中文協助，請致電 **1-800-355-BLUE (2583)**。

Primary Nurses cannot diagnose problems or recommend specific treatment. They are not a substitute for your doctor's care. Services are not an insurance program and may be discontinued at any time. Always speak with your doctor before starting an exercise program or diet. Horizon Blue Cross Blue Shield of New Jersey is an independent licensee of the Blue Cross and Blue Shield Association. The Blue Cross® and Blue Shield® names and symbols are registered marks of the Blue Cross and Blue Shield Association. The Horizon® name and symbols are registered marks of Horizon Blue Cross Blue Shield of New Jersey. © 2017 Horizon Blue Cross Blue Shield of New Jersey. Three Penn Plaza East, Newark, New Jersey 07105.

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